

1 **Administration of watermelon rind powder to Nile tilapia (*Oreochromis niloticus*)**  
2 **culture under biofloc system: Effect on growth performance, innate immune**  
3 **response, and disease resistance**

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26

## 27 **Abstract**

28 An eight-week experiment was performed to assess the effectiveness of watermelon rind  
29 powder (WMRP) on growth efficiency, immunity, and disease resistance of Nile tilapia,  
30 *O. niloticus*. Three hundred fish ( $17.14 \pm 0.12$  g) were fed five diets; 0 (Diet 1- control),  
31  $20 \text{ g kg}^{-1}$  WMRP (Diet 2),  $40 \text{ g kg}^{-1}$  WMRP (Diet 3),  $80 \text{ g kg}^{-1}$  WMRP (Diet 4), and  $160$   
32  $\text{g kg}^{-1}$  WMRP (Diet 5). Growth parameters, skin mucus, and serum immunities were  
33 analyzed after **four** and **eight** weeks of feeding. After eight weeks of the feeding, **ten** fish  
34 **were used in the challenge against *Streptococcus agalactiae* over 15 days. Statistically**  
35 **significant enhancement ( $P \leq 0.05$ ) of skin mucus and serum immune parameters were**  
36 **revealed through the WMRP feeding vs. control fed fish, in which the maximum ( $P \leq$**   
37  **$0.05$ ) enhancement of immune parameters was detected in tilapia fed the  $40 \text{ g kg}^{-1}$  WMRP**  
38 **diet, followed by the  $20$ ,  $80$ , and  $160 \text{ g kg}^{-1}$  WMRP diets. Relative percent survival (RSP)**  
39 **in the challenge study of fish fed  $20$ ,  $40$ ,  $80$ , and  $160 \text{ g kg}^{-1}$  WMRP was  $57.14\%$ ,  $76.19\%$ ,**  
40  **$61.90\%$ , and  $52.38\%$ , respectively. The growth parameters were statistically ( $P \leq 0.05$ )**  
41 **enhanced in the WMRP feedings, in which the largest increase was revealed in the  $40 \text{ g}$**   
42  **$\text{kg}^{-1}$  WMRP treatment. In summary, the  $40 \text{ g kg}^{-1}$  WMRP additive increased both the**  
43 **growth efficiency and health status of Nile tilapia.**

44 **Keywords:** Watermelon rind; Biofloc; Nile tilapia; Innate Immune; *Streptococcus*  
45 *agalactiae*

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## 49 1. Introduction

50 Global aquaculture **accounts** for more than **fifty** percent of world seafood production and  
51 **is** accountable for the remarkable growth of protein sources for mankind (FAO,  
52 2018). Nile tilapia is among the world's most farmed fish, owing to its robust production,  
53 adaptability, and significant commercial price (El Asely, Reda, Salah, Mahmoud,  
54 Dawood, 2020; FAO, 2018). **However**, the over intensified tilapia culture has induced  
55 severe stresses on the quality of cultivated water, and raised the prevalence of the infected  
56 disease, particularly bacterial infections (Nicholson, Mon-on, Jaemwimol, Tattiyapong,  
57 Surachetpong, 2020; Piamsomboon, Thanasaksiri, Murakami, Fukuda, Takano,  
58 Jantrakajorn, Wongtavatchai, 2020). This results in a high mortality rate for farmed fish  
59 and severe economic damages (Chen, Liu, Hu, 2019). **Among them**, *Streptococcus* spp.  
60 is one of the most **frequently observed** pathogens, **causing** significant economic losses in  
61 tilapia industry (Guangjin, Jieliang, Kangming, Tingting, Huochun, Yongjie Liu, Wei,  
62 Chengping, 2016; Mishra, Nam, Gim, Lee, Jo, Kim, 2018; Xia, Lu, Chen, Cao, Gao,  
63 Wang, Liu, Zhang, Zhu, Yi, 2018). **In past decades**, antibiotic administration was widely  
64 implemented worldwide to inhibit and treat bacterial diseases (Rico, Oliveira,  
65 McDonough, Matser, Khatikarn, Satapornvanit, Nogueira, Soares, Domingues, Van den  
66 Brink, 2014); **however**, antibiotic treatments **have** resulted in the appearance of  
67 antimicrobial bacteria, and degradation of the **cultured** environment (Kraemer,  
68 Ramachandran, Perron, 2019). Therefore, safer and sustainable solutions for **tilapia**  
69 **cultivation** are needed.

