

1 **Climatic impacts on an Arctic lake since 1300 AD: a multi-proxy lake sediment**
2 **reconstruction from Prins Karls Forland, Svalbard**

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19 **Key words**

20 Svalbard, Lake Sediments, Climate Change, North Atlantic Oscillation, XRF, Stable Isotopes

21 **Abstract**

22 On the remote Arctic archipelago of Svalbard, there is increasing evidence of environmental impacts
23 from climate change. The analysis of lake sedimentary records can be used to assess how strongly these
24 recent changes have altered lake ecosystems. Sediments deposited during the last millennium from Lake
25 Blokkvatnet, Prins Karls Forland, were analysed using a multiproxy approach, including stable isotope
26 and X-ray fluorescence (XRF) analysis. The results were interpreted as reflecting variability of 1) soil
27 organic matter inwash, and potentially catchment and lake primary production, and 2) catchment
28 weathering and erosion. Organic content began increasing after 1920 AD to the present, likely in
29 response to warming. Earlier peaks of a similar magnitude occurred on three occasions since 1300 AD,
30 with evidence indicating that these may have coincided with multidecadal-scale periods with higher
31 temperatures, reduced sea ice and negative phases of the North Atlantic Oscillation. Catchment
32 weathering and fluvial erosion began to increase around 1800 AD and peaked during the early 20th
33 century, potentially due to rising temperatures in autumn and winter causing increased liquid water
34 availability. The records suggest that similar levels of erosion and weathering occurred between
35 approximately 1300 and 1600 AD, spanning the transition from the Medieval Climate Anomaly to the
36 Little Ice Age.

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44 **Introduction**

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46 The Arctic (>60°N) has experienced rapid climate change during the last two centuries, with surface air
47 temperatures increasing by 1.36 °C per century since 1875 AD, which is nearly two times greater than
48 the northern hemisphere trend of 0.79 °C per century (Bekryaev et al. 2010). In agreement with pan-
49 Arctic trends, mean annual air temperatures on Svalbard have increased by ~3-6 °C since 1900 AD, with
50 the strongest temperature increases during the periods 1910-1930 AD and after 1990 AD (Hanssen-
51 Bauer et al. 2019; Isaksen et al. 2022). Sea ice retreat is one of the main factors causing this high latitude
52 warming due to positive feedbacks, including enhanced ocean-atmosphere heat fluxes and a reduced
53 surface albedo, with strong regional warming between 1910 and 1930 AD on Svalbard linked to sea ice
54 moving northwards along the west coast (Hanssen-Bauer and Førlund 1998; Isaksson et al. 2003; Divine
55 and Dick 2006). The warming has caused some notable changes on Svalbard, including a 7% reduction of
56 glacier area in the last 30 years (Nuth et al. 2013), an increase in permafrost temperature and active
57 layer depth (Hanssen-Bauer et al. 2019) and ecological changes in both marine and terrestrial food webs
58 (Descamps et al. 2017).

59 Warming also has a strong impact on Arctic lakes because cryospheric components of the
60 system (such as ice and snow cover) are sensitive to temperature changes, which then strongly influence
61 the physical and biological processes in the lake and catchment. For example, changes in the length of
62 the ice-free season can alter lake productivity, changes in temperature alter lake stratification, and
63 catchment changes in vegetation, glacial activity and weathering can alter the amount of material
64 available for erosion and inwash to lakes (Birks et al. 2004; Rubensdotter and Rosqvist 2009; Holm et al.
65 2012; de Wet et al. 2018; Woelders et al. 2018). While direct observational records of lake

66 characteristics are short in length, studies of lake sediments have yielded a longer perspective on the
67 nature of recent changes in lakes on Svalbard (Birks et al. 2004; Holmgren et al. 2010; Woelders et al.
68 2018). Such studies have shown increases in primary production and organic matter during the 20th
69 century, which is hypothesized to be a response to higher temperatures (Birks et al. 2004; Holmgren et
70 al. 2010; Jiang et al. 2011; Woelders et al. 2018), increased nitrogen deposition (Holmgren et al. 2010)
71 and greater inwash of organic material from the catchment due to an increase in precipitation (Birks et
72 al. 2004; Boyle et al. 2004).

73 Growing concerns about the impact of changes in climate on Svalbard has motivated research to
74 establish a pre-anthropogenic baseline for ecosystem disturbances, to assess whether recent changes
75 exceed natural variability. Furthermore, as palaeoclimate research has indicated that the climate on
76 Svalbard during the last millennium has varied, with multi-centennial climate deviations referred to as
77 the Medieval Climate Anomaly (MCA; c. 900-1350 AD) and the Little Ice Age (LIA; c. 1400-1850 AD)
78 (Divine et al. 2011; D'Andrea et al. 2012; Luoto et al. 2018; van der Bilt et al. 2019; Werner et al. 2018),
79 lake sediment records provide an opportunity to assess the lake and catchment system response to
80 climate perturbations.

81 In this study, we assess the response of a lake on western Svalbard to climate variability using a
82 geochemical sediment record dating back to c. 1300 AD. Information about past environmental changes
83 in the lake and catchment are obtained by analysing the total organic carbon (TOC) and total nitrogen
84 (TN) content, stable isotope ratios of carbon ($\delta^{13}\text{C}$) and nitrogen ($\delta^{15}\text{N}$) and elemental composition (X-
85 ray fluorescence; XRF) of two sediment cores, supported by an independent chronology based on lead
86 (^{210}Pb), cesium (^{137}Cs) and accelerator mass spectrometry (AMS) radiocarbon (^{14}C) dating. This allows us
87 to examine the rate and timing of recent changes in lake-catchment-climate interactions.

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89 Study Area

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91 Prins Karls Forland is an 85 km long, 5-11 km wide island west of Spitsbergen, separated from the
92 mainland by the Forlandssundet Strait (Fig. 1a). The studied lake, Blokkvatnet (78°78'N, 10°71'E; 70 m
93 a.s.l.), is located in MacKenziealen, on the northern part of the island (Fig. 1b). This is a narrow east-
94 west oriented valley situated between two mountain ridges: St. Andreashaugane (541 m a.s.l.) to the
95 south and Stairhøgdene (506 m a.s.l.) to the north (Fig. 1b). The bedrock of the western side of the
96 Blokkvatnet catchment is Tonian slate, meta-sandstone, quartzite and conglomerates, while to the east
97 the bedrock consists of Late Ediacaran carbonates, slates and sandstone, locally covered by blocky till
98 (Dallmann 2015).

99 Blokkvatnet is a small lake (0.24 km²) with a maximum water depth of 31 m in the centre. It is
100 ultraoligotrophic, with pH ranging from 7.3-7.5 (measured in August 2009), and it is ice-covered from
101 October to May. The surrounding catchment is sparsely vegetated with mosses and herbs. There are no
102 glaciers in the catchment and therefore no glacial run-off enters the lake, however it receives water
103 from several small streams from the surrounding mountain slopes and has an outlet on the eastern edge
104 (Fig. 1b).

105 The average temperature of the coldest month (February) and the warmest month (July) at the
106 closest meteorological station (Ny-Ålesund; c. 30 km northeast of the study site) was -11.7 °C and 5.8 °C,
107 respectively, during the period 1993-2011 AD (Maturilli et al. 2013). From 1975-2014 AD, the warming
108 rate at Ny-Ålesund was 0.76 ± 0.29 °C per decade, with stronger warming of 1.04 ± 0.84 °C per decade
109 from 1998-2014 AD (Ding et al. 2018). The mean annual precipitation at Ny-Ålesund was 385 mm from
110 1961-1990 AD, increasing to a mean of 447 mm in the period 1979-2018 AD (Førland et al. 2011; 2020).

111

112 **Materials and methods**

113 Field sampling

114

115 Two cores were sampled from Blokkvatnet using an Uwitec Corer (diameter 6 cm, tube length 60 cm): a
116 short, 12 cm long core (BV1) was extracted in August 2009 AD at 18 m water depth and a 27.5 cm long
117 core (BV2) was taken in March 2013 AD approximately 150 m northwest of BV1 at 30 m water depth.
118 BV1 was sliced in the field at 0.25 cm resolution and put into sealed plastic bags, while BV2 was wrapped
119 in plastic and stored frozen prior to subsampling. BV2 was subsequently split into two halves and
120 allowed to thaw at room temperature.

121

122 Chronology

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124 The chronological constraints available for the two Blokkvatnet cores are twenty-one ^{210}Pb ages from
125 surface sediments measured on the BV1 core between 0 and 5.125 cm (where total ^{210}Pb activity
126 reached equilibrium with ^{226}Ra ; Electronic Supplementary Material 1 (ESM1)) and one AMS ^{14}C date
127 from the BV2 core at 20.3 cm (Fig. 2, Table 1). Further radiocarbon dating of both cores was hampered
128 by a lack of terrestrial macrofossils preserved within the core sediments, an issue sometimes
129 encountered in palaeolimnic research on Svalbard (e.g., D'Andrea et al. 2012).

