

1 **Effects of chronic crude oil exposure on the fitness of polar cod (*Boreogadus saida*) through**
2 **changes in growth, energy reserves and survival**

3 Ireen Vieweg¹, Morgan Lizabeth Bender¹, Philipp Robert Semenchuk^{1, 2}, Haakon Hop³, Jasmine
4 Nahrgang¹

5 ¹ Department of Arctic and Marine Biology, Faculty of Biosciences, Fisheries and Economics, UiT The Arctic
6 University of Norway, N-9037 Tromsø, Norway

7 ² Division of Conservation Biology, Vegetation Ecology and Landscape Ecology, Department of Botany and
8 Biodiversity Research, Rennweg 14, 1030 Vienna

9 ³ Norwegian Polar Institute, Fram Centre, N-9296 Tromsø, Norway

10 **Corresponding author:** Ireen Vieweg (ivi006@uit.no)

11 **Abstract**

12 Climate models predict extended periods with sea-ice free Arctic waters during the next decade, which
13 will allow more shipping activity and easier access to petroleum resources. Increased industrial activities
14 raise concerns about the biological effects of accidental petroleum release on key species of the Arctic
15 marine ecosystem, such as the polar cod (*Boreogadus saida*). This study examines effects on
16 physiological traits related to the fitness of adult polar cod, such as growth, survival, and lipid
17 parameters. Fish were exposed to environmentally-relevant crude oil doses through their diet over an 8-
18 month period, concurrent with reproductive development. In liver tissue, lipid class composition differed
19 between treatments while in gonad tissue, lipid class composition varied between sexes, but not
20 treatments. Crude oil did not affect growth and survival, which indicated that polar cod were relatively
21 robust to dietary crude oil exposure at doses tested (0.11 – 1.14 µg crude oil/g fish/day) in this study.

22 Key words: Arctic, crude oil, polar cod, growth, survival, lipid classes

1. Introduction

Arctic regions are becoming more accessible for year-round industrial activities due to the strong decline in sea-ice extent (Kwok, 2018). New drilling and production sites for oil and gas exploitation are expanding northwards and into more sea ice-associated regions, thereby exposing these ecosystems to the risk of accidental release of petroleum compounds from oil extraction activities. The projected sea ice decline will also expand the opportunities for Arctic-transit shipping with less sea ice on shipping routes (Melia et al., 2016). This prospect demands a thorough investigation of environmental consequences related to the accidental release of petroleum compounds during exploration, production, and transport in Arctic waters. Oil spills are generally known to cause detrimental effects in marine organisms with regard to acute toxicity as well as long-term, chronic effects (reviewed by Beyer et al., 2016; Pasparakis et al., 2019; Peterson et al., 2003). The polar cod (*Boreogadus saida*) has been commonly used in exposure studies of petroleum compounds on fish in the Arctic marine ecosystem, since it provides an essential trophic link between organisms of lower and higher trophic levels (Hop and Gjørseter, 2013; Welch et al., 1992) and has a circumpolar occurrence in high abundance across Arctic shelf seas (Benoit et al., 2008; Geoffroy et al., 2011; Hop and Gjørseter, 2013; Majewski et al., 2017; Marsh et al., 2020). Experimental studies have shown effects of petroleum compound exposure on physiological processes that are crucial for polar cod fitness, such as reduced somatic growth (Bender et al., 2018; Christiansen and George, 1995; Nahrgang et al., 2019), depressed metabolism (Christiansen et al., 2010; Dussauze et al., 2014) and alterations in lipid metabolism of exposed fish (Andersen et al., 2015; Vieweg et al., 2018).

The objective of the present study was to examine how chronic crude oil exposure would affect the accumulation of energy reserves and growth of polar cod during their sexual maturation. The reproductive period was chosen as a potential sensitive period in the life cycle of polar cod. High lipid reserves and balanced lipid metabolism are assumed to be fundamental for polar cod reproduction during winter months (Hop et al., 1995) and are also regarded as essential for successful overwintering and post-spawning survival. The gonadal development starts in late summer and gonads reach their maximum size close to final spawning in February-March (Hop et al. 1995). The timing of gonad growth differs distinctly between the sexes and male gonads reach maximum gonad size earlier than female gonads (Hop et al. 1995). Energy reserves are needed to fuel this gonad growth and provide the basis for successful reproduction. Exposure to petroleum compounds has been shown to alter lipid metabolism with the consequence of reduced lipid energy reserves in exposed fish (Amara et al., 2007; Claireaux et al., 2004; Dey et al., 1983; Gilliers et al., 2012; Meador et al., 2006). This is thought to be related to the mobilization of energy reserves to fuel detoxification processes and stress responses (Calow, 1991; Claireaux et al., 2004; Meador et al., 2006). Alterations in phospholipid levels in Atlantic cod (*Gadus morhua*) muscle and liver are found to be related to the exposure to petroleum compounds (Balk et al., 2011; Dey et al., 1983; Meier et al., 2007), presumably caused by the direct interaction between

60 petroleum compounds and the cell membranes. In Arctic environments, petroleum compounds released
61 from oil spills may persist in the environment and expose organisms over a long time due to slower
62 decomposition processes in cold compared to temperate waters (Vergeynst et al., 2018). Relatively little
63 is known about the long-term effects of petroleum compound exposure on the lipid dynamics of key
64 Arctic fish species such as the polar cod, despite the crucial role of energy reserves in form of lipids for
65 its overwinter survival and reproduction.

66 The uptake of contaminated prey is an important exposure route in fish, and therefore, dietary exposure
67 was chosen for this study in contrast to exposure via water used in most other crude oil exposure
68 experiments on polar cod (e.g. Andersen et al., 2015; Christiansen et al., 2010; Nahrgang et al., 2010).
69 The study was designed to mimic environmentally relevant crude oil doses that pelagic fish could
70 encounter after an oil spill in their food (Carls et al., 2006; Salas et al., 2006). The overall aim was to
71 investigate sublethal effects, hence we chose exposure doses of crude oil that were distinctly lower than
72 those in previous polar cod studies that found adverse physiological effects in shorter experiments
73 outside the period of reproductive development (Christiansen and George, 1995; Nahrgang et al., 2019).
74 In the present experiment, fish were chronically exposed to one of four crude oil doses (0.11 – 1.14 µg
75 crude oil/g fish/ day), all of which were distinctly lower than those used in previous polar cod studies
76 (2.1 - 28 ug crude oil/ g fish/ day [Christiansen and George, 1995; Nahrgang et al., 2019]) in part to
77 mitigate of food avoidance behavior. In terms of measured polycyclic aromatic hydrocarbon (PAH)
78 concentrations, these equate to exposure doses (0.8 – 13.1 ng Σ 26 PAH /g fish/day) that can be expected
79 in copepods (*Calanus finmarchicus*) chronically exposed to petroleum compounds (231 ng Σ44 PAH/
80 g wet weight, Hansen et al., 2020). Petroleum compounds have been shown to accumulate and only
81 slowly depurate from lipid-rich *Calanus* sp. (Agersted et al., 2018; Hansen et al., 2018), an important
82 part of the natural zooplankton diet of polar cod (Cusa et al., 2019). Slow depuration rates increase the
83 likelihood for petroleum compounds to be transferred to their predators (Øverjordet et al., 2018) and
84 highlight the exposure to petroleum compounds via food as a highly relevant exposure route, however
85 little investigated in fish exposure studies.

86 The 8-month exposure experiment was conducted from July 2014 to February 2015, a time period
87 concurrent with the development of gonads from early gonad growth towards final maturation of gonads
88 prior to spawning in February-March. The present experiment was divided into two parts: to study the
89 effects of chronic crude-oil exposure on the reproductive development of adult polar cod (Bender et al.,
90 2016) and to examine the effects of chronic crude oil exposure on the overall fitness of polar cod through
91 changes in growth, energy reserves and survival (present study). Bender et al. (2016) showed increased
92 levels of biliary PAH metabolites (1-OH phenanthrene) in exposed polar cod, which verified the
93 induction of PAH biotransformation upon crude oil exposure. Male fish showed a decrease in sperm
94 motility as response to chronic crude oil exposure, which could cause reduction in overall fertility.

95 2. Materials and methods

96 2.1 Fish husbandry and experimental set-up

97 The field sampling, fish husbandry, and experimental methodology have been described in detail by
98 Bender et al. (2016). Briefly, wild polar cod were caught by bottom trawl at the northwest coast of
99 Svalbard (Norway, 79°N) in January 2014. Fish were kept in tanks on deck of the research vessel until
100 their transfer to the research station of the UiT The Arctic University of Norway in Kårvika (Norway,
101 69°N). Polar cod were kept in a 4000 L tank for 5 months of acclimation and fed daily *Calanus* sp.
102 (purchased from Calanus AS, Norway, 68°N) distributed by hand until satiation. Seawater and light
103 conditions in the experiment tanks were adjusted to simulate natural habitat conditions retrieved from
104 mooring data in Kongsfjorden (see details in Bender et al., 2016, Table S1). Twenty-five days prior to
105 the experiment start (from hereon “day -25”), fish were selected based on similar size (mean fork length
106 [\pm SE]: 149 \pm 2 mm, total weight: 17.2 \pm 0.2 g) and anaesthetized (5 mg/L Finquel[®]) consecutively in
107 order to implant a pit-tag (Biomark[®]) in each fish. Subsequently, 544 fish were distributed randomly
108 into eight experimental tanks (300 L) and acclimated until the exposure started on June 30, 2014 (day
109 0). The exposure lasted for a total of 218 days (31 weeks) until February 3, 2015 (day 218). Polar cod
110 were exposed through their diet to four different crude-oil treatments (2 tanks per treatment)
111 corresponding to: 0 (*Control*), 20 (*Low*), 100 (*Medium*) and 200 μ g crude oil/ g fish/ meal (*High*). The
112 preparation of crude-oil treatments and detailed PAH composition of the fish food can be found in
113 Bender et al. (2016). The exposure experiment was performed in accordance with the Animal Welfare
114 Act and regulations of the Norwegian Animal Research Authorities, which granted permission for the
115 performance of this experiment (ID 6571). Persons with the relevant training and certificate (FELASA
116 Category C) performed the experimental work.

