

# 1 **A Large West Antarctic Ice Sheet Explains Early Neogene Sea-Level Amplitude**

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36 **Early to Middle Miocene sea-level oscillations of approximately 40-60 m estimated from far-**  
37 **field records<sup>1,2,3</sup> are interpreted to reflect the loss of virtually all East Antarctic ice during peak**  
38 **warmth<sup>2</sup>. This contrasts with ice-sheet model experiments suggesting most terrestrial ice in**  
39 **East Antarctica was retained even during the warmest intervals of the Middle Miocene<sup>4,5</sup>. Data**  
40 **and model outputs can be reconciled if a large West Antarctic Ice Sheet (WAIS) existed and**  
41 **expanded across most of the outer continental shelf during the Early Miocene, accounting for**  
42 **maximum ice-sheet volumes. Here, we provide the earliest geological evidence proving large**  
43 **WAIS expansions occurred during the Early Miocene (~17.72-17.40 Ma). Geochemical and**  
44 **petrographic data show glacial marine sediments recovered at International Ocean Discovery**  
45 **Program (IODP) Site U1521 in the central Ross Sea derive from West Antarctica, requiring the**  
46 **presence of a WAIS covering most of the Ross Sea continental shelf. Seismic, lithological and**  
47 **palynological data reveal the intermittent proximity of grounded ice to Site U1521. The erosion**  
48 **rate calculated from this sediment package greatly exceeds the long-term mean, implying rapid**  
49 **erosion of West Antarctica. This interval therefore captures a key step in the genesis of a**  
50 **marine-based WAIS and a tipping point in Antarctic ice-sheet evolution.**

51 **Introduction**

52 Reconstructing past Antarctic ice sheet change informs predictions of the continent's contribution to  
53 future sea-level rise<sup>6,7</sup>. Since the 1970s, drilling efforts proximal to Antarctica have revealed the  
54 general Cenozoic evolution of Antarctic glaciation<sup>8,9,10,11</sup>, but fundamental steps in the development  
55 of the ice sheets remain poorly constrained. One key uncertainty is the timing of West Antarctic Ice  
56 Sheet (WAIS) initiation and expansion across the outer continental shelf. Deep-sea benthic  
57 foraminifer oxygen isotope records and Antarctic abyssal plain sedimentary sequences suggested  
58 WAIS formation occurred in the Late Miocene or early Pliocene<sup>12,13</sup>. However, drilling from the  
59 Antarctic margin<sup>11,14,15</sup> and ice-sheet modelling studies<sup>4,5,16</sup> have raised the possibility that WAIS  
60 expansions into areas below sea-level could have occurred during the Early Miocene or earlier,  
61 facilitated by a subaerial West Antarctic topography<sup>17,18</sup>.

62 Without widespread WAIS expansions across the continental shelf in the Early Miocene, maximum  
63 ice volumes are low enough that global sea-level fluctuations of ~40-60 m estimated from far-field  
64 stratigraphic records<sup>1</sup> and oxygen isotope-derived ice volume estimates<sup>2,3</sup> require the near complete  
65 loss of the East Antarctic Ice Sheet (EAIS) during the warmest Middle Miocene periods<sup>2</sup>. Such an  
66 outcome is incompatible with current ice-sheet model outputs, which suggest retention of most  
67 terrestrial East Antarctic ice even during the warmest feasible Middle Miocene environmental  
68 conditions<sup>4</sup>. This is mainly due to hysteresis effects driven by height-mass balance feedbacks; once  
69 the ice sheet is present, parts of it can be retained in a climate warmer than that which would permit  
70 ice-sheet inception on an ice-free landscape<sup>4,19</sup>.

71 Marine sediments, deposited on the continental shelf of the Ross Sea, can reveal whether the WAIS  
72 expanded across the continental shelf during the Early Miocene. However, ice proximal geological  
73 records have been hampered by poor recovery, unconformities, and/or influence from East  
74 Antarctica<sup>9,10,11</sup>. Seismic data suggest that significant volumes of lower Miocene glacimarine  
75 sediment exist around the West Antarctic margin<sup>20,21,22,23</sup>. However, seismic data require constraints  
76 from drilling to determine the age of the sediments, and to differentiate between detritus from

77 continental-scale ice-sheet expansion and local ice caps on (paleo)topographic highs<sup>22,23</sup>.  
78 Consequently, WAIS grounding across the Ross Sea shelf is only clear in seismic data after the  
79 Middle Miocene Climate Transition (~14 Ma)<sup>24,25</sup>; it remains uncertain whether there were earlier  
80 WAIS expansions across the Ross Sea shelf.

### 81 **IODP Site U1521 and Provenance Approach**

82 IODP Expedition 374 Site U1521 (75°41.0' S, 179°40.3' W; 562 m water depth) was drilled to 650.1  
83 metres below sea floor (mbsf) in the Pennell Basin on the outer continental shelf of the Ross Sea  
84 (Fig. 1). The site was drilled in a region that ice-sheet models indicate is one of the last locations  
85 where ice grounds during glacial maxima, making it an ideal location to assess the timing of past  
86 WAIS expansions onto the outer continental shelf<sup>4,16,26</sup>. The sediments from the base of the borehole  
87 up to 209.17 mbsf are split into four chronostratigraphic sequences (1-4; Fig. 2) which constitute an  
88 expanded lower Miocene section (~18 to ~16.3 Ma; see Supplementary Material for details) with  
89 73% recovery. These sediments provide a unique window for detailed analysis of ice-sheet behaviour  
90 immediately before the onset of the Miocene Climate Optimum (MCO, ~17 Ma; Fig. 2; Extended  
91 Data Fig. 1; Extended Data Table 1).

92 Site U1521 sediments below 209.17 mbsf are predominantly muddy to sandy diamictites, often  
93 interbedded with thin laminae and beds of mudstone (see Supplementary Material for details)<sup>26</sup>.  
94 Palynological counts on 23 samples revealed sparse palynomorphs in Sequences 1 and 4A, common  
95 reworked dinoflagellate cysts in Sequence 2, and evidence for high biological productivity in  
96 Sequence 3B (Extended Data Fig. 2; Supplementary Material). These lithological and  
97 paleontological data from Sequences 1, 2, 3A and 4A indicate an ice-proximal glacimarine (and  
98 potentially subglacial) setting, while data from Sequence 3B suggest an ice-distal setting. Notably,  
99 the ~190 m thick succession of Sequence 2, containing a high proportion of reworked dinoflagellate  
100 cysts, was deposited rapidly (0.592 mm a<sup>-1</sup>) within a ~317 kyr interval spanning ~17.72-17.40 Ma  
101 (Extended Data Fig. 1).

102 Through comparison with terrestrial rock outcrops, the sediments recovered at Site U1521 were  
103 traced back to their source regions. A differing geological history of the rocks beneath the EAIS and  
104 WAIS (Fig. 1) gives the sediment eroded by each ice sheet a distinct geochemical, petrological and  
105 mineralogical composition, allowing expansions of the EAIS and WAIS to be distinguished. To  
106 avoid bias towards, or omission of, any lithologies, we applied multiple sediment provenance  
107 proxies<sup>27</sup>. Specifically, we analysed the detrital fine fraction of 37 samples for neodymium (Nd) and  
108 strontium (Sr) isotope compositions (<63  $\mu\text{m}$ ) and 23 samples for clay mineralogy (<2  $\mu\text{m}$ ). Eight  
109 samples were also processed for U-Pb dating of detrital zircons (<300  $\mu\text{m}$ ) and five for <sup>40</sup>Ar/<sup>39</sup>Ar  
110 dating of detrital hornblende grains (150-300  $\mu\text{m}$ ). Additionally, the petrological composition of  
111 15,740 clasts >2 mm was identified down-core (Extended Data Fig. 3).