130 Sediment samples from BV1 were analysed for ^{210}Pb , ^{226}Ra , and ^{137}Cs by direct gamma assay at
131 the Liverpool University Environmental Radioactivity Laboratory, using Ortec HPGe GWL series well-type
132 coaxial low background intrinsic germanium detectors (Appleby et al. 1986). The absolute efficiencies of
133 the detectors were determined using calibrated sources and sediment samples of known activity.

134 Corrections were made for the effect of self-absorption of low energy γ -rays within the sample (Appleby
135 and Oldfield 1992). The ^{210}Pb dating approach is described in full in ESM1.

136 Given the limited age constraints on core BV2, a tuning approach was used to transfer the ^{210}Pb
137 dates from core BV1 to BV2 (detailed in ESM2). This was based on variability in the zirconium (Zr) record
138 of each core, which was selected as a conservative element. Eight tie points were used to fit the upper 6
139 cm of the BV1 Zr record, measured by X-ray fluorescence (XRF) analysis, to the upper 6 cm of the BV2 Zr
140 record, measured using an ITRAX XRF core scanner. This allowed the depths for each ^{210}Pb date to be
141 adjusted accordingly.

142 One AMS radiocarbon date was obtained from a bryophyte handpicked from core BV2 (20.3 cm
143 depth), which was analysed at the Poznan Radiocarbon Laboratory in Poland. Age-depth models for BV1
144 and BV2 were developed separately, with the BV1 chronology based on the original ^{210}Pb ages and
145 depths, and the BV2 chronology based on the tuned ^{210}Pb depths and the AMS radiocarbon date. The
146 age-depth models for BV1 and BV2 were produced in R (version 4.1.1.; R Core Team 2020), using the
147 Bayesian Bacon package (version 2.5.7.; Blaauw and Christen 2011). The calibration of the radiocarbon
148 date was based on the IntCal20 calibration curve (Reimer et al. 2020). The median of the modelled 2-
149 sigma age range was used to estimate the down-core calendar year ages.

150

151 TOC, TN, C and N isotopes, C:N

152 Analysis of stable isotopes $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ (the ratios of $^{13}\text{C}/^{12}\text{C}$ and $^{15}\text{N}/^{14}\text{N}$, respectively), total organic
153 carbon (TOC wt %) and total nitrogen (TN wt %) was conducted on BV1 (48 samples) and BV2 (32
154 samples) to assess changes in sediment characteristics. On BV1, measurements were made at 0.25 cm
155 contiguous increments throughout the core. TOC, TN, $\delta^{13}\text{C}$, and $\delta^{15}\text{N}$ were determined by isotope-ratio
156 mass spectrometry ANCA GSL 20-20 (Sercon PDZ Europa) at the Animal and Plant Sciences Research

157 Laboratory, University of Sheffield. On BV2, these measurements were made at a resolution of 0.5 cm
158 for the top 5 cm and at 1 cm resolution for the remaining core. Samples were freeze-dried and
159 homogenised and then analysed at the Department of Geological Sciences, Stockholm University, using
160 a Carlo Erba NC 2500 elemental analyser (EA) connected to a Finnigan MAT Delta V mass spectrometer.
161 The stable isotope ratios, TOC and TN content were measured simultaneously at a combustion
162 temperature of 1020 °C and with a relative error of less than 1%. The isotopic compositions are
163 expressed as standard delta (δ) notation, with $\delta^{13}\text{C}$ samples reported in per mil (‰) relative to
164 international Vienna Pee Dee Belemnite (V-PDB) (Coplen 1995) and $\delta^{15}\text{N}$ relative to air. The precision for
165 $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ was calculated to be better than 0.15‰, based on the standard deviation from internal
166 standards measured with each run sequence. The TOC and TN measurements were subsequently used
167 to calculate the carbon-to-nitrogen (C:N) atomic ratio through BV1 and BV2 (Meyers 1994; Meyers and
168 Teranes 2001).

169

170 X-ray fluorescence (XRF) geochemistry

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172 The geochemical composition of the shorter BV1 core was measured using quantitative XRF analysis,
173 which enabled confirmation of the semi-quantitative XRF analysis approach applied to the longer BV2
174 core.

175 The dried bulk sediment of BV1 was measured by energy dispersive X-ray fluorescence analyses
176 (EDXRFA with Spectro –XEPOS) of fine-ground powder in Chemplex-Spectro Micro Cups 3110 at the
177 Institute of Mineralogy and Petrography, University of Innsbruck. The samples were measured at 0.25
178 cm resolution.

179 Elemental measurements for BV2 were obtained using an ITRAX XRF core scanner (Croudace et
180 al. 2006) at the Department of Geological Sciences, Stockholm University. Non-destructive element
181 analysis was conducted using a molybdenum (Mo) anode X-ray tube (settings: 30 kV, 45 mA, dwell time
182 10 seconds) at 200 μm increments along the core. ITRAX core scanners provide semi-quantitative
183 measures of element concentrations by focusing an XRF beam at the sediment surface and then
184 measuring as counts the fluorescent X-rays generated (Croudace et al. 2006). The measured counts can
185 be altered by variations in organic matter, water content and surface roughness, which increase
186 scattering (Croudace et al. 2006; Löwemark et al. 2011). In addition to this, the measured element count
187 can be altered by changes in the concentration of other elements, or organic matter, which are referred
188 to as the 'matrix effect' and 'dilution effect' respectively (e.g., Löwemark et al. 2011). To address these
189 issues the results were normalised using a log-ratio approach (Weltje and Tjallingii 2008; Croudace et al.
190 2019) with titanium selected as the denominator because it is a conservative element. The results for
191 the section 27.5-25.9 cm on core BV2 were removed due to anomalous measurements by the ITRAX
192 core scanner over this lowermost part of the core. These anomalies were identified by large deviations
193 in the Mean Squared Error and thousand counts per second (kcps) measurements, which are useful
194 indicators of anomalies and artefacts in ITRAX data (Löwemark et al. 2019), and probably the result of a
195 damaged or sloping sediment surface.

196

197 Principal Component Analysis

198 Principal Component Analysis (PCA) was conducted on the results for core BV1 to identify shared
199 patterns of variability in our multi-proxy dataset. The data included in this analysis were the TOC, TN,
200 $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ records and the elemental XRF data. As the elemental results are composite data, they are
201 subject to the constant-sum constraint, whereby changes in one variable will lead to changes in others,

202 which can create misleading correlations between variables (Aitchison 1983; Kucera and Malmgren
203 1998). Therefore prior to PCA analysis, a centred log-ratio transformation of the data was applied
204 (Aitchison 1983; Kucera and Malmgren 1998) using the CoDaPack version 2.02.21 software (Comas-Cufi
205 and Thió-Henestrosa 2011) and the data was standardised. PCA was performed in R using the 'prcomp'
206 function in the Stats package; this performed a singular value decomposition on the data.

207

208 **Results**

209 Chronology

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211 The calculated age constraints are shown in Table 1 and the age-depth models in Fig. 2, with further
212 information about the original and tuned ^{210}Pb dating results in ESM1 and ESM2. Measurements of ^{137}Cs
213 activity conducted on BV1 samples showed an activity maximum at 1.75-2.5 cm (ESM1), attributed to
214 the 1963 AD peak in atmospheric nuclear bomb testing. This provides independent support for the ^{210}Pb
215 ages, as the ^{210}Pb -based modelled chronology agrees that 1963 AD corresponds to a depth of 2.5 cm in
216 core BV1 (Table 1). The developed chronologies show that the BV1 core spans the period since c. 1700
217 AD and the BV2 record spans the period since c. 1300 AD (Fig. 2). The ^{210}Pb dating on BV1 (Table 1)
218 shows that sedimentation since c.1870 AD was rather constant between 0.02 and 0.03 $\text{g cm}^{-2}\text{yr}^{-1}$, but
219 was higher from c. 1915-1940 AD, with a peak of 0.08 $\text{g cm}^{-2}\text{yr}^{-1}$ at c. 1926 \pm 8 AD.

220 The developed age-depth models are limited by the lack of age constraints in the lower parts of
221 BV1 and BV2, which has contributed to centennial age uncertainties prior to c. 1850 AD (Fig. 2). The
222 extrapolation of ages for the lower depths of BV1 and BV2 and the interpolation between the ^{210}Pb
223 dates and the ^{14}C date for BV2 also assume that the long-term sedimentation rate in Blokkvatnet was

224 constant, despite variations being likely. Therefore, while the chronologies of both BV1 and BV2 are
225 robust for the period since approximately 1850 AD, there is far less certainty about the modelled ages
226 prior to this, which should be treated with caution.

