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# **Prey consumption rates and growth of piscivorous brown trout in a subarctic watercourse**

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## ABSTRACT

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Prey consumption rates of piscivorous brown trout, *Salmo trutta*, were studied in the Pasvik watercourse, which forms the border between Norway and Russia. Estimates of food consumption in the field were similar to or slightly less than maximum values from a bioenergetic model. The piscivore diet consisted mainly of vendace, *Coregonus albula*, with a smaller number of whitefish, *C. lavaretus*. Individual brown trout had an estimated mean daily intake of approximately 1.5 vendace and 0.4 whitefish, and a rapid annual growth increment of 7-8 cm year<sup>-1</sup>. The total population of brown trout >25 cm was estimated as 8445 individuals (0.6 individuals ha<sup>-1</sup>), giving an annual consumption of 1553880 (±405360 S.E.) vendace and 439140 (±287130 S.E.) whitefish for the whole watercourse. The rapid growth in summer of brown trout >25 cm indicated a high prey consumption rate.

Key words: *Coregonus* spp.; feeding; piscivory; *Salmo trutta*; vendace; whitefish.

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## INTRODUCTION

Predator-prey interactions may have an important role in regulating the population abundance and community structure of freshwater fish (Mittelbach & Persson, 1998). Establishing quantitative and reliable estimates of prey consumption rates in fish populations is an appealing approach for analysis of ecological interactions and a useful tool in fisheries management (Stewart *et al.*, 1983; Gerking, 1994; Olson & Galvan-Magana, 2002; Pauly *et al.*, 2002). In many freshwater systems, the brown trout *Salmo trutta* L. is an important piscivorous species, switching from invertebrates to fish predation at a size of about 20-25 cm (Campbell, 1979; L'Abée-Lund, 1992; Kahilainen & Lehtonen, 2002, 2003). When brown trout are feeding on fish, the prey consumption rates differ from those feeding on invertebrates, mainly because of higher energy intake and growth as a result of piscivorous behaviour and foraging (Garman & Nielsen, 1982; Elliott & Hurley, 2000).

For piscivorous brown trout, prey consumption rates may be calculated directly by using food consumption models based on gastric evacuation rates (Elliott, 1991; He & Wurtsbaugh, 1993), or indirectly from bioenergetics models (Forseth & Jonsson, 1994; Vehanen *et al.*, 1998; Elliott & Hurley, 2000) or radioisotope models (Forseth *et al.*, 1992). However, the methods are based on different parameters with respect to important variables such as food availability, metabolic cost and temperature, which potentially may result in contrasting outcomes with respect to the estimates of consumption rate. Thus, comparing estimates from direct and indirect methods can provide valuable independent validation of field- and laboratory-measured parameters (Rice & Cochran, 1984; Héroux & Magnan, 1996), as well as testing the reliability of the different consumption estimates.

Studies that compare estimates of direct and indirect methods for prey consumption rates of

71 piscivorous brown trout have not previously been published. The objectives of the present study  
72 were: (i) to estimate prey consumption rates of brown trout on a daily and seasonal basis, (ii) to  
73 compare these estimates with maximum prey consumption values obtained from a bioenergetic  
74 model, and iii) to estimate the growth of the piscivorous brown trout in the watercourse.