## 112 **Evidence for Early Miocene WAIS Growth**

113 At Site U1521, detrital  $\epsilon_{\text{Nd}}$  values are consistently more radiogenic (higher) in Sequence 2 compared  
114 to the sediments above and below (Fig. 2e), implying a contribution from a more radiogenic end  
115 member. This end member can be traced to beneath the WAIS; the  $\epsilon_{\text{Nd}}$  values, ranging between -7.2  
116 and -5.9, are in good agreement with measurements of Upper Quaternary diamicts from the eastern  
117 Ross Sea shelf, adjacent to West Antarctica<sup>28</sup>. Here, the radiogenic end member is hypothesised to be  
118 the Cenozoic alkali volcanic rocks of Marie Byrd Land, West Antarctica (Extended Data Fig. 4)<sup>28</sup>.  
119 Subaerial outcrops of the Marie Byrd Land volcanic province are limited, but magnetic and gravity  
120 anomalies associated with subglacial cone-shaped structures indicate the presence of numerous  
121 subglacial volcanoes (Fig. 1)<sup>29</sup>. We hypothesize that the Marie Byrd Land volcanic province is the  
122 more radiogenic end member in Sequence 2. Conversely, the less radiogenic (lower)  $\epsilon_{\text{Nd}}$  values seen  
123 in Sequences 1, 3A and 4A reflect a mixture of lithologies present in the (East Antarctic)  
124 Transantarctic Mountains and fall within the range of Upper Quaternary Ross Sea tills of  
125 Transantarctic Mountain provenance (Extended Data Figs. 4, 5)<sup>28,30</sup>. These less radiogenic sediments

126 also show higher and more variable magnetic susceptibility (Fig. 2)<sup>26</sup>. The patterns seen in the  $\epsilon_{Nd}$   
127 data are broadly mirrored by detrital Sr isotope compositions (Extended Data Fig. 2).

128 Single-grain geochronology/thermochronology and clast petrography provide insights into specific  
129 source terranes. In the Transantarctic Mountains, Precambrian rocks were affected by the pervasive  
130 Ross Orogeny (615-470 Ma), which was accompanied by intrusive felsic magmatism  
131 (Supplementary Material)<sup>31</sup>. Zircon age populations from Sequences 1, 3A and 4A show a strong  
132 peak towards the earlier part of the Ross Orogeny (595 to 535 Ma) and a 6 to 21% population of  
133 Archaean and Paleoproterozoic (>1600 Ma) zircon grains (Figs. 1, 3). These features, together with a  
134 lack of grains younger than 250 Ma, resemble data from moraines in the Transantarctic  
135 Mountains<sup>32,33,34</sup>. Clasts in sequences 1, 3A and 4A also correlate with rocks in the Transantarctic  
136 Mountains, with lithologies including common felsic granitoids and meta-sediments alongside rarer  
137 limestones, marbles and sandstones (Extended Data Fig. 3)<sup>31</sup>. Although a relatively minor  
138 component, dolerite clasts are found throughout Sequences 1, 3A and 4A (Fig. 2g) and can be traced  
139 to the Jurassic Ferrar Group, which predominantly crops out in the Transantarctic Mountains (Fig. 1).  
140 Furthermore, rare *Protohaploxylinus* pollen, a distinctive component of the Permian Beacon  
141 Supergroup in the Transantarctic Mountains, are observed in Sequence 3A<sup>35</sup>. Overall, the sediments  
142 comprising Site U1521 Sequences 1, 3A and 4A are predominantly sourced from erosion of the  
143 Transantarctic Mountains in East Antarctica.

144 In contrast, Sequence 2 is characterized by the highest  $\epsilon_{Nd}$  values and contains zircons with  
145 Cretaceous (~100 Ma) U-Pb ages (n = 16; Fig. 3a). Such ages are indicative of a West Antarctic  
146 provenance as they are presently only found beneath the modern Siple Coast ice streams, including  
147 Kamb Ice Stream and those closer to Marie Byrd Land<sup>33,36</sup>. The age spectra of samples from  
148 Sequence 2 share other features with data from the Siple Coast ice streams, including a broad  
149 Triassic (~240-190 Ma) age peak, few pre-Mesoproterozoic zircons (<5 % of grains) and a young  
150 (~515-505 Ma) Ross Orogeny peak (Fig. 3)<sup>33</sup>. Detrital hornblende  $^{40}Ar/^{39}Ar$  ages from Sequence 2

151 further corroborate a West Antarctic provenance. Unlike zircon grains, which can survive multiple  
152 sedimentary cycles, hornblende grains are less resistant to weathering. The absence of Grenvillian  
153 (~1100-900 Ma) ages in the Sequence 2 hornblende sample (Extended Data Fig. 6) therefore  
154 suggests a West Antarctic provenance, as Grenville-age rocks are absent there<sup>37</sup>. The scarcity of  
155 Ferrar Group dolerite clasts, common in the Transantarctic Mountains, is also consistent with a West  
156 Antarctic provenance (Figs. 1, 2), as is a high proportion of smectite in the clay fraction at the bottom  
157 of Sequence 2 ( $\leq 58\%$ ; Extended Data Fig. 3), with smectite percentages similar to Quaternary  
158 sediments in the eastern Ross Sea<sup>38</sup>. Additionally, Sequence 2 contains evidence for recycling of  
159 older marine detritus, most likely from the lower Cenozoic rift-fill strata that exist in the eastern Ross  
160 Sea region of the West Antarctic Rift System<sup>21</sup>. This is inferred from the dominance of reworked  
161 Eocene-Oligocene species in the diatom and spore-pollen assemblages<sup>26</sup>, alongside the common (13-  
162 21%) reworked Eocene-Oligocene marine dinocysts, which are rare ( $< 1.5\%$ ) in younger sediments  
163 (Extended Data Fig. 2).

164 Smectite abundance declines significantly up-section within Sequence 2 and is accompanied by an  
165 increase in the proportion of basalt clasts (Extended Data Fig. 7). This anticorrelation is unexpected  
166 given that smectite is a weathering product of basalt and volcanic rocks. We infer that lower in  
167 Sequence 2, basaltic bedrock was predominantly weathered to smectite and was thus largely  
168 confined to the finer grain size fractions. Over time, this more weathered regolith layer was removed,  
169 leading to erosion of progressively more pristine continental detritus containing more basalt clasts.  
170 This scenario is supported by more radiogenic  $\epsilon_{Nd}$  values measured in the  $< 63 \mu m$  fraction lower in  
171 Sequence 2 (Fig. 2, Extended Data Fig. 7), as Marie Byrd Land basalts are more radiogenic than  
172 other lithologies (Extended Data Fig. 5). Sequence 2 (17.72-17.40 Ma) could therefore record an  
173 advance of the WAIS over parts of West Antarctica which had not been covered by grounded ice for  
174 an extended period.

175 Further evidence for WAIS expansion can be found in seismic data, which can trace the sediment  
176 package deposited at Site U1521 between 17.72 and 17.40 Ma (Sequence 2) across the Ross Sea  
177 continental shelf<sup>23</sup>. The sediment package, which is thicker towards the eastern Ross Sea (i.e., West  
178 Antarctica), contains glacial features including widespread progradational wedges and high relief  
179 morainal banks<sup>20,21,23</sup>. Coupled with the lithological and palynological evidence for ice proximity at  
180 Site U1521, this shows marine-terminating ice was present. Transport of large volumes of West  
181 Antarctic detritus as far west as the Pennell Basin in the central Ross Sea is evident in our  
182 provenance data, which, alongside common reworked marine microfossils, proves this marine-  
183 terminating ice derived from an Early Miocene WAIS which intermittently extended across most of  
184 the outer continental shelf.

185 Our data therefore reveal WAIS expansions across the Ross Sea continental shelf date back to at  
186 least 17.72 Ma, which is significantly earlier than previously suggested<sup>12,13,23,24,39</sup>. Advance of the  
187 WAIS into marine-based areas (i.e., regions grounded mainly below sea level) at 17.72-17.40 Ma is  
188 supported by a corresponding period of high sensitivity of the marine  $\delta^{18}\text{O}$  record to obliquity  
189 forcing (Fig. 2i). High obliquity sensitivity is considered a proxy for enhanced ice-sheet sensitivity to  
190 ocean dynamics and thus the presence of marine-based ice<sup>15</sup>.

### 191 **Birth of a Marine-Based WAIS**

192 The mean erosion rate for the WAIS catchments draining to the Ross Sea between 17.72 and 17.40  
193 Ma can be estimated using the volume of the corresponding seismic package east of Site U1521<sup>23</sup>.  
194 Assuming that, at the time of deposition, the area of the Ross Sea drainage sector of the WAIS was  
195 approximately the same as today ( $\pm 20\%$ ), the inferred sediment volume requires a mean catchment  
196 erosion of approximately 87 m in  $\sim 317$  kyr (Extended Data Table 2). The mean erosion rate of  
197  $\sim 0.275$  mm  $\text{a}^{-1}$  during this interval greatly exceeds the long-term mean rate of 0.012 mm  $\text{a}^{-1}$   
198 calculated for this part of the WAIS between 23 and 14 Ma<sup>18</sup>; even when the full uncertainty is taken



199 into account (Extended Data Table 2), it is still more than an order of magnitude higher. This  
200 highlights the 17.72 to 17.40 Ma interval as one of unusually rapid erosion, with erosion rates  
201 comparable to modern subpolar to temperate glacial catchments<sup>40</sup>. Transporting this large volume of  
202 subglacially eroded debris quickly to the WAIS margin required abundant meltwater at the ice sheet  
203 bed<sup>41</sup>, as well as fast-flowing ice streams that extended into marine settings where broad deposition  
204 took place. Ocean temperatures must therefore have been sufficiently cool to permit the advance of  
205 marine-based ice, yet atmospheric conditions must have remained warm enough to provide sufficient  
206 precipitation to drive dynamic ice flow and enhanced basal erosion<sup>4</sup>.

