1	Diminishing warming effects on plant phenology over time
2	Chunyan Lu ^{1,2} , Kees Jan van Groenigen ³ , Mark A. K. Gillespie ^{4,5} , Robert D. Hollister ⁶ ,
3	Eric Post ⁷ , Elisabeth J. Cooper ⁴ , Jeffrey M. Welker ^{8,9} , Yixuan Huang ¹ , Xueting Min ¹ ,
4	Jianghui Chen ¹ , Ingibjörg Svala Jónsdóttir ^{10,11} , Marguerite Mauritz ¹² , Nicoletta
5	Cannone ¹³ , Susan M. Natali ¹⁴ , Edward Schuur ¹⁵ , Ulf Molau ¹⁶ , Tao Yan ¹⁷ , Hao Wang ¹⁸ ,
6	Jin-Sheng He ^{17,19} , Huiying Liu ^{1,2*}
7	
8	Author for correspondence:
9	Huiying Liu
10	Email: hyliu@des.ecnu.edu.cn
11	ORCID:
12	Chunyan Lu 0000-0002-2213-366X
13	Kees Jan van Groenigen 0000-0002-9165-3925
14	Mark A. K. Gillespie 0000-0001-9808-4836
15	Robert D. Hollister 0000-0002-4764-7691
16	Eric Post 0000-0002-9471-5351
17	Elisabeth J. Cooper 0000-0002-0634-1282
18	Jeffrey M. Welker 0000-0002-3865-4822
19	Ingibjörg Svala Jónsdóttir 0000-0003-3804-7077
20	Marguerite Mauritz 0000-0001-8733-9119
21	Susan M. Natali 0000-0002-3010-2994
22	Edward Schuur 0000-0002-1096-2436
23	Ulf Molau 0000-0002-6089-6879
24	Tao Yan 0000-0002-6133-6697
25	Hao Wang 0000-0001-9115-1290
26	Jin-Sheng He 0000-0001-5081-3569
27	Huiying Liu 0000-0001-8903-6103
28	

- ¹Tiantong National Station for Forest Ecosystem Research, The Shanghai Key Lab for
- 30 Urban Ecological Processes and Eco-Restoration, School of Ecological and
- 31 Environmental Sciences, East China Normal University, Shanghai, China;
- ³² ²Institute of Eco-Chongming (IEC), Shanghai, China;
- ³Department of Geography, College of Life and Environmental Sciences, University
- 34 of Exeter, Exeter EX4 4 RJ, UK;
- ⁴Department of Arctic and Marine Biology, UiT The Arctic University of Norway,
- 36 N-9037 Tromsø, Norway;
- ⁵Department of Science and Engineering, Western Norway University of Applied
- 38 Sciences, PB 133, 6851 Sogndal, Norway;
- ⁶Biology Department, Grand Valley State University, Allendale, MI, USA;
- 40 ⁷Department of Wildlife, Fish and Conservation Biology, University of California,
- 41 Davis, Davis, CA, USA;
- ⁸Ecology and Genentics Research Group, University of Oulu, Oulu, Finland, and
 UArctic;
- ⁴⁴ ⁹Department of Biological Sciences, University of Alaska, Anchorage, AK, USA;
- ⁴⁵ ¹⁰Institute of Life and Environmental Sciences, University of Iceland, Sturlugata 7,
- 46 102 Reykjavík, Iceland;
- ⁴⁷ ¹¹Department of Arctic Biology, University Centre in Svalbard, Longyearbyen,
- 48 Norway;
- 49 ¹²Biological Sciences, University of Texas at El Paso, El Paso, TX, USA;
- ¹³Università degli Studi dell'Insubria, Dip. Scienza e Alta Tecnologia, Via Valleggio,
- 51 11, 22100 Como, CO, Italy;
- ¹⁴Woods Hole Research Center, Falmouth, MA, USA;
- ¹⁵Center for Ecosystem Science and Society, Northern Arizona University, Flagstaff,

- 54 AZ, USA;
- ¹⁶Department of Biology and Environmental Sciences, University of Gothenburg,
- 56 Gothenburg, Sweden;
- ¹⁷State Key Laboratory of Herbage Improvement and Grassland Agro-Ecosystems,
- 58 College of Pastoral Agriculture Science and Technology, Lanzhou University,
- 59 Lanzhou, China;
- ¹⁸State Key Laboratory of Grassland Agro-ecosystems, College of Ecology, Lanzhou
- 61 University, Lanzhou, China;
- ¹⁹Institute of Ecology, College of Urban and Environmental Sciences, Peking
- 63 University, Beijing, China

65 **Summary**

Plant phenology, the timing of recurrent biological events, shows key and
 complex response to climate warming, with consequences for ecosystem
 functions and services. A key challenge for predicting plant phenology under
 future climates is to determine whether the phenological changes will persist
 with more intensive and long-term warming.

Here, we conducted a meta-analysis of 103 experimental warming studies around
 the globe to investigate the responses of four phenophases - leaf-out, first
 flowering, last flowering, and leaf coloring.

We showed that warming advanced leaf-out and flowering but delayed leaf 74 • coloring across herbaceous and woody plants. As the magnitude of warming 75 increased, the response of most plant phenophases gradually leveled off for 76 herbaceous plants, while phenology responded in proportion to warming in 77 woody plants. We also found that the experimental effects of warming on plant 78 phenology diminished over time across all phenophases. Specifically, the rate of 79 80 changes in first flowering for herbaceous species, as well as leaf-out and leaf coloring for woody species, decreased as the experimental duration extended. 81 82 Together, these results suggest that the real-world impact of global warming on plant phenology will diminish over time as temperatures continue to increase. 83 Keywords: climate change, warming, leaf-out, leaf coloring, flowering phenology, 84 long-term experiments 85

86 Introduction

Global temperatures are expected to rise by 3.3-5.7 °C by the end of this century, 87 with far-reaching consequences for terrestrial ecosystems around the world (IPCC, 88 2023). In particular, plant phenology - the timing of recurrent life history events - is 89 expected to be a key element of changing ecosystem dynamics (Piao et al., 2019; May 90 et al., 2020; Collins et al., 2021). Shifts in plant phenology under climate warming, 91 such as earlier leaf-out and flowering, may affect several ecological attributes, 92 93 including plant species fitness and distributions (Sherry et al., 2007; Alexander & Levine, 2019), plant-animal interactions (Post et al., 2009; Thackeray et al., 2016; 94 Richert et al., 2021), and land-atmospheric exchanges of carbon, water and energy 95 (Peñuelas et al., 2009; Jespersen et al., 2018; Wang et al., 2020). It is therefore 96 97 imperative that we continue to monitor and research plant phenology as the global environment changes. 98