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## MATERIAL AND METHODS

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### 79 STUDY AREA

80 The subarctic Pasvik watercourse originates from Lake Inari (1102 km<sup>2</sup>) in northern Finland,  
81 runs north into Russia and then defines the border between Norway and Russia for a length of  
82 approximately 120 km. The Norwegian-Russian part of the watercourse has a total area of 142  
83 km<sup>2</sup>, a catchment area of 18404 km<sup>2</sup>, and a mean annual water flow of 175 m<sup>3</sup> s<sup>-1</sup>. There are  
84 altogether seven water impoundments (hydroelectric reservoirs) along the watercourse. Most  
85 rapids and waterfalls have disappeared, and today lakes and reservoirs linked together by short  
86 and slowly flowing river sections dominate the system. The mean annual amplitude in the water  
87 fluctuations is relatively small, usually less than 80 cm. The ice-free season in the lakes and  
88 reservoirs lasts from May/June to October/November. Mean water temperature during summer  
89 time is around 12° C with a maximum approaching 17-18° C. The lakes and reservoirs are  
90 oligotrophic with some humic impacts, neutral pH (6·11-7·07), and a Secchi-depth ranging from  
91 2-6 m. Altogether 15 fish species have been recorded in the Pasvik watercourse. The most  
92 commonly occurring species in the lakes are whitefish *Coregonus lavaretus* (L.) *sensu lato*,  
93 vendace *C. albula* (L.), perch *Perca fluviatilis* L., pike *Esox lucius* L., burbot *Lota lota* (L.) and  
94 brown trout.

95 As there was a reduction in the recruitment potential of brown trout after the water  
96 regulation, a compulsory annual stocking of about 5000 large (total length >25 cm) brown trout  
97 was initiated in the watercourse. The whitefish occur as two different morphs; the sparsely gill-  
98 rakered whitefish (mean gill number 23·1, hereafter denoted s.r. whitefish), and the densely  
99 rakered form (mean number 33·0, hereafter denoted d.r. whitefish) (Amundsen *et al.*, 1999). The  
100 two whitefish morphs are easily separated and identified from differences in gill morphology  
101 (Amundsen *et al.*, 2004). Vendace is a non-native species that invaded the watercourse in the late  
102 1980's, and has become a dominant species in the pelagic zone of the lakes and reservoirs  
103 (Amundsen *et al.*, 1999; Bøhn & Amundsen, 2001). Vendace and whitefish can be easily  
104 separated by the position of the mouth and the morphology of the gill rakers.

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## 107 FISH SAMPLING

108 Brown trout sampling was carried out from June to October 1999 by local fishermen (13  
109 person in total), using gill nets (primary 39-52 mm bar mesh size) and different sorts of fishing  
110 rod equipment. The gillnets were emptied once per day. A total of 393 fish were caught and  
111 measured by total length (range 23-68 cm, mean 36·6 cm) and mass (range 190-5000 g, mean 688  
112 g). The stomach contents were removed and immediately deep-frozen for further analysis, and  
113 otoliths from wild brown trout were taken for age determination. Wild and stocked brown trout  
114 were distinguished by defining individuals with characteristic fin damage as stocked fish (Lund *et*  
115 *al.*, 1989), apart from 32 fish that were not classified by the fishermen. Therefore, 361 fish were  
116 used for the population estimates. Vendace and d.r. whitefish were sampled during June, August  
117 and September 1999, using pelagic gill nets with bar mesh sizes (knot to knot) of 8, 10, 12·5, 15,  
118 18·5, 22, 26 and 35 mm. All fish (vendace, n=166 and d.r. whitefish, n=129) were measured in

119 mm (fork length) and weighed in grams.

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## 122 STOMACH CONTENT AND GROWTH ANALYSES

123 Brown trout stomach samples were analysed in the laboratory and the contents categorized  
124 into six main prey groups. Partially-digested fish prey items were identified to species by the  
125 remaining external features, and whitefish to morph by gill-raker examination. Other prey items,  
126 mainly aquatic insects (including Ephemeroptera, Trichoptera, Plecoptera, Odonata,  
127 Chironomidae and Coleoptera), were pooled into one group called invertebrates. The stomach  
128 contents of each individual fish were dried (65° C for >72 hours) and then weighed, keeping the  
129 different prey categories separate.

130 To determine growth of stocked brown trout, fish sampled were pooled over two-week  
131 intervals, providing a total of eight mean values ( $\pm 95\%$  CL) of total length and mass over the  
132 sampling season. To determine growth of wild brown trout, fish were aged using otoliths, and  
133 then mean values ( $\pm 95\%$  CL) of total length and mass were determine for each age group.