117 2.2 Growth measurements, fish sampling, and monitoring of survival

118 Somatic growth of polar cod was measured in all fish (referred to as “live fish”) over the course of the
119 experiment by measuring changes in total weight (\pm 0.1 g) and fork length (\pm 1 mm) at five events
120 between the day of tag insertion (day -25) and the final sampling of the experiment (day 218). For the
121 analyses of growth, weight measurements were included on exposure day: -25, 72, 120, 152 and 193.
122 Day 0 and day 218 were not included due to a different weighing procedure used at these dissection
123 days, preventing a direct comparison with the other weight measurements. Prior to measurements, fish
124 were anaesthetized (5 mg/L Finquel[®]), identified by scanning the transponder tag, dried on a paper
125 towel, and measured carefully for total weight (\pm 0.1 g) and fork length (\pm 1 mm). Following
126 measurements, the fish were kept under observation in a bucket with clean seawater to ensure that each
127 individual regained consciousness and could be returned to the original experiment tank. Based on
128 weight measurements made at these monitoring timepoints (days 72, 120, 152, and 193), the amount of

129 food given to each tank was repeatedly adjusted to the actual mean fish weight measured over the course
1 130 of the experiment.

4 131 Growth of adult polar cod approximated linear growth in the present study, hence relative growth rates
5 132 (RGR) and absolute growth rates (AGR) were calculated based on the total weight of the individual fish
7 133 (Hop et al., 1997), as follows:

10 134
$$\text{RGR} = \text{AGR} / W_1 * 100 \text{ and } \text{AGR} = (W_2 - W_1) / (t_2 - t_1)$$

12 135 where W_x is the total weight of the individual fish at the respective timepoint in the experiment t_x
14 136 (number of days after June 5, 2014). Growth rates were calculated for four growth intervals: day -25 –
16 137 72 (Gi I), day 72 – 120 (Gi II), day 120 – 152 (Gi III), day 152 – 193 (Gi IV).

18 138 Fish were sampled at days 0, 12, and 218 and are from hereon referred to as “sampled fish”, following
20 139 the sampling procedure outlined in Bender et al. (2016). Briefly, individual fish was anaesthetized and
22 140 given a sharp blow to the head prior to tissue sampling. Total length, fork length, somatic weight, sex,
24 141 and liver and gonad weights of each fish were recorded and further dissection of the fish was performed
25 142 on ice. Approximately 1 g of liver and gonad tissue was wrapped in aluminum foil and kept at -80°C
27 143 until further lipid class analyses. The middle section of the gonads was transferred to 4% buffered
29 144 formalin and used to determine the maturity status of each fish (see Bender et al. [2016] for further
31 145 details). Fish somatic indices, gonadosomatic index (GSI), and hepatosomatic index (HSI) were
32 146 calculated as follows:

34 147
$$\text{GSI} = (\text{gonad weight} / \text{somatic weight}) \times 100$$

37 148
$$\text{HSI} = (\text{liver weight} / \text{somatic weight}) \times 100$$

39 149 where the somatic weight refers to the weight of the fish after all internal organs were removed.

42 150 Fish mortality was monitored daily for each tank and dead fish are referred hereafter as “perished fish”.
44 151 Perished fish were collected, the presence of ecto- and endoparasites was noted and the fish were then
46 152 frozen at -20°C until further analysis. If parasites were present in perished fish, they were most
48 153 commonly one of two types of endoparasites present in the body cavity of the fish: cestode larvae
49 154 *Pyramicocephalus phocarum* and *Contracaecum osculatum*. These cestodes are commonly found in
51 155 polar cod and are assumed to enter the fish through their copepod diet (Køie, 2009). Morphometric
52 156 information (fish sex, total and somatic weight, fork length, liver and gonad weight) of perished fish
54 157 was obtained on frozen fish shortly after the experiment was completed.

57 158 2.3 Total lipid extraction and lipid-class analyses

159 Lipid analyses were performed following the analytical procedure described by Sprague et al. (2012).
160 Total lipids were prepared according to the method of Folch et al. (1957). Briefly, lipids were extracted
161 from liver and gonad tissue by homogenising the sample in chloroform/methanol (2:1 v/v) with non-
162 lipid impurities removed by washing with 0.88% (w/v) KCl. The weight of lipids was determined
163 gravimetrically after evaporation of the solvent (henceforth referred to as total lipid content) and
164 overnight desiccation under vacuum before being reconstituted to a concentration of 10 mg·ml⁻¹
165 concentration using chloroform/methanol (2:1, v/v) containing 0.01 % butylated hydroxy toluene (w/v).

166 Tissue lipid-class compositions were determined by single-dimension, double-development, high-
167 performance thin-layer chromatography (HPTLC). A total lipid aliquot (~ 10 µg) was applied to 3-mm
168 origins on 10 × 20 cm HPTLC plates (Silica gel 60; Merck KGaA, Darmstadt, Germany) and developed
169 to half- and full-distance, respectively, using methyl acetate/propan-2-ol/chloroform/methanol/0.25%
170 aqueous KCl (25:25:25:10:9, by vol.) and hexane/diethyl ether/acetic acid (85:15; 1.5, by vol.), as the
171 polar and neutral lipid mobile solvents (Henderson and Tocher, 1992). Lipid classes were quantified by
172 charring plates at 160 °C for 15 min after spraying with 3% (w/v) aqueous cupric acetate containing 8%
173 of phosphoric acid and followed by calibrated scanning densitometry using a Camag 3 Scanner (Version
174 Firmware 1.14.16, Camag, Switzerland) with winCATS Planar Chromatography Manager.
175 Identification of individual classes was confirmed by comparing reference values of known standards
176 run alongside samples, which yield the proportional composition of the total lipid aliquot.

178 2.4. Statistical analyses

179 All statistical analyses were conducted with R 4.1.0 (R Core Team, 2021). Differences in growth rates
180 were analyzed with linear models (stats package) with growth interval, crude oil treatment, sex, and
181 presence of parasites as predictor variables. Parasite presence was introduced in these and below models
182 to correct for potential confounding factors caused by reduced fitness in case of parasite presence. While
183 both fork length and total weight measurements were collected, we decided to use weight to calculate
184 growth rate as several fish studies depicted fish weight as a more accurate variable to assess growth
185 effects of oil compounds (Meador et al., 2006).

186 Fish survival was tested with Cox's proportional hazards test (survival package, Therneau, 2015) with
187 crude oil treatment, fish sex, parasite presence/absence, and initial weight as predictor variables. The
188 somatic indices of perished fish were tested with a linear model with the predictors: crude oil treatment,
189 day of death, fish sex, and parasite presence/absence in the fish. The GSI and HSI data were log
190 transformed in order to comply with normal distribution.

191 In the above models, initial predictor variables were added with all-ways interactions and the
192 interactions removed step-wise using the Akaike information criterion (AIC). A more complex model
193 was only considered if its AIC was at least two points lower per differing term compared to the more

194 parsimonious model (Zuur et al., 2009). The crude oil treatment was not subject to removal due to the
195 main focus of the present study and kept in all models even when not significant. The most parsimonious
196 (minimal) model was then used for presentation and interpretation of results. Here, we present estimated
197 effect sizes with 95% CIs of each term retained in the minimal models in relation to the relevant
198 intercept, which always represents the *Control* treatment and the first level of other potential predictors.
199 Statistically significant effects implies that CIs do not contain zero, which here always coincided with
200 $p < 0.05$ from the corresponding *t*-test.

201 Due to the complexity of the lipid data and the factors that may influence lipid composition, we chose
202 to execute an ANOVA simultaneous component analysis (ASCA, in R package MetaStat; Dorscheidt,
203 2013), which considers the possibility of multiple effects on the composition of lipid classes in polar
204 cod liver and gonad tissue (Checa et al., 2015). We considered 12 lipid classes in this composition (wax
205 ester, triacylglyceride [TAG], free fatty acids [FFA], diacylglycerol [DG], cholesterol,
206 phosphatidylethanolamine [PE], phosphatidylglycerol [PG], phosphatidylinositol [PI],
207 phosphatidylserine [PS], phosphatidylcholine [PC], lysophosphatidylcholine [LPC], and sphingomyelin
208 [SM]), presented as raw mass lipid values (mg/g wet weight in tissue) converted from proportional
209 compositions. The lipid class composition was tested for the effect of the factors of crude oil treatment,
210 fish sex, maturity status (mature and immature) and HSI. This analysis was performed only for samples
211 taken at day 218 to include the potential effects of maturity status (data received from Bender et al.,
212 2016) and representation of the crude oil treatment groups. The ASCA test was done with 1000
213 permutations to assess the statistical significance of the factors under the null hypothesis of no effect of
214 factors on lipid composition (Checa et al., 2015).

215 Additionally, the ASCA test provides information on which lipid classes are the most influential to the
216 differences between factors and guided the non-parametric multiple pairwise Kruskal Wallis comparison
217 test on significant factors from the ASCA. A post hoc Dunn`s test (Mangiafico, 2015) was performed
218 to determine which treatment groups were different from one another for individual liver lipid classes.
219 To correct for potential biases from multiple comparisons, a Bonferroni correction (Mangiafico, 2015)
220 was implemented together with the Dunn`s test.

221 3. Results

222 3.1 Relative growth rates

223 Polar cod RGR was significantly altered by both crude oil treatment and over time (growth interval [Gi])
224 in the minimal model, where these predictors were included as an additive effect (Fig. 1). The RGR was
225 $0.06 \% \cdot \text{day}^{-1}$ higher in the *Low* treatment (95% CI 0.01-0.11) compared to *Control* conditions ($p =$
226 0.001 , Fig. 1), while no significant effects were found on RGR for *Medium* and *High* treatment. The
227 RGR changed over the course of the experiment, irrespective of crude oil treatment. The RGR was 0.32
228 and $0.29 \% \cdot \text{day}^{-1}$ higher (95% CI 0.28 - 0.36 and 0.24 - 0.33, respectively) at Gi II and III compared

229 to the Gi I at the beginning of the experiment ($p < 0.001$, Fig. 1). The RGR at the end of the experiment
230 (Gi IV) was not significantly different from Gi I.

231 3.2 Fish survival

232 The crude oil exposure did not affect total fish survival nor timing of death over the course of the
233 experiment (Fig. 2). Besides crude oil treatment, only parasite presence/absence was retained in the
234 minimal model, which increased the likelihood of death by 1.8 (95% CI 1.4-2.4) compared to fish
235 without parasites ($p < 0.001$, Fig. 2). A *Control* fish without parasites had a median survival time of 125.5
236 days (95% CI 100-148 days, intercept of model) (Fig. 2), which corresponds to experiment day 126
237 (November 03, 2014).