207 Since most of West Antarctica, apart from Marie Byrd Land, was thermally subsiding throughout the  
208 Miocene<sup>18</sup>, the high erosion rate at 17.72 to 17.40 Ma is unlikely to have been driven by tectonic  
209 uplift. The eroded sediments therefore reflect ice expansion and enhanced glacial incision of the  
210 terrestrial West Antarctic hinterland, plus infilling of the Ross Sea basins. This erosive event  
211 occurred at a time when topographic reconstructions indicate a transition from a terrestrial West  
212 Antarctic topography (23 Ma) to a largely submarine West Antarctic topography (14 Ma)<sup>18</sup>. The  
213 timing and large volume of sediment deposited in Sequence 2 at Site U1521 suggests that the 17.72  
214 to 17.40 Ma interval records a critical step in the transition of the WAIS from a largely terrestrial ice  
215 sheet to one that was primarily marine-based. This significant alteration to West Antarctic  
216 topography occurred just prior to major changes affecting the Antarctic cryosphere and global  
217 climate during the MCO<sup>2,11</sup>. Subglacial erosion may therefore have driven changes in ice-sheet  
218 evolution and behaviour as, after ~17.40 Ma, a greater submarine area in central West Antarctica  
219 would have made the mass-balance control of the WAIS more sensitive to external drivers such as  
220 sea level and oceanic forcing<sup>5,16</sup>. We propose that ice retreat at the onset of the MCO may be  
221 partially attributable to the crossing of this topographic tipping point and that Sequence 2 records the  
222 birth of a marine-based WAIS. This event dates to well before 14 Ma, the time slice at which  
223 topographic reconstructions first show a largely sub-marine West Antarctica<sup>18</sup>.

## 224 **Sea-Level Reconciliation**

225 Grounded ice flowing from West Antarctica was close to Site U1521 towards the end of the Early  
226 Miocene. We therefore validate recent modelling studies suggesting that an ice sheet nucleating on a  
227 partially terrestrial West Antarctica could expand extensively into the marine realm under Early  
228 Miocene climatic and paleotopographic conditions<sup>4,5,16</sup>. Our data are consistent with an ice extent  
229 similar to, or exceeding, the largest modelled Early to Middle Miocene Antarctic ice sheets (Fig. 1),  
230 containing ice volumes of approximately 80 m sea-level equivalent (SLE) depending on the  
231 topographic reconstruction used<sup>4,5,16</sup>. This expanded WAIS contained approximately 14-15 m SLE of  
232 ice, but also acted to buttress the EAIS resulting in significantly larger-than-present ice volumes<sup>4,16</sup>.  
233 These maximum ice volume constraints indicate that far-field sea-level amplitudes of ~40-60 m did  
234 not require the loss of nearly all terrestrial East Antarctic ice during subsequent warm periods during  
235 the MCO<sup>1,2,3</sup>, consistent with modelled EAIS hysteresis effects<sup>4</sup>. By providing the earliest conclusive  
236 evidence for a large marine-based WAIS, our data also dispel long-held inferences that a WAIS, able  
237 to significantly impact global eustasy and climate, was not present until the Middle or Late  
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### 373 **Figure Legends**

374 **Figure 1. Site U1521 location and surrounding geology.** The outcropping regional geology around  
375 the Ross Sea<sup>42</sup> (© SCAR GeoMAP and GNS Science 2019) is overlain on the BedMachine Antarctica  
376 V1 modern bed topography<sup>43,44</sup>. The MEaSURES grounding line, ice sheet margin and basins are  
377 used<sup>45,46</sup> and the map was produced using ArcGIS software. IODP Site U1521 is located on the outer  
378 continental shelf of the central Ross Sea. Locations referenced in the text are labelled, including the

379 ANDRILL 2A (AND-2A) and Cape Roberts Project 1 (CRP-1) drill sites. The white dashed line  
380 indicates the boundary between East and West Antarctic lithosphere<sup>47</sup>. Orange triangles show  
381 Cenozoic subglacial volcanic edifices detected based on morphological characteristics, gravity  
382 anomalies and magnetic anomalies<sup>29</sup>. The inset shows an ice-sheet model simulation using a ‘cold’  
383 climate (‘cold’ orbit and a climate with 280 ppm atmospheric CO<sub>2</sub> concentrations) and an estimated  
384 Middle Miocene topography<sup>4</sup>. Provenance indicators from Site U1521 Sequence 2 sediments are  
385 broadly consistent with an ice sheet similar to or exceeding the extent of this model output.

386 **Figure 2. Selected provenance proxies from IODP Site U1521 compared to Early Miocene**  
387 **climate records.** The light blue shaded section (Sequence 2) highlights the interval with sediments  
388 of predominantly West Antarctic provenance. The depth of Ross Sea Unconformity (RSU) 4a and 5  
389 and seismic surface D-b are indicated in red<sup>23</sup>. a) Site U1521 inclination data after 20 mT  
390 demagnetisation (red points)<sup>26</sup> and polarity interpretation (white = reverse polarity, black = normal  
391 polarity, grey = no interpretation). b) Site U1521 lithostratigraphy<sup>26</sup>. c) Chronostratigraphic  
392 sequences. The circled letters between b) and c) mark the depths of the zircon U-Pb samples (Figure  
393 3). d) Magnetic susceptibility measured on the whole core<sup>26</sup>. e) Neodymium isotope signature of the  
394 fine fraction. Error bars are 2 S.D. external reproducibility; for provenance interpretations, see  
395 Extended Data Figure 4 and references in Supplementary Material. f) Abundance of Eocene-  
396 Oligocene dinocysts as a percentage (black) and concentration (i.e., counts per gram sediment; grey).  
397 g) Dolerite clast abundance. Errors shown in f) and g) are 95% confidence intervals<sup>48</sup>.  
398 Magnetostratigraphic tie points between the polarity interpretations from shipboard data (a)<sup>26</sup> and  
399 geomagnetic polarity timescale (h)<sup>49</sup> are marked by purple dashed lines. i) Obliquity sensitivity,  
400 indicating the strength of obliquity in the  $\delta^{18}\text{O}$  record relative to the theoretical strength of obliquity  
401 forcing. This has been interpreted as representing the presence of marine-based Antarctic ice<sup>15</sup>. j)  
402 Sea-level record based on an oxygen isotope splice<sup>2</sup>. Red and blue shaded intervals indicate  
403 pronounced sea-level highstands (>40 m) and lowstands (<-20 m), respectively. MCO = Miocene

404 Climatic Optimum. k) CO<sub>2</sub> reconstruction with a LOESS smoothing (shaded region indicates 1  
405 sigma error)<sup>50</sup>. l) Simplified lithological log from the AND-2A record, with diamictites differentiated  
406 based on a grounding-zone proximal vs distal glacial marine depositional setting<sup>11,15</sup>.

407 **Figure 3. Site U1521 detrital zircon U-Pb age distributions.** a) Data displayed as kernel density  
408 estimates (KDEs). When present, large Ross Orogeny (~600-500 Ma), Triassic (~240-190 Ma) and  
409 Cretaceous (~100 Ma) age peaks are labelled. The age ranges of the Ross Orogeny, Grenville  
410 Orogeny and a ~2.7 Ga event recorded in Ross Sea sedimentary strata are illustrated using grey-  
411 shaded bars. The sub-bottom depth midpoints of the samples are shown in Figure 2 and listed in the  
412 methods section. b) Same data as in a), displayed as a multi-dimensional scaling (MDS) map  
413 calculated using the Kolmogorov–Smirnov statistic<sup>51</sup>. Stress (a measurement of the goodness of fit  
414 between the disparities and the fitted distances<sup>51</sup>) = 0.072. A MDS plot visualises the degree of  
415 similarity between samples, with the proximity of sample points reflecting their similarity. The axis  
416 scales are dimensionless and have no physical meaning. The colour of Site U1521 samples (A to I)  
417 corresponds their  $\epsilon_{Nd}$  value. Previously published zircon U-Pb data from Kamb, Whillans and  
418 Bindschadler ice streams in West Antarctica, as well as Transantarctic Mountain moraines from  
419 inland and coastal regions, are shown in grey<sup>32,33,34</sup>. The KDEs and region of the MDS plot  
420 interpreted as having a West Antarctic provenance are shaded in light blue, consistent with the blue  
421 shading in panel a) and Figure 2. Note that although Whillans Ice Stream drains the WAIS, it is  
422 excluded from the blue shaded area due to its proximity to the Transantarctic Mountains (Figure 1),  
423 resulting in a subglacial sediment provenance signature indistinguishable from East Antarctic  
424 detritus<sup>33</sup>.