70 **The dietary inclusion of functional feed additives has recently gained much attention in**  
71 **aquaculture practice** (Encarnaç o, 2016; Mohan, Ravichandran, Muralisankar,  
72 **Uthayakumar, Chandirasekar, Seedeivi, Abirami, Rajan, 2019**). In this context,

73 agricultural by-products present possible addition of dietary fibre, behaving as prebiotics  
74 that can be incorporated as therapeutic additives to treat diseases linked to the  
75 modification of gut microbiota (Buruiana, Gómez, Vizireanu, Garrote, 2017).  
76 Watermelon rind powder (WMRP) presents a viable choice of such products. Global  
77 watermelon production was approximately 118 million tons in 2017 (Rico, Gullón,  
78 Alonso, Yáñez, 2020). However, watermelon rinds comprise a significant portion of the  
79 entire fruit production, yet are typically unusable, and are wasted (Al-Sayed, Ahmed,  
80 2013; Romdhane, Haddar, Ghazala, Jeddou, Helbert, Ellouz-Chaabouni, 2017). The rind  
81 possesses minerals, fats, proteins, carbohydrates, vitamins, phytochemicals, and citrulline  
82 (Maoto, Beswa, Jideani, 2019). Carbohydrates are the major substances of WMR and are  
83 considered an effective source of pectin production (Petkowicz, Vriesmann, Williams,  
84 2017), which has been demonstrated to be a novel prebiotic (Babbar, Dejonghe, Gatti,  
85 Sforza, Kathy, 2015; Míguez, Gómez, Gullón, Gullón, Alonso, 2016). Therefore, making  
86 use of such by-products would add value to this industrial residue, as well as provide a  
87 beneficial and well needed raw material for nutraceutical industries (Gómez-García,  
88 Campos, Aguilar, Madureira, Pintado, 2020). However, research on the impacts of such  
89 a biofloc-added environment has not yet been fully investigated.

90 Biofloc technology (BFT), used extensively in aquaculture, contains multiple  
91 microorganisms, algae, and other detritus that provide food for omnivorous farmed fish  
92 and shellfish (Khanjani, Sharifinia, 2020; Liu, Li, Wei, Zhu, Han, Jin, Yang, Xie, 2019).  
93 In recent decades, numerous studies have demonstrated biofloc technology's many  
94 beneficial impacts on water quality, production, immunological responsiveness, and  
95 disease protection in fish (Khanjani, Sharifinia, 2020; Liu, Li, Wei, Zhu, Han, Jin, Yang,  
96 Xie, 2019). Prebiotics, at the same time, play an equally significant role in fish cultivation

97 (Li, Tran, Ji, Sun, Wen, Li, 2019; Serradell, Torrecillas, Makol, Valdenegro, Fernández-  
98 Montero, Acosta, Izquierdo, Montero, 2020). Therefore, the introduction of prebiotics to  
99 the biofloc is thought to propagate beneficial microbiota, not just in the water, but also in  
100 the host's intestine to counteract the potentially hazardous pathogens. Recent research has  
101 been undertaken based on this hypothesis, the results of which indicated that the  
102 introduction of functional feeds into the biofloc significantly improved water quality,  
103 animal development, immunity, and survivability (Mandal, Das, 2018; Qiao, Chen, Sun,  
104 Zhang, Zhang, Li, Li, 2020). Researching of the effects of watermelon rind powder  
105 (WMRP) within the biofloc represents an innovative and interdisciplinary strategy; yet to  
106 be fully investigated. We hypothesized that the combination of watermelon rind powder  
107 and biofloc system would improve fish growth and health status. Our research, herein,  
108 aimed to examine the influence of WMRP on growth, immunity, disease resistance to  
109 *Streptococcus agalactiae* of Nile tilapia cultivated under the biofloc system.