Much of the current knowledge of plant phenology shifts comes from 99 experimental warming studies, where plot-level manipulations typically enhance 100 101 temperatures by 1-4 °C often resulting in earlier spring leaf-out and flowering, as well as delayed leaf coloring in temperate, boreal and Arctic ecosystems (Arft et al., 1999; 102 Wolkovich, 2012; Collins et al. 2021). However, there is disagreement on whether the 103 phenological responses will gradually level off as the magnitude of warming increases 104 (Morin et al., 2010; Richardson et al., 2018). For example, previous experiments have 105 reported that the advancement of leaf-out in temperate species plateaus as the 106 107 magnitude of warming intensifies (Morin et al., 2010; Fu et al., 2015). It is likely that other factors may interact with temperature increase to cause such non-linear 108 109 response, such as photoperiod and chilling requirements for breaking endodormancy (Luedeling et al., 2013; Piao et al., 2019). It may also be due to warm temperatures 110 being beyond maximum thresholds that a plant can capitalize upon (Elmendorf & 111 Hollister 2023). By contrast, the leaf-out stage in boreal forests advanced linearly with 112 the magnitude of warming from 0 to 9 °C in a whole-ecosystem warming experiment 113 (Richardson et al., 2018). The uncertainty regarding whether plant phenological 114

responses level off along warming gradients poses a significant challenge forpredicting plant dynamics.

Another key issue affecting our understanding of future changes is whether the 117 warming effects on plant phenology decrease over time. Photosynthesis and plant 118 respiration can acclimate to warming over time (Reich et al., 2016; Smith and 119 Keenan, 2020), possibly because of changes in resource availability, phenotypic 120 plasticity, and genetic adaptation (Luo et al., 2001; Leuzinger et al., 2011). However, 121 122 whether plant phenology exhibits similar behavior is still unclear. Moreover, the temporal trends in phenological response to warming may vary between plant types, 123 because herbaceous species possess larger proportions of belowground biomass stores 124 and shorter generation times compared to woody species (Arft et al., 1999; Shaver & 125 Laundre, 1997; Smith & Donoghue, 2008; Chmura et al., 2019). 126

A further complication to future predictions is the fact that the impact of climate 127 warming depends highly on local climate and plant types (Liu et al., 2021; Stuble et 128 al., 2021). For instance, plants may benefit more from warming in wetter regions 129 130 because they are not additionally constrained by water availability (Gao et al., 2020; Liu et al., 2022a). The response of phenology to warming may also vary between 131 species because, for example, herbaceous plants have shallower root distributions and 132 more flexible morphology than woody species (Shaver & Laundre, 1997; Šímová et 133 al., 2018). Thus, further investigation is required to understand how these factors 134 mediate the warming effect on plant phenology across various magnitudes of warming 135 136 and over prolonged periods.

For this meta-analysis, we compiled a dataset on four phenophases (leaf-out, first flowering, last flowering, and leaf coloring) recorded from 103 experimental warming studies (Fig. 1). We hypothesize that: (1) the magnitude of phenological response to warming will level off as greater degrees of warming are reached because larger phenological shifts are more likely be constrained by water or nutrient availability (Shen et al., 2015); (2) the magnitude of phenological responses will decline over time because of depletion of the plant belowground resources or plant acclimation (Fu

- 144 et al., 2014; Duputié et al., 2015); (3) prevailing regional climate factors may
- 145 modulate the response of phenology to warming magnitude and experimental
- 146 duration. For example, the decelerated rate of phenological response with increasing
- 147 warming may be more pronounced in dry regions, as plants in these regions are more
- 148 vulnerable to water stress caused by warming (Xu et al., 2013).
- 149 Materials and Methods

150 Data compilation

Peer-reviewed literature published before January 2021 was searched using 151 Google Scholar, Web of Science, and China National Knowledge Infrastructure. The 152 search keywords included: (warming OR heat* OR increase* temperature OR 153 elevate* temperature OR climate change) AND (bud* OR "bud burst" OR leaf-out 154 OR "leaf unfold*" OR "growing season" OR phenolog* OR reproducti* OR 155 flowering OR senescence OR anthesis OR "leaf color" OR "leaf colour") AND 156 (experiment* OR treatment* OR control*). Studies were included in our meta-157 analysis if they met the following criteria: (*i*) the temperature difference between 158 159 experimental treatments was achieved by warming rather than cooling; (ii) control and warming plots had the same initial conditions including vegetation structure, 160 microclimate, and soil type; and (iii) experiments were focused on species in natural 161 terrestrial ecosystems. Overall, we identified 103 published articles that met these 162 criteria (Fig. S1). 163

We gathered data from each publication, focusing specifically on the average timing of phenophase occurrence (measured in days of the year) and the phenological differences (in days) observed between the warming and control treatments.

167 Phenological data were either obtained directly from tables or extracted from figures

168 by using GetData Graph Digitizer (Version 2.24). The sample sizes and the species

- 169 names associated with each study were also compiled. Additionally, we obtained
- 170 relevant data on the phenological responses of alpine or arctic plants to warming
- directly from researchers. In total, we compiled 8023 phenology observations in
- 172 warming experiments and paired control plots, mainly distributed in the northern

hemisphere, and focused predominately in deciduous forests and on short-lived herbs
(https://figshare.com/s/2be8ded2ccaa03f3f435). To identify the key predictors for the
response of phenology to experimental warming, we gathered data on experimental
variables, including warming magnitude, duration, and method, as well as ecological
variables like latitude and ecosystem types, based on Whittaker's biome classification
(Whittaker, 1975; Fig. 1 and Table S1).