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## 136 FOOD CONSUMPTION ESTIMATES

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### 138 *a) The food consumption model*

139 The daily food consumption ( $C_{24}$ ) was estimated using the modified Bajkov method (Bajkov,  
140 1935; Eggers, 1977, 1979; Elliott & Persson, 1978):

141

$$142 \quad C_{24} = 24 SR \quad (1)$$

143

144 where  $S$  is the mean mass of stomach contents and  $R$  is the instantaneous gastric evacuation rate.

145 The mass of the stomach contents was expressed as g dry mass (DM) of prey per predator and

146 standardized to that for a 700 g brown trout (g DM prey predator<sup>-1</sup>), using a logarithmic

147 regression (both axes on log scales) between stomach contents mass and fish mass. The

148 standardization was validated by the absence of a significant correlation between the standardized

149 stomach contents mass and fish size ( $P > 0.05$ ). Previously presented gastric evacuation rates of

150 brown trout were used in the present study (Elliott, 1972, 1991). For piscivorous brown trout, the

151 evacuation rate was calculated by the equation (Elliott, 1991):

152

$$153 \quad R = 0.0362 e^{0.114T} \quad (2)$$

154

155 and for brown trout feeding on invertebrates by (Elliott, 1972):

156

$$157 \quad R = 0.053 e^{0.112T} \quad (3)$$

158

159 where  $T$  was the water temperature (°C). The fish samples were pooled over two-week intervals,

160 providing a total of eight time periods over the sampling season. The water temperature was

161 monitored continuously, and the mean water temperature for each period was used for the

162 estimates of evacuation and consumption rates (Fig. 1c).

163

#### 164 *b) The bioenergetic model*

165 The maximum food consumption of the Pasvik brown trout was estimated from the

166 bioenergetic model developed for piscivorous brown trout by Elliott & Hurley (2000). The



167 maximum daily energy intake ( $C_{IN}$ , cal day<sup>-1</sup>) was given by:

168

169 
$$C_{IN} = C_{max} \{ (T - T_L) / (T_M - T_L)^b W^d \} \quad (4)$$

170

171 where  $W$  was the wet mass of the brown trout (standardized to 700 g in the present study),  $d$  was  
172 the weight exponent (= 0.766),  $T$  was the water temperature (° C),  $C_{max}$  was the daily energy  
173 intake of a 1-g fish at the temperature  $T_M$  (= 18° C) for maximum energy intake (= 403.62 cal),  
174  $T_L$  was the theoretical temperature at which energy intake was zero (= - 7.48° C), and  $b$  had the  
175 value of 3.002 (Elliott & Hurley, 2000). The theoretical value of  $T_L$  was well below the actual  
176 value for zero energy intake (c. 0° C) because there was a change in slope in the model at 6.8° C  
177 so that the decreasing daily energy intake did not attain zero until a theoretical temperature of -  
178 7.48° C was reached (see Elliott & Hurley, 1998) The estimates of daily energy intake were  
179 converted and expressed in terms of dry mass using an energy value of 5.5 cal per mg dry mass  
180 (Winberg, 1971).

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182

### 183 PREY SIZE

184 The length of undigested fish prey in the brown trout stomachs was measured to the nearest  
185 mm. For the two dominant prey categories, vendace and whitefish, wet and dry mass (65° C for  
186 >72 hours) were determined for a gill-netted sub-sample of 30 fish from each species, and the  
187 mass-length relationships were estimated by logarithmic linear regression (Table I). These  
188 relationships were then used to estimate the mean dry mass of the brown trout fish prey in order  
189 to calculate the number of fish prey consumed from the estimated food consumption rates.