238 Neither crude oil treatment nor parasite presence had significant effects on the HSI in perished fish (Fig.
239 3A). In the minimal model, day of death (i.e. day into the experiment), parasite presence and their
240 interaction were retained (besides crude oil treatment, which effect was insignificant but not subject to
241 model selection). While the intercept along the day of death axis was independent of parasite presence
242 (i.e. all fish started the experiment with the same HSI values), the slope was higher for fish without
243 parasites, i.e. the presence of parasites caused a lower increase of HSI compared to parasite-free fish
244 (slope coefficient, 95% CI 1.007-1.009, $p < 0.001$) (Fig. S1).

245 The crude oil treatment had no significant effects on GSI of perished fish (Fig. 3B). Day of death, sex
246 and their interaction were retained in the minimal model besides crude oil treatment. On average during
247 the experiment, the GSI was 0.32 times lower for males compared to females (95% CI 0.23-0.44,
248 $p < 0.001$). However, the index increased significantly faster in male (1.010 times per day, 95% CI 1.007-
249 1.012, $p < 0.001$) compared to female fish (1.006 times per day, 95% CI 1.004-1.009, $p < 0.001$), leading
250 to a higher GSI in males at the end of the experiment (Fig. 3B). Finally, slightly higher HSI and GSI
251 values were determined in perished fish from the *Low* treatment compared to the perished fish from
252 other treatments (Figs. 3A, B), however not significant.

253 3.3 Lipid-class composition in polar cod liver and gonad

254 In the liver, the crude oil treatment affected lipid class composition significantly at day 218 (ANOVA-
255 simultaneous component analysis, $p = 0.014$, Fig. S2A). The factors sex, maturity status, or HSI did not
256 show a significant effect on the lipid class composition. To further discern treatment group differences,
257 individual lipids were tested and no significant differences were found in the TAG between the treatment
258 groups (Fig. 4A). However, FFA and phospholipids (summed masses of PE, PG, PI, PS, PC, LPC, and
259 SM) showed a significant inverted U-shaped dose response as *Control* and *High* exposure groups were
260 more similar to one another relative to the elevated levels in the *Low* and *Medium* groups ($p < 0.01$ for
261 all phospholipids; Figs. 4B, C). A significant increase of diacylglycerol (DG) was found in the *High*

262 crude oil dose compared to the *Control* treatment ($p=0.004$, Fig. 4D). A selection of the lipid classes are
1 263 presented by treatment and sex with statistical analysis in Table S2.

264 In the gonads, significant differences were observed between sexes at day 218 ($p=0.001$; Fig. S2B) with
265 no effect of treatment or maturity status. Significantly higher levels of triacylglycerol and sphingomyelin
266 were observed in females, while males exhibited higher levels of cholesterol, and the phospholipids
267 phosphatidylserine and phosphatidylcholine (PC) ($p<0.02$ for all lipid classes; Table S2). In general,
268 phospholipids were the major lipid class (55 - 67 % of total lipids) in polar cod gonads in February (day
269 218) and PC represented up to 50% of the phospholipid fraction in polar cod gonads (Table S2).
270 Phospholipid levels increased in gonads (males and females pooled) from 37.5 % (± 13.8 SEM) on day
271 0 to 62.3 % (± 27.9 SEM) towards spawning (day 218) (Fig. S3).

272 4. Discussion

273 4.1 Somatic growth

274 Dietary crude oil exposure at the tested concentrations did not affect the somatic growth of adult polar
275 cod over the course of the experiment, except for slightly increased growth rates in fish of the *Low*
276 treatment. The lack of exposure effect on somatic growth in polar cod is opposite to what is expected
277 based on dietary exposure studies in other marine fishes, where petroleum compounds had negative
278 effects on the growth performance of fish (e.g., Meador et al., 2006; Saborido-Rey et al., 2007; Vignet
279 et al., 2014). Our findings also diverge from the results of two previous dietary exposure studies on polar
280 cod, where crude oil caused lower growth in exposed fish (Christiansen and George, 1995; Nahrgang et
281 al., 2019). However, exposure levels were distinctly higher in the studies by Christiansen and George
282 (1995, estimated to be at 2.1 - 2.6 μg crude oil/ g fish/ day) and Nahrgang et al. (2019, 28.6 μg crude
283 oil/g fish/day) compared to the present study (0.11 – 1.14 μg crude oil/g fish/day). Dietary doses used
284 in the present study seemed to have been too low to cause detectable changes in growth patterns of
285 exposed polar cod, even though effects were found at the cellular level (EROD, biliary metabolites,
286 reduced sperm motility) (Bender et al., 2016). Polar cod of the *Low* treatment in the present study
287 showed a slight increase in RGR, which could be related to a slightly higher initial weight of fish in this
288 group at experiment start (despite not being significantly different). Also, these fish showed higher HSI
289 levels at the end of the experiment compared to the other treatment groups (Bender et al., 2016), further
290 supporting a higher body condition and a potential increased energy allocation towards growth
291 (Wootton, 2011). Different initial body size has been described as a relevant factor determining the
292 growth rate of fish in exposure experiments, irrespective of the oil treatments (Bautista et al., 2019;
293 Saborido-Rey et al., 2007; Vignet et al., 2014).

294 Growth rates changed significantly over the course of the experiment and were independent of crude oil
295 exposure. The highest rates were measured in September and October (Gi II, 0.32 % /day), whereas

296 growth rates were low in late summer (Gi I, 0.18 % /day) and even slightly negative just before
1 297 spawning in January (Gi IV, -0.03 % /day). Lower growth rates during Gi I might be related to polar
2
3 298 cod being exposed to handling stress related to the tagging at the experiment start, a response reported
4
5 299 in another polar cod experiment (Nahrgang et al., 2019). Stress has been shown to negatively affect fish
6
7 300 growth (Jentoft et al., 2005). Decreased growth rates in January might be ascribed to a shifted energy
8
9 301 allocation towards gonadal development in polar cod before spawning (Hop et al., 1995; Jensen et al.,
10 302 1991). Female polar cod developed their gonads from the first stage of oogenesis in June towards
11 303 oocytes reaching the vitellogenic stage 2b (i.e. oocytes being close to spawning) in February, while male
12 304 gonads progressed from an early maturing stage to being able to be stripped at the end of the experiment
13 305 (Bender et al., 2016). Gonadal development has been shown to require a high energy investment in other
14 306 cold-water gadids such as the Atlantic cod (Lambert and Dutil, 2000).

19 307 **4.2 Fish survival**

21 308 The mortality rates of polar cod were not related to the crude oil treatment; rather, fish mortality was
22 309 related to intrinsic biological factors of the experimental fish. In a similar exposure study on adult polar
23 310 cod during the same time of the year (June 2015 – January 2016), Bender et al. (2018) measured
24 311 cumulative mortality of up to 35% that was also not correlated to the crude oil exposure. Increased
25 312 mortality is also commonly observed in captive polar cod after spawning in early spring (February/
26 313 March) (Bender et al., 2018; Nahrgang et al., 2019) and might be related to a high energy investment
27 314 into the gonadal development and the release of eggs and sperm during the reproductive period (Hop et
28 315 al., 1995). After spawning, polar cod can have extremely low HSI (3.4 %) in March – April (Nahrgang
29 316 et al., 2019), hence fish might be more prone to mortality.

37 318 The presence of parasites in polar cod was a significant factor in fish mortality during our experiment,
38 319 however independent of crude oil exposure. Higher intensity of parasite presence has been observed
39 320 during the reproductive period of fish (Šimková et al., 2005; 2008), which might be explained by an
40 321 energy trade-off between the gonadal development and the immune defense against parasites (Sheldon
41 322 and Verhulst, 1996). Reproductive activity has been shown to cause the suppression of the immune
42 323 system in fish (Šimková et al., 2008; Skarstein et al., 2001), which can facilitate parasite infection and
43 324 eventually lower survival of infested organisms. Bender et al. (2016) showed that polar cod were
44 325 undergoing active development of their gonads during the course of the present experiment (July to
45 326 January), hence energy allocated to gonadal development might have been the cause for a higher
46 327 parasitic infection of polar cod during the experiment. The parasitic infection of polar cod was, however,
47 328 not a major endpoint measured during the present experiment, which limits our conclusion. We would
48 329 recommend including parasite prevalence as a factor for the survival of experimental fish populations
49 330 of feral origin in future experimental studies.

331 4.3 Lipids

332 Most phospholipids showed an inverted U-shaped dose-response, as polar cod of the *Low* and *Medium*
333 treatment had higher phospholipid levels compared to fish of the *Control* and *High* group. This response
334 might be referred to as hormesis, where low exposure doses cause a stimulatory effect on physiological
335 endpoints in contrast to an inhibitory response upon higher exposure doses (Calabrese, 2013). Higher
336 levels of phospholipids in liver tissue of exposed polar cod might reflect an increased investment into
337 structural lipids, which could be an indication of increased metabolic activity upon exposure. Polar cod
338 have been suggested to shift towards enhanced energy mobilization upon crude oil exposure, indicated
339 by an alteration in blood serum parameters (Vieweg et al., 2018) and increased metabolic activity
340 (Nahrgang et al., 2019). The increase of diacylglycerol (DG) in exposed polar cod liver of the present
341 study verifies the mobilization of energy reserves, as this compound is a metabolic intermediate of
342 lipolysis and generated by TAG lipase in adipose tissue (Carrasco and Mérida, 2007). Diacylglycerol
343 also has an important function as precursor for the synthesis of phospholipids (Carrasco and Mérida,
344 2007), hence increased DG-levels in crude-oil exposed polar cod might be related to an increased
345 allocation into phospholipid synthesis, reflected by increased PE and PC levels (Table S2).
346 Phospholipids are required for the formation of mixed micelles and lipoproteins in fish, which facilitate
347 the metabolism and extracellular transport of lipids, respectively (Tocher et al., 2008). Phospholipids
348 have also an important function as regulation molecule for metabolic processes, for instance in the
349 immune response of fish (Tocher et al., 2008). It is important to consider that the lipid class data of the
350 present study are expressed relative to the total lipid content of the fish, hence we observed lower TAG
351 levels in exposed fish that showed significantly higher phospholipid levels. The total lipid levels did,
352 however, not change between the treatment groups (Table S2), which might indicate that we have a true
353 increase in phospholipids of exposed fish.

