

Supplementary table 1. Gender-specific quintiles of the anthropometric measures

	Women	Men
<i>Body mass index, kg/m²</i>	Q1 (11.9-22.3)	Q1 (15.3-23.3)
	Q2 (22.4-24.3)	Q2 (23.4-25.0)
	Q3 (24.4-26.4)	Q3 (25.1-26.6)
	Q4 (26.5-29.3)	Q4 (26.7-28.5)
	Q5 (29.3-54.7)	Q5 (28.6-44.6)
<i>Waist circumference, cm</i>	Q1 (50.0-76.0)	Q1 (65.0-87.0)
	Q2 (76.5-81.0)	Q2 (87.5-92.0)
	Q3 (81.5-86.5)	Q3 (92.5-97.0)
	Q4 (87.0-94.0)	Q4 (97.5-102.0)
	Q5 (94.5-146.0)	Q5 (102.5-141.0)
<i>Hip circumference, cm</i>	Q1 (46.0-96.0)	Q1 (54.0-98.0)
	Q2 (96.5-100.5)	Q2 (98.5-102.0)
	Q3 (101.0-105.0)	Q3 (102.5-104.5)
	Q4 (105.5-110.0)	Q4 (105.0-108.0)
	Q5 (110.5-177.0)	Q5 (108.5-132.0)
<i>Waist-hip ratio</i>	Q1 (0.44-0.77)	Q1 (0.69-0.87)
	Q2 (0.77-0.80)	Q2 (0.87-0.90)
	Q3 (0.80-0.83)	Q3 (0.90-0.93)
	Q4 (0.83-0.87)	Q4 (0.93-0.96)
	Q5 (0.87-1.63)	Q5 (0.96-1.65)