## 425 **Methods**

### 426 **Neodymium and Strontium Isotopes**

427 Samples were disaggregated and wet sieved to isolate the <63  $\mu\text{m}$  fraction, which was then dried at  
428 60°C. This size fraction represents the bulk composition, as samarium and neodymium are  
429 incorporated in equal proportions into most rock-forming minerals, meaning grain-size sorting is not  
430 likely to impact results<sup>52,53</sup>. However, the Rb-Sr system is subject to elemental fractionation during  
431 weathering and grain-size sorting, which can influence  $^{87}\text{Sr}/^{86}\text{Sr}$  ratios (see ‘Provenance Changes  
432 within Sequence 2’ section in Supplementary Material). To remove authigenic Fe-Mn oxyhydroxide  
433 phases, samples were leached in a mixture of 0.05 M hydroxylamine hydrochloride, 15% acetic acid,  
434 and 0.03 M EDTA at a pH of 4<sup>54</sup>. A carbonate removal step was not included due to the very low  
435 carbonate content<sup>26</sup>. Leached sediment was dried, homogenised, and 50 mg aliquots were digested on  
436 a hotplate in concentrated HF (2 mL), HClO<sub>4</sub> (0.8 mL) and HNO<sub>3</sub> (1 mL) for three to five days, with  
437 a subsequent 6 M HCl step. The Nd was isolated from the sample matrix using a cation exchange  
438 resin (AG50W-X8, 200-400  $\mu\text{m}$  mesh) and HCl in increasing molarity, followed by a low molarity  
439 HCl Ln-Spec resin procedure (50–100  $\mu\text{m}$  mesh). The sample matrix from the cation exchange step  
440 was dried down, taken up in HNO<sub>3</sub>, then loaded onto Eichrom Sr Spec resin to wash down the matrix  
441 and elute the Sr<sup>55</sup>.

442 Neodymium isotopes were measured in the MAGIC laboratories at Imperial College London on a Nu  
443 high resolution multi-collector inductively coupled plasma mass spectrometer (HR MC-ICP-MS). To  
444 account for instrumental mass bias, isotope ratios were corrected using an exponential law and a  
445  $^{146}\text{Nd}/^{144}\text{Nd}$  ratio of 0.7219. Although negligible, interference of  $^{144}\text{Sm}$  on  $^{144}\text{Nd}$  was corrected for.  
446 Bracketing standards were used to correct measured  $^{143}\text{Nd}/^{144}\text{Nd}$  ratios to the commonly used JNdi-1  
447 value of 0.512115<sup>56</sup>. USGS BCR-2 rock standard was processed alongside all samples and yielded  
448  $^{143}\text{Nd}/^{144}\text{Nd}$  ratios consistently within error of the published ratio of  $0.512638 \pm 0.000015$ <sup>57</sup>. Full  
449 procedural blanks for Nd ranged from 7 to 30 pg (n = 6).  $^{143}\text{Nd}/^{144}\text{Nd}$  ratios are expressed using  
450 epsilon notation ( $\epsilon_{\text{Nd}}$ ), which denotes the deviation of a measured ratio from the modern Chondritic  
451 Uniform Reservoir ( $0.512638$ )<sup>58</sup> in parts per 10,000.



452 Strontium isotopes were measured in the MAGIC laboratories at Imperial College London on a  
453 TIMS (Thermal Ionisation Mass Spectrometer). 10% of the sample was loaded in 1  $\mu\text{L}$  of 6M HCl  
454 onto degassed tungsten filaments with 1  $\mu\text{L}$  of  $\text{TaCl}_5$  activator. The measured  $^{87}\text{Sr}/^{86}\text{Sr}$  ratios were  
455 corrected for instrumental mass bias using an exponential law and an  $^{88}\text{Sr}/^{86}\text{Sr}$  ratio of 8.375.  
456 Interference of  $^{87}\text{Rb}$  was corrected for using an  $^{87}\text{Rb}/^{85}\text{Rb}$  ratio of 0.386. Analyses of the NIST 987  
457 standard reference material were completed every four unknowns, yielding a mean of  $0.710290 \pm$   
458  $0.000041$  (2SD,  $n = 36$ ). Samples were corrected to the published value of  $0.710252 \pm 0.000013^{57}$ .  
459 The relatively poor reproducibility for our NIST 987 runs was due to technical issues, but is still  
460 more than sufficient for interpreting sample results, which change in the 3<sup>rd</sup> to 4<sup>th</sup> digit. Accuracy of  
461 results was confirmed using rock standard USGS BCR-2, processed with every batch of samples,  
462 which yielded  $^{87}\text{Sr}/^{86}\text{Sr}$  ratios of  $0.705010 \pm 0.00029$  (2SD,  $n = 18$ ). This is well within error of the  
463 published ratio of  $0.705013 \pm 0.00010^{57}$ .

#### 464 **Detrital Zircon U-Pb Dating**

465 The sub-bottom depth midpoints of the nine samples are: A: 220.23, B: 270.03, C: 335.72, D: 373.58, E:  
466 410.82, F: 487.40, G: 546.55, H: 588.00 and I: 642.21 mbsf. To ensure there were enough grains for  
467 statistical analysis, the above samples were taken over 40 cm intervals. Samples were disaggregated,  
468 dried and sieved at 300  $\mu\text{m}$ . Zircons from the <300  $\mu\text{m}$  fraction were concentrated using standard  
469 gravity settling and magnetic separation techniques. Samples were then mounted in resin, polished  
470 and analysed using an Agilent 7900 laser ablation inductively-coupled plasma mass spectrometer  
471 (LA-ICP-MS) with a 25-35  $\mu\text{m}$  pit diameter in the London Geochronology Centre at University  
472 College London. Approximately 150 grains resembling zircons were randomly selected for analysis  
473 from each sample. Plešovice zircon<sup>59</sup> was used as a primary standard to correct for instrumental mass  
474 bias and depth-dependent inter-element fractionation. Approximate U and Th concentrations were  
475 calculated by comparison with NIST 612 glass<sup>60</sup>.

476 Data reduction of the time-resolved mass spectrometer data was performed using GLITTER 4.5<sup>(61)</sup>.  
477 Ages younger than 1100 Ma were calculated using the  $^{206}\text{Pb}/^{238}\text{U}$  ratio whilst older grains used the  
478  $^{207}\text{Pb}/^{206}\text{Pb}$  ratio. Data were filtered to exclude non-zircons based on zirconium concentrations ( $>10^6$   
479 counts per second) and a -5/+15% discordance threshold was applied. This yielded at least 92 grains  
480 per sample, giving a 95% confidence that any age populations comprising more than 7% of the  
481 sample will be measured<sup>62</sup>. GJ1 zircon<sup>63</sup> was used as a secondary standard to verify accuracy of the  
482 data. Repeat analyses using zircons with and without existing ablation pits were made to check  
483 sample reproducibility; these agreed within the uncertainties associated with random sampling. Final  
484 data were processed and visualised using the R package IsoplotR<sup>64</sup>.

## 485 **Clast Petrography**

486 The gravel fraction ( $>2$  mm) was characterized in continuum along the core between 648.17 and  
487 209.17 mbsf. Clasts exposed in the cut surface of the archive half core were measured, logged and  
488 described on the basis of macroscopic features (e.g. shape, colour, texture). Logging aimed to  
489 identify the distribution and variation of the gravel-size clasts along the core length. Clast logging  
490 followed the methods previously applied to the ANDRILL and Cape Roberts Project drill records  
491 from the Ross Sea. On the basis of macroscopic features, clasts were grouped into seven main  
492 lithological groups: igneous rocks, quartz fragments, dolerites, volcanic rocks, metamorphic rocks,  
493 sedimentary rocks and sedimentary intraclasts<sup>65,66,67,68</sup>. Data processing involved counting the  
494 occurrence of each lithological group over 10 cm core intervals and summarizing this for each core  
495 (Extended Data Fig. 3). The total number of clasts was also summed for each metre interval  
496 (Extended Data Fig. 3). To highlight the along-core variation in dolerite and volcanic clasts - two of  
497 the most indicative lithologies for provenance constraint - the number of these clasts was divided by  
498 the total number of clasts in each core (Extended Data Fig. 3). A total of 73 pebble to cobble-sized

499 clasts were sampled for petrographic analysis, of which the most representative of each lithological  
500 group were analysed using standard petrographic methods with polarized light microscopy.

## 501 **Palynology**

502 Sample processing was performed at Utrecht University, following standard techniques of the  
503 Laboratory of Palaeobotany and Palynology. Samples were oven-dried and weighed (~15 g dry  
504 weight sediment each). One *Lycopodium clavatum* tablet with a known amount of marker spores was  
505 added for quantification of palynomorph abundances<sup>69</sup>.

506 Samples were treated with 10% HCl (Hydrochloric acid) and cold 38% HF (Hydrofluoric acid), then  
507 sieved over a 10 µm mesh with occasional mild ultrasonic treatment. To avoid any potential  
508 processing-related preservation bias, no oxidation or acetolysis was carried out. The processed  
509 residue was transferred to microscope slides using glycerine jelly as a mounting medium, and 2  
510 slides were analysed per sample at 400× magnification. Slides were examined for detailed marine  
511 palynomorphs (dinoflagellate cysts, acritarchs and other aquatic palynomorphs) and, at screening-  
512 level, terrestrial palynomorphs (pollen and spore) at Utrecht University. Subsequent detailed analysis  
513 of terrestrial palynomorphs on a sub-set of seven samples was undertaken at GNS Science. Of the 23  
514 palynological samples analysed for dinocysts, two contained <60 dinocysts (Sequence 1; 594.48  
515 mbsf and Sequence 2; 567.75 mbsf) and one was almost barren (yielding only 12 *in situ* dinocysts,  
516 Sequence 3A; 374.9 mbsf). The almost barren sample is excluded from all plots. The two low  
517 abundance samples are included in our plots but require careful interpretation. Samples between  
518 594.48 and 567.75 mbsf and below 594.48 mbsf (cores 65R, 67R, 69R and 71R) were also checked,  
519 but yielded few dinocyst specimens. Those present comprised of fragments of mostly reworked  
520 dinocysts.

521 Pollen and spore identification followed taxonomic compilations<sup>70,71</sup>, augmented by key Antarctic  
522 literature<sup>72,73,74</sup>. For pollen and spores, scanning continued until an entire cover slide was completed,

523 or a 100 count reached. Results are presented as specimens/gram, and percentage of all terrestrial  
524 palynomorphs. Dinocysts were identified based on a taxonomical index<sup>75</sup> and informally and  
525 formally described species in the literature<sup>76,77,78,79</sup>. Dinocyst percentages were calculated based on  
526 the total *in situ* dinocysts counted, excluding reworked specimens. The percentages of other  
527 palynomorph groups such as brackish and freshwater algae (*Cymatiosphaera* spp. and *Pediastrum*  
528 spp.) and reworked dinocysts were calculated using the total palynomorphs counted (Fig. 2;  
529 Extended Data Fig. 2). *In situ* dinocyst and terrestrial palynomorph absolute abundance (specimens/g  
530 dry weight) and the absolute abundance of the other palynomorph groups were calculated by  
531 counting the amount of *Lycopodium clavatum* spores encountered, following the equation of  
532 Benninghoff (1962)<sup>80</sup>.

533 Protoperidinioid (P) dinocysts are mostly represented by the genera *Brigantedinium*, *Lejeunecysta*,  
534 and *Selenopemphix*. Gonyaulacoid (G) dinocysts mostly include *Batiacasphaera* spp.,  
535 *Operculodinium* spp. and *Spiniferites* spp. Protoperidinioid cyst percentages (Heterotrophic % in  
536 Extended Data Fig. 2) and percentages of the most common species (*Brigantedinium* spp.  
537 *Lejeunecysta* spp., *Selenopemphix* spp. and *Selenopemphix antarctica*) were calculated to identify  
538 productivity trends and/or the presence of sea ice (see Supplementary Material). P dinocysts are  
539 likely produced by heterotrophic dinoflagellates<sup>81</sup> and, at present, dominate the assemblages in  
540 Antarctic sediments in areas with high nutrients and/or (year-round) sea-ice cover. At present,  
541 samples in quasi perennial sea-ice covered areas are dominated by *Selenopemphix antarctica*  
542 (~75%), with abundant *Brigantedinium* spp. and rare occurrence of other species<sup>82,83,84</sup>. G cysts are  
543 generally produced by phototrophic dinoflagellates. *Operculodinium* spp. is the most abundant, has  
544 species representatives among the extant cysts and has been selected to represent temperate-warm  
545 conditions. At present, it is almost exclusively found in temperate areas of the Southern Ocean north  
546 of the Subantarctic Front and never occurs in circum-Antarctic sediments south of the Polar Front<sup>82</sup>.  
547 In contrast, it is common to abundant in other Antarctic warm Miocene records<sup>85,86</sup>. Reworked

548 dinocysts include Eocene and Oligocene taxa (mostly *Vozzhennikovia* spp., but also few *Spinidinium*  
549 spp. and *Enneadocysta diktyostila*).

## 550 **Sediment Volume Estimate**

551 The volume of sediment comprising Sequence 2 was estimated based on seismic data for the Ross  
552 Sea continental shelf<sup>23</sup>. The isopach maps were developed by interpolating between available seismic  
553 reflection profiles<sup>23</sup>, giving a total volume of  $175,526 \pm 17,553 \text{ km}^3$ . The 10% uncertainty accounts  
554 for uncertainty in seismic velocities, which vary from 1700-2700  $\text{ms}^{-1}$  at Site U1521 based on  
555 tomography and 1970-2480  $\text{ms}^{-1}$  based on down-hole measurements. As the provenance data suggest  
556 a West Antarctic sediment source for Site U1521 Sequence 2, we assume that all the sediments east  
557 of  $180^\circ$  and south of  $73^\circ$  are derived from West Antarctica. This is the vast majority ( $123,627 \pm$   
558  $12,363 \text{ km}^3$ ) of the sediment across the shelf. Our sediment volume estimate is conservative, as the  
559 top of Sequence 2 (surface D-b) has been truncated across much of the continental shelf by RSU4<sup>23</sup>.  
560 Significant sediment volumes are also likely to be present beyond the edge of the seismic data from  
561 the continental rise. Any sediment beneath the modern Ross Ice Shelf is also unaccounted for,  
562 although this component is likely to be small.

563 To translate this sediment volume into an erosion rate, the approach and uncertainty range of Paxman  
564 et al. (2019)<sup>18</sup> was used to account for porosity and a small biogenic sediment component (Extended  
565 Data Table 2). We note that using generic values in our porosity calculation is crude, with variation  
566 in the porosity of these Antarctic sediments likely to be significant<sup>86</sup>, but nevertheless sufficient for  
567 our order-of-magnitude estimate of erosion. It is reasonable to assume the major ice divides have  
568 remained in largely the same positions since the Early Miocene, as indicated by various modelling  
569 studies using reconstructed topographies<sup>4,5,16</sup>. The size of the eastern Ross Sea catchment (i.e. Ross  
570 Sea sector of the WAIS) was therefore assumed to be similar to the modern, with a 20% uncertainty.  
571 Some sediment in these units clearly contains reworked material; there are high concentrations of

572 Eocene-Oligocene palynomorphs and diatoms. Although this means our erosion rate is not indicative  
573 of pure bedrock incision, it still represents a significant change to the topography and bathymetry of  
574 West Antarctica. The material removed likely exceeds our conservative estimate of ~87 m across the  
575 catchment. The 317,416 year duration is based on the cyclostratigraphic analyses described in the  
576 age model section, with a 20,000 year uncertainty.

#### 577 **IODP Site U1521 Age Model**

578 The age model for IODP Site U1521 uses magnetostratigraphy, biostratigraphy, cyclostratigraphy,  
579  $^{87}\text{Sr}/^{86}\text{Sr}$  dating of microfossils, and  $^{40}\text{Ar}/^{39}\text{Ar}$  ages of hornblende grains to correlate rock units to the  
580 Geomagnetic Polarity Timescale (GPTS)<sup>49</sup>. Key events and tie points are summarized in Extended  
581 Data Table 1 and illustrated in Extended Data Figures 1 and 8. Biostratigraphic constraints include  
582 first and last appearance datums of diatoms. The maximum and minimum age range reported for  
583 these datums are derived from total and average ranges<sup>88,89</sup> and hybrid range models derived from  
584 Constrained Optimization (CONOP) methods<sup>89,90</sup>. Hybrid range model ages are used as primary  
585 constraints for our age model. This is because they best account for up section reworking of  
586 microfossil datums, which is common in glacial sedimentary environments, whilst recognising that  
587 major down section reworking is unlikely (partly because of the rarity of bioturbated intervals). They  
588 are marked by base of arrows in Extended Data Figure 1 and mentioned in the text below.