354 The crude oil treatment did not affect the lipid class composition in the gonad tissue, however total lipid
355 content and lipid class composition in the gonads differed significantly between male and female fish
356 on day 218. The phospholipids PC and PE are reported as the predominant phospholipids in fish ovaries
357 (Cejas et al., 2003; Nelson and Cox, 2005; Wiegand, 1996), also in polar cod (Kohlbach et al., 2017).
358 Bender et al. (2016) showed that polar cod ovaries had reached secondary vitellogenesis by day 218,
359 implying a yolk accumulation of more than 50 % within the oocyte cytoplasm. Vitellogenesis requires
360 an increased accumulation of yolk lipoproteins rich in TAGs (Wiegand, 1996) and phospholipids
361 (Tocher, 2003) in oocytes, which explains the main differences in lipid class composition between
362 female ovaries and male testes. The phospholipid levels increase in gonads towards spawning confirms
363 findings by a previous experimental study on adult polar cod by Hop et al. (1995). This indicates that
364 polar cod of the present study underwent a natural gonadal development and were acclimated to the
365 experimental conditions.

366 **Conclusion**

1 367 The present study showed that chronic crude oil exposure did not affect the somatic growth and survival
2
3 368 of polar cod during their gonadal development. Exposed fish appeared as relatively robust against the
4
5 369 dietary chronic exposure to crude oil at doses tested in this study, which were defined as background
6
7 370 levels with uptake in zooplankton after an oil spill. These environmentally relevant doses were distinctly
8
9 371 lower than in previous oil exposure studies on polar cod. However, our exposure levels caused sublethal
10
11 372 effects on the lipid composition of liver tissue after 8 months, presumably indicating an altered allocation
12
13 373 of energy upon exposure. Pollutants have been shown to cause compensatory changes in the allocation
14
15 374 of energy in marine organisms in order to fuel detoxification and repair mechanisms (Calow, 1991).
16
17 375 Sublethal effects, despite not affecting growth and survival, are still significant and may induce long-
18
19 376 term effects on the gonadal development of polar cod close to spawning and reduce the overall
20
21 377 reproductive success. This notion is supported by the findings of Bender et al. (2016), who showed
22
23 378 reduced sperm motility in exposed polar cod of the present experiment. The Arctic environment is
24
25 379 characterized by a high seasonality in food availability, hence Arctic organisms such as polar cod need
26
27 380 to balance the consumption and storage of energy during an annual cycle to enable overwinter survival
28
29 381 and reproduction. An oil spill scenario during the Arctic winter would expose polar cod both to sublethal
30
31 382 effects of chronic crude oil exposure and reduced food accessibility, which could cause long-term effects
32
33 383 on the sustainability of polar cod populations. Further studies are needed to examine the implication of
34
35 384 seasonality in food availability and reproductive stage for the sensitivity of adult polar cod toward crude
36
37 385 oil exposure, with a special focus on spawning and post-spawning fish.

34 386 **Acknowledgments**

36
37 387 The authors thank Appoline Laenger for her technical assistance with the perished fish data collection
38
39 388 and Willy Hemmingsen (UiT The Arctic University of Norway) for his support with the taxonomy of
40
41 389 polar cod parasites. Furthermore, we would like to thank James R. Dick and Matthew Sprague
42
43 390 (University of Stirling, Scotland) for the lipid analyses and the technical support during and after the
44
45 391 analyses. For the lead author, experimental work, data analyses and first work on the manuscript was
46
47 392 funded by the Research Council of Norway through the project POLARISATION (RCN#214184),
48
49 393 whereas the final work was performed during the Postdoc-position funded through The Nansen Legacy
50
51 394 (RCN #275730).

51 395 **References**

52
53 396 Agersted, M.D., Møller, E.F., Gustavson, K., 2018. Bioaccumulation of oil compounds in the high-
54 397 Arctic copepod *Calanus hyperboreus*. *Aquatic Toxicology* 195, 8-14.
55 398 <https://doi.org/10.1016/j.aquatox.2017.12.001>.
56 399 Amara, R., Meziane, T., Gilliers, C., Hermell, G., Laffargue, P., 2007. Growth and condition indices in
57 400 juvenile sole *Solea solea* measured to assess the quality of essential fish habitat. *Marine Ecology*
58 401 *Progress Series* 351, 201-208. <https://doi.org/10.3354/meps07154>.

- 402 Andersen, O., Frantzen, M., Rosland, M., Timmerhaus, G., Skugor, A., Krasnov, A., 2015. Effects of
1 403 crude oil exposure and elevated temperature on the liver transcriptome of polar cod (*Boreogadus*
2 404 *saida*). *Aquatic Toxicology* 165, 9-18. <https://doi.org/10.1016/j.aquatox.2015.04.023>.
- 3 405 Balk, L., Hylland, K., Hansson, T., Berntssen, M.H.G., Beyer, J., Jonsson, G., Melbye, A., Grung, M.,
4 406 Torstensen, B.E., Borseth, J.F., Skarphedinsdottir, H., Klungsøyr, J., 2011. Biomarkers in
5 407 natural fish populations indicate adverse biological effects of offshore oil production. *Plos One*
6 408 6, 10. <https://doi.org/10.1371/journal.pone.0019735>.
- 7 409 Bautista, N.M., Pothini, T., Meng, K., Burggren, W.W., 2019. Behavioral consequences of dietary
8 410 exposure to crude oil extracts in the Siamese fighting fish (*Betta splendens*). *Aquatic Toxicology*
9 411 207, 34-42. <https://doi.org/10.1016/j.aquatox.2018.11.025>.
- 11 412 Bender, M.L., Frantzen, M., Vieweg, I., Falk-Petersen, I.B., Johnsen, H.K., Rudolfsen, G., Tollefsen,
12 413 K.E., Dubourg, P., Nahrgang, J., 2016. Effects of chronic dietary petroleum exposure on
13 414 reproductive development in polar cod (*Boreogadus saida*). *Aquatic Toxicology* 180, 196-208.
14 415 <https://doi.org/10.1016/j.aquatox.2016.10.005>.
- 15 416 Bender, M.L., Frantzen, M., Camus, L., Le Floch, S., Palerud, J., Nahrgang, J., 2018. Effects of acute
16 417 exposure to dispersed oil and burned oil residue on long-term survival, growth, and reproductive
17 418 development in polar cod (*Boreogadus saida*). *Marine Environmental Research* 140, 468-477.
18 419 <https://doi.org/10.1016/j.marenvres.2018.09.005>.
- 20 420 Benoit, D., Simard, Y., Fortier, L., 2008. Hydroacoustic detection of large winter aggregations of Arctic
21 421 cod (*Boreogadus saida*) at depth in ice-covered Franklin Bay (Beaufort Sea). *Journal of*
22 422 *Geophysical Research-Oceans* 113. <https://doi.org/10.1029/2007jc004276>.
- 23 423 Beyer, J., Trannum, H.C., Bakke, T., Hodson, P.V., Collier, T.K., 2016. Environmental effects of the
24 424 Deepwater Horizon oil spill: A review. *Marine Pollution Bulletin* 110, 28-51.
25 425 <https://doi.org/10.1016/j.marpolbul.2016.06.027>.
- 26 426 Calabrese, E.J., 2013. Biphasic dose responses in biology, toxicology and medicine: Accounting for
27 427 their generalizability and quantitative features. *Environmental Pollution* 182, 452-460.
28 428 <https://doi.org/10.1016/j.envpol.2013.07.046>.
- 29 429 Carls, M.G., Short, J.W., Payne, J. 2006. Accumulation of polycyclic aromatic hydrocarbons by
30 430 *Neocalanus* copepods in Port Valdez, Alaska. *Marine Pollution Bulletin* 52, 1480-1489.
31 431 <https://doi.org/10.1016/j.marpolbul.2006.05.008>.
- 32 432 Calow, P., 1991. Physiological costs of combating chemical toxicants – ecological implications.
33 433 *Comparative Biochemistry and Physiology C-Pharmacology Toxicology & Endocrinology* 100,
34 434 3-6. [https://doi.org/10.1016/0742-8413\(91\)90110-f](https://doi.org/10.1016/0742-8413(91)90110-f).
- 35 435 Carrasco, S., Mérida, I., 2007. Diacylglycerol, when simplicity becomes complex. *Trends Biochemical*
36 436 *Science* 32, 27-36. <https://doi.org/10.1016/j.tibs.2006.11.004>.
- 37 437 Cejas, J.R., Almansa, E., Villamandos, J.E., Badia, P., Bolanos, A., Lorenzo, A., 2003. Lipid and fatty
38 438 acid composition of ovaries from wild fish and ovaries and eggs from captive fish of white sea
39 439 bream (*Diplodus sargus*). *Aquaculture* 216, 299-313. [https://doi.org/10.1016/s0044-8486\(02\)00525-2](https://doi.org/10.1016/s0044-8486(02)00525-2).
- 40 440
- 41 441 Checa, A., Bedia, C., Jaumot, J., 2015. Lipidomic data analysis: Tutorial, practical guidelines and
42 442 applications. *Analytica Chimica Acta* 885, 1-16. <https://doi.org/10.1016/j.aca.2015.02.068>.
- 43 443 Christiansen, J.S., George, S.G., 1995. Contamination of food by crude-oil affects food selection and
44 444 growth-performance, but not appetite, in an Arctic fish, the polar cod (*Boreogadus saida*) *Polar*
45 445 *Biology* 15, 277-281. <https://doi.org/10.1007/BF00239848>.
- 46 446 Christiansen, J.S., Karamushko, L.I., Nahrgang, J., 2010. Sub-lethal levels of waterborne petroleum may
47 447 depress routine metabolism in polar cod *Boreogadus saida* (Lepechin, 1774). *Polar Biology* 33,
48 448 1049-1055. <https://doi.org/10.1007/s00300-010-0783-2>.
- 49 449 Claireaux, G., Desaunay, Y., Akcha, F., Auperin, B., Bocquene, G., Budzinski, F.N., Cravedi, J.P.,
50 450 Davoodi, F., Galois, R., Gilliers, C., Goanvec, C., Guerault, D., Imbert, N., Mazeas, O.,
51 451 Nonnotte, G., Nonnotte, L., Prunet, P., Sebert, P., Vettier, A., 2004. Influence of oil exposure
52 452 on the physiology and ecology of the common sole *Solea solea*: Experimental and field
53 453 approaches. *Aquatic Living Resources* 17, 335-351. <https://doi.org/10.1051/alr:2004043>.
- 54 454 Cusa, M., Berge, J., Varpe, Ø., 2019. Seasonal shifts in feeding patterns: Individual and population
55 455 realized specialization in a high Arctic fish. *Ecology and Evolution* 9, 11112-11121.
56 456 <https://doi.org/10.1002/ece3.5615>.