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228 TOC, TN, C and N isotopes, C:N

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230 The Blokkvatnet sediments (Fig. 2) consist mainly of brownish-grey, finely laminated gyttja silt. In core
231 BV2 there were several darker bands identified at approximately 25 cm (c. 1350 AD), 22.5 cm (c. 1400
232 AD), 20-18 cm (c. 1450-1500 AD), 16 cm (c. 1580 AD), 15 cm (c. 1600 AD), 14 cm (c. 1650 AD), 10-9 cm
233 (c. 1750 AD) and 8-7 cm (c. 1800 AD). The upper 5 cm (since c. 1900 AD) consisted of homogenous,
234 brown gyttja silt. Furthermore, sandy gyttja silt was identified at depths of 26.8-26.5 cm (c. 1320 AD),
235 25.6- 25.1 cm (c. 1340 AD), 20.8-19.3 cm (c. 1450-1500 AD) and at 7.2 cm (c. 1830 AD). In the shorter
236 BV1 core the sediment was generally homogenous brown gyttja silt, although there were fine layers of
237 sand and silt identified at 5.75 and 3 cm depths (c. 1860 and 1945 AD respectively) and darker
238 sediments at 11, 7.5 and 6 cm depths (c. 1740, 1800 and 1850 AD respectively). The lake sediments
239 contain little organic matter, as indicated by the low TOC concentrations (in the range of 0.6 to 2.3%) in
240 the Blokkvatnet cores (Fig. 3a).

241 The BV1 and BV2 records both show increasing concentrations of TOC, TN and $\delta^{15}\text{N}$ in the upper
242 core sections, reflecting the period from c. 1920-1930 AD to the present (Fig. 3a-c). However, the
243 records from the two cores differ prior to this, as the BV1 record shows relatively constant TOC and TN
244 between c. 1700 AD and 1930 AD, while BV2 has a peak during the mid-18th century. This suggests that
245 there was spatially heterogeneous organic deposition within the lake at this time. It is notable that the
246 magnitude of $\delta^{15}\text{N}$ changes is also greater in BV1 than BV2, which may be a result of these analyses

247 being conducted in different laboratories using different equipment. During earlier centuries (covered
248 by only core BV2) the TOC, TN and $\delta^{15}\text{N}$ show similar patterns of variability, with peaks occurring during
249 the 15th and 17th centuries. The peaks in TOC, TN and $\delta^{15}\text{N}$ occur at the same depths as some of the
250 identified dark sediment layers in BV2.

251 The two $\delta^{13}\text{C}$ records (Fig. 3d) both have a large magnitude peak centred at c. 1920-1930 AD
252 ($\delta^{13}\text{C}$ of -23 to -22‰) followed by a decline to minimum values in the early 21st century (-26 to -25‰).
253 The high resolution BV1 record has earlier peaks at c. 1870 AD and c. 1750 AD, while the longer and
254 lower-resolution BV2 record has low magnitude peaks during the 14th century and second half of the
255 16th century.

256 The BV1 and BV2 C:N records (Fig. 3e) show relatively low values of 6-7 during the 17th to early
257 20th centuries, with higher values of ~8-10 between c. 1910 and 1960 AD, after which both records
258 indicate a C:N of ~7. The C:N through the longer BV2 record varies between 7 and 8, with a minima at c.
259 1400 AD and maxima in the 15th and 16th centuries, which is followed by a decreasing trend to the
260 minima in the early 20th century.

261

262 XRF geochemistry

263

264 The BV1 lake sediments are dominated by SiO_2 (average 59%), with high amounts of Al_2O_3 (average 14%)
265 and Fe_2O_3 (9%), while K_2O (3%), MgO (2%), Na_2O (1%), TiO_2 (0.8%) and CaO (0.7%) account for less than
266 4% in all layers. The records for a selection of key elements analysed on BV1 and BV2 are shown in Fig. 4,
267 with all the measured element records for the BV1 and BV2 cores presented in ESM3. Comparison of the
268 BV1 XRF results with the normalised BV2 ITRAX XRF results highlights that there are similar patterns of

269 variability between the two cores for some elements (Ca, Fe, Zr, Zn, Sr and Rb), but there are differences
270 between the BV1 and BV2 records for K and Si (Fig. 4). This comparison supports that the normalisation
271 using a log-ratio approach has effectively removed the dilution and matrix effects for many of the BV2
272 element records measured with the ITRAX core scanner. The inaccurate measurement of K and Si is
273 likely the result of the low atomic numbers of these elements, which Gregory et al. (2019) identified as a
274 factor causing poor detection by XRF cores scanners due to “noise” from matrix and specimen effects.
275 The BV2 K and Si records should therefore be treated with caution and are not considered in the
276 following results or discussion.

277 The geochemistry results from the BV1 and BV2 cores show some shared patterns of variability
278 between the considered elements since c. 1700 AD. Ca, Fe, Pb, Zn and Rb (Fig. 4) as well as S, As, Ni, Co
279 and Cr (ESM3) peak during the second half of the 18th century, decrease to a minimum c. 1900 AD and
280 increase thereafter. Sr and Rb (Fig.4), as well as Cu, Si, Ca, Zn, Na and Cl (ESM3) also have a peak during
281 the late 18th century but reach a minimum earlier at c. 1850 AD, followed by a gradual increase towards
282 the present. Ti, K, Al, Zr (Fig. 4) and Mg (ESM3), have a minor peak during the late 18th century, lower
283 values during the early 19th century, an increase to a broad maximum at c. 1900 AD, followed by a
284 decrease towards the present.

285 The longer BV2 record, while limited by poor chronological constraints, shows the long-term
286 range of variability of selected elements during the last millennium (Fig. 4). The results indicate that Ca,
287 Fe, Zn and Sr have peaks or higher values during the 15th and 17th centuries. The Zr record has high
288 variability between c. 1400 and 1600 AD followed by lower variability from c. 1600 to 1850 AD. The Rb
289 record shows low variability, however there is an increasing trend since c. 1700 AD.

290

291 Principal Component Analysis

292

293 PCA on the elemental and organic parameters for core BV1 shows that the first eigenvector (Principal
294 Component 1; PC1) explains 31% of the variance and the second eigenvector (PC2) explains 25% of the
295 variance (Fig. 5a). Many of the variables have strong loadings on both PC1 and PC2: PC1 has positive
296 loadings for $\delta^{15}\text{N}$, TN, TOC, Fe, S, As, Ni, Mn and Pb and negative loadings for Zr, Al, $\delta^{13}\text{C}$, K, Rb, Mn, Ti
297 and Zn, while PC2 has positive loadings for $\delta^{15}\text{N}$, TN, TOC, Ti, Zn, Si, Na, Cu, Ca, Pb, Fe and Mn, and
298 negative loadings for Co, P, Cr, Mn and Ni (Fig. 5a; Table 2). The eigenvector loadings for PC1 over time
299 show a long-term, gradual decrease from the early 18th century to c. 1920 AD, followed by increasingly
300 positive loadings from 1920 AD to the present (Fig. 5b). The eigenvector loadings over time for PC2
301 feature increasingly positive loadings from c. 1800 AD onwards (Fig. 5b).

302

303

304 **Discussion**

305

306 Here we use the multiple proxies from analysis of the two sediment cores from Blokkvatnet and
307 compare them to observational and palaeoclimate records available from Svalbard, to understand the
308 sources and variability of mineral and organic matter deposition in the lake.

309

310 Organic matter deposition

311 *Discussion of proxies associated with organic matter deposition*

312 The core BV1 proxies with positive PC1 loadings (including TOC, TN, $\delta^{15}\text{N}$, Fe, Pb, Mn, Ni, S, As; Table 2)
313 have higher values at c. 1800 AD, a drop at 1920 AD and increase thereafter, although the higher values
314 at 1800 AD are not shown by the BV1 TOC and TN records (Figs. 3, 4, 5; ESM3). Similar trends are shown
315 by the BV2 core in the variability of Fe, TOC, TN and $\delta^{15}\text{N}$ (Figs. 3, 4), although fewer elements were
316 measured on BV2 and Mn shows contrasting patterns of variability (ESM3).

317 The simultaneous changes in the organic parameters (particularly TOC) and elemental variables
318 (especially Fe, Pb, Ni, S, As) may be interpreted in a number of ways. The inwash of soil organic matter
319 to Blokkvatnet is a likely source of organic matter. Previous research on Svalbard concluded that
320 inwashed soil organic matter caused changes in organic content, based on the simultaneous increases in
321 organic matter and Pb within lake sediments, as the concentration of Pb would be diluted and decrease
322 if the organic matter was autochthonous in origin (Boyle et al. 2004). The results from Blokkvatnet
323 support a similar interpretation, as the concentration of several elements including Pb increase in the
324 layers of BV1 that have higher TOC (Fig. 3, 4).