110

## 111 2. Methodologies

### 112 2.1 Watermelon rind powder preparing

113 Watermelon was collected from a local farm. After processing, the peels were gathered  
114 and dried in an oven for 48 hours at 60°C, crushed using a hammer mill, screened using  
115 a 100-mesh sieve, and then preserved at 4°C.

### 116 2.2 Diets preparation

117 The initial tilapia diet was established in the previous work of Doan, Hoseinifar,  
118 Jaturasitha, Dawood, Harikrishnan (2020). Five diets, modifications of those in the  
119 previous study of Nguyen, Han, Yang, Ikeda, Eltahan, Chowdhury, Furuse (2019) were  
120 prepared with the inclusion of WMRP: 0 (Diet 1 - control), 20 g kg<sup>-1</sup> WMRP (Diet 2), 40

121 g kg<sup>-1</sup> WMRP (Diet 3), 80 g kg<sup>-1</sup> WMRP, and 160 g kg<sup>-1</sup> WMRP (Diet 5) given in Table  
122 1. In the production of feed pellets, powdered feedstuffs were blended thoroughly, and  
123 soya oil and water were added to make a stiff dough. It was then pushed across an extruder  
124 to shape the pellets. The wet pellets were then gathered and dehydrated in a hot air oven  
125 at 50°C to obtain roughly ten percent moisture content, then placed in plastic bags and  
126 store at 4°C.

### 127 2.3 Trial set-up

128 Farm-raised mono sex fish (male) were confined and fed a completed diet (CP, 9950) for  
129 60 days, following by a basal diet for two weeks. Twenty fish were then captured  
130 unexpectedly for health screenings, in which their physical structures, gills, and major  
131 organs were inspected. Next, 300 fish ( $17.14 \pm 0.12$  g fish<sup>-1</sup>) were then captured and  
132 moved to 15 tanks (volume 150 L tank<sup>-1</sup>) at a density of 20 fish tank<sup>-1</sup>. The experiment  
133 was planned in a completed randomized design (CRD). The five experimental diets were  
134 distributed in triplicates to the tanks for eight weeks. Growth performance and immunity  
135 were determined every 4 weeks, and ten fish tank<sup>-1</sup> were randomly selected for the  
136 challenge trial with *S. agalactiae*. The test diets were provided *ad libitum*, twice daily, at  
137 8:30 a.m. and 4:30 p.m. Water temperature, pH, and dissolved oxygen were kept at  $27.5$   
138  $\pm 0.8$ °C,  $7.79 \pm 0.15$ , and 5 mg litre<sup>-1</sup>, respectively.

### 139 2.4 Managing water conditions

140 Parameters for water quality were measured using HI98196 meter, while total ammonia-  
141 nitrogen (TAN) was detected via HI96733 meter. The amount of the biofloc was  
142 estimated via an Imhoff cone (Khoa, Tao, Van Khanh, Hai, 2020).

### 143 2.5 Immunity analysis

#### 144 2.5.1 Skin mucus preparation

145 Skin mucus preparation was performed in three-clove oil anesthetized fish tank<sup>-1</sup>.  
146 Anesthetized fish were put inside polyethylene bags comprising 10mL of 50mM NaCl  
147 and softly rubbed for two minutes. The mixture was directly discharged into 15 mL  
148 sanitary tubes and centrifuged for ten minutes, 1500g, at 4°C. Pipettes containing 500 µL  
149 of supernatant were stored -80°C for future study.