- 457 Dey, A.C., Kiceniuk, J.W., Williams, U.P., Khan, R.A., Payme, J.F., 1983. Long term exposure of
1 458 marine fish to crude petroleum - I. Studies on liver lipids and fatty acids in cod (*Gadus morhua*)
2 459 and winter flounder (*Pseudopleuronectes americanus*). Journal of Comparative Physiology C
3 460 75, 93 - 101. [https://doi.org/10.1016/0742-8413\(83\)90016-6](https://doi.org/10.1016/0742-8413(83)90016-6).
- 4 461 Dorscheidt, T., 2013. MetStaT: Statistical metabolomics tools. URL <https://rdr.io/cran/MetStaT/>.
- 5 462 Dussauze, M., Camus, L., Le Floch, S., Pichavant-Rafini, K., Geraudie, P., Coquille, N., Amerand, A.,
6 463 Lemaire, P., Theron, M., 2014. Impact of dispersed fuel oil on cardiac mitochondrial function
7 464 in polar cod *Boreogadus saida*. Environmental Science and Pollution Research 21, 13779-
8 465 13788. <https://doi.org/v10.1007/s11356-014-2618-0>.
- 10 466 Folch, J., Lees, M., Stanley, G.H.S., 1957. A simple method for the isolation and purification of total
11 467 lipides from animal tissues. Journal of Biological Chemistry 226, 497-509.
- 12 468 Geoffroy, M., Robert, D., Darnis, G., Fortier, L., 2011. The aggregation of polar cod (*Boreogadus saida*)
13 469 in the deep Atlantic layer of ice-covered Amundsen Gulf (Beaufort Sea) in winter. Polar Biology
14 470 34, 1959-1971. <https://doi.org/10.1007/s00300-011-1019-9>.
- 15 471 Gilliers, C., Claireaux, G., Galois, R., Loizeau, V., Pape, O.L., 2012. Influence of hydrocarbons
16 472 exposure on survival, growth and condition of juvenile flatfish: A mesocosm experiment.
17 473 Journal of Life Sciences 4, 113-122. <https://doi.org/10.1080/09751270.2012.11885203>.
- 18 474 Hansen, B.H., Olsen, A.J., Salaberria, I., Altin, D., Øverjordet, I.B., Gardinali, P., Booth, A., Nordtug,
19 475 T., 2018. Partitioning of PAHs between crude oil microdroplets, water, and copepod biomass
20 476 in oil-in-seawater dispersions of different crude oils. Environmental Science & Technology 52,
21 477 14436-14444. <https://doi.org/10.1021/acs.est.8b04591>.
- 22 478 Hansen, B.H., Sørensen, L., Størseth, T.R., Altin, D., Gonzalez, S.V., Skancke, J., Rønsberg, M.U.,
23 479 Nordtug, T., 2020. The use of PAH, metabolite and lipid profiling to assess exposure and effects
24 480 of produced water discharges on pelagic copepods. Science of The Total Environment 714,
25 481 136674. <https://doi.org/10.1016/j.scitotenv.2020.136674>.
- 26 482 Henderson, R.J., Tocher, D.R., 1992. Thin-layer chromatography. In: Hamilton, R.J., Hamilton, S.
27 483 (Eds.), Lipid Analysis: a Practical Approach. IRL Press, Oxford, pp. 65 - 111.
- 28 484 Hop, H., Graham, M., Trudeau, V.L., 1995. Spawning energetics of Arctic cod (*Boreogadus saida*) in
29 485 relation to seasonal development of the ovary and plasma sex steroid levels Canadian Journal
30 486 of Fisheries and Aquatic Sciences 52, 541-550. <https://doi.org/10.1139/f95-055>.
- 31 487 Hop, H., Tonn, W.M., Welch, H.E., 1997. Bioenergetics of Arctic cod (*Boreogadus saida*) at low
32 488 temperatures. Canadian Journal of Fisheries and Aquatic Sciences 54, 1772-1784.
33 489 <https://doi.org/10.1139/cjfas-54-8-1772>.
- 34 490 Hop, H., Gjøsæter, H., 2013. Polar cod (*Boreogadus saida*) and capelin (*Mallotus villosus*) as key
35 491 species in marine food webs of the Arctic and the Barents Sea. Marine Biology Research 9, 878-
36 492 894. <https://doi.org/10.1080/17451000.2013.775458>.
- 37 493 Jensen, T., Inne Ugland, K., Anstensrud, M., 1991. Aspects of growth in Arctic cod, *Boreogadus saida*
38 494 (Lepechin 1773). Polar Research 10, 547-552. <https://doi.org/10.3402/polar.v10i2.6765>.
- 39 495 Jentoft, S., Aastveit, A.H., Torjesen, P.A., Andersen, O., 2005. Effects of stress on growth, cortisol and
40 496 glucose levels in non-domesticated Eurasian perch (*Perca fluviatilis*) and domesticated rainbow
41 497 trout (*Oncorhynchus mykiss*). Comparative Biochemistry and Physiology-Part A Molecular
42 498 & Integrative Physiology 141, 353-358. <https://doi.org/10.1016/j.cbpb.2005.06.006>.
- 43 499 Kohlbach, D., Schaafsma, F.L., Graeve, M., Lebreton, B., Lange, B.A., David, C., Vortkamp, M., Flores,
44 500 H., 2017. Strong linkage of polar cod (*Boreogadus saida*) to sea ice algae-produced carbon:
45 501 Evidence from stomach content, fatty acid and stable isotope analyses. Progress in
46 502 Oceanography 152, 62-74. <https://doi.org/10.1016/j.pocean.2017.02.003>.
- 47 503 Kwok, R., 2018. Arctic sea ice thickness, volume, and multiyear ice coverage: losses and coupled
48 504 variability (1958–2018). Environmental Research Letters 13, 105005.
49 505 <https://doi.org/10.1088/1748-9326/aae3ec>.
- 50 506 Kjøie, M., 2009. *Boreogadus saida* (Lepechin) (Gadidae): a review of its metazoan parasite fauna from
51 507 Greenland, eastern Canada, Alaska and the Russian Arctic. Polar Biology 32, 1399-1406.
52 508 <https://doi.org/10.1007/s00300-009-0650-1>.
- 53 509 Lambert, Y., Dutil, J.D., 2000. Energetic consequences of reproduction in Atlantic cod (*Gadus morhua*)
54 510 in relation to spawning level of somatic energy reserves. Canadian Journal of Fisheries and
55 511 Aquatic Sciences 57, 815-825. <https://doi.org/10.1139/cjfas-57-4-815>.

- 512 Majewski, A.R., Atchison, S., MacPhee, S., Eert, J., Niemi, A., Michel, C., Reist, J.D., 2017. Marine
 1 513 fish community structure and habitat associations on the Canadian Beaufort shelf and slope.
 2 514 Deep Sea Research Part I: Oceanographic Research Papers 121, 169-182.
 3 515 <https://doi.org/10.1016/j.dsr.2017.01.009>.
- 4 516 Mangiafico, S.S., 2015. An R Companion for the Handbook of Biological Statistics. Version 1.32.
 5 517 rcompanion.
- 6 518 Marsh, J.M., Mueter, F.J., Quinn, T.J., 2020. Environmental and biological influences on the distribution
 7 519 and population dynamics of polar cod (*Boreogadus saida*) in the US Chukchi Sea. Polar Biology
 8 520 43, 1055-1072. <https://doi.org/10.1007/s00300-019-02561-w>.
- 9 521 Meador, J.P., Sommers, F.C., Ylitalo, G.M., Sloan, C.A., 2006. Altered growth and related physiological
 10 522 responses in juvenile Chinook salmon (*Oncorhynchus tshawytscha*) from dietary exposure to
 11 523 polycyclic aromatic hydrocarbons (PAHs). Canadian Journal of Fisheries and Aquatic Sciences
 12 524 63, 2364-2376. <https://doi.org/10.1139/f06-127>.
- 13 525 Meier, S., Andersen, T.C., Lind-Larsen, K., Svoldal, A., Holmsen, H., 2007. Effects of alkylphenols on
 14 526 glycerophospholipids and cholesterol in liver and brain from female Atlantic cod (*Gadus*
 15 527 *morhua*). Comparative Biochemistry and Physiology C-Toxicology & Pharmacology 145, 420-
 16 528 430. <https://doi.org/10.1016/j.cbpc.2007.01.012>.
- 17 529 Melia, N., Haines, K., Hawkins, E., 2016. Sea ice decline and 21st century trans-Arctic shipping routes.
 18 530 Geophysical Research Letters 43, 9720-9728. <https://doi.org/10.1002/2016GL069315>.
- 19 531 Nahrgang, J., Camus, L., Carls, M.G., Gonzalez, P., Jönsson, M., Taban, I.C., Bechmann, R.K.,
 20 532 Christiansen, J., Hop, H., 2010. Biomarker response in polar cod (*Boreogadus saida*) exposed
 21 533 to the water soluble fraction of crude oil. Aquatic Toxicology 97, 234-242.
 22 534 <https://doi.org/10.1016/j.aquatox.2009.11.003>.
- 23 535 Nahrgang, J., Bender, M.L., Meier, S., Nechev, J., Berge, J., Frantzen, M., 2019. Growth and
 24 536 metabolism of adult polar cod (*Boreogadus saida*) in response to dietary crude oil.
 25 537 Ecotoxicology and Environmental Safety 180, 53-62.
 26 538 <https://doi.org/10.1016/j.ecoenv.2019.04.082>.
- 27 539 Nelson, D.L., Cox, M.M., 2005. Lehninger-Principles of biochemistry. W.H. Freeman and Company,
 28 540 New York, U.S.
- 29 541 Øverjordet, I.B., Nepstad, R., Hansen, B.H., Jager, T., Farkas, J., Altin, D., Brønner, U., Nordtug, T.,
 30 542 2018. Toxicokinetics of Crude Oil Components in Arctic Copepods. Environmental Science &
 31 543 Technology 52, 9899-9907. <https://doi.org/10.1021/acs.est.8b01812>.
- 32 544 Pasparakis, C., Esbaugh, A.J., Burggren, W., Grosell, M., 2019. Impacts of deepwater horizon oil on
 33 545 fish. Comp Biochem Physiol C Toxicol Pharmacol 224, 108558.
 34 546 <https://doi.org/10.1016/j.cbpc.2019.06.002>.
- 35 547 Peterson, C.H., Rice, S.D., Short, J.W., Esler, D., Bodkin, J.L., Ballachey, B.E., Irons, D.B., 2003. Long-
 36 548 term ecosystem response to the Exxon Valdez oil spill. Science 302, 2082-2086.
 37 549 <https://doi.org/10.1126/science.1084282>.
- 38 550 R Core Team (2021). R: A language and environment for statistical computing. R Foundation for
 39 551 Statistical Computing, Vienna, Austria. URL <http://www.R-project.org/>.
- 40 552 Saborido-Rey, F., Dominguez-Petit, R., Tomas, J., Morales-Nin, B., Alonso-Fernandez, A., 2007.
 41 553 Growth of juvenile turbot in response to food pellets contaminated by fuel oil from the tanker
 42 554 'Prestige'. Marine Ecology Progress Series 345, 271-279. <https://doi.org/10.3354/meps06961>.
- 43 555 Salas, N., Ortiz, L., Gilcoto, M., Verela, M., Bayona, J.M., Groom, S., Álvarez-Salgado, X.A., Alnagés,
 44 556 J., 2006. Fingerprinting petroleum hydrocarbons in plankton and surface sediments during the
 45 557 spring and early summer bloom in the Galician coast (NW Spain) after the Prestige oil spill.
 46 558 Marine Environmental Research 62, 388-413. <https://doi.org/10.1016/j.marenvres.2006.06.004>.
- 47 559 Sheldon, B.C., Verhulst, S., 1996. Ecological immunology: costly parasite defences and trade-offs in
 48 560 evolutionary ecology. Trends Ecol Evol 11, 317-321. [https://doi.org/10.1016/0169-5347\(96\)10039-2](https://doi.org/10.1016/0169-5347(96)10039-2).
- 49 561 Šimková, A., Jarkovský, J., Koubková, B., Barus, V., Prokes, M., 2005. Associations between fish
 50 562 reproductive cycle and the dynamics of metazoan parasite infection. Parasitology Research 95,
 51 563 65-72. <https://doi.org/10.1007/s00436-004-1261-y>.
- 52 564
- 53 565
- 54
- 55
- 56
- 57
- 58
- 59
- 60
- 61
- 62
- 63
- 64
- 65