325 However, as TOC can be altered by a combination of within-lake production, decomposition,
326 redox related diagenetic processes, as well as the amount of inwashed soil organic matter, other
327 contributions to the variations in organic content cannot be excluded. A previous study has shown that
328 in Arctic lakes TOC varies in phase with chlorophyll concentrations, supporting that organic deposition
329 can reflect changes in primary production (Michelutti et al. 2005). Indeed, the BV1 and BV2 C:N records
330 show a small decrease in the late 20th century, which supports that there may have been an enhanced
331 contribution of organic matter from within-lake sources (Meyers and Teranes 2001). The co-variance
332 between the $\delta^{15}\text{N}$ and TOC may also support that the TOC peaks were caused by greater algal
333 production; phytoplankton favour ^{14}N over ^{15}N , therefore when algal production increases and ^{14}N in
334 surface water diminishes, phytoplankton use more ^{15}N rather than ^{14}N , resulting in ^{15}N enrichment in the
335 sediment and higher $\delta^{15}\text{N}$ values (Hodell and Schelske 1998). Previous research on Arctic lakes has

336 shown a coupling between proxies for primary production (e.g., BSiO₂ and loss-on-ignition) and δ¹⁵N (Hu
337 et al. 2001; Wolfe et al. 2006). However, as the δ¹⁵N signature of sediment can also be influenced by
338 changes in N source and internal microbial cycling, the interpretation of this proxy is uncertain (Botrel et
339 al. 2014). A more in-depth assessment of the link between changes in TOC and primary production in
340 Blokkvatnet using diatom concentrations is prevented by the poor preservation of diatom valves in the
341 sediment.

342 The co-variability between certain elements and TOC along BV1 may also reflect the affinity of
343 heavy metals (including Pb, Cu, Ni, Co, Zn, Ca, Fe, Mn and Mg) to bind to organic matter within soils, as
344 well as within the waters and sediments of lakes (Horowitz 1991). The changes in the deposition of
345 organic matter therefore may have enhanced the concentration of some of these elements within the
346 sediments when TOC increased, regardless of the organic matter source.

347

348 *Climate influence on organic deposition*

349

350 Temperatures on Svalbard increased rapidly between 1910 and 1920 AD leading to a period of relative
351 warmth during the early 20th century from 1920-1950 AD, which was particularly pronounced during
352 autumn and winter months (Fig. 5c). This has been linked with stronger westerly winds, enhanced
353 oceanic heat transport and a northward retreat of sea ice from the coast of Svalbard (Hanssen-Bauer
354 and Førland 1998; Isaksson et al. 2003; Bengtsson et al. 2004; Divine and Dick 2006; Woelders et al.
355 2018; Norwegian Meteorological Institute 2022). The strong winds and reduced sea ice may explain the
356 elevated levels of elements associated with sea spray at this time, shown by peaks in Cl (BV1) and Br
357 (BV2; ESM3). PC1 had negative loadings at this time, which likely reflects the enhanced deposition of

358 inorganic sediments at c.1915-1940 AD causing dilution of the organic matter (and variables with PC1
359 positive loadings) within the sediments, as discussed in the following section.

360 The warming during all seasons through the twentieth century may have caused the changes
361 captured by increasingly positive loadings of PC1 after c. 1920 AD (Fig. 5c; Norwegian Meteorological
362 Institute 2022). We speculate that there may have been an increase of inwashed soil connected to
363 increased exposure each summer of the soil surface, as a result of diminishing snow cover with
364 warming. This is supported by evidence that since 1961 AD the minimum snow cover on Svalbard at the
365 end of summer has decreased from 48% to 36%, potentially causing a greater snow-free area within the
366 Blokkvatnet catchment, and the snow-free season length has increased by 1.2 days per decade (van Pelt
367 et al. 2016). However, primary production within the lake may have also increased, as indicated by the
368 lower C:N after 1960 AD (Fig. 3e). An increase in organic matter accumulation rates and abundances of
369 diatom valves and chrysophyte cysts in lakes elsewhere on Svalbard during the last 50-100 years
370 supports that there has been increasing levels of primary production within some lakes (Holmgren et al.
371 2010; Jiang et al. 2011; Woelders et al. 2018).

372 An alternative explanation for the variability in TOC and associated elements may be that past
373 changes in bird populations in the catchment caused the simultaneous deposition of elements found in
374 bird faeces (including Fe, Mn, Ni, Pb; Kozak et al. 2015), as well as enhanced organic deposition, as
375 additional nutrients may have stimulated enhanced plant growth in the catchment (Yang et al. 2021)
376 and productivity within the lake (Luoto et al. 2014). The available evidence however does not support
377 this hypothesis, because the dominant bird populations on Prins Karls Forland (the Little Auk and
378 Brunnichs Guillemot; Kempf and Sittler 1988), appear to have been negatively affected by warming over
379 recent years and decades (Hovinen et al. 2014; Fauchald et al. 2015) and typically nest on coastal cliffs
380 rather than around lakes.

381 During the last millennium, periods with greater deposition of organic sediment may have
382 coincided with intervals of higher temperatures and sea ice retreat to the west of Svalbard, resembling
383 changes during the 20th century (Fig. 6), although the chronological limitations of the BV2 core mean
384 that these climate-environment interactions are speculative.

385 Analysis of an ice core from Høltedahlfonna, located to the northeast of Ny-Ålesund (Fig. 1a),
386 shows that around 1750 AD there were elevated levels of sea-spray ions (Cl, Na, K, Mg) and a peak in
387 methanesulfonic acid, a proxy for marine productivity and sea-ice cover (Isaksson et al. 2005; Beaudon
388 et al. 2013), supporting the conclusion that the sea ice had retreated. An ice core $\delta^{18}\text{O}$ record from
389 Austfonna (Fig. 1a) shows a decade with prolonged warmth from 1740-1750 AD (Isaksson et al. 2003;
390 Fig. 6d). As in the 20th century, these changes may coincide with changes in the Blokkvatnet records,
391 including the onset of enhanced organic deposition (shown by TOC in core BV2; Fig. 6b), peaks in some
392 elements (including Ca, Sr, Zn, Rb in both BV1 and BV2, and Pb, S and As in BV1; Fig. 4, ESM3) and
393 deposition of marine aerosols (Cl and Na in BV1; ESM3). Similar warmer intervals may have also
394 occurred during the 15th and 16th centuries; the core BV2 records suggest that at these times there were
395 peaks in organic content that appear to have been initiated by warmer climate intervals ($\delta^{18}\text{O}$ peaks in
396 the Austfonna record; Fig. 6d).

397 The deposition of the organic layers in Blokkvatnet and higher temperatures on Svalbard
398 (Isaksson et al. 2003) could have resulted from atmospheric circulation associated with the negative
399 phase of the North Atlantic Oscillation (NAO) index (Fig. 6). Negative NAO circulation patterns are
400 associated with higher temperatures and reduced precipitation in winter on Svalbard (Osuch and
401 Wawrzyniak 2017). Although the BV1 and BV2 records have significant chronological uncertainties, there
402 appears to be similar timings for reconstructed negative NAO excursions (Trouet et al. 2009; Fig. 6c) and
403 intervals of slightly increased organic deposition in Blokkvatnet of ~1% (Fig. 6b), supporting a consistent
404 relationship between temperature and organic sediment deposition during the last millennium.

405 When placed in a long-term context, the BV2 record shows that the changes that have occurred
406 in Blokkvatnet and the surrounding catchment during the 20th century are not unusual in magnitude
407 compared to changes since 1300 AD. However, the higher-resolution BV1 record shows more muted
408 variability during the last 300 years and therefore the increase in organic matter deposition during the
409 20th century was significantly above previous levels (Fig. 3a). While it appears that natural climate
410 variability has influenced the deposition and production of organic matter within the lake during the last
411 ~700 years, albeit with some spatial heterogeneity, the results support that anthropogenic warming
412 during the 20th century has also had a strong influence on the Blokkvatnet lake and catchment. It is
413 therefore likely that continued warming will cause organic matter deposition exceeding the range of
414 natural variability.

415

416 Catchment weathering and erosion

417 *Discussion of proxies associated with weathering and erosion*

418 Several of the BV1 records with negative loadings for PC1 show a peak at c. 1920 AD (including $\delta^{13}\text{C}$, Zr,
419 Al, Mg, K and Ti), which is also captured by the Rb/Sr and C:N records not included in the PCA analysis
420 (Figs. 3, 4). A similar peak is observed in the BV2 records for $\delta^{13}\text{C}$, C:N and Zr (Fig. 4). A selection of these
421 records has been standardised and presented in Fig. 7 to aid comparison.