589 Biostratigraphic datums and magnetic polarity reversals provide tie points to construct lines of  
590 correlation (LOC) with the GPTS. The age model presented here includes the interval of West  
591 Antarctic sediment provenance (Sequence 2) and is described from the base of the borehole at 650  
592 mbsf to 75 mbsf.

593 Biostratigraphic constraints through the interval from 650 mbsf to near the top of Sequence 3B (at  
594 ~286.1 mbsf) are sparse as the sediments are deeper than the Opal-CT transition and diatom  
595 preservation is relatively poor. Our correlation of the four distinct magnetozones R5, N4, R4, and N3

596 to the GPTS is therefore primarily based on regional correlation of prominent seismic reflectors to  
597 other dated drill cores from the Ross Sea shelf, backed up by diatom biostratigraphic constraints. The  
598 section from 650 mbsf to 567.95 mbsf at Site U1521 (Sequence 1) is characterised by reversed  
599 magnetic polarity but offers no constraints which we can confidently use for correlating this reversed  
600 interval to the GPTS. However, robust age constraint for sediments at the base of Sequence 2 can be  
601 determined through regional correlation of RSU5 to other sites where chronostratigraphic data are  
602 available. RSU5 intersects Site U1521 at 567.95 mbsf (the base of Sequence 2) and is correlated  
603 across the Glomar Challenger Basin and tied to DSDP Site 273 at 282 mbsf<sup>23</sup>. The LAD of *T.*  
604 *praeфрага* is observed at 309 mbsf in DSDP Site 273, which suggests that RSU5 is younger than  
605 17.95 Ma at that site. RSU5 cannot be directly correlated into the western Ross Sea, but a major  
606 unconformity (U2) occurs in the AND-2A drill site at 774.94 mbsf and likely corresponds with  
607 RSU5 based on chronostratigraphy<sup>11</sup>. Specifically, sediments that directly underlie U2 in AND-2A  
608 are characterised by a reversed magnetic polarity and are correlated to Chron C5Er (18.636 to 18.497  
609 Ma) based on constraints that include <sup>40</sup>Ar/<sup>39</sup>Ar dates of 18.82 ± 0.15 Ma on pumice clasts within a  
610 tuffaceous siltstone at 831.66 mbsf. The age of sediments that overlie U2 at the AND-2A drill site  
611 are constrained by the FAD of *T. praeфрага* at 771.5 mbsf (<18.46 to 18.58 Ma), and a <sup>40</sup>Ar/<sup>39</sup>Ar date  
612 of 18.04 ± 0.31 Ma on pumice clasts within a tuffaceous siltstone at 709.17 mbsf. These observations  
613 require correlation of the reversed magnetic polarity zone that characterise the sediments above U2  
614 to Chron C5Dr.2r (18.007 to 17.676 Ma). All evidence presented above shows that between ~18.6  
615 and ~17.8 Ma, a significant, regionally extensive, erosional event (or series of events) created surface  
616 RSU5/U2.

617 Sediments deposited on top of RSU5 at Site U1521 are characterised by reversed magnetic polarity.  
618 Based on the known age of RSU5 at DSDP Site 273 and U2 at AND-2A, we correlate the top of  
619 reversed magnetozone R5 in Site U1521 to Chron C5Dr.2r. This interpretation is consistent with the  
620 observation that *T. praeфрага* is not present in a diatom-bearing sample at 563 mbsf, despite

621 comprehensive searches for this species in this sample as well as diatom-bearing samples higher in  
622 Sequence 2. As *T. praeфрага* is a small and compact diatom not prone to fragmentation which would  
623 likely be preserved in the observed diatom assemblages, we are confident this absence is not a result  
624 of poor preservation below the Opal-CT transition. *T. praeфрага* is a common species in upper  
625 Oligocene and lower Miocene sediments recovered from several sites across the Ross Sea, including  
626 Cape Roberts Project-2/2A, DSDP Site 273, and AND-2A<sup>11,91,92</sup>. The total reported CONOP model  
627 based age range for the LAD of *T. praeфрага* is 17.95 to 16.82 Ma and the hybrid model range is  
628 17.95 to 17.36 Ma<sup>88,89,90</sup>. Consequently, we view the absence of *T. praeфрага* as strong evidence that  
629 the sediments above 563 mbsf at Site U1521 are younger than 17.95 Ma.

630 We then correlate the magnetic polarity reversal (MPR) R5/N5 between 526.8 and 524 mbsf to  
631 C5Dr.1n/C5Dr.2r (17.676 Ma), the MPR N4/R4 between 517.2 and 515.1 mbsf to C5Dr.1r/C5Dr.1n  
632 (17.634 Ma), and the MPR R4/N3 between 400.5 and 397.2 mbsf to C5Dn/C5Dr.1r (17.466 Ma). We  
633 extend a line of correlation from this MPR to the top of Sequence 2, where it intersects with seismic  
634 surface D-b<sup>23</sup>. The correlation presented here by interpolating through these MPRs indicates  
635 sediments in Sequence 2 span the time interval from ~17.7-17.4 Ma. The occurrence of the diatom  
636 taxon *Thalassiosira* sp. cf. *T. bukryi* at 450.52 mbsf supports this correlation as the range reported for  
637 this taxon at ODP Site 744 is 17.7-17.4 Ma<sup>89,93</sup>.

638 To refine the likely sedimentation rate and timespan of Sequence 2, a cyclostratigraphic analysis was  
639 conducted on clast abundance data (Extended Data Fig. 3) spanning 568 to 380 mbsf. These data  
640 were analysed using TimeOpt<sup>94</sup>, which is a statistical optimization method for astronomical time  
641 scale construction and astrochronologic testing, executed by the *astrochron* package in R<sup>95</sup> (function  
642 ‘timeOpt’). Given a range of plausible sedimentation rates and a series of specified astronomical  
643 periodicities (for precession, obliquity, and eccentricity), TimeOpt identifies the age model that  
644 results in a time-series that best aligns with the predictions of Milankovitch theory. Specifically, two



645 diagnostic attributes of the astronomical hypothesis are evaluated: the hierarchy of cyclic frequencies  
646 expected of Milankovitch Cycles,  $r^2_{\text{spectral}}$ , and the match between eccentricity cycles and the  
647 precession-band envelope,  $r^2_{\text{envelope}}$ <sup>94,96</sup>. These two values ( $r^2_{\text{power}}$  and  $r^2_{\text{envelope}}$ ) are multiplied to  
648 produce an  $r^2_{\text{opt}}$  value, which provides insight into the strength of a hypothesized astronomical signal  
649 at each evaluated sedimentation rate.

650 Assuming plausible average sedimentation rates between 40 cm kyr<sup>-1</sup> and 65 cm kyr<sup>-1</sup>, TimeOpt  
651 yields an optimal sedimentation rate of 59.2 cm kyr<sup>-1</sup> for Sequence 2, with an  $r^2_{\text{opt}}$  of 0.396. To assess  
652 the statistical significance of the result, a Monte Carlo astrochronologic test is conducted to evaluate  
653 the null hypothesis that the observed variability in clast abundance arises entirely by stochastic  
654 processes, rather than astronomical forcing. The Monte Carlo simulations are generated using the  
655 function “timeOptSim”, which creates a large number of similar time-series of stochastic (“red”)  
656 noise, to assess the probability that such datasets can produce an  $r^2_{\text{opt}}$  value comparable to the one  
657 generated by the clast abundance data<sup>94,96</sup>. This analysis yields a p-value of 0.005, indicating that the  
658 null hypothesis (i.e. the data is generated from a stochastic “red noise” process; specifically an AR1  
659 process) can be rejected with a high degree of confidence. Given that the astrochronologically-  
660 estimated sedimentation rate is derived independently from the paleomagnetic data, their consistency  
661 is remarkable and provides strong evidence in support of an estimated duration of ~317 kyrs for  
662 Sequence 2 (Extended Data Fig. 1)<sup>26</sup>.

663 While the ‘floating’ TimeOpt-derived astronomical time scale preserves information about elapsed  
664 time, it must be separately anchored to a specific numerical age. To do so, we use the ‘slideCor’  
665 function in the *astrochron* package<sup>95</sup>; this is an automated approach to find the optimal anchoring of  
666 the floating TimeOpt-derived time scale to the theoretical astronomical solution of Laskar et al.  
667 (2004)<sup>97</sup>. Specifically, we have applied a Taner bandpass filter<sup>98</sup>, isolating the periods between 60 ka  
668 and 27 ka for both the obliquity component of the astronomical solution<sup>97</sup>, and for the TimeOpt-

669 derived floating astrochronology. The optimal match between the astronomical solution and floating  
670 astrochronology is identified using the squared Pearson correlation coefficient.

671 Independent biostratigraphic and magnetostratigraphic constraints mean we can restrict our  
672 'slideCor' assessment to a feasible ~800 ka interval; our lower limit (17.950 Ma) is based on the  
673 absence of *T. praeфрага* and the correlations of RSU5 described above, and our upper limit is based  
674 on the C5Cr/C5Dn MPR (17.154 Ma). Since the precise relationship between clast abundance and  
675 astronomical forcing is not known with certainty, any time-anchor for the astronomically calibrated  
676 section should be treated as having an uncertainty of at least a full obliquity cycle (~41 ka).

677 Application of the slideCor function identifies two plausible regions of the astronomical solution for  
678 anchoring the Sequence 2 clast abundance data. The optimal match ( $r^2 = 0.8497$ ) results in an  
679 astronomically calibrated section ranging from 17.601 Ma to 17.918 Ma ( $\pm 0.02$  Ma). This would  
680 indicate that the interval is ~140-220 kyrs older than the age range suggested by the paleomagnetic  
681 interpretation, giving a very poor match with the measured polarities. However, a slightly less  
682 optimal match ( $r^2 = 0.7704$ ) anchors the section to span 17.398 Ma to 17.715 Ma ( $\pm 0.02$  Ma), which  
683 places it within ~40 kyrs of the paleomagnetic interpretation. This agreement of geochronological  
684 frameworks derived from paleomagnetism and astrochronology, which are broadly independent,  
685 provides strong support for the age model presented here.

686 Uncertainties in the magnetostratigraphic age model, most notably for Subchrons C5Dr.1n and  
687 C5Dr.1r and Chron C5Dn, may account for some of the slight disagreement with the  
688 astrochronological approach described above. The available astronomically tuned durations of these  
689 (sub-)chrons agree within 10%<sup>99,100</sup>. The small discrepancies in duration of (sub-)chrons originate  
690 from the astronomical tuning approach (carbon and oxygen isotopes tuned to eccentricity, tilt and  
691 precession at Site 1090<sup>(99)</sup> and carbonate content to eccentricity only at Site U1336<sup>(100)</sup>), as well as

692 physical and palaeomagnetic recording processes such as bioturbation and the palaeomagnetic lock-  
693 in depth<sup>101,102</sup>. Paleomagnetic measurement methods are discussed in detail in the cruise report<sup>26</sup>.

694 We suggest 17.95-17.40 Ma as the absolute uncertainty of the timing of Sequence 2 deposition,  
695 based on the absence of *T. praeфрага* (17.95 Ma) and occurrence of MPR C5Dn/C5Dr.1r (17.466  
696 Ma) near the top of Sequence 2. However, more precise constraint on the duration of Sequence 2  
697 deposition can be achieved based on the remarkable agreement of sedimentation rates based on the  
698 astronomical analysis of clast data and interpolation through magnetostratigraphic tie points, which  
699 suggest deposition occurred over ~317 kyrs. Combined with the close correlation between our  
700 astrochronological analyses and the timing of MPRs, we suggest a more precise interval for the  
701 deposition of Sequence 2, spanning ~17.72-17.40 ± 0.02 Ma. The ~20 kyr error represents  
702 uncertainty in the phase relationship between clast abundance and obliquity forcing. This range  
703 coincides closely with many independent records indicating ice-sheet growth, including a sea-level  
704 lowstand recorded on the New Jersey continental margin (~17.8-17.46 Ma)<sup>1</sup>, evidence for ice sheet  
705 growth in the AND-2A drill core sediments (~17.8-17.4 Ma)<sup>11</sup> and a peak in obliquity sensitivity  
706 (~17.8-17.5 Ma)<sup>15</sup> (Fig. 2).

707 The age of Sequence 3A and 3B (324.20- 209.17 mbsf), bracketed by seismic surface D-b and  
708 regional unconformity RSU4a, is difficult to tightly constrain. Diatom preservation increases  
709 significantly in a sample at 286.1 mbsf at the base of Sequence 4A and the FADs of *Nitzschia sp. 17*  
710 *Schrader*, *Synedropsis cheethamii*, and *Denticulopsis maccollumii* suggest sediments below this  
711 stratigraphic level are older than 17 Ma. The LAD of *F. maleinterpretaria* in this sample provides a  
712 minimum age constraint and suggests that the sediments below 286.1 Ma must be older than 16.41  
713 Ma. These constraints require that the sediments between 344.6 and 286.3 mbsf, characterised by  
714 reversed polarity, correlate with either the Subchron C5Cn.2r or the base of Chron C5Cr. Correlation  
715 to the base of Chron C5Cr is our favoured option as this would indicate that the interval of time

716 missing across seismic surface D-b is relatively short, whereas regional unconformity RSU4a at the  
717 top of this unit records a hiatus of longer duration. The alternative interpretation is shown with a  
718 dashed line in Extended Data Figure 1.

719 We constrain the slope of the LOC through Sequence 3B based on the sedimentation rate indicated  
720 for the diatom-bearing Sequence 4B as the sediments are similar, although affected by diagenesis in  
721 Sequence 3B. The sedimentation rate in Sequence 3A is assumed to be comparable to the Sequence 2  
722 diamicts. We also acknowledge that the actual first appearance of the diatom taxa identified in the  
723 sample at 286.1 mbsf may have originally been deeper, but their presence has since been obscured by  
724 diagenesis. This would require that the LOC sit to the left (younger) of its current position.

725 Therefore, we include an error box (orange box in Extended Data Fig. 1) in our age model to show  
726 that the LOC could occur anywhere within this area depending on the amount of time missing across  
727 D-b and the sedimentation rate during deposition. We are confident that the MPR between 400.5 and  
728 397.2 mbsf (N3/R3) is C5Dn/C5Dr.1r (17.466 Ma) based on constraints above and below this  
729 interval outlined above and place our LOC through the reversal. This LOC requires a time gap of ~  
730 180 kyrs across regional seismic surface D-b<sup>23</sup> that separates Sequences 2 and 3.

731 The relatively thin interval of reversed polarity within Chron C5Dn (at ca. 380 mbsf) is not identified  
732 in the current version of the GPTS (Extended Data Fig. 8), but a similar short-duration reversed  
733 polarity event roughly halfway through Chron C5Dn is recorded in the AND-2A  
734 magnetostratigraphic record<sup>11</sup>. Taking the palaeomagnetic uncertainties of ice-proximal sediments  
735 into account, we hypothesise that this rarely recorded reversed polarity event could be a genuine  
736 feature of the geomagnetic field that has not been detected in marine sediments due to signal  
737 smoothing at low sedimentation rates<sup>103</sup>.

738 The age of sediments above RSU4a are very well constrained by diatom data, <sup>87</sup>Sr/<sup>86</sup>Sr ages and  
739 magnetostratigraphy. The LAD of *F. maleinterpretaria* indicates that the sediments above 286.1  
740 mbsf must be younger than 16.41 Ma. An <sup>87</sup>Sr/<sup>86</sup>Sr date on shell fragments at 272.65 mbsf indicates

741 the interval with reversed polarity containing the fragments correlates with Subchron C5Cn.1r  
742 (16.351 to 16.261 Ma). This correlation means that the hybrid age model underestimates the  
743 maximum age of the FAD of *Nitzschia grossepunctata*, which occurs at 286.1 mbsf, and suggests the  
744 age indicated by the total range model age for this datum (16.23 Ma) is more likely. Together, these  
745 data indicate that the base of Sequence 4A dates to less than ~16.351 Ma. We correlate the MPR  
746 (R3/N2) between 209 and 205 mbsf to C5Cn.1n/C5Cn.1r (16.261 Ma). The sequence of well-dated  
747 shells through Sequence 4B allows us to correlate the sediments between 209 and 106.3 mbsf that are  
748 characterised by normal polarity with Subchron C5Cn.1n (16.261 to 15.994 Ma) and the MPR  
749 between 106.3 and 105.5 to C5Br/C5Cn.1n (15.994 Ma). The FADs of *Denticulopsis lauta*,  
750 *Actinocyclus ingens*, *Denticulopsis hyalina*, and *Denticulopsis simonsenii* at 84.99 mbsf indicate a  
751 major hiatus at this depth spanning from ~15.83 Ma to at least 14.48 Ma. This stratigraphic horizon  
752 correlates with RSU4, a major regional unconformity<sup>23</sup>.

### 753 **Sediment Provenance Interpretations**

754 To interpret the provenance data from IODP Site U1521, they must be placed in a regional context. In  
755 the Supplementary Material, we therefore present a short geological summary of the Ross Sea  
756 sector<sup>31,37,104-170</sup>, including a compilation of published zircon U-Pb data<sup>33,105-129</sup>. We also include a  
757 more detailed discussion of our hornblende  $^{40}\text{Ar}/^{39}\text{Ar}$ <sup>136,154,171-175</sup>, clast petrography, clay  
758 mineralogy<sup>158,183-188</sup>, and palynology<sup>35,72,78,84,189-192</sup> datasets. Additional insights into the sediment  
759 provenance of Sequences 1, 2 and 3A are also explored<sup>23,33,38,184,193-199</sup>. A compilation of literature  
760 neodymium and strontium isotope data (visualised in Extended Data Figures 4 and 5) is provided in  
761 Supplementary Table 1.

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1180 evidence from the strontium isotope systematic. *Chemical Geology* 158, 173-188 (1999).

1181 **Data availability** The datasets generated as part of this study are available in the British Geological  
1182 Survey National Geoscience Data Centre. Datasets include Nd and Sr isotope data  
1183 (<https://doi.org/10.5285/3a646c8a-8422-4079-a928-a159532439eb>), zircon U-Pb dates  
1184 (<https://doi.org/10.5285/cfadf931-0804-484c-a9d0-96254239c421>), clast counts  
1185 (<https://doi.org/10.5285/b043471f-22e5-40e4-b274-1c875316d725>), clay mineralogy data  
1186 (<https://doi.org/10.5285/b3cb3574-49b0-44c8-a934-3da88ca4ef93>), hornblende  $^{40}\text{Ar}/^{39}\text{Ar}$  dates  
1187 (<https://doi.org/10.5285/926cad28-669f-4703-8a5b-5e7e843a4ee1>) and palynological counts  
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1214 J.W.M., T.v.d.F, R.M.M., L.D.S. and A.E.S. designed the research in collaboration with the entire  
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1219 geochronology interpretations. L.F.P., F.C. and L.D.S. calculated the sediment volume estimate. R.L.,  
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1222 integrate sediment provenance data with numerical modelling. I.B., G.K., and J.E.D. advised on  
1223 specific technical aspects of the manuscript. J.W.M. created the figures and wrote the text with  
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1225 Expedition 374 scientists contributed to the collection of shipboard datasets and the interpretations of  
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1261 **Competing Interests** The authors declare no competing interests.

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1263 **Extended Data Figure and Table Legends**

1264 **Extended Data Figure 1. Age model constraints below 75 mbsf at Site U1521.** From left to right  
1265 are: depth (metres below sea floor), core number, core recovery (black = recovered), inclination prior  
1266 to and after 10 and 20 mT demagnetisation (black, blue and red points, successively), and  
1267 corresponding polarity interpretations (black = normal, white = reversed, grey = no interpretation).  
1268 Note that the polarity interpretations have been simplified compared to those in the cruise report<sup>26</sup>,  
1269 with small uncertainties related to core gaps removed. Note Site U1521 is in the Southern  
1270 Hemisphere. The geomagnetic polarity timescale<sup>49</sup> is shown across the top of the plot. The orange  
1271 shaded regions indicate uncertainties in our age model and the dashed line marks an alternative line  
1272 of correlation for Sequence 3. The blue line indicates the age model for Sequence 2 based on our  
1273 astrochronological analyses, with the light blue shading indicating the ~20 kyr uncertainty associated  
1274 with the phase relationship between clast abundances and obliquity. This astrochronological  
1275 anchoring agrees closely with linear interpolations between magnetostratigraphic tie points (black  
1276 line).

1277 **Extended Data Figure 2. Selected palynological counts compared to strontium and neodymium**  
1278 **isotope data.** Palynological data are reported as percentages (crosses) and counts/gram (circles). The  
1279 blue shaded area represents Sequence 2, which is interpreted as consisting of sediments with a West  
1280 Antarctic provenance. Error bars indicate a 95% confidence interval<sup>48</sup>.

1281 **Extended Data Figure 3. Down-core clast and clay mineral distribution.** The blue shaded area  
1282 highlights Sequence 2, which is interpreted to consist of sediments with a West Antarctic  
1283 provenance. a) Core lithology (see Figure 2 for key). b) Chronostratigraphic sequences. c) Clast  
1284 abundance. d) Percentages of different clast lithologies. e) Ratio between dolerite and total number  
1285 of clasts (red) and volcanic rocks and total number of clasts (green), with 95% confidence interval  
1286 shown as pale shading<sup>48</sup>. f) Clay mineral abundances.

1287 **Extended Data Figure 4. Map of approximate  $\epsilon_{Nd}$  values in rocks and offshore sediments from**  
1288 **around the Ross Sea embayment.** Epsilon Nd values are overlain on MODIS imagery<sup>210</sup> and the  
1289 BedMachine Antarctica V1 modern bed topography<sup>43,44</sup>, with the MEaSURES grounding line and ice  
1290 sheet margin shown<sup>45,46</sup>. The approximate boundary between West and East Antarctic lithosphere is  
1291 shown using a white dashed line<sup>47</sup>. Modern/late Holocene and terrestrial till samples are represented  
1292 by circles with the same colour bar<sup>28,30,55</sup>. Although ice flow patterns have changed since their  
1293 deposition, Last Glacial Maximum tills in offshore sediments are also plotted as squares to improve  
1294 spatial coverage<sup>28</sup>. Individual samples and references are reported in Supplementary Table 1. The  
1295 bedrock map was produced by Kriging between sample locations within a group, then masking to the  
1296 outcrop area. Beacon and Ferrar Group (Fig. 1) rocks are often not differentiated in geological  
1297 mapping, but are roughly equal volumetrically<sup>136</sup>, with the uppermost Beacon Supergroup formations  
1298 having a Ferrar-like isotopic signature<sup>139</sup>. We hence assume a 60% Ferrar, 40% Beacon mixture is  
1299 representative.

1300 **Extended Data Figure 5. Kernel density estimate plots for literature measurements of rock  $\epsilon_{Nd}$**   
1301 **compared to measurements on fine-grained Miocene detritus from Site U1521.** For references  
1302 and a list of all the data, see Supplementary Table 1. The height of the curve indicates the density of  
1303 measurements and n the total number of samples analysed. Colour scheme is identical to Figure 1,  
1304 with sediments in grey.

1305 **Extended Data Figure 6. Kernel density estimates for hornblende  $^{40}Ar/^{39}Ar$  ages compared to**  
1306 **zircon U-Pb ages younger than 1500 Ma.** The two dating methods are show in red and blue,  
1307 respectively. Bold letters correspond with those in Figure 3. The positions of major peaks and  
1308 number of grains analysed are labelled in the corresponding colours. Stratigraphic position is shown  
1309 in Figure 2.

1310 **Extended Data Figure 7. Close up of the Site U1521 interval with a West Antarctic provenance.**

1311 The stratigraphic log (a) is displayed alongside the percentage of reworked dinocysts (b), basalt clast  
1312 fraction (c), relative abundance of smectite (d), Nd isotope data (e) and Fe/Ti ratios determined by X-  
1313 ray fluorescence scanning (f).

1314 **Extended Data Figure 8. Correlation of Site U1521 magnetostratigraphic tie points.** Shown are

1315 correlations between the AND-2A record<sup>11</sup>, Site U1521<sup>26</sup> and the GPTS<sup>49</sup>.

1316 **Extended Data Table 1. Age tie points for Site U1521 below 75 mbsf.** FAD: First Appearance

1317 Datum, LAD: Last Appearance Datum. Depth errors for the biostratigraphic datums reflect the  
1318 position of the first downhole sample in which the reported species was not observed. We cannot  
1319 exclude the possibility that the true first observation occurs between this sample and that reported as  
1320 the FAD. Opal-CT indicates that the lowermost occurrence is uncertain due to poor preservation  
1321 below the Opal-CT transition (~286.1 mbsf). Age errors for the biostratigraphic events are given as  
1322 the maximum and minimum reported ages based on hybrid range models<sup>89,90</sup>. Magnetic Polarity  
1323 Reversals (MPR) depths are given as midpoints between samples with differing polarities, with the  
1324 depth error indicating the distance to these samples.

1325 **Extended Data Table 2. Values used in the erosion rate calculation.**