### 150 **2.5.2 Serum and mucus preparation**

151 Serum was collected (3 fish tank<sup>-1</sup>) following the protocol described in (Doan, Hoseinifar,  
152 Jaturasitha, Dawood, Harikrishnan, 2020). Briefly, blood (1 mL) was collected via the  
153 caudal vein of each fish using a 1mL syringe and immediately released into 1.5 mL  
154 Eppendorf tubes without anticoagulant. The tubes were then incubated at room  
155 temperature for one hour, and stored in a refrigerator (4°C) for four hours. After  
156 incubation, the samples were centrifuged at 1500g for five minutes at 4 °C, and the  
157 anticipated serum was gathered using a micro-pipette and stored at - 80 °C for further  
158 evaluation.

159 Skin mucus was sampled from three fish and pooled in the manner employed in  
160 Hoseinifar, Sohrabi, Paknejad, Jafari, Paolucci, Van Doan (2019). Briefly, fish were  
161 anaesthetized using clove oil at a concentration of 5 mL litre<sup>-1</sup>. They were then placed in  
162 polyethylene bag containing 10 ml of 50 mM NaCl (Merck, Germany), and gently rubbed  
163 in a downward motion for approximately one minute. The mucus was immediately poured  
164 into 15 mL sterile centrifuge tubes and centrifuged (1.500 × g for 10 min at 4 °C).  
165 Additionally, 1 mL of the mucus was kept in a 1.5 mL Eppendorf tube at -80 °C.

### 166 **2.5.3 Leukocytes preparation**

167 Blood leukocytes were isolated under the procedure outline in (Chung, Secombes, 1988),  
168 with several variations (Doan, Hoseinifar, Jaturasitha, Dawood, Harikrishnan, 2020).

169 Briefly, one milliliter of blood was withdrawn from each fish, at a rate of four fish per  
170 replication, and then transferred into 15 mL tubes containing 2 mL of RPMI 1640  
171 (Gibthai). This mixture was then carefully inserted into 15mL tubes, containing 3 mL of  
172 Histopaque (Sigma, St. Louis, MO, USA). These tubes were then centrifuged at 400 g for  
173 30 minutes at room temperature. Upon completion, a buffy coat of leucocytes cells drifted  
174 to the top of the Histopaque was carefully collected using a Pasteur pipette, and released  
175 into sanitized 15mL tubes. After which, 6mL of phosphate buffer solution (PBS: Sigma-  
176 Aldrich, USA) was added to each tube and gently aspirated. The cells in these tubes were  
177 washed twice by centrifugation at 250g for ten minutes at room temperature to remove  
178 any residual Histopaque. The cells obtained were then re-suspended in the PBS and  
179 adjusted to the numbers of cells required to evaluate phagocytic and respiratory burst  
180 activities.

#### 181 **2.5.4 Serum and skin mucus lysozyme assays**

182 Lysozyme assays were measured using the procedure (Parry, Chandan, Shahani, 1965)  
183 with some adjustments, as detailed in (Doan, Hoseinifar, Jaturasitha, Dawood,  
184 Harikrishnan, 2020). Briefly, 25 $\mu$ L of undiluted serum and 100 $\mu$ L of skin mucus from  
185 each fish was loaded into 96-well plates in triplication. After this, *Micrococcus*  
186 *lysodeikticus* (175 $\mu$ L, 0.3 mg mL<sup>-1</sup> in 0.1 M citrate phosphate buffer, pH 5.8) was added  
187 to each well. The contents were rapidly mixed, and any changes in turbidity were  
188 measured every 30 seconds, for five minutes, at 540nm, 25 °C, via a microplate reader.  
189 The sample's equivalent unit of activity was determined and compared with the standard  
190 curve, which was generated from the reduction of OD value vs. the concentration of hen  
191 egg-white lysozyme ranging from 0-20 $\mu$ l mL<sup>-1</sup> (Sigma Aldrich, USA), and expressed as  
192  $\mu$ g mL<sup>-1</sup> serum.



### 193 **2.5.5 Determination of serum and mucus peroxidase**

194 Peroxidase activity was carried out according to (Cordero, Cuesta, Meseguer, Esteban,  
195 2016) with some minor modification (Doan, Hoseinifar, Jaturasitha, Dawood,  
196 Harikrishnan (2020). Briefly, 5 $\mu$ L of undiluted serum or skin mucus from each fish was  
197 placed in the 96-flat-bottomed-well plates, in triplication. Then, 45 $\mu$ L of *Hank's Balanced*  
198 *Salt Solution* (without Ca<sup>+2</sup> or Mg<sup>+2</sup>) was added to each well. Afterward, 100 $\mu$ L of  
199 solution (40ml of distilled water + 10 $\mu$ L of H<sub>2</sub>O<sub>2</sub>, 30%; Sigma Aldrich + one pill of  
200 3,3',5,5'-tetramethylbenzidine, TMB; Sigma Aldrich) was then added to each well. When  
201 the reaction color turned blue, after 30 to 60 seconds, a 50 $\mu$ L solution of 2M H<sub>2</sub>SO<sub>4</sub> was  
202 then immediately added to each well. The optical density was then read at 450nm via a  
203 microplate reader (Synergy H1, BioTek, USA). Samples not containing serum or skin  
204 mucus were considered to be blanks. A single unit was defined as the amount which  
205 produces an absorbance change, expressed as units (U) mL<sup>-1</sup> of serum or mucus following  
206 the equation: Peroxidase activity = [absorbance of the sample] – [(absorbance of blank  
207 (containing all solution without serum or mucus sample)].

### 208 **2.5.6 Complement activity (ACH50)**

209 ACH50 calculations were carried out according to Yano (1992) with slight variations  
210 (Doan, Hoseinifar, Jaturasitha, Dawood, Harikrishnan, 2020). Briefly, rabbit red blood  
211 cells (R-RBC) were washed with PBS by centrifugation at 3000 rpm, and in 0.01M  
212 ethylene glycol tetra-acetic acid-magnesium-gelatin veronal buffer (0.01M – EGTA-Mg-  
213 GVB) for twice. The R-RBC concentration was adjusted to 2x10<sup>8</sup> cells mL<sup>-1</sup> in 0.01M –  
214 EGTA-Mg-GVB buffer. Then 100  $\mu$ L of the R-RBC suspension was lysed with 3.4 mL  
215 of distilled water. Hemolysate absorbance was measured at 414 nm vs. distilled water as  
216 a blank and was adjusted to reach 0.740.

217 For the ACH50 test, 100  $\mu$ L of serum was diluted with 400  $\mu$ L of 0.01M-EGTA-Mg-  
218 GVB, and serial two-fold dilution was conducted. The tubes were performed on ice to  
219 retard the reaction of complement until all tubes were prepared. Consequently, 100  $\mu$ L of  
220 R-RBC suspension was loaded into each tube and incubated at 20°C for 1.5 hours with  
221 occasional shaking. After incubation, 3.15 mL of cold saline solution (0.85% NaCl) was  
222 placed into each tube to stop the reaction, and then the tube was centrifuged at 1600 g for  
223 5 minutes. After centrifugation, 100  $\mu$ L of supernatant in each dilution was loaded into  
224 96-well plate and read at 414 nm. The degree of hemolysis was calculated by dividing the  
225 corrected absorbance 414 value by the corrected absorbance 414 of the 100% hemolysis  
226 control. The degree of hemolysis and the serum volume were plotted on a log-log paper.  
227 The volume of serum that gave 50% hemolysis was used for calculating the ACH50 using  
228 the formula:  $ACH50 \text{ (units/ml)} = 1/K \times r \times \frac{1}{2}$ . Where K is the amount of serum giving  
229 50% hemolysis, r is the reciprocal of the serum dilution, and  $\frac{1}{2}$  is the correction factor.  
230 The assay was performed on a  $\frac{1}{2}$  scale of the original method.

### 231 **2.5.7 Phagocytic activity**

232 The phagocytosis was calculated according to (Yoshida, Kitao, 1991) with slight  
233 modification, for detail see (Van Doan, Hoseinifar, Sringarm, Jaturasitha, Yuangsoi,  
234 Dawood, Esteban, Ringø, Faggio, 2019). Briefly, 200 $\mu$ L of leucocyte cell suspensions ( $2$   
235  $\times 10^6$  cells  $\text{mL}^{-1}$ ) were loaded on coverslips and incubated at room temperature for two  
236 hours. After incubation, the coverslips were washed with 3mL of RPMI-1640 to remove  
237 any non-adherent cells. Then, a solution of 200 $\mu$ L of fluorescence latex beads with a  
238 concentration of  $2 \times 10^7$  of beads ( $\text{mL}^{-1}$ ) (Sigma-Aldrich, USA) was placed into each  
239 coverslip and incubated again at room temperature for 1.5 hours. The coverslips were  
240 then rewashed with 3mL of RPMI- 1640 to remove any non-phagocytized bead. After

241 washing, the coverslips were then fixed with methanol, and stained with Diff-Quik  
242 staining dye (Sigma-Aldrich, USA) for ten seconds. After staining, a wash of PBS (pH  
243 7.4) removed any excessive stains. The washed coverslips were allowed to dry at room  
244 temperature and then attached to the slides with Permount (Merck, Germany). The  
245 number of phagocyte cells per 300 adhered cells was later counted microscopically. The  
246 phagocytic index (PI) and phagocytic rate (PR%) were calculated through the following  
247 equations:  $PI = (\text{Number of phagocytized beads divided by the number of phagocytizing}$   
248  $\text{leukocytes}) * 100$ .

#### 249 **2.5.8 Respiratory burst**

250 Respiratory burst activity was measured as described (Secomebs, 1990), with minor  
251 changes as outlined (Van Doan, Hoseinifar, Sringarm, Jaturasitha, Yuangsoi, Dawood,  
252 Esteban, Ringø, Faggio, 2019). Briefly, 175 $\mu$ L PBS cells suspension at a concentration  
253 of  $6 \times 10^6$  cells  $\text{mL}^{-1}$  were loaded into the 96 well plates in triplication. Then, 25 $\mu$ L of  
254 nitro blue tetrazolium (NBT) at a concentration of 1mg  $\text{mL}^{-1}$  was added to each well and  
255 incubated the solution for two hours at room temperature. Later, the supernatant was  
256 carefully discarded from each well, and 125 $\mu$ L of 100% methanol was then added into  
257 each well for five minutes to fix the cells. After that, 125 $\mu$ L of 70% methanol well<sup>-1</sup> were  
258 added into each well, twice, for clean-up. The plates were then dried for thirty minutes at  
259 room temperature. Then, 125 $\mu$ L of 2N KOH and 150 $\mu$ L of DMSO were added to each  
260 well. Afterward, the plates were measured at 655nm via microplate-reader (Synergy H1,  
261 BioTek, USA), according to the following: Spontaneous  $\text{O}_2^-$  production = (absorbance  
262 NBT reduction of the sample) – [(absorbance of blank (containing 125 $\mu$ L of 2N KOH  
263 and 150  $\mu$ L with no leucocytes)].

#### 264 **2.6 Challenge test**

265 *Streptococcus agalactiae* was isolated and prepared according to (Van Doan, Hoseinifar,  
266 Chitmanat, Jaturasitha, Paolucci, Ashouri, Dawood, Esteban, 2019). Ten tilapia of each  
267 replication were randomly used in the challenge test, and were intraperitoneally injected  
268 with 0.1mL *S. agalactiae* ( $10^7$  CFU mL<sup>-1</sup> of 0.85% saline solution) as described elsewhere  
269 (Wang, Gan, Cai, Wang, Yu, Lin, Lu, Wu, Jian, 2016).

## 270 **2.7 Growth parameters**

271 After 4 and 8 weeks feeding were growth rate and survivability measured, as described  
272 in (Doan, Hoseinifar, Jaturasitha, Dawood, Harikrishnan, 2020).