- 565 Šimková, A., Lafond, T., Ondračková, M., Jurajda, P., Ottová, E., Morand, S., 2008. Parasitism, life
1 566 history traits and immune defence in cyprinid fish from Central Europe. *BMC Evolutionary*
2 567 *Biology* 8, 29. <https://doi.org/10.1186/1471-2148-8-29>.
- 3 568 Skarstein, F., Folstad, I., Liljedal, S., 2001. Whether to reproduce or not: immune suppression and costs
4 569 of parasites during reproduction in the Arctic charr. *Canadian Journal of Zoology* 79, 271-278.
5 570 <https://doi.org/10.1139/z00-193>.
- 6 571 Sprague, M., Dick, J.R., Medina, A., Tocher, D.R., Bell, J.G., Mourente, G., 2012. Lipid and fatty acid
7 572 composition, and persistent organic pollutant levels in tissues of migrating Atlantic bluefin tuna
8 573 (*Thunnus thynnus*, L.) broodstock. *Environmental Pollution* 171, 61-71.
9 574 <https://doi.org/10.1016/j.envpol.2012.07.021>.
- 11 575 Therneau, T.M., 2015. A Package for survival analysis. URL [https://CRAN.R-](https://CRAN.R-project.org/package=survival)
12 576 [project.org/package=survival](https://CRAN.R-project.org/package=survival) <https://CRAN.R-project.org/package=survival>.
- 13 577 Tocher, D.R., 2003. Metabolism and functions of lipids and fatty acids in teleost fish. *Reviews in*
14 578 *Fisheries Science* 11, 107-184. <https://doi.org/10.1080/713610925>.
- 15 579 Tocher, D.R., Bendiksen, E.Å., Campbell, P.J., Bell, J. G., 2008. The role of phospholipids in nutrition
16 580 and metabolism of teleost fish. *Aquaculture* 280, 21-34.
17 581 <https://doi.org/10.1016/j.aquaculture.2008.04.034>.
- 18 582 Vergeynst, L., Wegeberg, S., Aamand, J., Lassen, P., Gosewinkel, U., Fritt-Rasmussen, J., Gustavson,
19 583 K., Mosbech, A., 2018. Biodegradation of marine oil spills in the Arctic with a Greenland
20 584 perspective. *Science of The Total Environment* 626, 1243-1258.
21 585 <https://doi.org/10.1016/j.scitotenv.2018.01.173>.
- 23 586 Vieweg, I., Bilbao, E., Meador, J.P., Cancio, I., Bender, M.L., Cajaraville, M.P., Nahrgang, J., 2018.
24 587 Effects of dietary crude oil exposure on molecular and physiological parameters related to lipid
25 588 homeostasis in polar cod (*Boreogadus saida*). *Comparative Biochemistry and Physiology C-*
26 589 *Toxicology & Pharmacology* 206 -207, 54 -64. <https://doi.org/10.1016/j.cbpc.2018.03.003>.
- 27 590 Vignet, C., Le Menach, K., Mazurais, D., Lucas, J., Perrichon, P., Le Bihanic, F., Devier, M.H.,
28 591 Lyphout, L., Frere, L., Begout, M.L., Zambonino-Infante, J.L., Budzinski, H., Cousin, X., 2014.
29 592 Chronic dietary exposure to pyrolytic and petrogenic mixtures of PAHs causes physiological
30 593 disruption in zebrafish - part I: Survival and growth. *Environmental Science and Pollution*
31 594 *Research* 21, 13804-13817. <https://doi.org/10.1007/s11356-014-2629-x>.
- 33 595 Welch, H.E., Bergmann, M.A., Siferd, T.D., Martin, K.A., Curtis, M.F., Crawford, R.E., Conover, R.J.,
34 596 Hop, H., 1992. Energy-flow through the marine ecosystem of the Lancaster Sound region,
35 597 Arctic Canada. *Arctic* 45, 343-357. <https://doi.org/10.14430/arctic1413>
- 37 598 Wiegand, M.D., 1996. Composition, accumulation and utilization of yolk lipids in teleost fish. *Reviews*
38 599 *in Fish Biology and Fisheries* 6, 259-286. <https://doi.org/10.1007/BF00122583>.
- 39 600 Wootton, R.J., 2011. Energy utilization in growth. In: Farrell, A.P. (Ed.), *Encyclopedia of Fish*
40 601 *Physiology*. Elsevier Inc., pp. 1623 - 1628.
- 41 602 Zuur, A., Ieno, E.N., Walker, N., Saveliev, A.A., Smith, G.M., 2009. *Mixed effects models and*
42 603 *extensions in ecology with R*. Springer Science & Business Media.
- 43 604
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

605 Figure captions

1
2 606 Figure 1. Effect size estimates from the minimal model on relative growth rate (RGR) in polar cod
3
4 607 including crude oil treatment (low, medium, high) and growth interval (Gi II: day 72 – 120, Gi III: day
5
6 608 120 – 152, Gi IV: day 152 – 193) as additive terms. The RGR is the difference of relative growth
7
8 609 compared to the intercept that represents the treatment level *Control*, Gi I (day -25 -72) and has an RGR
9 610 of 0.18 % day⁻¹ (95% CI 0.14-0.22).

10
11 611 Figure 2. Model estimates from Cox’s proportional hazards test. Risk of death is the difference of
12
13 612 likelihood of death compared to the intercept, which represents the treatment level *Control* (in the case
14
15 613 of Low, Medium and High) and absence of parasites (in the case of individuals with parasites) and has
16
17 614 a median survival time of 125.5 days (95% CI 100-148 days).

18
19 615 Figure 3. Treatment differences in hepatosomatic index (HSI) (A) and gonadosomatic indices (GSI) (B)
20
21 616 of perished fish at days of death over the course of the experiment. For HSI (A), different shapes indicate
22
23 617 parasite presence and absence in the fish and for GSI (B), different symbol shapes indicate different fish
24
25 618 sex. The fitted lines are derived from the linear model describing the relationship between the somatic
26
27 619 values and the predictors (details in section 2.4) and the shading indicates the 95% confidence interval
28
29 620 on the fitted values. The crude oil treatments (control, low, medium, high) are indicated by different
30
31 621 colors.

32 622 Figure 4. Differences in liver lipids (mg / g ww in liver tissue) at day 218 of (A) triacylglycerols; (B)
33
34 623 free fatty acids; (C) phospholipids (summed masses of phosphatidylethanolamine, phosphatidylglycerol,
35
36 624 phosphatidylinositol, phosphatidylserine, phosphatidylcholine, lysophosphatidylcholine,
37
38 625 sphingomyelin; (D) diacylglycerols for control and crude oil exposed treatments. Each fish is
39
40 626 represented as an individual symbol, with treatments differentiated by color. Significant differences
41
42 627 between treatment groups determined from the Dunn’s test are noted with letters above each box.
43
44 628 Boxplots are plotted in background to distinguish median (bolded line), 2nd and 3rd quartiles (box), and
45
46 629 1st and 4th quartiles (whiskers).

47 630

631 Supplementary data

632 Table S1. Daily temperature measurements (°C) of inlet seawater that supplied the eight experimental
633 tanks over the course of the experiment (June 06, 2014 – February 02, 2015). The temperature data is
634 organized by day of the month (1. column) and month (2. – 10. column) of the measurement.

635 Figure S1. Time differences in hepatosomatic index (HSI, % body weight) of perished fish at day of
636 death (i.e. day into the experiment) over the course of the experiment. Different shapes and colors
637 indicate parasite presence and absence in the fish. The fitted lines are derived from the linear model
638 describing the relationship between HSI and the predictors (day of death, parasite presence/ absence).
639 The shading indicates the 95% confidence interval on the fitted values.

640 Figure S2. ANOVA simultaneous component analysis of 12 lipid classes (wax esters, triacylglyceride,
641 free fatty acids, diacylglycerol, cholesterol, phosphatidylethanolamine, phosphatidylglycerol,
642 phosphatidylinositol, phosphatidylserine, phosphatidylcholine, lysophosphatidylcholine, and
643 sphingomyelin) at day 218 for (A) liver tissue with crude oil treatment groups ($p=0.014$) and (B) gonadal
644 tissue with sexes ($p=0.001$). Factor levels (crude oil dose [control, low, medium, high] and fish sex
645 [female, male] for panels A and B, respectively) are distinguished by colour and symbol with mean
646 values represented by larger bolded symbols.

647 Table S2. Total lipid content (mg/ g wet weight tissue) and lipid class composition (% of total lipid, \pm
648 SEM) in polar cod liver and gonad tissue of male and female fish at day 218 of the experiment. The
649 values are presented as mean \pm SEM for the different crude oil treatment groups (Control, Low, Medium,
650 and High) and pooled for all treatment groups (All treatments). Abbreviations of lipid classes:
651 triacylglyceride (TAG), free fatty acids (FFA), diacylglycerol (DG). The total phospholipid column
652 represents the sum of phosphatidylethanolamine (PE), phosphatidylglycerol (PG), phosphatidylinositol
653 (PI), phosphatidylserine (PS), phosphatidylcholine (PC), lysophosphatidylcholine (LPC),
654 sphingomyelin (SM). Wax ester, glycolipid and pigmented material are combined in the column other
655 lipid classes. Significant differences between sex and treatment are indicated by asterisk (*) and letters
656 respectively (Kruskal Wallis test, *posthoc* Dunn`s test).

657 Figure S3. Time series of gonad lipid classes of unexposed polar cod during the period of reproductive
658 development at day 0, day 121 and day 218) divided into male and female fish (A) and pooled by sex
659 for each time point (B). Females and males included in the figures numbered 4 and 11; 7 and 9; 4 and
660 7, at each timepoint respectively. Abbreviations of lipid classes: Wax esters (Wax), triacylglyceride
661 (TAG), free fatty acids (FFA), diacylglycerol (DG), cholesterol (Chol) phosphatidylethanolamine (PE),
662 phosphatidylglycerol (PG), phosphatidylinositol (PI), phosphatidylserine (PS), phosphatidylcholine
663 (PC), lysophosphatidylcholine (LPC), and sphingomyelin (SM). Phospholipids represent the sum of PE,
664 PG, PI, PS, PC, LPC, and SM.

Figure 1

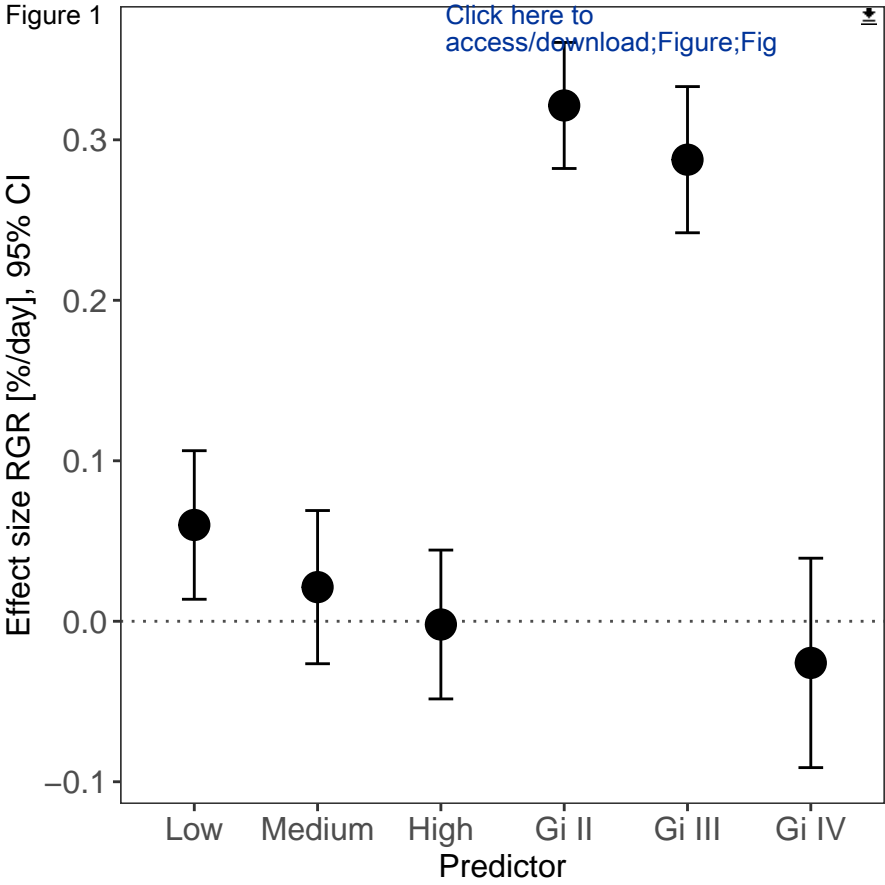


Figure 2

[Click here to access/download;Figure;Fig_2_](#)

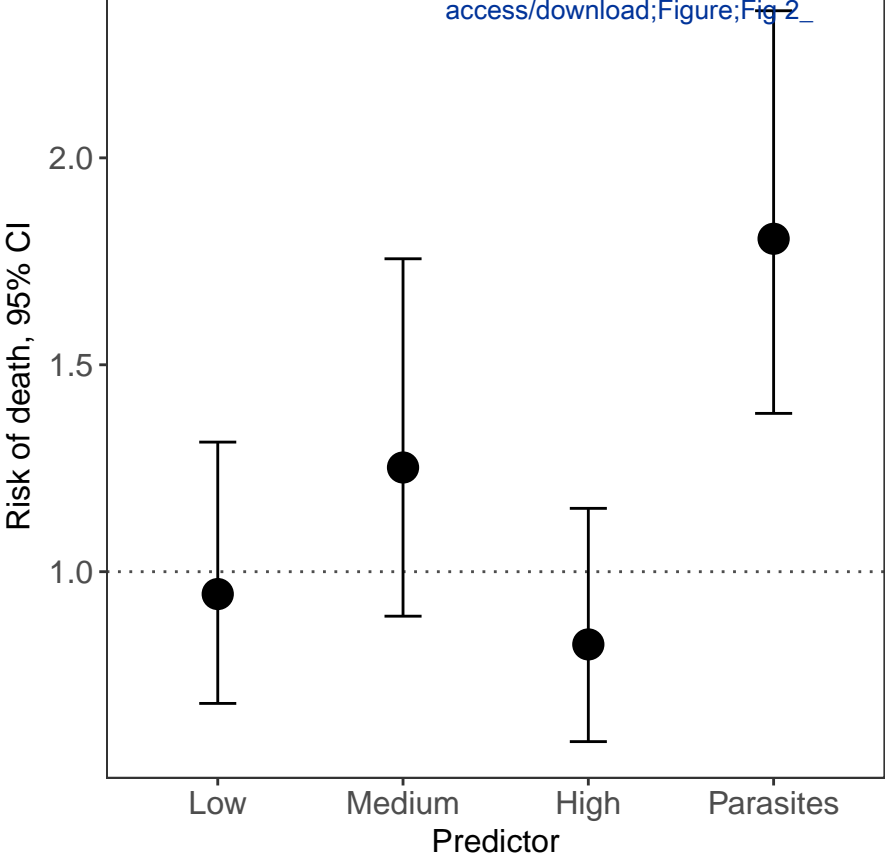
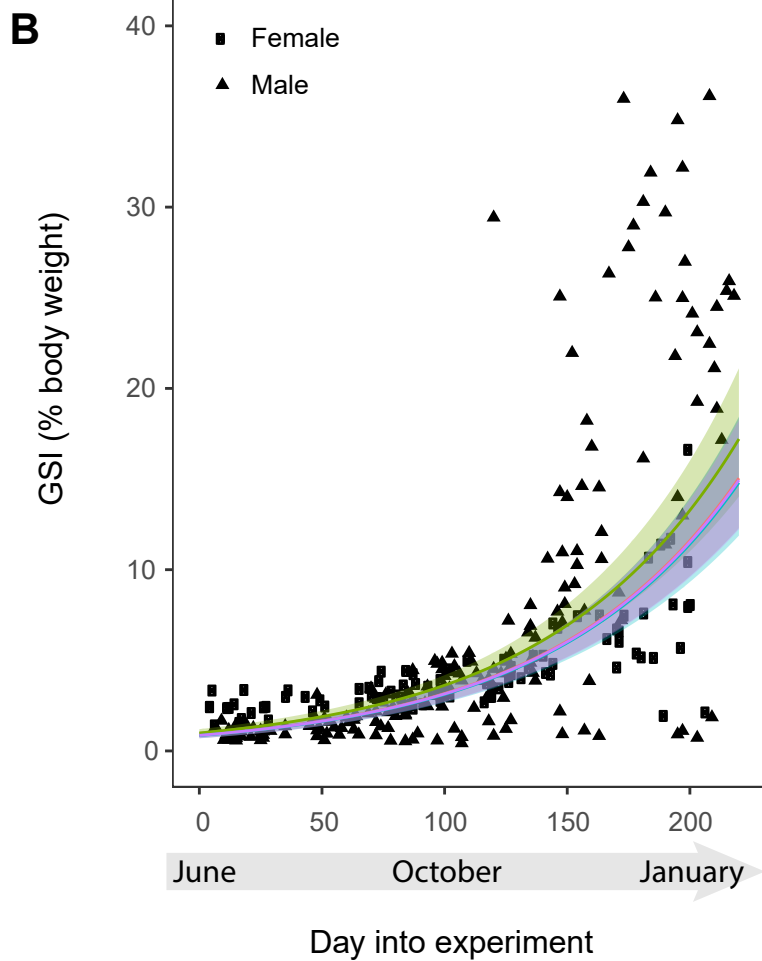
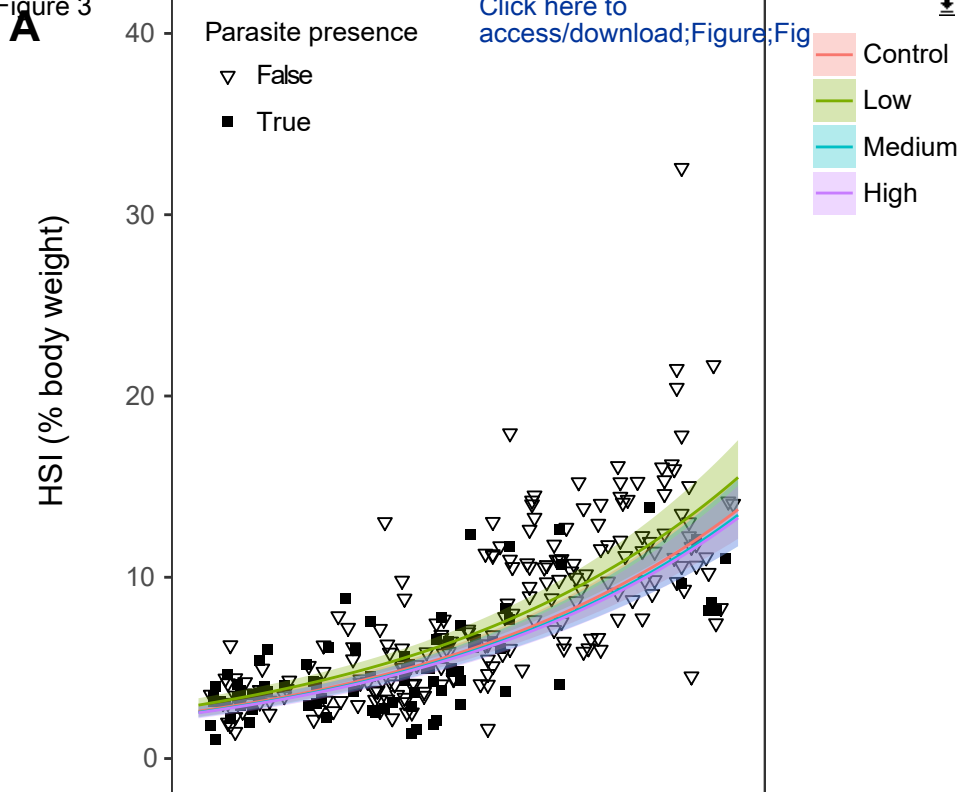
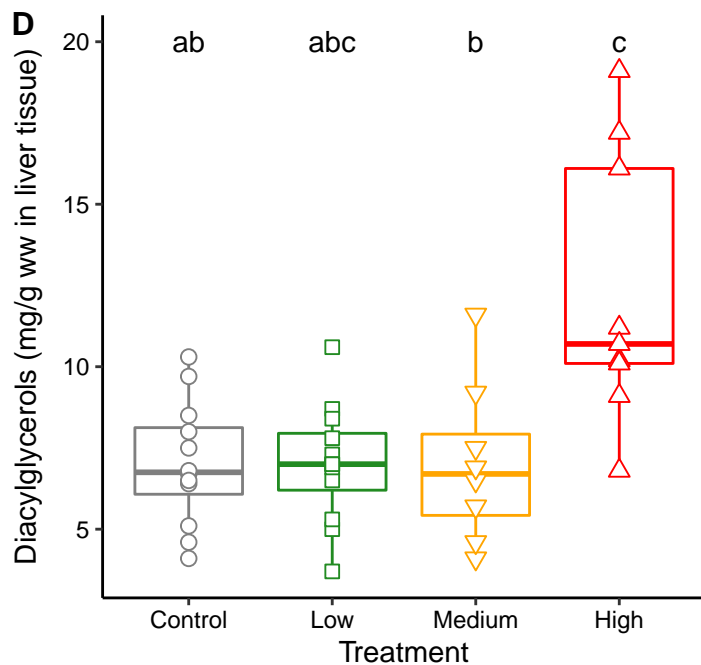
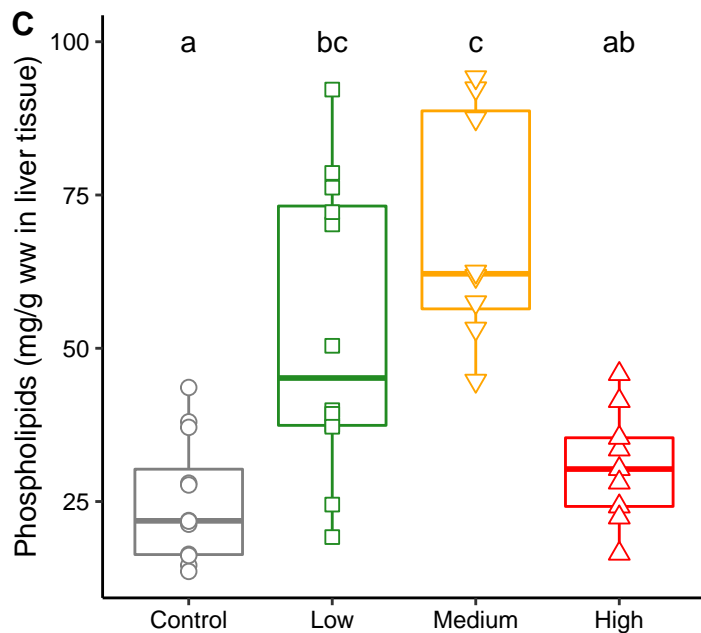
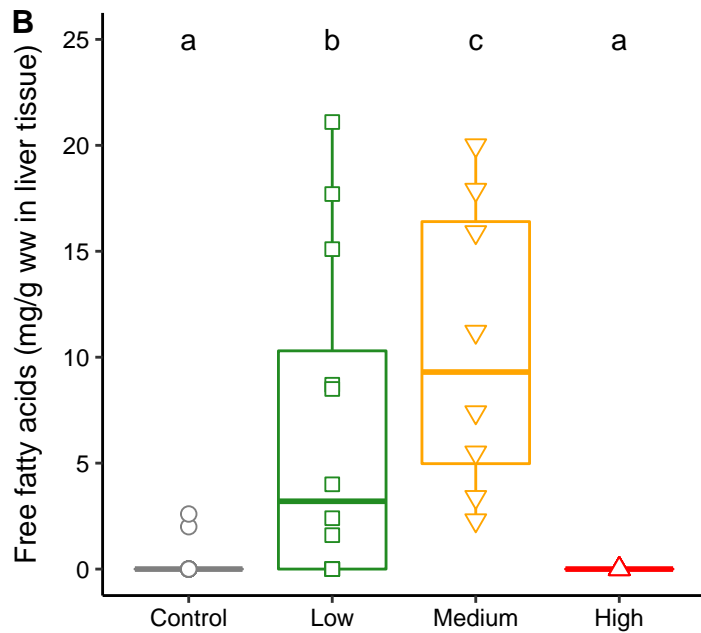
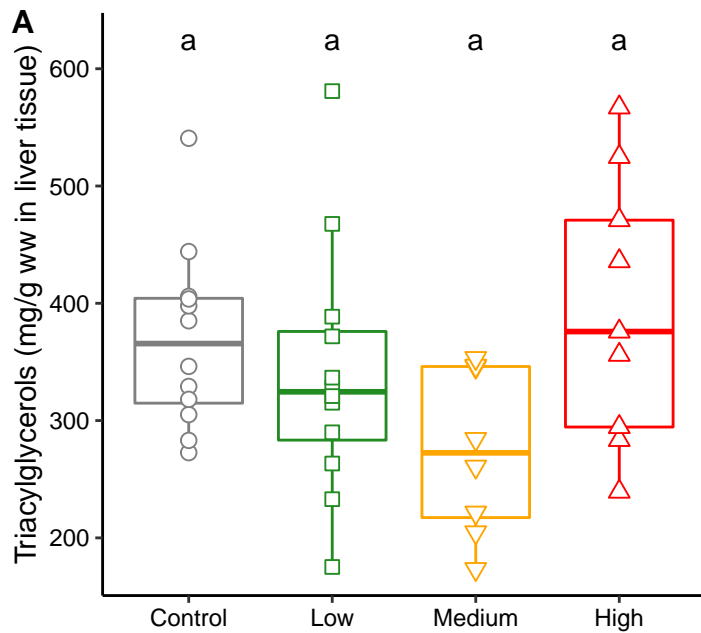


Figure 3



Treatment Control Low Medium High



Declaration of interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

Author statement

Ireen Vieweg: Conceptualization, Methodology, Investigation, Formal analysis, Writing - original draft, Writing – reviewing, editing, Project administration

Morgan Lizabeth Bender: Conceptualization, Methodology, Investigation, Formal analysis, Writing – reviewing, editing, Project administration

Philipp Robert Semenchuck: Formal analysis, Writing – reviewing, editing

Haakon Hop: Supervision, Writing – reviewing, editing

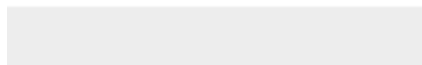
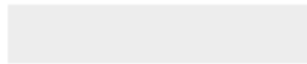
Jasmine Nahrgang: Funding acquisition, Conceptualization, Investigation, Supervision, Writing – reviewing, editing, Project administration



Click here to access/download

Supplementary Material

Table S1_seawater temperature.docx

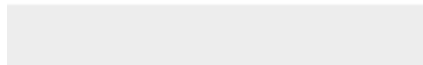




[Click here to access/download](#)

Supplementary Material

[Figure S1_HSI_model_regression_parasites.pdf](#)

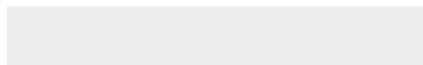


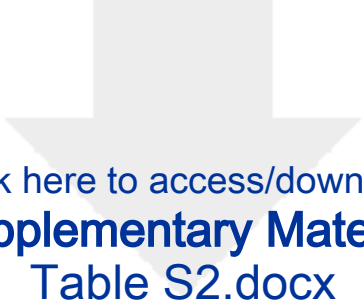


[Click here to access/download](#)

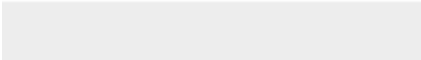

Supplementary Material

Figure S2_ANOVA day 218.tif





Click here to access/download
Supplementary Material
Table S2.docx





[Click here to access/download](#)

Supplementary Material

[Figure S3_time series gonad lipids_revised.jpg](#)