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191

## 192 BROWN TROUT POPULATION DENSITY

193 All stocked brown trout released in 1999 ( $n=5341$ , mean size 28.4 cm, mean mass 303 g) were  
194 marked by removal of the adipose fin. In the catches of brown trout from 1999, the marked fish  
195 were recorded in order to estimate the total population size ( $N$ ), of brown trout with a length >25  
196 cm, by using the Chapman modification of the Petersen method (Ricker, 1975):

197

$$198 \quad N = (M+1)(C+1) / (R+1) \quad (5)$$

199

200 where  $M$  is the total number of marked fish,  $C$  is the total capture of fish and  $R$  the recapture of  
201 marked fish. Computation of confidence limits (95% CL) was based on the assumption that  
202 recapture was successive and independent of time period, e.g. Poisson distributed (Ricker, 1975).

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## RESULTS

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### 207 DAILY AND SEASONAL FOOD CONSUMPTION RATES

208 In total, vendace contributed 63% to the food intake of brown trout during the ice-free  
209 season, while d.r. whitefish made up 18% and s.r. whitefish 6% (Fig. 1). The importance of other  
210 fish prey such as burbot and nine-spined sticklebacks was low throughout the sampling period (in  
211 total <5%). Despite a low total amount of invertebrates eaten by brown trout during the season  
212 (11%), invertebrates represented the principal prey category in the first July sample (42%).  
213 However, the number of brown trout in this sample was only eight.

214 The estimates from the food consumption model showed an increase in the brown trout daily

215 ration from approximately 0.9 g DM prey predator<sup>-1</sup> in June to a peak of 5.8 g in late August and  
216 then decreased to 1.4 g in October (Fig. 1). The predicted values of the maximum daily food  
217 ration derived from the bioenergetic model exceeded the values estimated from the food  
218 consumption model, except for late August (Fig. 1). However, the discrepancy between estimates  
219 from the two models was not large for most samples with the estimates from the bioenergetics  
220 model usually lying close to or within the standard error (S.E.) of the estimates from the food  
221 consumption model. The most marked discrepancy was in the last period of July where the  
222 bioenergetic model gave 9.6 g vs 3.6 g DM prey predator<sup>-1</sup> from the food consumption model.  
223 However, this was the smallest sample with only seven brown trout and therefore the field value  
224 may be an underestimate. Over the total season, the mean daily ration estimated from the food  
225 consumption and bioenergetic models was 3.3 ±1.4 S.E. g and 5.1 g DM prey predator<sup>-1</sup>,  
226 respectively. The total piscivore consumption during the ice-free season was, according to the  
227 estimates from the food consumption model, equivalent to 1.55 kg prey fish (1.74 kg including  
228 invertebrates) for a brown trout of mean size, compared to 2.70 kg from the estimates of the  
229 bioenergetic model.

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231

## 232 NUMBER OF VENDACE AND D.R. WHITEFISH CONSUMED

233 According to the estimates from the food consumption model, a single brown trout consumed  
234 approximately 1.5 (±0.4 S.E.) vendace and 0.4 (±0.2 S.E.) d.r. whitefish per day or a total of 184  
235 (±48 S.E.) vendace and 52 (±34 S.E.) d.r. whitefish during the period from 15 June to 15 October  
236 (Table II). The mean individual consumption of vendace was relatively low in June and July (0.6  
237 vendace pr day) with a significant peak in the second period of August (approx. 3.5 vendace pr  
238 day). In contrast, the brown trout ration never exceeded a ration of 1.0 d.r. whitefish pr day,

239 independent of time period.

240 A total of 228 fin-tagged brown trout were recaptured in 1999 and the Chapman modified  
241 Petersen method estimated a total of 8445 (95% CL 7467-9267) brown trout >25 cm for the  
242 whole Pasvik watercourse in 1999 (0.6 individuals ha<sup>-1</sup>). This results in a total prey consumption  
243 of 1553880 (±405360 S.E.) vendace and 439140 (±287130 S.E.) whitefish and represents an  
244 annual consumption of vendace and d.r. whitefish of 140 (±49 S.E.) fish ha<sup>-1</sup> or 0.84 (±0.29 S.E.)  
245 kg ha<sup>-1</sup> by the piscivorous Pasvik brown trout (Table II).

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247

## 248 GROWTH

249 Brown trout stocked in June rapidly increased their mean length and mass during the summer  
250 season, with a mean length and mass increase of 7.4 cm and 380 g, respectively, when recaptured  
251 in October (Fig. 2a). Similarly, the mean length at age of wild brown trout increased at 7-8  
252 cm/year, from 23 cm for 3-year old fish to 55 cm for 7-year old fish (Fig. 2b).

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## DISCUSSION

256 Vendace and d.r. whitefish were the dominant prey species in the brown trout diet, with a  
257 peak consumption level in August according to the estimates from the prey consumption model.  
258 In general, the daily energy intake of fish responds positively to temperature up to a given  
259 optimum and then decreases (Brett, 1971; Elliott, 1976). For piscivorous brown trout, the  
260 optimum temperature for growth was found to be 16-17° C in laboratory studies (Elliott &  
261 Hurley, 2000). At the maximum prey consumption rates in August the temperature varied  
262 between 12.4-14.8° C, which is close to the optimum temperature for growth when brown trout

263 are feeding on invertebrates (Elliott, 1994). The observed maximum rates at lower temperatures  
264 might be explained by the study of Forseth & Jonsson (1994), who hypothesised that the  
265 optimum temperature for energy intake and growth among brown trout populations may be the  
266 result of natural selection and should be high in warmer localities and lower in cold  
267 environments. Brown trout predator feeding behaviour and prey consumption rates are also  
268 related to species composition, density, size-structure, habitat choice and behaviour of the prey  
269 (Popova, 1978; Wootton, 1998), and the coregonids in the watercourse (Amundsen *et al.*, 1999)  
270 are also found elsewhere to be a suitable prey species for brown trout (Vehanen *et al.*, 1998;  
271 Kahilainen & Lehtonen, 2002, 2003).

272 The two methods gave comparable estimates of the prey consumption rate, except for one  
273 small sample in late July. The bioenergetic model provides estimates of maximum food  
274 consumption rates, based on the conditional assumption that the brown trout are feeding to  
275 satiation. Hence, the estimates derived from the food consumption model indicate that brown  
276 trout in the Pasvik watercourse were feeding quite close to maximum ration. Despite few studies  
277 on comparable prey consumption rates for piscivorous brown trout, the mean daily ration in the  
278 present study corresponded well with estimates in another study that used a different bioenergetic  
279 method (Vehanen *et al.*, 1998). In the latter study, high daily rations resulted in growth rates of 7-  
280 10 cm per year, comparable to the results of the present study.

281 For the stocked brown trout in the watercourse, a high proportion of small-sized fish prey,  
282 especially vendace, seems favourable for their ability to start feeding on fish and apparently  
283 enhance their daily ration. A similar piscivorous diet was found between wild and stocked Pasvik  
284 brown trout by Jensen *et al.* (2004), and indicated that stocked brown trout quickly adopt the  
285 feeding behaviour and habitat use of wild fish. The rapid growth in summer of brown trout > 25  
286 cm also indicated a high prey consumption rate. Vehanen & Aspi (1996) investigated brown trout

287 stocking in 33 Finnish lakes, and found a positive relationship between recapture of brown trout  
288 in systems where vendace were abundant. The recently invading vendace in the Pasvik  
289 watercourse may thus have a positive influence on the density of the brown trout population. On  
290 the other hand, an increase in the population size of brown trout may have regulatory effects on  
291 the vendace population. From the estimated daily ration of approximately 1.9 fish prey per brown  
292 trout, the total seasonal consumption of the brown trout population in the Pasvik watercourse  
293 compromised nearly 2 million prey fish. Our estimate of 1.55 prey fish per brown trout for the  
294 whole sampling period was close to that found by Vehanen *et al.* (1998), who estimated a mean  
295 consumption rate of 1.8 kg prey fish/year for a single brown trout. Vendace populations are  
296 frequently found to undergo cyclic oscillations, but this is usually related to high predation  
297 impacts on the zooplankton community and strong intraspecific competition (Hamrin & Persson,  
298 1986; Sandlund *et al.*, 1991), and not to piscivorous predation. The estimated annual brown trout  
299 consumption of 140 fish ha<sup>-1</sup> represents less than 10 percent of the pelagic coregonid density  
300 observed in the Pasvik watercourse in 2000 (Gjelland 2003). Thus, given the relatively low  
301 population abundance of 0.6 brown trout ha<sup>-1</sup> in the watercourse, the overall predator effect on  
302 the vendace population may play a minor role, but this cannot be evaluated without more detailed  
303 information on the prey population density.

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## TABLES

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435 TABLE I. The relationship between length ( $L$ ; cm) and wet mass ( $WM$ ; g) and dry mass ( $DM$ ; g)

436 for vendace and whitefish in the Pasvik watercourse ( $p < 0.001$  for all regression).

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Species	Range (cm)	Regression ( $\ln W = \ln a - b \ln L$ )	$r^2$ -value
Vendace	7.2 – 14.2	$\ln WM = 4.599 - 2.981 \ln L$	0.960
		$\ln DM = 6.609 - 3.238 \ln L$	0.974
Whitefish	6.8 – 15.3	$\ln WM = 4.842 - 3.121 \ln L$	0.987
		$\ln DM = 6.476 - 3.196 \ln L$	0.981

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448 TABLE II. Estimated prey consumption (vendace and d.r. whitefish) of brown trout (length >25  
449 cm) for the total sampling period from 15 June to 15 October ( $\pm$  S.E. for each estimated value).

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Prey fish	Individual consumption		Total population consumption		
	(no. of prey)	(kg)	(no. ha <sup>-1</sup> )	(kg ha <sup>-1</sup> )	(no. of prey)
Vendace	184 $\pm$ 48	1.10 $\pm$ 0.28	109 $\pm$ 29	0.65 $\pm$ 0.17	1553880 $\pm$ 405360
D.r. whitefish	52 $\pm$ 34	0.32 $\pm$ 0.21	31 $\pm$ 20	0.19 $\pm$ 0.12	439140 $\pm$ 287130
Sum	236 $\pm$ 82	1.42 $\pm$ 0.49	140 $\pm$ 49	0.84 $\pm$ 0.29	1993020 $\pm$ 692490

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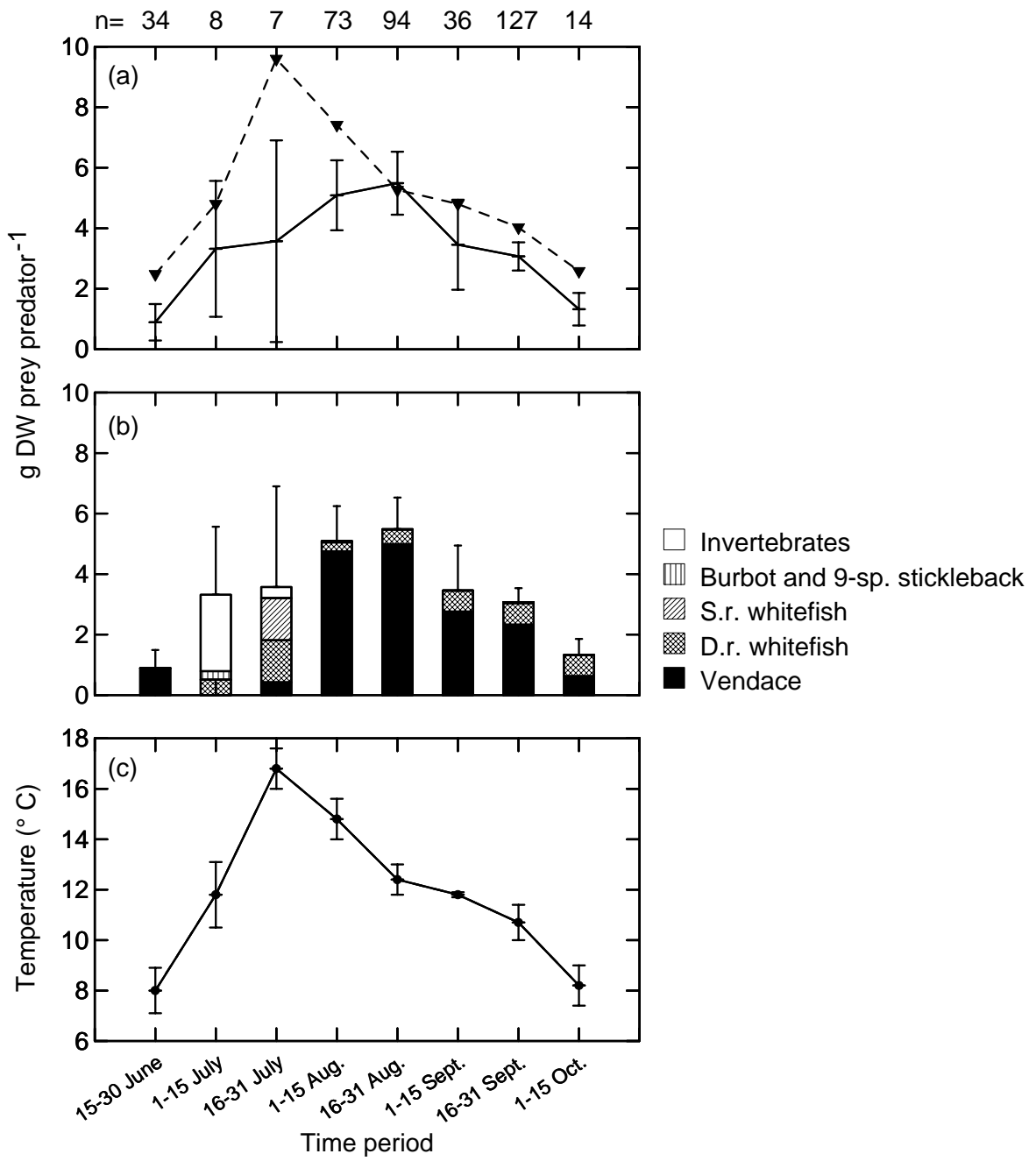
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## FIGURE LEGENDS

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FIG. 1. Daily food consumption of brown trout (g DM prey predator<sup>-1</sup>) with mean values for a standardized 700 g brown trout, (a) comparison of mean values from the food consumption model (solid line with S.E. as vertical lines) and maximum values from the bioenergetic model (▼), (b) diet composition based on the food consumption model, and (c) mean water temperature (T°C) in the Pasvik watercourse over two week intervals (with S.D. as vertical lines) from 15 June to 15 October. The number of fish measured is given at the top of the figure for each value.

FIG. 2. Temporal changes in mean length and mass of brown trout, (a) stocked fish during their first summer season after release, and (b) wild fish with increasing age. Vertical lines indicate 95% CL. The number of fish measured is given at the top of the figure for each value.



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490 FIG. 1.

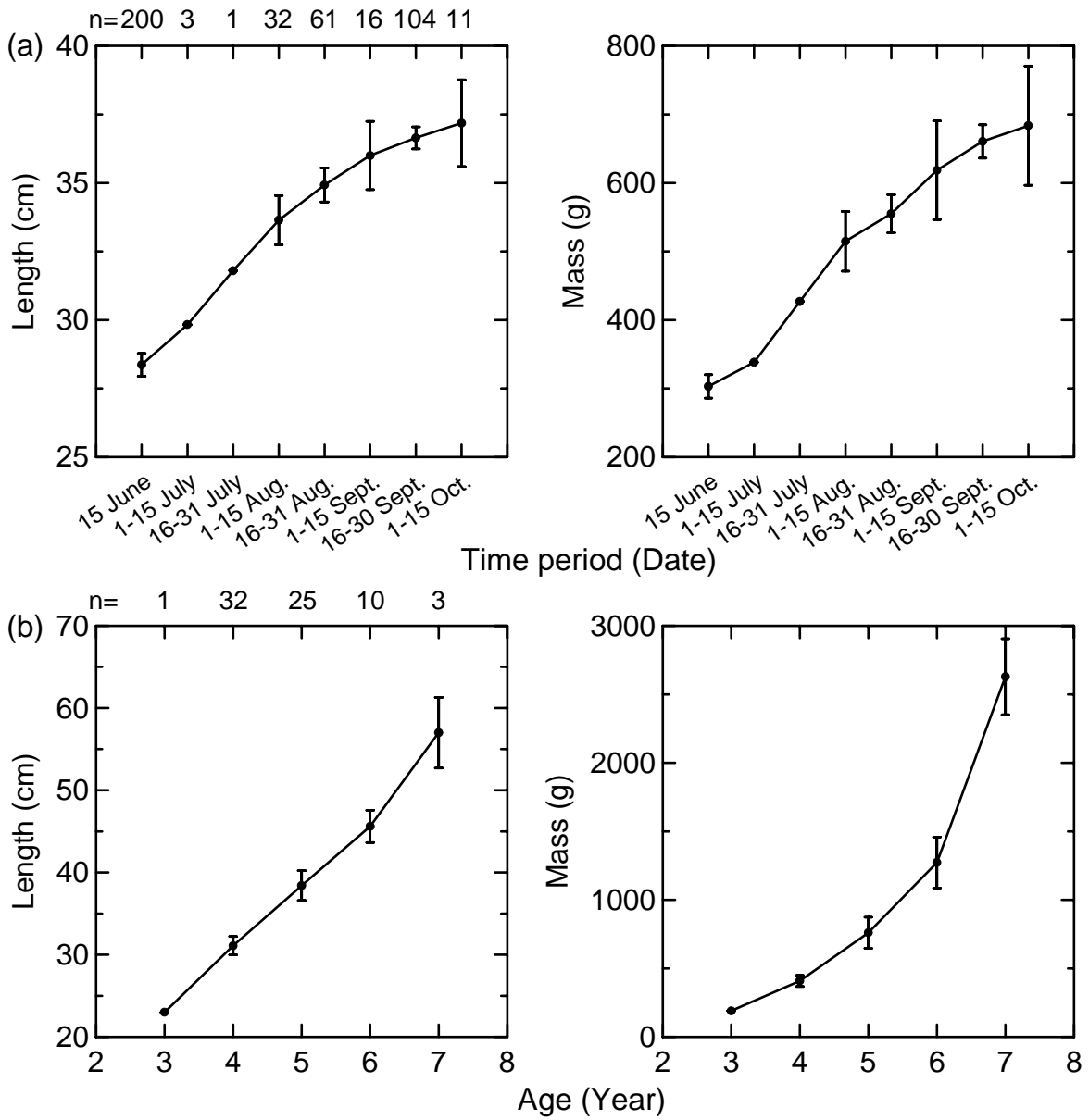
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497 FIG. 2.

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Dear Dr. Craig,

I enclose a revised version of MS 05-179. We have responded positively to all of the referee's comments, and have changed the text accordingly. We have added the number of brown trout measured to figure 2. These comments were most useful and are appreciated.

We feel that all these changes have produced a better paper and we hope that it is now acceptable.

Yours sincerely,

Hallvard Jensen