422 We hypothesise that these variables reflect catchment weathering and erosion, as well as
423 inwash to Blokkvatnet. This interpretation is based on the conservative and geologically abundant
424 nature of the elements that peak at c. 1920 AD, which supports that they reflect catchment inwash of
425 weathered and eroded minerogenic material. For example, conservative element Zr is an insoluble
426 mineral considered to be a sensitive proxy for physical erosion (Wolfe and Hätling 1997). Rb/Sr may
427 provide a proxy for weathering; Sr is leached more easily than Rb from rocks, therefore strong chemical

428 weathering will result in sedimentation with low Rb/Sr, whereas physical weathering, such as freeze-
429 thaw, will cause sedimentation with higher Rb/Sr values (Xu et al. 2010). The variability in Rb/Sr
430 however may also reflect changes in the grain size of inwashed sediments; fine sediments have a greater
431 surface area, therefore Sr is leached more rapidly than in coarse grains, resulting in fine (coarse)
432 sediments having higher (lower) Rb/Sr ratios (Alexandrin et al. 2018). The C:N ratio can reflect changes
433 in the origin of organic material as higher values (>20) can be caused by allochthonous sources (Meyers
434 and Terranes 2001). Finally, while a number of different factors can influence the $\delta^{13}\text{C}$ of lake sediments,
435 including changes in lake productivity (Briner et al. 2006; Jiang et al. 2011), the similar timing of peaks in
436 $\delta^{13}\text{C}$ with higher C:N suggests that it may be reflecting variations in the inwash of plant or soil organic
437 matter with a less negative isotopic signature. However, this is speculative because Svalbard has C3
438 plants rather than C4 plants (Collins and Jones 1986), and C3 plants have a $\delta^{13}\text{C}$ signature that is
439 indistinguishable from lake algae (Meyers 1994).

440 The interpretation that the interval c. 1920 AD was a period with enhanced catchment erosion
441 and weathering is supported by the high sedimentation rate between 1915 and 1940 AD detected by
442 the ^{210}Pb dating (Table 1; ESM1). The enhanced influx of material may have diluted the organic matter
443 being deposited within the lake, partly contributing to the reduction in TOC and elements with positive
444 PC1 loadings discussed previously.

445

446 *Climate influence on catchment weathering, erosion and inwash*

447

448 Climatic factors may have altered the amount of erosion and weathering in the Blokkvatnet catchment
449 and the inwash of material to the lake. Although there are only fragmented meteorological data for
450 Svalbard prior to the 20th century (Przybylak et al. 2016), it is known that there were lower temperatures

451 between 1900 and 1915 AD and a warmer period between 1920 and 1950 AD, with warming most
452 pronounced during autumn and winter (Hanssen-Bauer et al. 2019; Norwegian Meteorological Institute
453 2022; Fig. 5c). The higher temperatures in the early 20th century may have caused enhanced inwash to
454 Blokkvatnet, due to more frequent rainfall and greater snow and ice melt during the autumn and winter
455 months. We also speculate that enhanced physical weathering may have occurred as indicated by the
456 peak in Rb/Sr at this time in core BV1; freeze-thaw weathering in cold regions is often water limited (Hall
457 et al. 2002), therefore an increase in rainfall and/or snow melt events during the autumn and winter
458 may have enhanced this process. Temperatures between c. 1960 and 1995 AD were 1-2°C cooler than
459 between c. 1920 and 1960 AD (Hanssen-Bauer et al. 2019; Fig. 5c), and this may have reduced the
460 catchment erosion and weathering of sediment during these decades, as indicated by a reduction in the
461 considered variables in both cores (Fig. 7).

462 During the last millennium, although there is high chronological uncertainty for the early BV2
463 record (Fig. 7c), the multi-centennial changes in Zr and C:N (Fig. 6b) suggest the inwash of catchment
464 mineral and organic material was lower between c. 1600 and 1850 AD, during the latter part of the LIA,
465 and higher at c. 1300 to 1600 AD during the final phase of the MCA and transition into the LIA. This
466 appears to indicate that the higher temperatures prior to 1600 AD, as suggested by some but not all
467 records (Divine et al. 2011; D'Andrea et al. 2012; Luoto et al. 2018; Werner et al. 2018; van der Bilt et al.
468 2019), caused changes in erosion of similar magnitude to those during the early 20th century.

469 The second Principal Component for BV1 shows a long-term trend towards increasingly positive
470 loadings from 1800 AD to the present (Fig. 5). This reflects increasing trends of variables, in particular
471 Rb, Zn, Pb, Ca, Cl, TOC and TN and to a lesser extent Si, Ti, Cu, since 1800 AD, and negative trends in P
472 and Mn (Fig. 5; ESM3; Table 2). A synchronous increase is also observed in the BV1 C:N record (Fig. 3)
473 and Rb/Sr record (Fig. 4), which were not included in the PCA. In line with the proxy interpretations
474 discussed previously, the results may indicate that there was a gradual increase in physical weathering

475 of catchment rocks (Rb/Sr) and inwash of organic matter (C:N), thus causing an increased deposition of
476 elements derived from catchment rocks and soil. While instrumental records are not available for the
477 period prior to the twentieth century, the Austfonna $\delta^{18}\text{O}$ record (Fig. 6c) suggests that there was a
478 steady rise in temperature after 1800 AD on Svalbard (Isaksson et al. 2003) reflecting wider Arctic
479 warming trends (Kaufman et al. 2009), which may have caused these changes in sediment deposition
480 from the Blokkvatnet catchment. This interpretation is similar to that for the variables with negative PC1
481 loadings, however the individual signatures of the two principal components suggest that they are
482 related to different processes and/or different rock and soil types.

483

484 **Conclusions**

485

486 We employed a multi-proxy approach to reconstruct recent and past environmental changes in lake
487 Blokkvatnet, Svalbard, since c. 1300 AD, to assess how climate changes have affected the lake.
488 Elemental analysis (using traditional XRF and ITRAX XRF core scanning) and stable isotope analysis (TOC,
489 $\delta^{13}\text{C}$, TN, $\delta^{15}\text{N}$, C:N) were applied to two sediment cores. Three groups of proxies were identified using
490 Principal Component Analysis (PCA). We suggest that these primarily reflect different sources of
491 catchment inwash to Blokkvatnet occurring during different seasons.

492 The first group had positive loadings for PC1, with shared variability between TOC, $\delta^{15}\text{N}$, TN and
493 elements including Pb, Fe, S, As and Ni, and may reflect the inwash of soil organic matter. These proxies
494 gradually increased after 1920 AD, therefore we hypothesise that increasing temperatures during the
495 20th century reduced the duration of snow cover, leading to an increase in soil exposure and inwash to
496 Blokkvatnet. Warming may have also potentially caused greater within-lake primary production. Three
497 earlier peaks in TOC during the 15th, 17th and 18th centuries were of similar magnitude to the 20th

498 century increase in organic matter. Although the early part of the record lacks strong chronological
499 constraints, we tentatively associate these peaks with periods that had higher temperatures on
500 Svalbard, potentially forced by negative NAO circulation patterns and reduced sea ice.

501 The second identified group had negative loadings for PC1 with shared variability between
502 Rb/Sr, C:N, $\delta^{13}\text{C}$ and elements including Zr, Al, Mg, K and Ti, and may reflect the erosion, weathering and
503 inwash from the catchment to Blokkvatnet. These proxies peaked between 1900 and 1950 AD during a
504 period when temperatures increased on Svalbard, particularly during autumn and winter, which we
505 suggest may have caused greater frequency of snowmelt and rainfall events, leading to enhanced
506 freeze-thaw weathering and erosion. During the last millennium, peaks in Zr and C:N values were of
507 similar magnitude to the 20th century prior to c. 1600 AD, indicating weathering and erosion were also
508 enhanced during the late MCA and early LIA.

509 Finally, PC2 captured an increasing trend since 1800 AD in some elements (particularly Rb, Zn,
510 Pb, Ca), as well as Rb/Sr and C:N, that coincided with a multi-centennial warming trend on Svalbard,
511 suggesting that long-term warming may have enhanced the catchment weathering and erosion over
512 recent centuries.

513

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525

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713 **Tables**

714 Table 1: Results of ²¹⁰Pb dating and radiocarbon dated samples from the Blokkvatnet cores. ²¹⁰Pb dates
715 were analysed from core BV1 and the ¹⁴C date from core BV2.