## 273 **2.8 Statistical analysis**

274 Data were measured using one-way variance analysis (ANOVA) and Duncan's Multiple  
275 Range Test) through SAS Computer Program (SAS, 2003). Various mean values ( $P <$   
276 0.05) and other measurements are shown as mean  $\pm$  SD.

277

## 278 **3. Results**

### 279 **3.1 Skin mucus immune responses**

280 Fish's SMLA (skin mucus lysozyme activity) and SMPA (skin mucus peroxidase  
281 activity) fed WMRP diets are displayed in Table 2. The results evidenced that fish fed the  
282 WMRP diets significantly ( $P \leq 0.05$ ) enhanced SMLA and SMPA four and eight weeks  
283 post-feeding, in all inclusion, except for the fish fed 160 g kg<sup>-1</sup> (Table 2). The highest skin  
284 mucus immunities were revealed in the 40 g kg<sup>-1</sup> WMRP, followed by the 20 and 80 g  
285 kg<sup>-1</sup> WMRP diets (Table 2). No substantial discrepancies in SMLA and SMPA ( $P \geq 0.05$ )  
286 were displayed in fish fed the 20 and 80 g kg<sup>-1</sup> WMRP diets (Table 2).

### 287 **3.2 Serum immunity**

288 The impacts of WMRP addition on serum lysozyme (SL), shown in Table 3, revealed that  
289 the 40 g kg<sup>-1</sup> WMRP supplementation presented significantly higher SL over the control  
290 as well as the 20, 80, and 160 g kg<sup>-1</sup> diets (Table 3). Nevertheless, no statistically  
291 significant ( $P \geq 0.05$ ) alterations were noticed on SL between the WMRP incorporated  
292 diets; 20, 80, and 160 g kg<sup>-1</sup> WMRP (Table 3). The 40 g kg<sup>-1</sup> WMRP also ( $P \leq 0.05$ )  
293 significantly enhanced fish serum peroxidase (RB) and phagocytosis (PI), and improved  
294 ACH50 and RB (8-week post-feeding) in comparison to the other diets. No significant  
295 differences in ACH50 and RB were revealed ( $P \geq 0.05$ ) among the 20, 80, and 160 g kg<sup>-1</sup>  
296 WMRP supplemented diets (Table 3).

### 297 3.3 Challenge test

298 Survival rates were substantially ( $P \leq 0.05$ ) enhanced in all supplemented WMRP groups:  
299 66.7% (Diet 2), 83.3% (Diet 3), 70.0% (Diet 4), and 60.0% (Diet 5) vs. control fed fish  
300 30.0% (Fig. 1). The relative percent survival (RSP) was 57.1%, 76.2%, 61.9%, and  
301 52.48% in the 20, 40, 80, and 160 g kg<sup>-1</sup> WMRP, respectively (Fig. 1). The results, shown  
302 in Figure 1, again demonstrated the superior benefits of the fish fed 40 g kg<sup>-1</sup> WMRP diet,  
303 in which the highest RPS and the greatest resistance against *S. agalactiae* were found.

### 304 3.4 Growth performance

305 Fish fed the WMRP diets for eight weeks showed substantially ( $P \leq 0.05$ ) increased final  
306 weight (FW), weight gain (WG), and specific growth rate (SGR) vs. the control (Table  
307 4). The best growth rate was illustrated in the fish administrated with 40 g kg<sup>-1</sup> WMRP  
308 diet, followed by the 20, 80, and 160 g kg<sup>-1</sup> WMRP diets. Nevertheless, the results did  
309 not significantly ( $P \geq 0.05$ ) vary among the 20, 80, and 160 g kg<sup>-1</sup> WMRP fed fish. The 40  
310 g kg<sup>-1</sup> WMRP fed fish also presented the lowest FCR, on which the remaining groups,

311 again, showed no significant differences. Survival rate was not affected within the groups  
312 (Table 4).

313

#### 314 4. Discussion

315 The secretion of mucus from the fish skin is the first defensive response during stress and  
316 outbreaks (Brinchmann, 2016; