



## Fracture resistance of CAD/CAM-generated composite resin-based molar crowns

Journal:	<i>European Journal of Oral Sciences</i>
Manuscript ID:	EOS-7397-OA-14.R1
Manuscript Type:	Original Article
Date Submitted by the Author:	n/a
Complete List of Authors:	Harada, Akio; Tohoku University Graduate School of Dentistry, Division of Molecular and Regenerative Prosthodontics Nakamura, Keisuke; Tohoku University Graduate School of Dentistry, Laboratory for Redox Regulation Kanno, Taro; Tohoku University Graduate School of Dentistry, Division of Molecular and Regenerative Prosthodontics Inagaki, Ryoichi; Tohoku University School of Dental Laboratory Technicians, Örtengren, Ulf; The Arctic University of Norway, Department of Clinical Dentistry/Faculty of Health Sciences; Göteborg university, Prosthetic Dentistry/Dental Materials Science Niwano, Yoshimi; Tohoku University Graduate School of Dentistry, Laboratory for Redox Regulation Sasaki, Keiichi; Tohoku University Graduate School of Dentistry, Division of Advanced Prosthetic Dentistry Egusa, Hiroshi; Tohoku University Graduate School of Dentistry, Division of Molecular and Regenerative Prosthodontics
Keywords (Please write 3 to 5 keywords according to Index Medicus):	composite resin, CAD/CAM, lithium disilicate, micro-CT, fracture resistance
Research Area:	Dental materials, laboratory, Biomaterials, In vitro experiment

SCHOLARONE™  
Manuscripts

# Fracture resistance of CAD/CAM-generated composite resin-based molar crowns

Akio Harada<sup>1</sup>, Keisuke Nakamura<sup>2,3</sup>, Taro Kanno<sup>1</sup>, Ryoichi Inagaki<sup>4</sup>, Ulf Örtengren<sup>3,5</sup>,

Yoshimi Niwano<sup>2</sup>, Keiichi Sasaki<sup>6</sup>, Hiroshi Egusa<sup>1</sup>

1. Division of Molecular and Regenerative Prosthodontics, Tohoku University Graduate

School of Dentistry, Sendai, Japan

2. Laboratory for Redox Regulation, Tohoku University Graduate School of Dentistry, Sendai,

Japan

3. Department of Prosthetic Dentistry/Dental Materials Science, Institute of Odontology,

University of Gothenburg, Gothenburg, Sweden

4. Tohoku University School of Dental Laboratory Technicians, Sendai, Japan

5. Department of Clinical Dentistry/Faculty of Health Sciences, The Arctic University of

Norway, Tromsø, Norway

6. Division of Advanced Prosthetic Dentistry, Tohoku University Graduate School of

Dentistry, Sendai, Japan

**Running title:** CAD/CAM-generated composite resin crowns

## **Corresponding author**

Keisuke Nakamura

Laboratory for Redox Regulation, Tohoku University Graduate School of Dentistry

4-1 Seiryō, Aoba-ku, Sendai 980-8575, Japan

Phone: +81-22-795-3976, Fax: +81-22-795-4110

E-mail: [keisuke@m.tohoku.ac.jp](mailto:keisuke@m.tohoku.ac.jp)

1  
2  
3  
4 Harada A, Nakamura K, Kanno T, Inagaki R, Örtengren U, Niwano Y, Sasaki K, Egusa H

5 Fracture resistance of CAD/CAM-generated composite resin-based molar crowns

6  
7 Eur J Oral Sci  
8  
9

10  
11  
12 **Abstract**  
13

14  
15 The aim of this study was to investigate whether different fabrication processes *i.e.*, a  
16  
17 CAD/CAM system or the manual build-up technique, affect the fracture resistance of  
18  
19 composite resin-based crowns. Lava Ultimate (LU), Estenia C&B (EC&B), and lithium  
20  
21 disilicate glass-ceramic IPS e.max press (EMP) were used. Four types of molar crowns were  
22  
23 fabricated: 1) CAD/CAM-generated composite resin-based crowns (LU crowns), 2) manually  
24  
25 built-up monolayer composite resin-based crowns (EC&B-monolayer crowns), 3) manually  
26  
27 built-up layered composite resin-based crowns (EC&B-layered crowns), and 4) EMP crowns.  
28  
29 Each type of crown was cemented to dies and the fracture resistance was tested.  
30  
31 EC&B-layered crowns showed significantly lower fracture resistance than LU and EMP  
32  
33 crowns though there was no significant difference in flexural strength or fracture toughness  
34  
35 between LU and EC&B materials. The micro-CT and fractographic analysis showed that  
36  
37 decreased strength likely resulted from internal voids in the EC&B-layered crowns introduced  
38  
39 by the layering process. There was no significant difference in fracture resistance among LU,  
40  
41 EC&B-monolayer and EMP crowns. Both types of composite resin-based crowns showed  
42  
43 fracture loads >2000 N, which is higher than the molar bite force. CAD/CAM-generated  
44  
45 crowns without internal defects, may be applied to molar regions with sufficient fracture  
46  
47 resistance.  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3  
4  
5  
6 **Key words:** composite resin; CAD/CAM; lithium disilicate; micro-CT; fracture resistance  
7  
8  
9

10  
11 **Corresponding author**  
12

13  
14 Keisuke Nakamura  
15

16 Laboratory for Redox Regulation, Tohoku University Graduate School of Dentistry  
17

18  
19 4-1 Seiryō, Aoba-ku, Sendai 980-8575, Japan  
20

21  
22 Phone: +81-22-717-8299, Fax: +81-22-717-8299  
23

24  
25 E-mail: [keisuke@m.tohoku.ac.jp](mailto:keisuke@m.tohoku.ac.jp)  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

## Introduction

Metal-ceramic, all-ceramic and metal-cast crowns are successfully used in molar region (1, 2). All-ceramic crowns possess sufficient esthetics and adequate strength to function in molar region (3-5) though the treatment costs may be relatively high. As for metal-ceramic crowns, the esthetics may be challenging because metal framework will reduce light transmission through the crown, and has a risk of discolored margins. In addition, concerns have been raised about adverse effects caused by metal alloys (6, 7). In this context, application of composite resin-based crowns, here after referred to as composite crowns, in molar region has been proposed as an inexpensive alternative with proper esthetics (8-11).

Several studies on the clinical performance of composite crowns have been conducted (12-14). Rammelsberg et al. (13) found that composite crowns (68 posterior and 46 anterior crowns) made by manual build-up technique (Artglass, Heraeus Kulzer, Hanau, Germany) exhibited acceptable survival rate of 96% after 3 years. Contradictory, Vannorbeek et al. (14) reported a 3-year survival rate of 87.9% for composite crowns (40 posterior and 19 anterior crowns), which were CAD/CAM-generated composite copings veneered with another composite material (GN-1 and Gradia, GC Tokyo, Japan), and even survived crowns suffered from complications. The main reason for failures in both studies was fracture, suggesting that the strength of composite resin crowns is one of the most important properties to obtain a good clinical result.

The mechanical properties of composite resin-based materials have been improved over the past decades for example by increasing the amount of inorganic fillers incorporated in the resin matrix (15). Up to 92 wt.% ( $\approx$  70-75 vol.%) have been achieved with increased

1  
2  
3  
4 mechanical strength according to the manufacturer's data for Estenia C&B (Kuraray Noritake  
5  
6 Dental, Tokyo, Japan). In addition to the supposed improvement of material, the fabrication  
7  
8 process of restorations has been developed using CAD/CAM technique. Composite  
9  
10 restorations often contain internal defects (*i.e.* voids), especially when spatulated, resulting in  
11  
12 decreased strength (16-19). To minimize this risk, CAD/CAM technique has been applied to  
13  
14 make indirect composite restorations. In that system, industrially manufactured composite  
15  
16 resin blocks with a high degree of homogeneity are used (20, 21). However, it is still unclear  
17  
18 if that advantage will improve the fracture resistance of composite crowns.  
19  
20  
21  
22

23  
24 Previous *in vitro* studies (11, 22) have shown that composite crowns could have  
25  
26 higher fracture resistance than the average maximum bite force (700-900 N) reported in the  
27  
28 literature (23-26). Ohlmann et al. (27) demonstrated that the fracture resistance of composite  
29  
30 crowns (Artglass) depended on the occlusal thickness, type of cements and convergence angle  
31  
32 of abutments. Crowns with an occlusal thickness of 1.3 mm luted with a composite  
33  
34 resin-based cement to abutment teeth prepared with a convergence angle of 4°, showed a  
35  
36 mean fracture load of approximately 2200 N. It seems therefore reasonable to assume that  
37  
38 composite crowns can withstand the forces in the molar region. In addition, evaluation of  
39  
40 fracture load of composite crowns comparing with that of all-ceramic crowns successfully  
41  
42 used in the clinical situation under the same test condition will probably give additional  
43  
44 information. To the knowledge of the authors no studies have been conducted yet in that  
45  
46 matter.  
47  
48  
49  
50  
51  
52  
53

54  
55 Based on the background, it was hypothesized that CAD/CAM-generated composite  
56  
57 crowns should possess fewer voids than manually built-up ones, and as such, should show  
58  
59  
60

1  
2  
3 higher fracture resistance, which might be comparable to that of lithium disilicate crowns.  
4

5  
6 The purpose of the present study was 1) to analyze the influence of internal voids related to  
7  
8 the fabrication technique on the fracture resistance of composite crowns, and 2) to compare  
9  
10 the fracture resistance of CAD/CAM-generated and manually built-up composite crowns with  
11  
12 that of monolithic lithium disilicate crowns.  
13  
14  
15

## 16 17 18 19 **Materials and methods**

### 20 21 **Flexural strength test**

22  
23 Materials tested in this study and their abbreviations are shown in Table 1. Ten bar-shaped  
24  
25 specimens (22.3×2×2 mm) were fabricated from each material. Lava Ultimate (composite  
26  
27 resin blocks for the CAD/CAM technique), Estenia C&B (composite resins pastes for manual  
28  
29 build-up technique) and IPS e.max Press (lithium disilicate glass-ceramic for the press  
30  
31 technique) were tested for comparison. LU specimens were cut from blocks using a cutting  
32  
33 device (IsoMet 400, Buehler, Germany). EC&B-OD, EC&B-D and EC&B-E specimens were  
34  
35 formed using a split stainless steel-mold and glass plates. Then, the specimens were cured by  
36  
37 photopolymerization for 5 min using a laboratory light curing unit ( $\alpha$ -Light II, Morita, Tokyo,  
38  
39 Japan) equipped with a halogen lamp (360 W) and two fluorescent lights (27 W). After light  
40  
41 curing, heat polymerization at 110°C for 15 min using a heat-curing unit (KL-400, SK  
42  
43 medical electronics, Tokyo, Japan) was performed according to the manufacturer's instruction.  
44  
45 For preparation of EMP specimens, bar-shaped wax patterns were made using the stainless  
46  
47 steel-mold. The wax patterns were invested (Press Vest Speed, Ivoclar/Vivadent) and the  
48  
49 investment was pre-heated at 850°C for 45 min followed by pressing in a press furnace  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3 (Programat EP 5000, Ivoclar/Vivadent). After divesting, the specimens were ultrasonically  
4  
5  
6 cleaned in IPS e.max Press Invex Liquid (Ivoclar/Vivadent). All specimens were polished  
7  
8  
9 with silicon carbide papers up to #1000.

10  
11 The specimens were inspected using micro-computed tomography (micro-CT,  
12  
13 ScanXmate-D225RSS270, Comscantecno, Kanagawa, Japan) before the flexural strength test.  
14  
15 The measurement conditions were: voltage; 100 kV (composite resin) vs. 90 kV (lithium  
16  
17 disilicate), current; 220  $\mu$ A, resolution (voxel size) 31.8  $\mu$ m. Specimens containing voids with  
18  
19 a diameter of >100  $\mu$ m (3 pixels in tomograms) in the middle area was excluded from the  
20  
21  
22 flexural strength test.  
23  
24  
25

26  
27 The flexural strength test was performed in a three-point bending test according to  
28  
29 ISO 10477: 2004, "Dentistry-Polymer-based crown and bridge material" (28). The specimens  
30  
31 were loaded at a crosshead speed of 0.5 mm/min and with a 15-mm support span in a  
32  
33 universal testing machine (AG-IS, Shimadzu, Kyoto, Japan). Flexural strength and modulus  
34  
35 of elasticity were calculated using the following equations:  
36  
37  
38

$$\sigma=3FL/2bh^2$$

39  
40  
41 where  $\sigma$  is flexural strength (MPa),  $F$  is maximum load (N),  $L$  is length of support span (mm),  $b$   
42  
43 is specimen width (mm), and  $h$  is specimen thickness (mm).  
44  
45

$$E=[F_1/d]\times[L^3/4bh^3]$$

46  
47  
48 where  $E$  is modulus of elasticity (MPa),  $F_1/d$  (N/mm) is the slope of the linear portion of  
49  
50 load-deflection line,  $L$  is the length of support span (mm),  $b$  is specimen width (mm), and  $h$  is  
51  
52 specimen thickness (mm).  
53  
54  
55  
56  
57  
58  
59  
60



### Fracture toughness test

Five bar-shaped specimens (22.3×3×4 mm) were fabricated from each material as described above. The 3 mm width face of each specimen received a starter notch with a depth of 1 mm in the middle vertically to the long axis using an automatic dicing saw (DFD64341, Disco, Tokyo, Japan). The notch was manually deepened using a razor with 6 μm diamond suspension to form V-notch. The depth of the V-notch was adjusted to be 1.4±0.1 mm using a stereomicroscope.

Fracture toughness test was performed in a three-point bending test according to ISO6872: 2008 “Dentistry-Ceramic materials. Annex A: Fracture toughness” (29). The specimen placed on two supports laying the face with the V-notch down was loaded at a crosshead speed of 0.5 mm/min and with a 16-mm support span in a universal testing machine (AG-IS). Fracture toughness was calculated using the following equations given in ASTM C1421-10 “Standard test methods for determination of fracture toughness of advanced ceramics at ambient temperature” (30).

$$K_{IC} = g[P_{max}S_0 10^{-6}/BW^{3/2}][3(a/W)^{1/2}/2(1-a/W)^{3/2}]$$

$$g = [1.99 - (a/W)(1-a/W)\{2.15 - 3.93(a/W) + 2.7(a/W)^2\}]/[1 + 2(a/W)]$$

where  $K_{IC}$  is fracture toughness ( $\text{MPa}\cdot\text{m}^{1/2}$ ),  $g$  is function of the ratio  $a/W$ ,  $P_{max}$  is maximum load (N),  $S_0$  is length of support span (m),  $B$  is side to side dimension of the test specimen perpendicular to the notch depth (m),  $W$  is top to bottom dimension of the test specimen parallel to the notch depth (m), and  $a$  is depth of V-notch (m).

### Fabrication of dies and crowns

1  
2  
3  
4 Tooth preparation and fabrication of dies were performed according to the protocol from  
5  
6 previous studies (31). In brief, a plastic tooth model of mandibular right first molar (A5A-500,  
7  
8 NISSIN, Kyoto, Japan) were prepared with a 1.0-mm chamfer width, minimal occlusal  
9  
10 reduction of 1.6 mm and a convergence angle of 10° (Fig. 1). Then, 24 replicas of the  
11  
12 abutment tooth (*i.e.* dies) were milled from composite resin blocks (Lava Ultimate).  
13  
14

15  
16 Six crowns were fabricated for each group. For fabrication of the  
17  
18 CAD/CAM-generated Lava Ultimate crowns (LU crown), the dies were scanned, and crowns  
19  
20 were designed by double scan technique with additional scanning of the non-prepared tooth  
21  
22 model. The cement space was set to be 70 µm. Thus, the minimum thickness of crown at  
23  
24 occlusal surface was expected to be > 1.5 mm as a result of subtraction of cement space from  
25  
26 occlusal reduction. Based on the design, six crowns were milled from composite resin-based  
27  
28 blocks (Lava Ultimate). After milling, polishing was performed using a wheel brush together  
29  
30 with polishing agent (Zircon-Brite, Dental Ventures of America, Corona, CA, USA).  
31  
32  
33  
34  
35  
36

37 Two types of manually built-up composite crowns were fabricated using Estenia  
38  
39 C&B. The one consisted of layers of EC&B-OD, EC&B-D and EC&B-E (EC&B-layered  
40  
41 crown) as recommended by the manufacturer. The other had only one layer of EC&B-D  
42  
43 (EC&B-monolayer crown) (Fig. 1). A spacer was put on a die to obtain a cement space of  
44  
45 about 70 µm. For fabrication of EC&B-layered crowns, Opacious dentin (EC&B-OD) was  
46  
47 manually built-up to be about 0.3 mm in thickness. Preliminary photopolymerization was  
48  
49 performed for 90 s in the light curing unit ( $\alpha$ -Light II). To obtain identical shapes of Dentin  
50  
51 (EC&B-D) and Enamel (EC&B-E) for all crowns, molds were prepared using a transparent  
52  
53 silicone material (Memosil2, Heraeus Kulzer). The dentin mold was made using a wax pattern  
54  
55  
56  
57  
58  
59  
60

1  
2  
3  
4 that reproduced dentin shape while the enamel mold was made using a non-prepared tooth  
5  
6 model. The wax pattern of dentin was evaluated and adjusted using the digital scanner so that  
7  
8 the EC&B-E layer would become 0.5 mm in the occlusal surface. Using the mold, EC&B-D  
9  
10 was built up on EC&B-OD. Preliminary photopolymerization was performed for 10 s with the  
11  
12 mold and another 10 s without the mold. Then, EC&B-E was built up on EC&B-D in the  
13  
14 same manner. For each layering procedure, modeling liquid was applied to bond each layer.  
15  
16  
17  
18 Finally, the crowns applied with Air Barrier Paste (Kuraray Noritake Dental) was  
19  
20 photopolymerized for 300 s followed by heat polymerization at 110 °C for 15 min in the  
21  
22 heat-curing unit (KL-400). EC&B-monolayer crowns were also fabricated by the same  
23  
24 manner as described but without layering. Only EC&B-D was built up on the die using the  
25  
26 mold used for the layering of EC&B-E. In order to reduce technical errors, one trained  
27  
28 operator performed the manufacturing.  
29  
30  
31  
32  
33

34 For fabrication of monolithic lithium disilicate crowns (EMP crowns), wax patterns  
35  
36 were prepared using a mold of a non-prepared tooth model. Investing, pre-heating, pressing  
37  
38 and divesting were performed by the same protocol for preparation of bar-shaped specimens.  
39  
40 After ultrasonic cleaning, the crowns were glazed (IPS e.max Ceram Glaze, Ivoclar/Vivadent)  
41  
42 in the press furnace.  
43  
44  
45  
46

47 The internal voids in the crowns were non-destructively inspected using micro-CT  
48  
49 device (ScanXmate-D225RSS270) before load-to-failure test. The measurement conditions  
50  
51 for micro-CT were as follows: the voltage, 100 kV; the current, 500  $\mu$ A; the resolution (voxel  
52  
53 size), 14.9  $\mu$ m; the rotation, 360°; number of projections, 1200. The CT data was  
54  
55 reconstructed using a software (coneCTexpress, Comscantecno), and then the reconstructed  
56  
57  
58  
59  
60

1  
2  
3  
4 images were analyzed using an image processing program, ImageJ, provided by the Research  
5  
6 Services Branch of the NIH. The number of internal defects (*i.e.* voids) in the crowns was  
7  
8 counted and the volume of each void was calculated according to the following formula;  
9

$$V = \sum [(VA \times W) \times 10^{-9}]$$

10  
11  
12 where  $V$  ( $\text{mm}^3$ ) is total volume of void,  $VA$  is area of voids per tomogram ( $\mu\text{m}^2$ ), and  $W$  is  
13  
14 slice width of tomography (14.9  $\mu\text{m}$ ).  
15  
16  
17  
18  
19  
20

### 21 **Load-to-failure test of crowns**

22  
23  
24 The crowns were cemented to the dies using a resin-based cement (Panavia F2.0, Kuraray  
25  
26 Noritake Dental). The cementation was performed according to the manufacturer's instruction.  
27  
28 During cementation, the crown seated on the die was placed under a static load of 20 N for 5  
29  
30 min in the universal testing machine (AI-GS) according to a previous report (32). In addition,  
31  
32 air-barrier gel, Oxyguard (Kuraray Noritake Dental), was applied around the margin of the  
33  
34 crown. After cementation, the crown-die samples were stored in distilled water 37°C for 24 h  
35  
36 before the load-to-failure test.  
37  
38  
39  
40  
41

42 The load-to-failure test was performed in the universal testing machine (AI-GS)  
43  
44 according to the previous study (31). Briefly, a semi-spherical indenter (type 304 stainless  
45  
46 steel) with 10 mm in diameter was placed in the central fossa of occlusal surface. A urethane  
47  
48 rubber sheet (Thickness=2 mm, Shore A Hardness=90) was interspersed between the indenter  
49  
50 and the occlusal surface to avoid contact damage (33). A preload of 20 N was applied  
51  
52 vertically to the crown followed by compressive test at a crosshead-speed of 0.5 mm/min until  
53  
54 fracture occurred. After the load-to-failure test, fractographic analysis was performed on two  
55  
56  
57  
58  
59  
60

1  
2  
3 randomly selected samples from each group. The samples were coated with a 15-nm gold  
4 layer and imaged with scanning electron microscope (SEM; JXA-8500F, JEOL, Tokyo,  
5  
6  
7  
8  
9 Japan).

### 10 11 12 13 14 **Statistics**

15  
16 Statistical analyses were performed using JMP Pro 11.0.0 software (SAS Institute, Cary NC,  
17  
18 USA). Significant differences ( $p < 0.05$ ) in the flexural strength, the modulus of elasticity, the  
19 fracture toughness and the fracture load for each type of crowns were analyzed by analysis of  
20 variance followed by Tukey-Kramer HSD multiple comparison test. Significant differences  
21 ( $p < 0.05$ ) in the number of voids and the volume of voids for each type of crowns were  
22 analyzed by Steel-Dwass test.  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33

### 34 **Results**

#### 35 36 37 **Mechanical properties of materials tested**

38  
39 Micro-CT analysis showed that no void existed in the middle area of the bar-shaped  
40 composite specimens (LU, EC&B-OD, EC&B-D and EC&B-E) while the bar-shaped EMP  
41 specimens contained small voids. The voids in EMP were, however, smaller than  $\phi 100 \mu\text{m}$ .  
42  
43  
44 Thus, all specimens were subjected to the flexural strength test. The results of the flexural  
45 strength test are shown in Fig. 2a. EMP showed significantly higher flexural strength than LU  
46 and EC&B; whereas there was no significant difference between the latter two. As for the  
47 modulus of elasticity, EMP showed significantly higher value than LU and EC&B. In addition,  
48 EC&B had significantly higher modulus of elasticity than LU (Fig. 2b). Fracture toughness  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3  
4 for each material is displayed in Fig. 2c showing the same trend with the flexural strength.  
5  
6  
7

### 8 9 **Micro-CT analysis of crowns**

10  
11 The micro-CT analysis revealed that no void existed within LU crowns. By contrast,  
12  
13 EC&B-layered crowns, EC&B-monolayer crowns and EMP crowns contained voids (Fig. 3).

14  
15 The average number and total volume of voids per crown are summarized in Table 2.

16  
17 EC&B-monolayer crowns showed significantly lower number and volume of voids than  
18

19  
20 EC&B-layered crowns and EMP crowns. Although EMP crowns contained voids more than  
21

22  
23 EC&B-layered crowns, the total volume in EMP crowns was significantly lower than  
24

25  
26 EC&B-layered crowns. The voids in EC&B-layered crowns were mainly localized in the  
27

28  
29 interface between different layers; while no remarkable localization of voids in EMP crowns  
30

31  
32 was observed. Since the volume of the crown was calculated to be 330 mm<sup>3</sup> based on the  
33

34  
35 micro-CT analysis, the fractions of voids for EC&B-layered, EC&B-monolayer and EMP  
36

37  
38 crowns were 0.0062, <0.0001 and 0.0003%, respectively.  
39  
40  
41

### 42 **Load-to-failure test**

43  
44 The mean values ( $\pm$ SD) of fracture loads for LU crowns, EC&B-layered crowns,  
45

46  
47 EC&B-monolayer crowns and EMP crowns were 2880 (154), 2182 (446), 2602 (290) and  
48

49  
50 2719 (250) N, respectively (Fig. 4). LU crowns and EMP crowns showed significantly higher  
51

52  
53 fracture resistance than EC&B-layered crowns. There was no significant difference in the  
54

55  
56 fracture load among LU crowns, EC&B-monolayer crowns and EMP crowns.

57  
58 The fracture pattern along with the central groove on the occlusal surface and from  
59

1  
2  
3  
4 one approximal surface to the other was observed for each crown. In addition, the crowns  
5  
6 fractured together with the dies. The SEM analysis showed no signs of Hertzian cone cracks  
7  
8 in the occlusal surface (Fig. 5). Voids were observed in the fracture surface of EC&B-layered  
9  
10 and EMP crowns. In all cases, primary fracture origin was located at occlusal surface (Fig. 5).  
11  
12  
13  
14  
15

## 16 **Discussion**

17  
18 The present study investigated the influence of fabrication techniques on the fracture  
19  
20 resistance of composite resin-based crowns. The results showed that CAD/CAM-generated  
21  
22 crowns (LU crowns) showed significantly higher fracture resistance than manually layered  
23  
24 composite crowns (EC&B-layered crowns), although there was no significant difference in  
25  
26 the flexural strength and the fracture toughness between the bar-shaped composite resins  
27  
28 specimens used for each technique. The micro-CT as well as the fractographic analysis  
29  
30 showed that decreased fracture resistance of manually built-up composite crowns likely  
31  
32 resulted from internal voids introduced by the layering process. In addition,  
33  
34 CAD/CAM-generated composite crowns (LU crowns) showed almost equivalent fracture  
35  
36 resistance to monolithic lithium disilicate crowns (EMP crowns) despite that the flexural  
37  
38 strength and the fracture toughness of the bar-shaped composite specimens were significantly  
39  
40 lower than those of lithium disilicate.  
41  
42  
43  
44  
45  
46  
47  
48

49  
50 In the present study, the preparation of materials and load-to-failure test were  
51  
52 performed basically according to the recommendation for a clinically relevant preclinical test  
53  
54 (34). The testing method has also been used in a previous study (31). It has been  
55  
56 recommended that the elastic properties of die materials (abutment tooth) should be similar to  
57  
58  
59  
60

1  
2  
3 those of dentin to obtain clinically relevant fracture of crowns (35-37). Thus, Lava Ultimate,  
4  
5 which has similar modulus of elasticity and Poisson's ratio to those reported for dentin, was  
6  
7 used as a die material (31).  
8  
9

10  
11 To compare the influence of fabrication technique on the fracture resistance of  
12  
13 composite crowns, the materials used for each technique should have equivalent mechanical  
14  
15 properties, such as flexural strength and fracture toughness, because they characterize the  
16  
17 responses of material to loading and crack propagation, respectively (38, 39). Thus, the  
18  
19 flexural strength and fracture toughness were firstly examined, and it was confirmed that there  
20  
21 was no significant difference between the composite materials used (*i.e.* Lava Ultimate and  
22  
23 Estenia C&B). Still, there are other factors that affects the fracture resistance of crowns in  
24  
25 load-to-failure test, such as type of preparation, cement and crown thickness (27, 36, 40). To  
26  
27 eliminate their effects, standardized dies and the same resin-based cement were used for all  
28  
29 groups. For fabrication of crowns with the same thickness for each group, the identical shape  
30  
31 of crowns was obtained by scanning the non-prepared tooth model in the CAD/CAM  
32  
33 technique and by preparing a mold of the non-prepared tooth model for manually built-up  
34  
35 technique. Taking these considerations into account, the difference in the fracture resistance  
36  
37 between LU crowns and EC&B-layered crowns could be attributable to the fabrication  
38  
39 techniques. Based on the micro-CT analysis, the EC&B-layered crowns contained voids  
40  
41 inside the crowns along with the layers while no void was observed in LU crowns. In addition,  
42  
43 there was no significant difference in the fracture resistance between LU crowns and  
44  
45 EC&B-monolayer crowns, which contained only few voids. These findings suggest that  
46  
47 internal voids within composite crowns may decrease the fracture resistance. Thus, it would  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60



1  
2  
3  
4 be beneficial to use CAD/CAM technique for fabrication of composite crowns to reduce the  
5  
6 risk of fracture related to internal voids.  
7

8  
9 The manual build-up technique used in this study was in some degree different from  
10  
11 the general technique. Composite crowns are rarely fabricated using molds though they were  
12  
13 used to reproduce the identical outer shape of crowns for experimental purposes in this study.  
14  
15 Thus, the operator was trained to get used to the fabrication process using the molds.  
16  
17 Although the effort to reduce the technical errors was made, voids were still generated in the  
18  
19 manually built-up crowns. This can also happen using the general technique without a mold  
20  
21 because the layers are built up by instrumentation that will increase the risk of infusion of  
22  
23 voids (17, 19). Based on the results of the present study it might therefore be important to  
24  
25 consider the use of monolithic composite crowns in the molar regions where fracture  
26  
27 resistance is probably more important than esthetics.  
28  
29  
30  
31  
32  
33

34 The composite crowns without layering (LU crowns and EC&B-monolayer crowns)  
35  
36 showed high fracture resistance comparable to the lithium disilicate crowns tested (EMP  
37  
38 crowns). Still, flexural strength and fracture toughness of the bar-shaped EMP specimens  
39  
40 showed approximately two times higher values than those of the bar-shaped composite  
41  
42 specimens. This may be explained by the relationship of the modulus of elasticity between the  
43  
44 crown and die materials. In the case of the composite crowns, the crowns had the well  
45  
46 matched modulus of elasticity with the die (*i.e.* LU). When composite crowns are bonded to  
47  
48 dies possessing the similar modulus of elasticity, the crown-die complex functions as one  
49  
50 integrated body showing higher fracture resistance than the crowns bonded onto metal dies  
51  
52 (41). However, the EMP crowns had much higher modulus of elasticity than the die. It has  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3  
4 been demonstrated that the more elastic the die is, the lower the fracture resistance of  
5  
6 all-ceramic crowns becomes (36, 42). Thus, the fracture resistance of LU crowns and  
7  
8 EC&B-monolayer crowns would be comparable to that of EMP crowns. This may be also the  
9  
10 case in the clinical situation since the die material used have comparable values of modulus of  
11  
12 elasticity and Poisson's ratio as vital dentin (26).  
13  
14

15  
16 The fractographic analysis showed no signs of Hertzian cone cracks, suggesting that  
17  
18 contact damage of the steel indenter was successfully avoided (34). This was also supported  
19  
20 by the fracture pattern observed along with the central groove but not at the loading points.  
21  
22 The loading points are possible sites where the contact damage would occur. Regarding the  
23  
24 defects on the fracture surface, several voids were observed in EC&B-layered crowns and  
25  
26 EMP crowns. Thus, it is speculated that voids may result in lower fracture resistance of the  
27  
28 crowns tested, especially EC&B-layered crowns. Additionally, it was observed that the  
29  
30 primary fracture origin was located at the occlusal surface regardless of the type of the crowns.  
31  
32 By contrast, it has been reported that clinically failed all-ceramic crowns fractured from the  
33  
34 cervical area (43-46). Øilo et al. (33) demonstrated that the clinically relevant fracture mode  
35  
36 could be reproduced in the load-to-failure test by using crowns with clinically relevant curved  
37  
38 finish line, dies made of epoxy resin and the rubber sheet. Thus, in the present study, the  
39  
40 curved finish line was prepared 0.5 mm above the cement-enamel junction of the anatomic  
41  
42 tooth model, and the composite resin-based material (Lava Ultimate) was used as a die  
43  
44 material. As such, the discrepancy between their study and ours might be due to the difference  
45  
46 in the materials and forms of the crowns. Øilo et al. (33) used alumina-based ceramic crowns  
47  
48 with a slight concave occlusal surface without fissures or grooves whereas the crowns tested  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3  
4 in the present study had anatomic form. The test condition, therefore, might cause wedge  
5  
6 effect generating tensile stress in the bottom of the occlusal central groove rather than the  
7  
8 hoop stress at the cervical area. Clinically relevant testing condition for load-to-failure test  
9  
10 using the crowns with anatomic form should be further studied.  
11  
12

13  
14 All types of composite crowns used in the present study showed higher fracture load  
15  
16 than the bite force reported in previous studies. The mean of maximum bite force in the molar  
17  
18 regions have been reported to be in a range of 700-900 N, and even the highest value less than  
19  
20 2000 N (23-26). None of the monolithic crowns tested in this study (LU crowns,  
21  
22 EC&B-monolayer crowns and EMP crowns) fractured below the load of 2000 N. Furthermore,  
23  
24 since lithium disilicate crowns have been successfully used in the molar region (47-49),  
25  
26 composite crowns possessing similar fracture resistance as demonstrated in this study may be  
27  
28 applicable in the molar regions. However, it should be noted that the load-to-failure test with  
29  
30 single loading does not necessarily reflect clinical situations though the test was performed  
31  
32 according to the recommendation for a clinically relevant preclinical test (28, 29). It is also  
33  
34 known that the fracture resistance of composite crowns is influenced by fatigue procedures,  
35  
36 such as cyclic loading, thermal cycling and the combinations (50, 51). Therefore, further  
37  
38 studies are necessary to conclude if CAD/CAM-generated composite crowns as well as  
39  
40 manually built-up ones can have sufficient fracture resistance after fatigue. Within the  
41  
42 limitation of this *in vitro* study, it is suggested that the composite crowns, especially  
43  
44 CAD/CAM-generated crowns may be used in the molar regions because of their supposed  
45  
46 sufficient fracture resistance.  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

**Acknowledgement**

The authors would like to express their heartfelt gratitude to 3M ESPE for generously supplying the composite resin blocks of Lava Ultimate for bar-shaped specimens. This research was supported by the Ministry of Education, Science, Sports and Culture, Japan, Grant-in-Aid for Scientific Research (C), 25462981, 2013

Manuscript Copy

## References

1. DE BACKER H, VAN MAELE G, DE MOOR N, VAN DEN BERGHE L, DE BOEVER J. An 18-year retrospective survival study of full crowns with or without posts. *Int J Prosthodont* 2006; **19**: 136-142.
2. PJETURSSON BE, SAILER I, ZWAHLEN M, HAMMERLE CH. A systematic review of the survival and complication rates of all-ceramic and metal-ceramic reconstructions after an observation period of at least 3 years. Part I: Single crowns. *Clin Oral Implants Res* 2007; **18** Suppl 3: 73-85.
3. TAKEICHI T, MIURA S, KASAHARA S, EGUSA H, HARA M, SATO T, YOSHINARI M, ODATSU T, WATANABE I, SAWASE T. Update zirconia restorations. *J Prosthodont Res* 2014; **Epub ahead of print**.
4. LI RW, CHOW TW, MATINLINNA JP. Ceramic dental biomaterials and CAD/CAM technology: State of the art. *J Prosthodont Res* 2014; **Epub ahead of print**.
5. MIYAZAKI T, NAKAMURA T, MATSUMURA H, BAN S, KOBAYASHI T. Current status of zirconia restoration. *J Prosthodont Res* 2013; **57**: 236-261.
6. GEURTSSEN W. Biocompatibility of dental casting alloys. *Crit Rev Oral Biol Med* 2002; **13**: 71-84.
7. WATAHA JC. Biocompatibility of dental casting alloys: A review. *J Prosthet Dent* 2000; **83**: 223-234.
8. RAMMELSBERG P, EICKEMEYER G, ERDELT K, POSPIECH P. Fracture resistance of posterior metal-free polymer crowns. *J Prosthet Dent* 2000; **84**: 303-308.
9. NAKAMURA T, IMANISHI A, KASHIMA H, OHYAMA T, ISHIGAKI S. Stress analysis of

1  
2  
3  
4 metal-free polymer crowns using the three-dimensional finite element method. *Int J*  
5  
6 *Prosthodont* 2001; **14**: 401-405.

7  
8  
9 10. BEHR M, ROSENTRITT M, SIKORA MI, KARL P, HANDEL G. Marginal adaptation and  
10  
11 fracture resistance of adhesively luted glass fibre-composite reinforced molar crowns with  
12  
13 different inner crown surfaces. *J Dent* 2003; **31**: 503-508.

14  
15  
16 11. LEHMANN F, EICKEMEYER G, RAMMELSBERG P. Fracture resistance of metal-free  
17  
18 composite crowns—effects of fiber reinforcement, thermal cycling, and cementation technique.  
19  
20 *J Proshtet Dent* 2004; **92**: 258-264.

21  
22  
23 12. BEHR M, ROSENTRITT M, HANDEL G. Fiber-reinforced composite crowns and FPDs: A  
24  
25 clinical report. *Int J Prosthodont* 2003; **16**: 239-243.

26  
27  
28 13. RAMMELSBERG P, SPIEGL K, EICKEMEYER G, SCHMITTER M. Clinical performance of  
29  
30 metal-free polymer crowns after 3 years in service. *J Dent* 2005; **33**: 517-523.

31  
32  
33 14. VANOORBEEK S, VANDAMME K, LIJNEN I, NAERT I. Computer-aided  
34  
35 designed/computer-assisted manufactured composite resin versus ceramic single-tooth  
36  
37 restorations: A 3-year clinical study. *Int J Prosthodont* 2010; **23**: 223-230.

38  
39  
40 15. FERRACANE JL. Current trends in dental composites. *Crit Rev Oral Biol Med* 1995; **6**:  
41  
42 302-318.

43  
44  
45 16. OGDEN AR. Porosity in composite resins--an Achilles' heel? *J Dent* 1985; **13**: 331-340.

46  
47  
48 17. MCCABE JF, OGDEN AR. The relationship between porosity, compressive fatigue limit and  
49  
50 wear in composite resin restorative materials. *Dent Mater* 1987; **3**: 9-12.

51  
52  
53 18. CHADWICK RG, MCCABE JF, WALLS AW, STORER R. The effect of placement technique  
54  
55 upon the compressive strength and porosity of a composite resin. *J Dent* 1989; **17**: 230-233.

- 1  
2  
3  
4 19. FANO V, ORTALLI I, POZELA K. Porosity in composite resins. *Biomaterials* 1995; **16**:  
5  
6 1291-1295.  
7  
8  
9 20. POTICNY D, KLIM J. CAD/CAM in-office technology: innovations after 25 years for  
10  
11 predictable, esthetic outcomes. *J Am Dent Assoc* 2010; **141 Suppl 2**: 5S-9S.  
12  
13  
14 21. ALT V, HANNIG M, WOSTMANN B, BALKENHOL M. Fracture strength of temporary fixed  
15  
16 partial dentures: CAD/CAM versus directly fabricated restorations. *Dent Mater* 2011; **27**:  
17  
18 339-347.  
19  
20  
21 22. BEHR M, ROSENTRITT M, LATZEL D , KREISLER T. Comparison of three types of  
22  
23 fiber-reinforced composite molar crowns on their fracture resistance and marginal adaptation.  
24  
25  
26  
27 *J Dent* 2001; **29**: 187-196.  
28  
29  
30 23. WALTIMO A, KONONEN M. A novel bite force recorder and maximal isometric bite force  
31  
32 values for healthy young adults. *Scand J Dent Res* 1993; **101**: 171-175.  
33  
34  
35 24. WALTIMO A, KÖNÖNEN M. Maximal bite force and its association with signs and  
36  
37 symptoms of craniomandibular disorders in young Finnish non-patients. *Acta Odontol Scand*  
38  
39 1995; **53**: 254-258.  
40  
41  
42 25. WALTIMO A, NYSTRÖM M, KÖNÖNEN M. Bite force and dentofacial morphology in men  
43  
44 with severe dental attrition. *Scand J Dent Res* 1994; **102**: 92-96.  
45  
46  
47 26. BRAUN S, BANTLEON HP, HNAT WP, FREUDENTHALER JW, MARCOTTE MR, JOHNSON BE.  
48  
49 A study of bite force, part 1: Relationship to various physical characteristics. *Angle Orthod*  
50  
51 1995; **65**: 367-372.  
52  
53  
54  
55 27. OHLMANN B, GRUBER R, EICKEMEYER G, RAMMELSBERG P. Optimizing preparation  
56  
57 design for metal-free composite resin crowns. *J Prosthet Dent* 2008; **100**: 211-219.  
58  
59  
60

- 1  
2  
3  
4 28. ISO10477. Dentistry - Polymer-based crown and bridge materials. 2004.  
5  
6  
7 29. ISO6872. Dentistry - Ceramic materials. 2008.  
8  
9  
10 30. ASTM Standard C 1421-10: Standard test methods for determination of fracture toughness  
11 of advanced ceramics at ambient temperature. 2011.  
12  
13  
14 31. NAKAMURA K, HARADA A, INAGAKI R, KANNO T, NIWANO Y, MILLEDING P, ÖRTENGREN U.  
15  
16 Fracture resistance of monolithic zirconia molar crowns with reduced thickness. *Acta Odontol*  
17  
18 *Scand* 2014; **submitted**.  
19  
20  
21 32. PALLIS K, GRIGGS JA, WOODY RD, GUILLEN GE, MILLER AW. Fracture resistance of three  
22  
23 all-ceramic restorative systems for posterior applications. *J Prosthet Dent* 2004; **91**: 561-569.  
24  
25  
26 33. ØILO M, KVAM K, TIBBALLS JE, GJERDET NR. Clinically relevant fracture testing of  
27  
28 all-ceramic crowns. *Dent Mater* 2013; **29**: 815-823.  
29  
30  
31 34. KELLY JR. Clinically relevant approach to failure testing of all-ceramic restorations. *J*  
32  
33 *Prosthet Dent* 1999; **81**: 652-661.  
34  
35  
36 35. SCHERRER SS, DE RIJK WG. The fracture resistance of all-ceramic crowns on supporting  
37  
38 structures with different elastic moduli. *Int J Prosthodont* 1993; **6**: 462-467.  
39  
40  
41 36. YUCEL MT, YONDEM I, AYKENT F, ERASLAN O. Influence of the supporting die structures  
42  
43 on the fracture strength of all-ceramic materials. *Clin Oral Investig* 2012; **16**: 1105-1110.  
44  
45  
46 37. KELLY JR, TESK JA, SORENSEN JA. Failure of all-ceramic fixed partial dentures in vitro  
47  
48 and in vivo: analysis and modeling. *J Dent Res* 1995; **74**: 1253-1258.  
49  
50  
51 38. YILMAZ H, AYDIN C, GUL BE. Flexural strength and fracture toughness of dental core  
52  
53 ceramics. *J Prosthet Dent* 2007; **98**: 120-128.  
54  
55  
56 39. WEN MY, MUELLER HJ, CHAI J, WOZNIAC WT. Comparative mechanical property  
57  
58  
59



- 1  
2  
3  
4 characterization of 3 all-ceramic core materials. *Int J Prosthodont* 1999; **12**: 534-541.
- 5  
6 40. MORMANN WH, BINDL A, LUTHY H, RATHKE A. Effects of preparation and luting system  
7  
8 on all-ceramic computer-generated crowns. *Int J Prosthodont* 1998; **11**: 333-339.
- 9  
10  
11 41. SAKOGUCHI K, MINAMI H, SUZUKI S, TANAKA T. Evaluation of fracture resistance of  
12  
13 indirect composite resin crowns by cyclic impact test: Influence of crown and abutment  
14  
15 materials. *Dent Mater J* 2013; **32**: 433-440.
- 16  
17  
18 42. ROSENTRITT M, PLEIN T, KOLBECK C, BEHR M, HANDEL G. In vitro fracture force and  
19  
20 marginal adaptation of ceramic crowns fixed on natural and artificial teeth. *Int J Prosthodont*  
21  
22 2000; **13**: 387-391.
- 23  
24  
25 43. QUINN JB, QUINN GD, KELLY JR, SCHERRER SS. Fractographic analyses of three ceramic  
26  
27 whole crown restoration failures. *Dent Mater* 2005; **21**: 920-929.
- 28  
29  
30 44. SCHERRER SS, QUINN GD, QUINN JB. Fractographic failure analysis of a Procera  
31  
32 AllCeram crown using stereo and scanning electron microscopy. *Dent Mater* 2008; **24**:  
33  
34 1107-1113.
- 35  
36  
37 45. ØILO M, GJERDET NR. Fractographic analyses of all-ceramic crowns: A study of 27  
38  
39 clinically fractured crowns. *Dent Mater* 2013; **29**: e78-84.
- 40  
41  
42 46. ØILO M, HARDANG AD, ULSUND AH, GJERDET NR. Fractographic features of  
43  
44 glass-ceramic and zirconia-based dental restorations fractured during clinical function. *Eur J*  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60  
*Oral Sci* 2014; **122**: 238-244.
47. REICH S, SCHIERZ O. Chair-side generated posterior lithium disilicate crowns after 4 years.  
*Clin Oral Investig* 2013; **17**: 1765-1772.
48. ESQUIVEL-UPSHAW J, ROSE W, OLIVEIRA E, YANG M, CLARK AE, ANUSAVICE K.

1  
2  
3  
4 Randomized, controlled clinical trial of bilayer ceramic and metal-ceramic crown  
5  
6 performance. *J Prosthodont* 2013; **22**: 166-173.  
7

8  
9 49. PIEGER S, SALMAN A, BIDRA AS. Clinical outcomes of lithium disilicate single crowns and  
10  
11 partial fixed dental prostheses: A systematic review. *J Prosthet Dent* 2014; **112**: 22-30.  
12

13  
14 50. ATTIA A, ABDELAZIZ KM, FREITAG S , KERN M. Fracture load of composite resin and  
15  
16 feldspathic all-ceramic CAD/CAM crowns. *J Prosthet Dent* 2006; **95**: 117-123.  
17

18  
19 51. KAWANO F, OHGURI T, ICHIKAWA T, MATSUMOTO N. Influence of thermal cycles in water  
20  
21 on flexural strength of laboratory-processed composite resin. *J Oral Rehabil* 2001; **28**:  
22  
23 703-707.  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32

## Tables

Table 1. Materials used in this study

Product name	Code	Composition	Filler content (wt.%)	Manufacturer
Lava Ultimate	LU	Bis-GMA, Bis-EMA, UDMA, TEGDMA, silica particles (20 nm), zirconia particles (4-11 nm), Nanoparticle clusters (0.6-10 µm)	80	3M/ESPE, St. Paul, MN, USA
Estenia C&B	Opacious Dentin	EC&B-OD	92	Kuraray/Noritake, Tokyo, Japan
	Dentin	EC&B-D		
	Enamel	EC&B-E		
IPS e.max press	EMP	lithium disilicate glass-ceramic	-	Ivoclar/Vivadent, Schaan, Liechtenstein

33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44

Table 2. Number and total volume of voids inside the crowns.

	Number of voids			Volume of voids (mm <sup>3</sup> )		
	Mean	SD	Statistics	Mean	SD	Statistics
LU crowns	N.D.	N.D.	a	N.D.	N.D.	a
EC&B-layered crowns	46.5	18.7	b	0.0206	0.0171	b
EC&B-monolayer crowns	0.7	0.8	a	0.0001	0.0001	a
EMP crowns	61.3	15.4	b	0.0009	0.0003	c

45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

Statistical significance is expressed between the different letters (p<0.05). N.D.: not detected.

### Figure legends

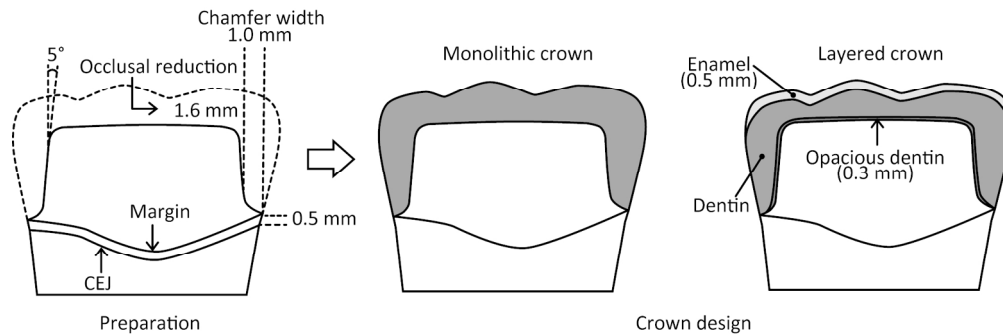
Fig. 1. Schematic of the preparation and the crown designs for monolithic crowns (Lava Ultimate crowns, Estenia C&B -monolayer crowns and IPS e.max press crowns) and layered crown (Estenia C&B -layered crowns). CEJ: cement-enamel junction of the tooth model.

Fig. 2 Comparison of (a) flexural strength, (b) modulus of elasticity and (c) fracture toughness between the materials used in this study. Each value represents the mean of ten measurements for (a) and (b), and five measurements for (c) with standard deviation. Different letters above the columns show significant differences ( $p < 0.01$ ). LU: Lava Ultimate, EC&B: Estenia C&B, OD: opacious dentin, D: dentin, E: enamel, EMP: IPS e.max press.

Fig. 3. Representative micro-CT images of the crowns tested. White arrows indicate the existence of voids. LU: Lava Ultimate, EC&B: Estenia C&B, EMP: IPS e.max press.

Fig. 4. Fracture load of the crowns. Each value represents the mean of six measurements with standard deviation. \*\*:  $p < 0.01$ , \*:  $p < 0.05$ . LU: Lava Ultimate, EC&B: Estenia C&B, EMP: IPS e.max press.

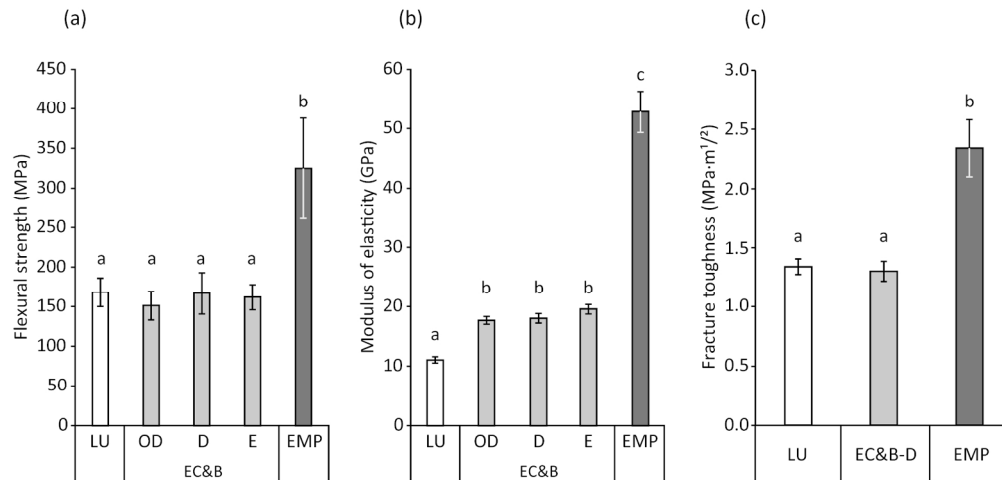
Fig. 5. Representative SEM composite views of fracture surface of (a) Lava Ultimate crown, (b) Estenia C&B-layered crown, (c) Estenia C&B-monolayer crown, and (d) IPS e.max press crown. Each image was created by overlapping 11-13 original SEM images photographed at  $\times 40$ . Large and small arrows display the fracture origin and voids, respectively.



Schematic of the preparation and the crown designs for monolithic crowns (Lava Ultimate crowns, Estenia C&B -monolayer crowns and IPS e.max press crowns) and layered crown (Estenia C&B -layered crowns).

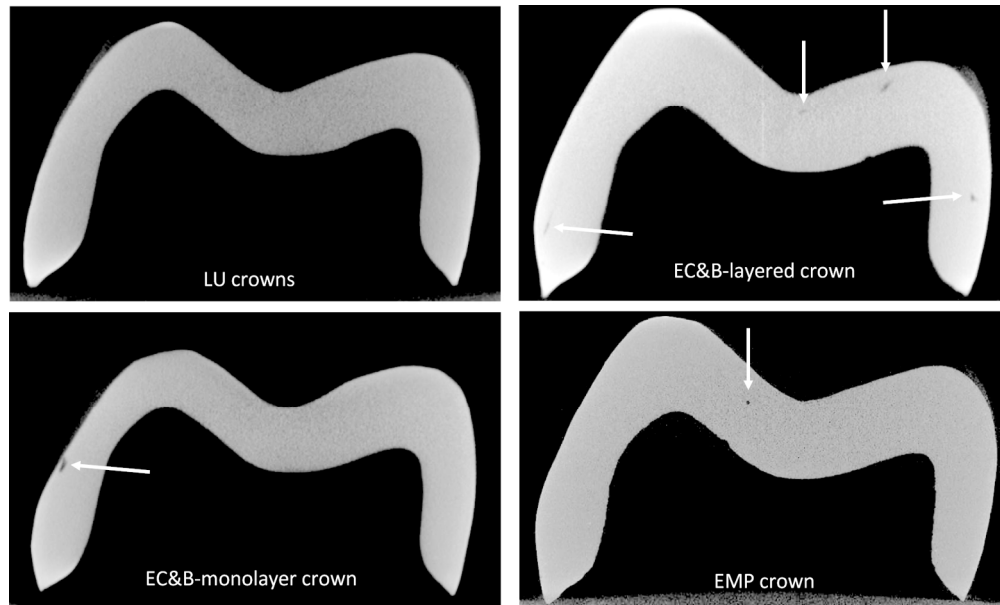
CEJ: cement-enamel junction of the tooth model.

167x55mm (300 x 300 DPI)



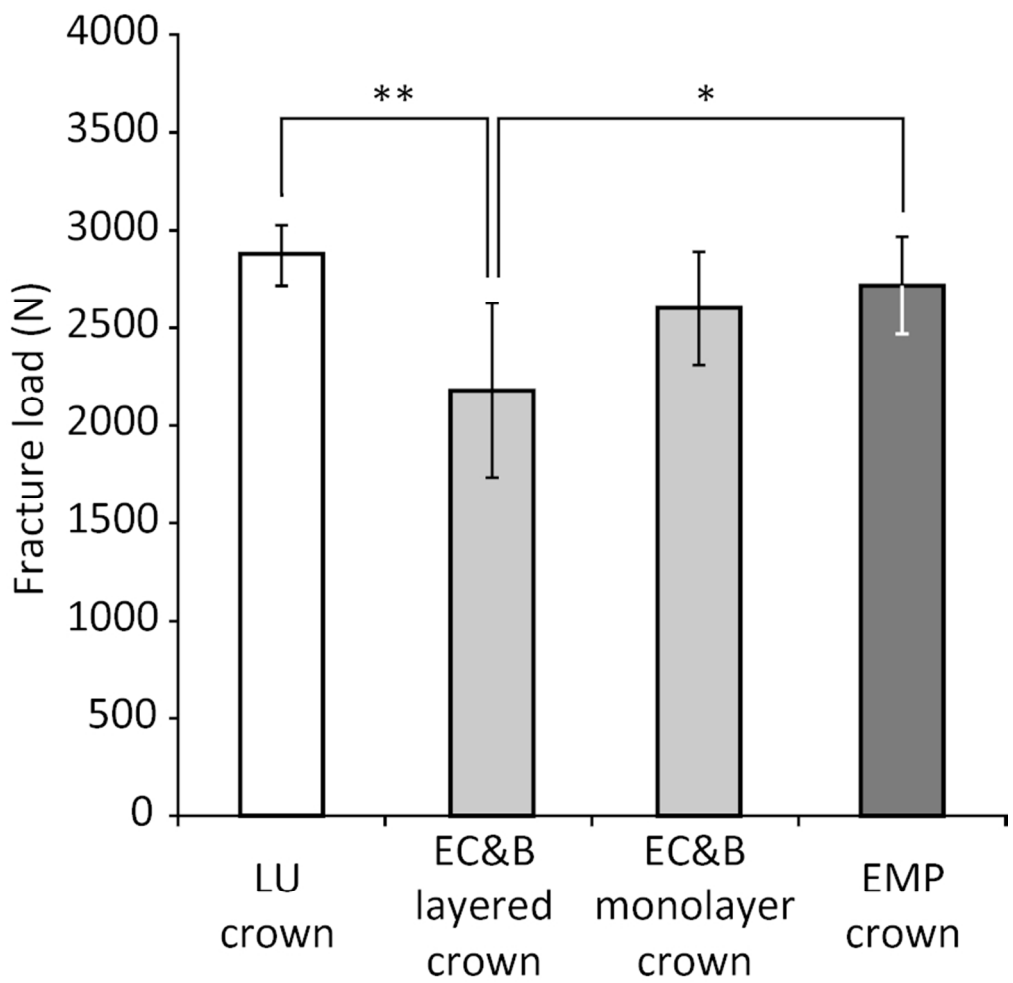
Comparison of (a) flexural strength, (b) modulus of elasticity and (c) fracture toughness between the materials used in this study. Each value represents the mean of ten measurements for (a) and (b), and five measurements for (c) with standard deviation. Different letters above the columns show significant differences ( $p < 0.01$ ). LU: Lava Ultimate, EC&B: Estenia C&B, OD: opacious dentin, D: dentin, E: enamel, EMP: IPS e.max press.

162x77mm (300 x 300 DPI)



Representative micro-CT images of the crowns tested. White arrows indicate the existence of voids. LU: Lava Ultimate, EC&B: Estenia C&B, EMP: IPS e.max press.  
161x97mm (300 x 300 DPI)

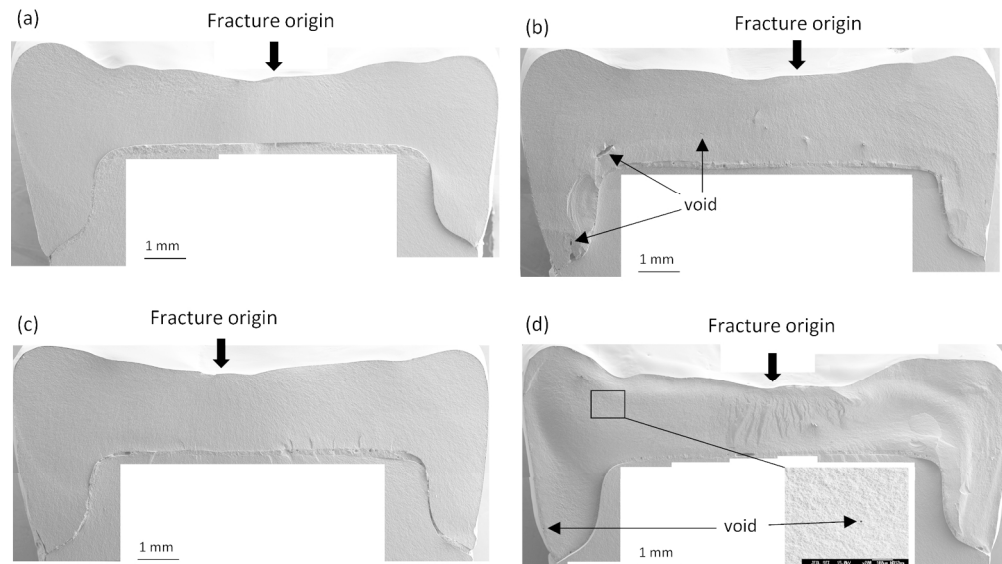
1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60



Fracture load of the crowns. Each value represents the mean of six measurements with standard deviation.  
\*\*: p<0.01, \*: p<0.05. LU: Lava Ultimate, EC&B: Estenia C&B, EMP: IPS e.max press.  
77x75mm (300 x 300 DPI)







Representative SEM composite views of fracture surface of (a) Lava Ultimate crown, (b) Estenia C&B-layered crown, (c) Estenia C&B-monolayer crown, and (d) IPS e.max press crown. Each image was created by overlapping 11-13 original SEM images photographed at  $\times 40$ . Large and small arrows display the fracture origin and voids, respectively.  
164x91mm (300 x 300 DPI)