Depth (cm) on BV1 (tuned depth for core BV2)	Age (AD \pm error)	Dating method	Material	Sedimentation Rate (^{210}Pb dates only on core BV1) ($\text{g cm}^{-2} \text{ yr}^{-1}$)
0.13 (0.13)	2007 \pm 1	^{210}Pb	Bulk sediment	0.029
0.38 (0.38)	2004 \pm 1	^{210}Pb	Bulk sediment	0.027
0.63 (0.63)	2000 \pm 1	^{210}Pb	Bulk sediment	0.025
0.88 (0.88)	1996 \pm 2	^{210}Pb	Bulk sediment	0.026
1.13 (1.13)	1991 \pm 2	^{210}Pb	Bulk sediment	0.027
1.38 (1.38)	1986 \pm 3	^{210}Pb	Bulk sediment	0.024
1.63 (1.63)	1981 \pm 3	^{210}Pb	Bulk sediment	0.021
1.88 (1.88)	1975 \pm 4	^{210}Pb	Bulk sediment	0.021
2.13 (2.13)	1969 \pm 5	^{210}Pb	Bulk sediment	0.021
2.38 (2.38)	1962 \pm 6	^{210}Pb	Bulk sediment	0.021
2.63 (2.63)	1955 \pm 6	^{210}Pb	Bulk sediment	0.021
2.88 (2.93)	1946 \pm 7	^{210}Pb	Bulk sediment	0.026
3.13 (3.35)	1937 \pm 8	^{210}Pb	Bulk sediment	0.031
3.38 (3.92)	1931 \pm 8	^{210}Pb	Bulk sediment	0.054
3.63 (4.47)	1926 \pm 8	^{210}Pb	Bulk sediment	0.078
3.88 (4.76)	1920 \pm 9	^{210}Pb	Bulk sediment	0.052
4.13 (4.92)	1915 \pm 9	^{210}Pb	Bulk sediment	0.027
4.38 (5.06)	1904 \pm 10	^{210}Pb	Bulk sediment	0.024
4.63 (5.20)	1894 \pm 10	^{210}Pb	Bulk sediment	0.021

4.88 (5.35)	1882 ± 11	²¹⁰ Pb	Bulk sediment	0.021
5.13 (5.51)	1869 ± 12	²¹⁰ Pb	Bulk sediment	0.021
Depth on BV2: 20.3 (19.9 – 20.7)	AMS ¹⁴C age: 1480 ± 70 Calibrated age (2σ age range): 1440 (1310-1630)	AMS ¹⁴ C	Organic material	N/A

716

717 Table 2: Loadings of the variables for PC1 and PC2, following Principal Component Analysis on core BV1.

Element	PC1	PC2
Si	-0.21804	0.495157
Al	-0.74057	-0.16683
Mg	-0.62497	0.391353
Ca	0.218718	0.732688
Na	-0.18085	0.606062
K	-0.63159	0.123957
P	-0.16518	-0.66643
Rb	-0.81738	0.244213
Sr	-0.06936	-0.29519
Ti	-0.59867	0.629992
Zr	-0.92861	-0.16856
Fe	0.571399	0.412424
Mn	0.451386	-0.66051
S	0.761969	-0.19064
As	0.892815	-0.13665
Pb	0.30752	0.756068
Co	-0.25864	-0.55392
Cr	0.261675	-0.42226
Cu	-0.12053	0.449288
Ni	0.532553	-0.47558
Zn	-0.45165	0.786425
δ ¹⁵ N	0.551938	0.424011

N	0.701106	0.575284
$\delta^{13}\text{C}$	-0.7892	-0.24969
TOC	0.584191	0.751473

718

719 **Figure Captions:**

720 Figure 1: Location of lake Blokkvatnet. a) Map of Svalbard showing the study area (red rectangle) on
721 Prins Karls Forland. Numbered points show the location of places mentioned within the text: 1)
722 Longyearbyen, 2) Ny-Ålesund, 3) Holtedahlfonna glacier, 4) Austfonna ice cap. b) Map showing the
723 location of Blokkvatnet in relation to topographic and hydrological features.

724

725 Figure 2: The two age-depth models developed for the BV1 and BV2 cores (left) and the BV2 core image
726 and stratigraphy (right). The modelled median ages for BV1 and BV2 are shown by the orange and black
727 lines respectively. The dashed lines showing the 2-sigma modelled confidence range for the BV2 age
728 model. ^{210}Pb dates (at the original and tuned depths for BV1 and BV2 respectively) and the associated
729 age uncertainties are shown for each core, along with the calibrated AMS radiocarbon date and 2-sigma
730 range of uncertainty, which was only used for the core BV2 age model.

731

732 Figure 3: Organic parameters measured on cores BV1 (orange lines) and BV2 (black lines).

733

734 Figure 4: Concentrations of selected elements along core BV1 (orange lines) and BV2 (black lines). The
735 BV1 element concentrations were analysed by XRF analysis, while the BV2 elements have been
736 measured by an ITRAX XRF core scanner and are expressed as log-ratios. Plots of all the measured
737 elements are presented in ESM3.

738

739 Figure 5: Principal Component Analysis of the organic parameters and element concentrations
740 measured on core BV1. a) The loading of each variable for the first and second Principal Components. b)
741 The PC1 (black line) and PC2 (blue line) eigenvector loadings over time for core BV1. c) Filtered mean
742 seasonal air temperature records from Longyearbyen airport (Norwegian Meteorological Institute,
743 2022).

744

745 Figure 6: Comparison of the PC1 and TOC records for cores BV1 and BV2 respectively with selected
746 palaeoclimate reconstructions. a) the TOC (%) record for core BV2 including the 2-sigma confidence
747 range for the timing of the peaks in TOC (black line) and the eigenvector loading of PC1 along core BV1
748 (orange line), b) the reconstructed North Atlantic Oscillation index derived from reconstructed
749 precipitation and drought records from Scotland and Morocco respectively (Trouet et al. 2009), c)
750 Austfonna ice core $\delta^{18}\text{O}$ record (Isaksson et al. 2003). Shaded rectangles highlight intervals with inferred
751 increases in organic matter deposition in BV1.

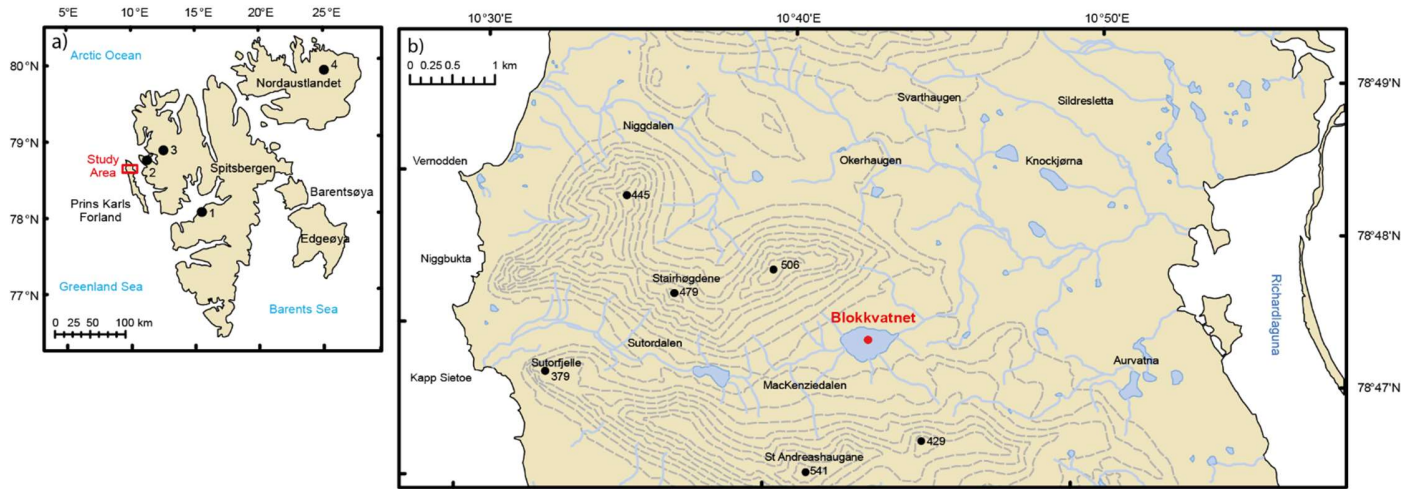
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753 Figure 7: Comparison of selected variables with strong PC2 loadings along cores BV1 (a) and BV2 (b). The
754 records have been standardised to aid comparison between the variables. The bottom plot (c) shows the
755 average deviation of the upper and lower 2-sigma confidence range from the median age estimate along
756 each core.