Climatic variables, such as mean annual temperature (MAT), mean annual 179 precipitation (MAP), potential evapotranspiration, and monthly climate values (2001-180 2014), were extracted from the Centre for Environmental Data Analysis according to 181 the geographic coordinates of the reported study sites (version CRUTS 4.00, 182 https://catalogue.ceda.ac.uk). The monthly and annual aridity index was calculated as 183 the ratio of potential evapotranspiration to precipitation. We also calculated the 184 temperature, precipitation, and aridity index during the preseason. We defined the 185 preseason as the three months preceding the average month in which the phenophase 186 occurs at each respective site in our study (Fu et al., 2015). Following commonly used 187 188 criterion (Knapp et al., 2015; Liu et al., 2022b), we classified regions as warm or cold based on a threshold of 0 °C of mean annual temperature, and as wet or dry based on a 189 threshold of 500 mm of annual precipitation. 190

191 Meta-analysis

We quantified the response of four phenophases of plant phenology (leaf-out, first flowering, last flowering, and leaf coloring) by computing the number of days of shift induced by warming, which is a commonly used metric in meta-analysis to assess phenological responses (Arft et al., 1999; Liu et al., 2021; Stuble et al., 2021):

196

Warming effect = $X_w - X_c$

197 where X_w and X_c are the day of the year when the phenophase occurs in the 198 warming and control treatments, respectively. Negative values of the effect size 199 indicate an advancement of phenophases under warming, while positive values 200 indicate a delay. 201 We conducted hierarchical meta-analyses using the "rma.mv" function in R package "metafor" 2.4-0 to control for non-independence due to multiple observations 202 per site and species (Viechtbauer, 2010; Nakagawa & Santos, 2012; Benítez-López et 203 al., 2017). All analyses were conducted for overall shifts of the four phenophases 204 listed above, and separately for herbaceous and woody species. We included site 205 identity, observation identity (ID), and species identity as random factors in the 206 hierarchical models. The random effect structure for herbaceous and woody species 207 208 was set as (1|Sites/ID) +(1|Species) using the syntax for the R function "rma.mv" (Viechtbauer, 2010). We used a sample size-based weighting scheme instead of 209 inverse variance weighting to avoid an undue influence on parameter estimates from a 210 few studies that showed minimal variation among replicates. The weights were 211 calculated following previous works (Adams et al., 1997; Peng et al., 2017; Liu et al., 212 213 2022a):

214

$$w = \frac{N_c N_w}{N_c + N_w}$$

where N_c and N_w are the sample sizes for control and warming treatments respectively. The hierarchical random-effect meta-analysis was used to assess the overall phenological responses of herbaceous and woody plants to warming across all studies. If the 95% confidence intervals of the overall responses did not overlap zero, the warming effects were considered significant at the P < 0.05 level.

Q-statistics were used to assess the heterogeneity of responses of phenology 220 explained by each experimental and ecological variable in our dataset, using 221 hierarchical mixed-effect meta-analyses (Hedges & Olkin, 1985; Viechtbauer, 2010). 222 The total heterogeneity was divided into the heterogeneity explained by the moderator 223 (Q_m) and residual heterogeneity. When the *P* value for Q_m was less than 0.05, we 224 considered the significant contributions of moderators to the total heterogeneity in 225 effect sizes. Linear and nonlinear models were compared using the Akaike 226 information criterion (AIC) to determine the most appropriate model structure to 227 predict the relationships between phenological responses and warming 228 magnitude/experimental duration. 229

Finally, we investigated whether the sensitivity of plant phenology to warming 230 (expressed as days per °C) varied with the duration of the experiments. We calculated 231 the slope coefficients of warming magnitude as a measure of phenological sensitivity 232 using meta-regression models, where the experimental duration was treated as an 233 234 interaction term. We examined the relationships between climatic variables, latitude, and phenological responses by incorporating the magnitude of warming and the 235 duration of experiments as fixed terms in the mixed-effects model. We also included 236 237 MAT and MAP as interaction terms (e.g. MAT×experimental duration) in our models to test whether the relationships between phenological responses and warming 238 magnitude, as well as experimental duration, are influenced by climatic factors. We 239 used Rosenberg's fail-safe number and Trim-and-fill tests to assess the publication 240 bias in our meta-analysis. All statistical analyses were carried out using the R 241 programming environment (R Development Core Team, 2023). 242

243 **Results**

244 **Responses of phenology to warming magnitude and experimental duration**

Despite the fact that all phenophases exhibited large variations (Fig. S2, Table 245 S2), experimental warming significantly advanced leaf-out by an average of -3.5 days 246 (95% CI -5.0 to -2.0 days, P<0.001), first flowering by -3.9 days (95% CI -4.8 to -3.0 247 days, P<0.001), and last flowering by -3.0 days (95% CI -4.1 to -1.8 days, P<0.001). 248 In contrast, experimental warming delayed leaf coloring by 2.8 days (95% CI 1.1 to 249 250 4.4 days, P=0.001) across the entire dataset (Fig. 2a). This overall trend of phenological changes was present even when considering the woody and herbaceous 251 plants separately (Fig. 2b&c). However, the advancement of leaf-out was non-252 significant for evergreen woody plants (95% CI -4.6 to 0.4 days, P=0.103), but 253 254 strongly significant for deciduous woody plants (95% CI -6.3 to -2.8 days, P<0.001), (Fig. S3). These results were not affected by publication bias (Table S3). 255

The advancement of leaf-out and first flowering for herbaceous plants level off 256 with the magnitude of warming (Fig. 3a). The logarithmic models were better than 257 258 linear models at predicting the responses of both leaf-out (AIC: 9468.9 vs. 9469.5) and first flowering (AIC: 15491.1 vs. 15494.0) of herbaceous species (Table S4). 259 Conversely, the advancement of leaf-out, first/last flowering, and the delay of leaf 260 coloring were linearly correlated with rising warming magnitude for woody species 261 (Fig. 3b), and these models performed better than logarithmic models (Table S4). The 262 patterns were similar for those experiments that applied multiple levels of warming 263 (span more than 4 °C) at the same site (Fig. S4). 264

The variations in phenological responses to warming could partly be explained by experimental duration (Table S4). Specifically, the advancement of herbaceous first flowering under warming became less pronounced over time (Fig. 3c). The advancement of woody leaf-out and the delay of leaf coloring also weakened over time (Fig. 3d). The shifts in plant phenology per degree warming (sensitivity) also weakened in long-term experiments (Fig. 4). Specifically, the sensitivity of flowering phenophases and leaf coloring to warming for herbaceous species diminished with

increased experimental duration (Fig. 4a-c). Moreover, the sensitivity of leaf-out to

- warming for woody species diminished with the experimental duration (Fig. 4e).
- 274 Other factors influencing responses of phenology to experimental warming

Besides warming magnitude and experimental duration, several other variables 275 affected the responses of phenology to warming (Table S5, Table S6, Table S7). For 276 herbaceous species, the advancement of leaf-out and the delay of leaf coloring became 277 stronger with increasing MAT (Fig. 5a), the advancement of leaf-out and first 278 279 flowering became stronger with increasing MAP (Fig. 5c), and the delay of leaf coloring decreased with latitude (Fig. S5a). For woody species, the advancement of 280 first flowering became stronger with increasing MAT (Fig. 5b), and the advancement 281 of leaf out and last flowering for woody species became stronger with increasing 282 aridity index (Fig. S5b&c). In addition, the responses of leaf-out for herbaceous 283 species in boreal forest and temperate grassland were greater than those located in 284 tundra, and the responses of first flowering for woody species in temperate forest were 285 greater than those in other ecosystem types (Fig. S6). There was also an experimental 286 287 methodology pattern, with studies using infrared heaters exhibited greater phenological responses than those using open-top chambers and heater cables (Fig. 288 **S7**). 289

The phenological response to the magnitude of warming varied between climatic 290 regions (Fig. S8, Table S8). In particular, the advancement of leaf-out for herbaceous 291 plants and first flowering for woody species became more pronounced with increased 292 293 warming magnitude in warm regions, but there was no trend in cold regions (Fig. S8a&c). The delays in leaf coloring for woody species increased with warming 294 magnitude in wet regions but not in dry regions (Fig. S8i). Furthermore, warming-295 induced delays of leaf coloring in woody plants decreased over time in warm and wet 296 regions, but not in cold and dry regions (Fig. S9, Table S9). 297 298

299 Discussion

Most terrestrial ecosystems have experienced rapid climate warming over the 300 301 past decades (IPCC, 2023), and plant phenological responses to warming have been a central focus of climate change research (Post et al., 2009; Liu et al., 2022a). 302 However, our research provides two particularly novel insights that distinguish it from 303 previous phenological research in this area. First, we demonstrate that responses of 304 plant phenology for herbaceous species, but not woody species, level off with the 305 306 increasing simulated warming magnitude. Second, we show that responses of plant phenology to warming attenuate with experimental duration. Short-term responses to 307 warming can likely be attributed to plant plasticity (Ramirez-Parada et al., 2024). As 308 we observed a gradual decrease in the variance of phenological changes with the 309 extension of experiment duration, this implies that as time passes and plasticity 310 becomes inadequate, plants may undergo evolutionary responses to better adapt to 311 changing conditions (Wu et al., 2012; Mathiasen & Premoli, 2016). 312

313 Differential trends of plant phenology to increasing warming magnitude

314 Our first hypothesis was partially supported as the responses of leaf-out, first flowering, last flowering and leaf coloring plateaued with rising warming magnitude 315 for herbaceous species, but not for woody species (Table S4). The linear responses of 316 woody species may have occurred because high-level warming can continuously 317 stimulate mineralization rates and soil nutrient availability (Schaeffer et al., 2013). In 318 addition, longer growing seasons caused by high-level warming may produce more 319 320 photosynthate and lead to larger root nutrient reservoirs, which may support shifts in 321 phenology (Fu et al., 2014).

Although herbaceous plants can also benefit from increased resources or nutrients released by warmer temperatures, their phenological responses may be more constrained by other factors than woody plants, such as water availability and photoperiod (Fu et al., 2015; Richardson et al., 2018). Our analysis results further support this idea by demonstrating that the responses of herbaceous plants to warming are constrained by precipitation, whereas those of woody plants are not (Fig. 5). The

shallow root systems of herbaceous plants, in contrast to the deeper systems of woody
plants, likely make them more susceptible to water stress caused by high-level
warming, potentially leading to constraints on the ability to respond phenologically
(Schenk & Jackson, 2002; Xu et al., 2013; Naumann et al., 2018). This diminished
response implies a potential reduction in frost damage risk for herbaceous plants,
especially if warming is accompanied by occasional cold temperature episodes in
early spring (Inouye, 2008; Wipf et al., 2009; Inouye & Wielgolaski, 2013).

335 The differential responses of woody and herbaceous plants to high-level warming may lead to greater benefits for woody plants under warming conditions 336 (Lin et al., 2010). Previous research indicates that in communities where both types 337 coexist, woody plants tended to initiate growth earlier than herbaceous species, aiding 338 in niche occupation and suppressing herbaceous growth through shading effects 339 (Castro & Freitas, 2009). This tendency together with the patterns revealed by our 340 study provides a potential explanation for the prevalent phenomenon of shrub 341 encroachment currently observed (Saintilan & Rogers, 2015), and we encourage long-342 343 term monitoring that focuses on trait-based responses to continued warming.

344 Decreased phenological responses with long-term experimental warming

A crucial finding in our study is that responses of plant phenology for both 345 woody and herbaceous species became less pronounced over time, supporting our 346 second hypothesis. Our results were consistent with a previous study that 347 demonstrated diminished responses of plant reproductive phenology to warming over 348 349 several years (Barrett & Hollister, 2016). This long-term attenuating response can be 350 explained by the fact that accelerated changes in plant phenology consume large 351 amounts of nutrients and non-structural carbohydrates in underground storage at the 352 early warming stage (Wu et al., 2012; Fu et al., 2014; Naumann et al., 2018). 353 Furthermore, temperature may not be the most important contributing factor for plant 354 phenology as the warming continues, and other constraints may become more important over longer time scales (Wookey et al., 1995; Welker et al., 1997; Barrett & 355 Hollister, 2016). For instance, previous studies suggest that the dominant controls of 356

plant phenology gradually shifted from temperature to soil nutrient availability in 357 infertile ecosystems, or to light availability in forest systems (Ernakovich et al., 2014; 358 359 Forkel et.al., 2015). All of these mechanisms may potentially contribute to a decrease in plant phenological responses over time, and further experimentation is necessary to 360 quantify their respective significance. 361

362 Based on theory and previous studies, it can be inferred that the observed shortterm changes in phenology are predominantly driven by plant plasticity (Ramirez-363 Parada et al., 2024). However, as the experimental duration increased, the variance of 364 phenological changes gradually decreased (Fig S10), suggesting a reduction in the 365 level of plant plasticity (Salmela, 2014). The predictive theory suggests that if a 366 species' plastic phenological responses become inadequate, plants may undergo 367 evolutionary changes to better adapt to shifting conditions. Alternatively, a shift in 368 reaction norms could lead to the replacement of less adaptive species by more suitable 369 ones (Chevin et al., 2010; Cleland et al., 2012; Zeng & Wolkovich, 2024). Herbaceous 370 species, with their higher evolutionary rates and shorter generation times, are more 371 372 likely to exhibit rapid evolutionary responses compared to woody plants (Smith & Donoghue, 2008). We did not detect particularly strong differences between the two 373 groups of species, suggesting that the ability to adapt to new conditions is inherent for 374 both types. In any case, this finding indicates that plants may be more phenologically 375 adaptable to climate change than previously thought, and that future long-term studies 376 of climate warming should consider more abiotic constraints to plant fitness than just 377 378 temperature.

379

Climatic factors that regulate plant phenology in response to climate warming

380 Supporting our third hypothesis, we found that the decelerated rates of 381 phenological response with increasing warming magnitude were more pronounced in dry regions compared to wet regions. Warming increases evapotranspiration, and in 382 more arid regions the impact on plant water availability may inhibit the ability of 383 384 plants to capitalize on warmer temperatures (Welker et al., 2004; Dorji et al., 2013; Xu et al., 2013). Furthermore, changes in plant phenology could be limited by their 385

intrinsic life cycles (Forrest & Miller-Rushing, 2010; Piao et al., 2019). Short-lived
plants that inhabit dry locations with brief seasonal windows have limited
opportunities to expand phenophases under conditions of significant warming
(Hereford et al., 2017). We also found that the species living in cold regions respond
less to a high magnitude of warming compared to those in warm areas. This suggests
that the higher magnitudes of warming may exceed the maximum thresholds that the
species can capitalize in under cold regions (Elmendorf & Hollister, 2023).

393 Considering warming may increase evapotranspiration and lead to soil drought, it is plausible that water availability will constrain plant phenological responses over 394 time, especially in dry regions (Welker et al., 2004; Dorji et al., 2013; Su et al., 2018). 395 However, we seldom observed significant effects of MAP on temporal trends of the 396 397 warming effect. This suggests that warming-induced soil drought may not play a major role in the attenuation of phenological responses over time. We suggest that it is 398 necessary to incorporate temporal trends of other indicators, such as soil nutrients and 399 plant non-structural carbohydrates, to accurately assess the drivers influencing plant 400 401 responses over time (Wang et al., 2014).

402 Concluding Remarks

Understanding the trajectory of plant phenology is crucial for projecting 403 ecosystem dynamics and functioning under future scenarios of climate warming. Our 404 meta-analysis reveals a compelling correlation between the phenological responses of 405 terrestrial plant species and the increasing warming magnitude or experimental 406 duration. Notably, these associations vary across different plant types and are 407 408 mediated by climatic factors. However, most plant phenology models do not consider 409 changes in phenological responses due to the increasing magnitude of warming and the duration of experiments (Chuine & Régnière, 2017). Our results suggest that next-410 generation phenology models could be improved by explicitly incorporating the 411 taxon- and phenophase-specific responses to rising temperatures over longer periods. 412 We recommend that future experimental investigations prioritize regions that are 413 currently underrepresented in our dataset. It is worth noting that the majority of 414

warming experiments have been concentrated in North America, Europe, and China, 415 with only a limited number of experiments conducted in the Southern Hemisphere. In 416 417 addition, our dataset lacks sufficient decadal warming experiments at low latitudes and does not include phenological data for tropical ecosystems. There is an urgent 418 need for long-term experiments in low-latitude regions to deepen our understanding 419 420 of terrestrial plants' phenological responses to warming. This will also enable us to improve global predictions of ecosystem functioning as our climate continues to 421 422 change.

423 Acknowledgments

424 This research was financially sponsored by the National Natural Science

Foundation of China (Grant No.32130065, 31901168), National Key Research and

426 Development Program of China (Grant No.2020YFA0608403), Shanghai Rising-Star

427 Program (Grant No.23QA1402900), and The Chinese Academy of Sciences (CAS)

428 Interdisciplinary Innovation Team (xbzg-zdsys-202203).

429 Competing Interest Statement

430 All authors declare no conflicts of interest.

431 Author Contributions

HYL designed the research. CYL compiled and analyzed the data. HYL and 432 CYL wrote the first draft. KJG, MAKG, and JSH dedicated a substantial amount of 433 input to writing. MAKG, RDH, EP, EJC, JMW, ISJ, MM, and ES provided insightful 434 suggestions and raw data. NC, SMN, and UM provided their raw data. Other authors 435 contributed to the writing and discussion of the paper. David Inouve and other two 436 437 anonymous reviewers provided constructive comments. Chao Song contributed to the 438 data analysis. 439 **Data accessibility**

The data and code that support the findings of this study are openly available in the Figshare repository at https://doi.org/10.6084/m9.figshare.25460665.v1

442 **References**

- Adams DC, Gurevitch J, Rosenberg MS. 1997. Resampling tests for meta-analysis
 of ecological data. *Ecology* 78: 1277-1283.
- Alexander JM, Levine JM. 2019. Earlier phenology of a nonnative plant increases
 impacts on native competitors. *Proceedings of the National Academy of Sciences*116: 6199-6204.
- Arft AM, Walker MD, Gurevitch J, Alatalo JM, Bret-Harte MS, Dale M, Diemer
 M, Gugerli F, Henry GHR, Jones MH, et al., 1999. Responses of tundra plants
 to experimental warming: meta-analysis of the international tundra experiment.
 Ecological Monographs 69: 491-511.
- Barrett RT, Hollister RD. 2016. Arctic plants are capable of sustained responses to
 long-term warming. *Polar Research* 35: 1-9.
- 454 Benítez-López A, Alkemade R, Schipper AM, Ingram DJ, Verweij PA,
- 455 **Eikelboom JAJ, Huijbregts MAJ. 2017.** The impact of hunting on tropical 456 mammal and bird populations. *Science* **356**: 180-183.
- 457 **Castro H, Freitas H. 2009.** Above-ground biomass and productivity in the Montado:
- 458 From herbaceous to shrub dominated communities. *Journal of Arid*459 *Environments* 73: 506–511.
- Chevin LM, Lande R, Mace GM. 2010. Adaptation, plasticity, and extinction in a
 changing environment: Towards a predictive theory. *PLOS Biology* 8: e1000357.
- 462 Chuine I, Régnière J. 2017. Process-based models of phenology for plants and
- animals. *Annual Review of Reology, Evolution, and Systematics* **48**: 159-182.
- 464 Chmura HE, Kharouba HM, Ashander J, Ehlman SM, Rivest EB, Yang LH.
- 2019. The mechanisms of phenology: the patterns and processes of phenological
 shifts. *Ecological Monographs* 89: e01337.
- 467 Cleland EE, Allen JM, Crimmins TM, Dunne JA, Pau S, Travers SE, Zavaleta
- ES, Wolkovich EM. 2012. Phenological tracking enables positive species
 responses to climate change. *Ecology* 93: 1765–1771.

470	Collins CG, Elmendorf SC, Hollister RD, Henry GHR, Clark K, Bjorkman AD,
471	Myers-Smith IH, Prevéy JS, Ashton IW, Assmann JJ, et al., 2021.
472	Experimental warming differentially affects vegetative and reproductive
473	phenology of tundra plants. Nature Communications 12: 3442.
474	Dorji T, Totland Ø, Moe SR, Hopping KA, Pan J, Klein JA. 2013. Plant functional
475	traits mediate reproductive phenology and success in response to experimental
476	warming and snow addition in Tibet. Global Change Biology 19: 459–472.
477	Duputié A, Rutschmann A, Ronce O, Chuine I. 2015. Phenological plasticity will
478	not help all species adapt to climate change. Global Change Biology 21: 3062-
479	3073.
480	Elmendorf SC, Hollister RD. 2023. Limits on phenological response to high
481	temperature in the Arctic. Scientific Reports 13, 208
482	Ernakovich JG, Hopping KA, Berdanier AB, Simpson RT, Kachergis EJ,
483	Steltzer H, Wallenstein MD. 2014. Predicted responses of arctic and alpine
484	ecosystems to altered seasonality under climate change. Global Change Biology
485	20 : 3256-3269.
486	Forkel M, Migliavacca M, Thonicke K. 2015. Codominant water control on global
487	interannual variability and trends in land surface phenology and greenness.
488	Global Change Biology 21, 3414–3435.
489	Forrest J, Miller-Rushing AJ. 2010. Toward a synthetic understanding of the role of
490	phenology in ecology and evolution. Philosophical Transactions of the Royal
491	Society B: Biological Sciences 365: 3101–3112.
492	Fu YH, Zhao H, Piao S, Peaucelle M, Peng S, Zhou G, Ciais P, Huang M, Menzel
493	A, Peñuelas J, et al., 2015. Declining global warming effects on the phenology
494	of spring leaf unfolding. Nature 526: 104-107.
495	Fu YSH, Campioli M, Vitasse Y, De Boeck HJ, Van den Berge J, AbdElgawad
496	H, Asard H, Piao S, Deckmyn G, Janssens IA. 2014. Variation in leaf flushing
497	date influences autumnal senescence and next year's flushing date in two

- temperate tree species. *Proceedings of the National Academy of Sciences* 111:
 7355-7360.
- Gao M, Wang X, Meng F, Liu Q, Li X, Zhang Y, Piao S. 2020. Three-dimensional
 change in temperature sensitivity of northern vegetation phenology. *Global Change Biology* 26: 5189-5201.
- Hedges LV, Olkin I. 1985. *Statistical methods for meta-analysis*. Academic Press,
 San Diego, CA.
- Hereford J, Schmitt J, Ackerly DD. 2017. The seasonal climate niche predicts
 phenology and distribution of an ephemeral annual plant. *Journal of Ecology*105: 1323–1334.
- Inouye DW. 2008. Effects of climate change on phenology, frost damage, and floral
 abundance of montane wildflowers. *Ecology*, 89: 353–362.
- 510 Inouye DW, Wielgolaski FE. 2013. Phenology at high-altitude climates. In:
- Schwartz MD, eds. *Phenology: An Integrative Environmental Science*. Kluwer
 Academic Publishers, 249-272.
- 513 **IPCC**, 2023: Climate Change 2023: Synthesis Report. Contribution of Working
- 514 *Groups I, II and III to the Sixth Assessment Report of the Intergovernmental*
- 515 *Panel on Climate Change*. IPCC, Geneva, Switzerland, pp. 35-115.
- 516 Jespersen RG, Leffler AJ, Oberbauer SF, Welker JM. 2018. Arctic plant
- 517 ecophysiology and water source utilization in response to altered snow: isotopic
- 518 (δ^{18} O and δ^{2} H) evidence for meltwater subsidies to deciduous shrubs. *Oecologia* 519 **187**: 1009-1023.
- 520 Knapp AK, Hoover DL, Wilcox KR, Avolio ML, Koerner SE, La Pierre KJ, Loik
- 521 ME, Luo Y, Sala OE, Smith MD. 2015. Characterizing differences in
- precipitation regimes of extreme wet and dry years: implications for climate
 change experiments. *Global Change Biology* 21: 2624–2633.
- Leuzinger S, Luo Y, Beier C, Dieleman W, Vicca S, Körner C. 2011. Do global
 change experiments overestimate impacts on terrestrial ecosystems? *Trends in Ecology & Evolution* 26: 236-241.

- Lin D, Xia J, Wan S. 2010. Climate warming and biomass accumulation of terrestrial
 plants: a meta-analysis. *New Phytologist* 188: 187-198.
- Liu H, Lu C, Wang S, Ren F, Wang H. 2021. Climate warming extends growing
 season but not reproductive phase of terrestrial plants. *Global Ecology and Biogeography* 30: 950-960.
- Liu H, Wang H, Li N, Shao J, Zhou X, van Groenigen KJ, Thakur MP. 2022a.
- Phenological mismatches between above and belowground plant responses to
 climate warming. *Nature Climate Change* 12: 97-102.
- Liu X, Liu C, Fan B, Li L, Tan B, Jin Z, Lu H, Liu T. 2022b. Spatial responses of
 ecosystem water-use efficiency to hydrothermal and vegetative gradients in
- alpine grassland ecosystem in drylands. *Ecological Indicators* **141**: 109064.
- 538 Luedeling E, Guo L, Dai J, Leslie C, Blanke MM. 2013. Differential responses of
- trees to temperature variation during the chilling and forcing phases. *Agricultural and Forest Meteorology* 181: 33-42.
- Luo Y, Wan S, Hui D, Wallace LL. 2001. Acclimatization of soil respiration to
 warming in a tall grass prairie. *Nature* 413: 622-625.
- Mathiasen P, Premoli AC. 2016. Living on the edge: adaptive and plastic responses
 of the tree *Nothofagus pumilio* to a long-term transplant experiment predict rearedge upward expansion. *Oecologia* 181: 607–619.
- 546 May JL, Hollister RD, Betway KR, Harris JA, Tweedie CE, Welker JM, Gould
 547 WA, Oberbauer SF. 2020. NDVI changes show warming increases the length
- 548of the green season at tundra communities in Northern Alaska: a fine-scale549analysis. Frontiers in Plant Science 11: 1174.
- Morin X, Roy J, Sonié L, Chuine I. 2010. Changes in leaf phenology of three
 European oak species in response to experimental climate change. *New*
- 552 *Phytologist* **186**: 900-910.
- 553 Nakagawa S, Santos ESA. 2012. Methodological issues and advances in biological
 554 meta-analysis. *Evolutionary Ecology* 26: 1253-1274.

555	Naumann G	. Alfieri L.	Wvser K.	. Mentaschi L	. Betts RA.	. Carrao H.	. Spinoni J.
000	1 wannann O	,		, it is the second is the second seco			$, \sim \rho m \sigma m \sigma$

- Vogt J, Feyen L. 2018. Global changes in drought conditions under different
 levels of warming. *Geophysical Research Letters* 45: 3285-3296.
- Peng Y, Guo D, Yang Y. 2017. Global patterns of root dynamics under nitrogen
 enrichment: Root production and turnover responses to nitrogen addition. *Global Ecology and Biogeography* 26: 102-114.
- Peñuelas J, Rutishauser T, Filella I. 2009. Phenology feedbacks on climate change.
 Science 324: 887-888.
- Piao S, Liu Q, Chen A, Janssens IA, Fu Y, Dai J, Liu L, Lian X, Shen M, Zhu X.
 2019. Plant phenology and global climate change: Current progresses and
- challenges. *Global Change Biology* **25**: 1922-1940.
- Post E, Forchhammer MC, Bret-Harte MS, Callaghan TV, Christensen TR,
 Elberling B, Fox AD, Gilg O, Hik DS, Høye TT, et al., 2009. Ecological
- dynamics across the arctic associated with recent climate change. *Science* 325:
 1355-1358.
- 570 **R Development Core Team. 2023.** *R: a language and environment for statistical*
- 571 *computing*, *v.4.3.2*. Vienna, Austria: R Foundation for Statistical Computing.
 572 http://www.r-project.org.
- 573 Ramirez-Parada TH, Park IW, Record S, Davis CC, Ellison AM, Mazer SJ.
- 574 **2024.** Plasticity and not adaptation is the primary source of temperature-
- 575 mediated variation in flowering phenology in North America. *Nature Ecology &*
- 576 *Evolution*. https://doi.org/10.1038/s41559-023-02304-5

577 Reich PB, Sendall KM, Stefanski A, Wei X, Rich RL, Montgomery RA. 2016.

- Boreal and temperate trees show strong acclimation of respiration to warming. *Nature* 531: 633-636.
- 580 Richardson AD, Hufkens K, Milliman T, Aubrecht DM, Furze ME,
- 581 Seyednasrollah B, Krassovski MB, Latimer JM, Nettles WR, Heiderman
- 582 **RR, et al., 2018.** Ecosystem warming extends vegetation activity but heightens
- vulnerability to cold temperatures. *Nature* **560**: 368-371.

- 584 Richert JC, Leffler AJ, Spalinger DE, Welker JM. 2021. Snowier winters extend
- autumn availability of high-quality forage for caribou in Arctic Alaska. *Ecosphere* 12: e03617.
- 587 Salmela MJ. 2014. Rethinking local adaptation: Mind the environment! *Forest* 588 *Ecology and Management* 312: 271–281.
- 589 Saintilan N, Rogers K. 2015. Woody plant encroachment of grasslands: a
- 590 comparison of terrestrial and wetland settings. *New Phytologist* **205**: 1062–1070.
- Schaeffer SM, Sharp E, Schimel JP, Welker JM. 2013. Soil-plant N processes in a
 High Arctic ecosystem, NW Greenland are altered by long-term experimental
 warming and higher rainfall. *Global Change Biology* 19: 3529-3539.
- Schenk HJ, Jackson RB. 2002. Rooting depths, lateral root spreads and below ground/above-ground allometries of plants in water-limited ecosystems. *Journal*

596 *of Ecology* **90**: 480–494.

- 597 Shaver GR, Laundre J. 1997. Exsertion, elongation, and senescence of leaves of
 598 *Eriophorum vaginatum* and *Carex bigelowii* in Northern Alaska. *Global Change*599 *Biology* 3: 146-157.
- Shen M, Piao S, Cong N, Zhang G, Jassens IA. 2015. Precipitation impacts on
 vegetation spring phenology on the Tibetan Plateau. *Global Change Biology* 21:
 3647–3656.
- Sherry RA, Zhou X, Gu S, Arnone JA, Schimel DS, Verburg PS, Wallace LL,
 Luo Y. 2007. Divergence of reproductive phenology under climate warming.
- 605 *Proceedings of the National Academy of Sciences* **104**: 198-202.

606 Šímová I, Violle C, Svenning J-C, Kattge J, Engemann K, Sandel B, Peet RK,

- 607 Wiser SK, Blonder B, McGill BJ, et al. 2018. Spatial patterns and climate
- relationships of major plant traits in the New World differ between woody and
 herbaceous species. *Journal of Biogeography* 45: 895–916.
- 610 Smith NG, Keenan TF. 2020. Mechanisms underlying leaf photosynthetic
- acclimation to warming and elevated CO₂ as inferred from least-cost optimality
- 612 theory. *Global Change Biology* **26**: 5202-5216.

613	Smith SA, Donoghue MJ. 2008. Rates of molecular evolution are linked to life
614	history in flowering plants. Science 322: 86-89.
615	Stuble KL, Bennion LD, Kuebbing SE. 2021. Plant phenological responses to
616	experimental warming - A synthesis. Global Change Biology 27: 4110-4124.
617	Su B, Huang J, Fischer T, Wang Y, Kundzewicz ZW, Zhai J, Sun H, Wang A,
618	Zeng X, Wang G, et al. 2018. Drought losses in China might double between the
619	1.5 °C and 2.0 °C warming. Proceedings of the National Academy of Sciences 115:
620	10600–10605.
621	Thackeray SJ, Henrys PA, Hemming D, Bell JR, Botham MS, Burthe S,
622	Helaouet P, Johns DG, Jones ID, Leech DI, et al., 2016. Phenological
623	sensitivity to climate across taxa and trophic levels. <i>Nature</i> 535 : 241-245.
624	Viechtbauer W. 2010. Conducting meta-analyses in R with the metafor Package.
625	Journal of Statistical Software 36 : 1-48.
626	Wang H, Liu H, Cao G, Ma Z, Li Y, Zhang F, Zhao X, Zhao X, Jiang L, Sanders
627	NJ, et al., 2020. Alpine grassland plants grow earlier and faster but biomass
628	remains unchanged over 35 years of climate change. Ecology Letters 23:701-
629	710.
630	Wang X, Dong S, Gao Q, Zhou H, Liu S, Su X, Li Y. 2014. Effects of short-term
631	and long-term warming on soil nutrients, microbial biomass and enzyme
632	activities in an alpine meadow on the Qinghai-Tibet Plateau of China. Soil
633	Biology and Biochemistry 76: 140–142.
634	Welker JM, Molau U, Parsons AN, Robinson CH, Wookey PA. 1997. Responses
635	of Dryas octopetala to ITEX environmental manipulations: a synthesis with
636	circumpolar comparisons. Global Change Biology 3: 61-73.
637	Welker JM, Fahnestock JT, Henry GHR, O'Dea KW, Chimner RA. 2004. CO ₂
638	exchange in three Canadian High Arctic ecosystems: response to long-term
639	experimental warming. Global Change Biology 10: 1981–1995.
640	Whittaker RH. 1975. Communities and ecosystems. Macmillan, New York.

641	Wipf S, Stoeckli V, Bebi P. 2009. Winter climate change in alpine tundra: plant
642	responses to changes in snow depth and snowmelt timing. Climatic Change 94:
643	105-121.
644	Wolkovich EM, Cook BI, Allen JM, Crimmins TM, Betancourt JL, Travers SE,
645	Pau S, Regetz J, Davies TJ, Kraft NJB, et al., 2012. Warming experiments
646	underpredict plant phenological responses to climate change. Nature 485: 494-
647	497.
648	Wookey PA, Robinson CH, Parsons AN, Welker JM, Press MC, Callaghan TV,
649	Lee JA. 1995. Environmental constraints on the growth, photosynthesis and
650	reproductive development of Dryas octopetala at a high Arctic polar semi-desert,
651	Svalbard. Oecologia 102: 478-489.
652	Wu Z, Dijkstra P, Koch GW, Hungate BA. 2012. Biogeochemical and ecological
653	feedbacks in grassland responses to warming. Nature Climate Change 2: 458-
654	461.
655	Xu W, Yuan W, Dong W, Xia J, Liu D, Chen Y. 2013. A meta-analysis of the
656	response of soil moisture to experimental warming. Environmental Research
657	Letters 8: 044027.
658	Zeng ZA, Wolkovich EM. 2024. Weak evidence of provenance effects in spring
659	phenology across Europe and North America. New Phytologist 242: 1957–1964

661 Supporting Information

- Fig. S1 Article selection process according to Preferred Reporting Items for
 Systematic Reviews (PRISMA) guidelines.
- 664 **Fig. S2** Frequency distribution of shifts of phenological events under warming.
- Fig. S3 The phenological responses of deciduous and evergreen woody plants toexperimental warming.
- Fig. S4. Relationships between responses of plant phenology to warming and warming
 magnitude for experiments with multiple magnitudes of warming (span more than
 4 °C) at the same site.
- 670 **Fig. S5** Significant relationships between responses of plant phenology across

herbaceous and woody plants with latitude and climate factors.

- **Fig. S6** The responses of plant phenology to warming among different ecosystems.
- Fig. S7 Comparisons of the responses of plant phenology among different warmingmethods.
- Fig. S8Significant interactive effects of warming magnitude and mean annual
- temperature (MAT) and mean annual precipitation (MAP) on responses of plantphenology.
- Fig. S9 Significant interactive effects of experimental duration and mean annual
 temperature (MAT) and mean annual precipitation (MAP) on responses of plant
 phenology.
- Fig. S10 The effect of experimental duration on variance in responses of phenophasesto warming.
- Table S1 The moderators for the warming responses of the different phenophases inthis meta-analysis.
- Table S2 Summary of specific phenophases concerning leaf out, first flowering, last
 flowering, and leaf coloring in our dataset.
- Table S3 Summary of results of publication bias analyses from Rosenthal's fail-safe
 number and Trim-and-fill tests for each phenophase.

- **Table S4** Model comparison results from several mixed effect models relating
- 690 warming magnitude (M) and experimental duration (D) with the responses of691 plant phenology.
- Table S5 The slope coefficients and *P*-value of the climate factors in mixed effects
 models, with the warming magnitude and experimental duration being the fixed
 terms.
- Table S6 Summary of partial correlation analysis between responses of phenology and
 mean annual temperature (MAT) or mean annual precipitation (MAP).
- Table S7 Summary of between-group Q-test statistics used to test the heterogeneity of
 responses of phenology explained by ecosystem type and warming method.
- **Table S8** The *P* value of the estimated coefficient from mixed effect models relating
- warming magnitude (M) and mean annual temperature (MAT) or mean annual
 precipitation (MAP) with the responses of plant phenology.
- Table S9 The *P* value of the estimated coefficient from mixed effect models relating
 experimental duration (D) and mean annual temperature (MAT) or mean annual
 precipitation (MAP) with the responses of plant phenology.