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758 **Figures:**

759 Figure 1:



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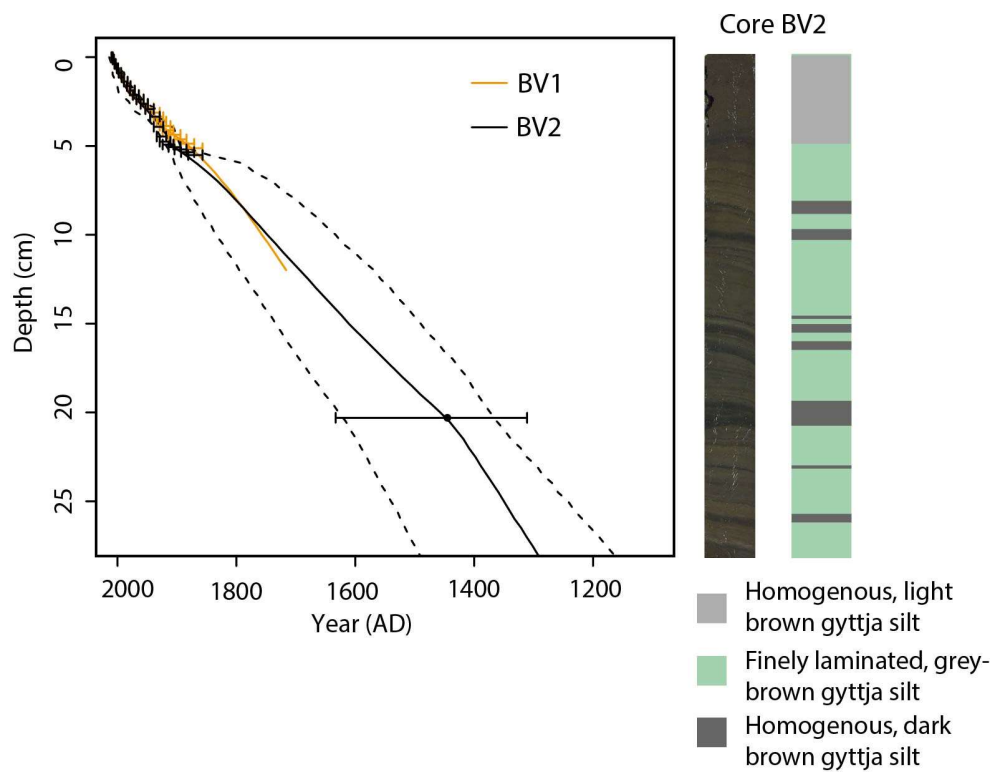
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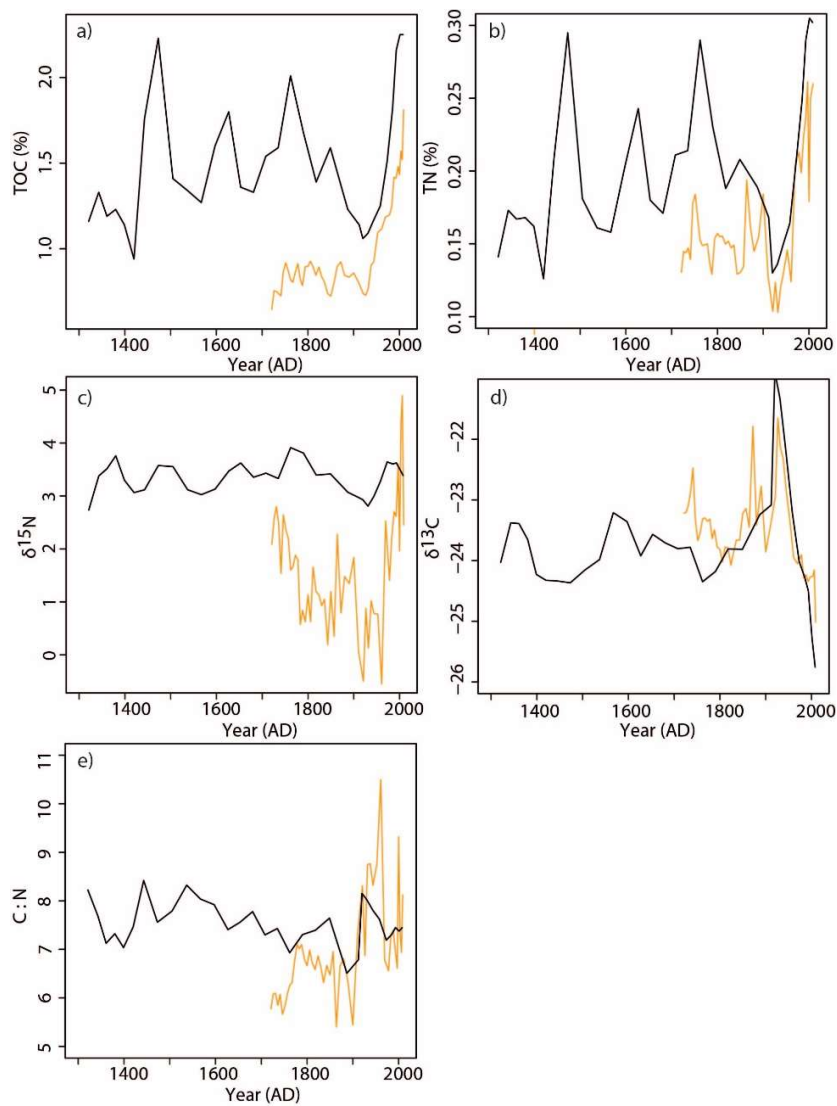
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778 Figure 3:



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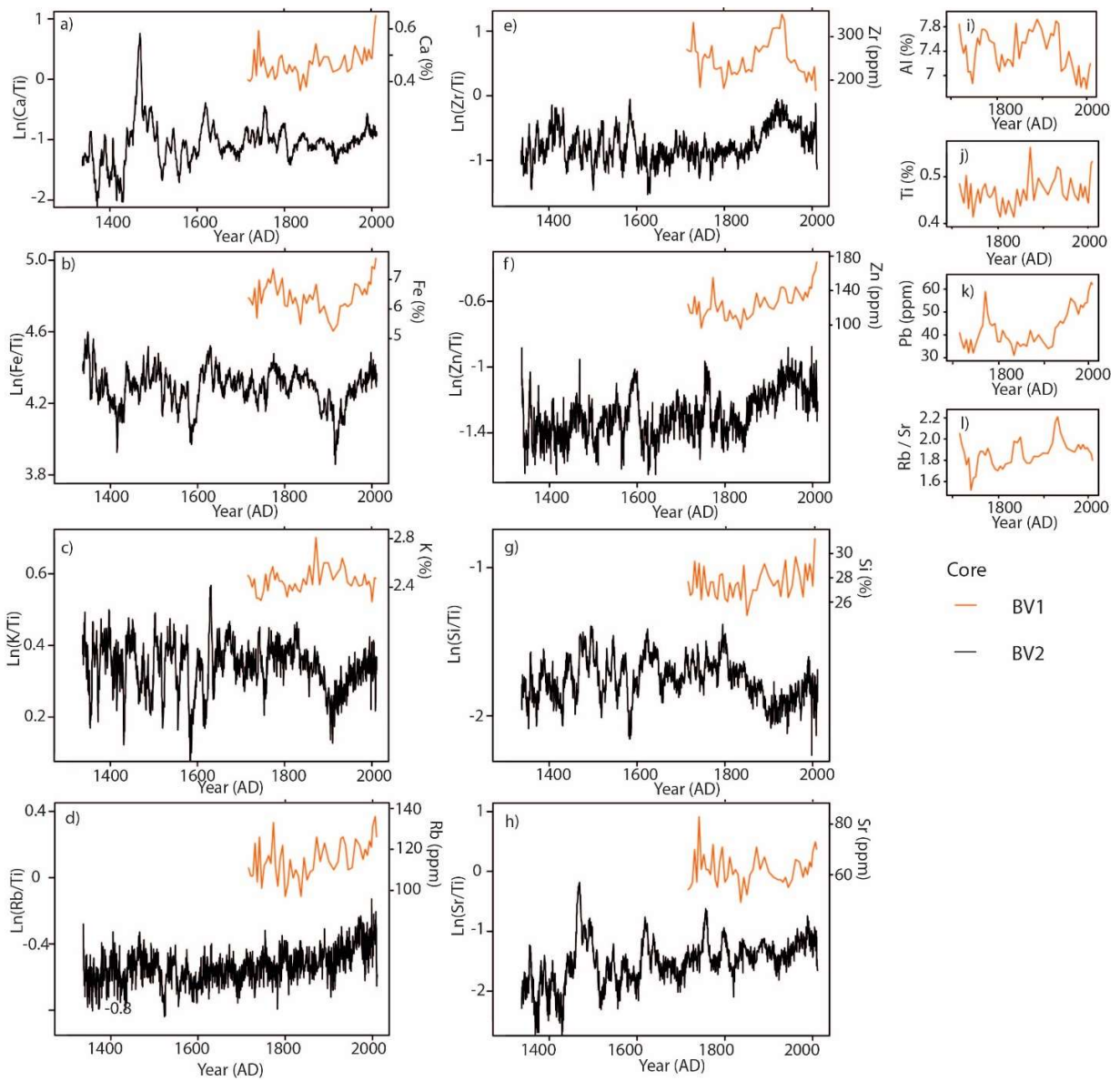
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785 Figure 4:



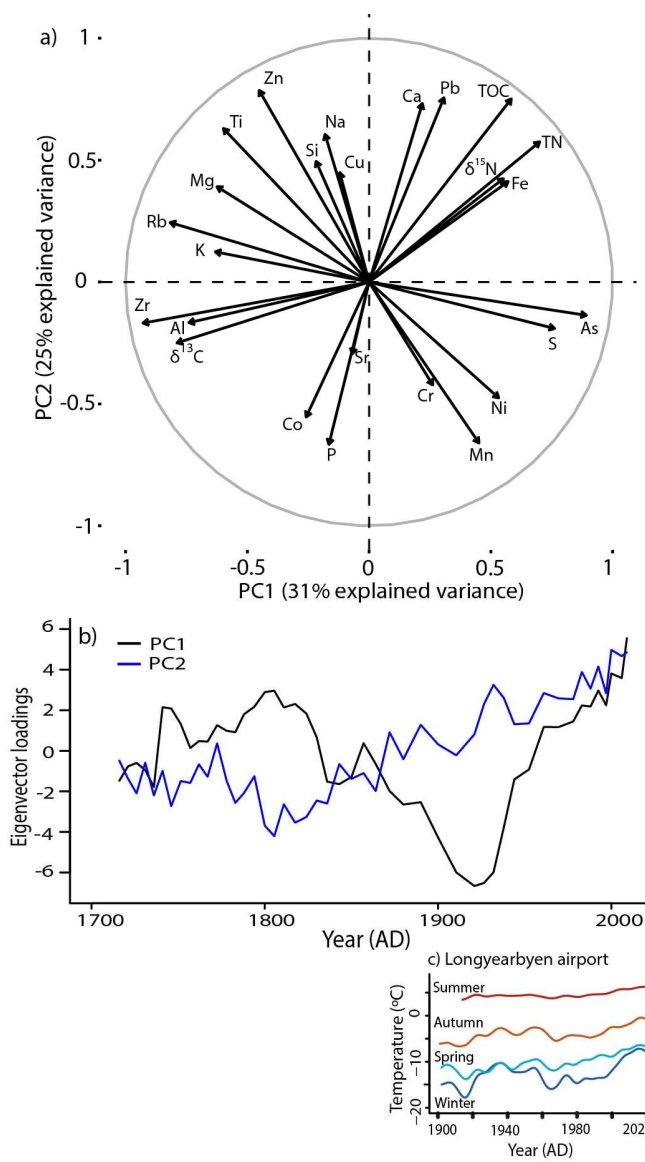
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791 Figure 5:



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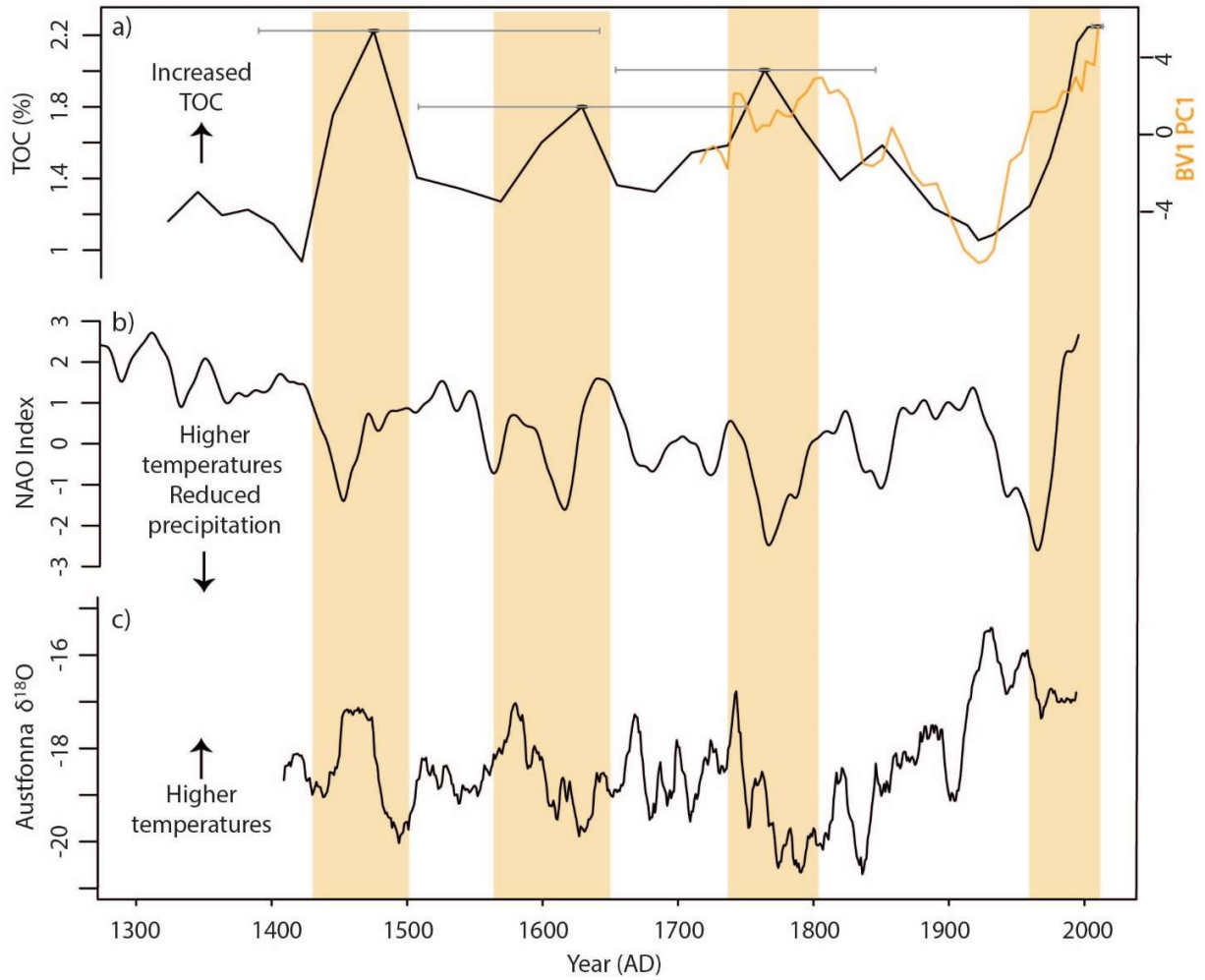
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798 Figure 6:



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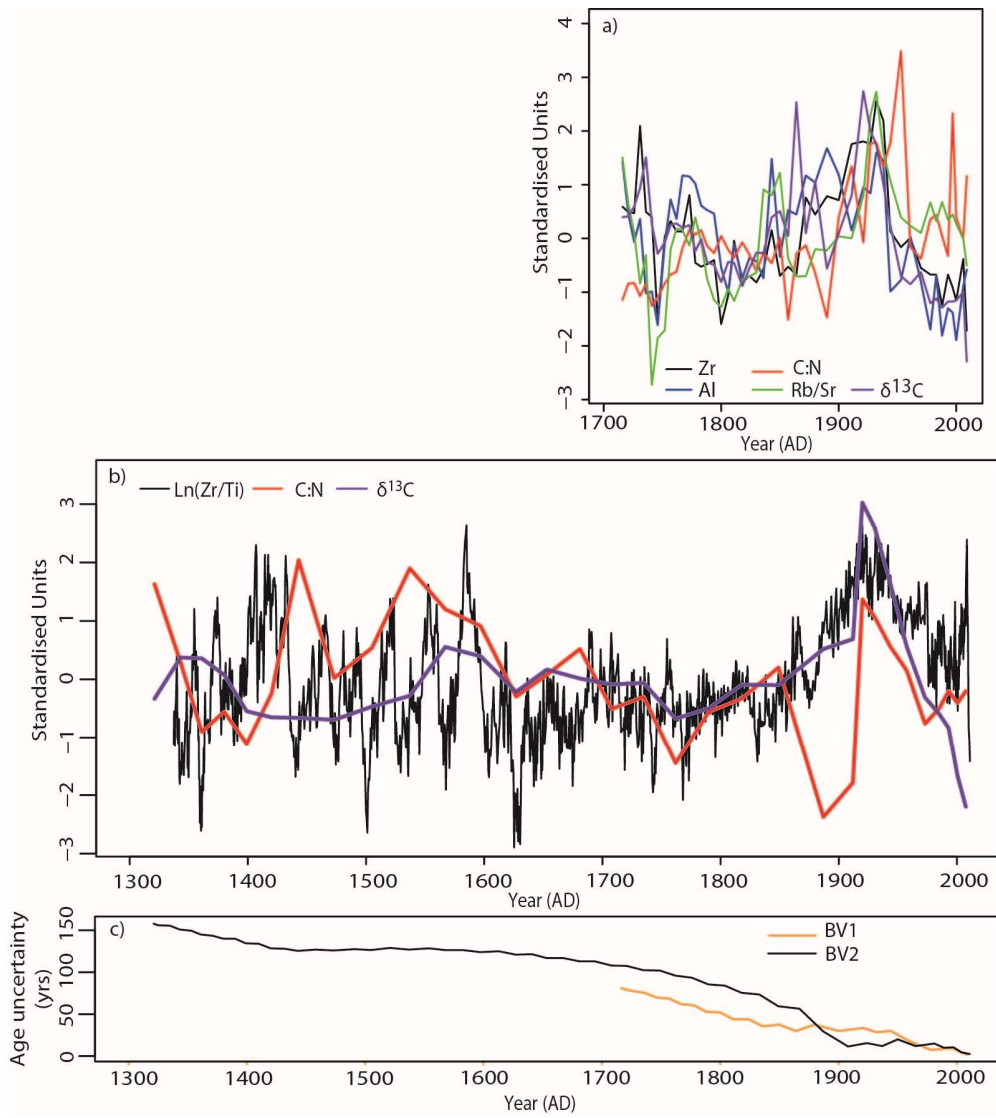
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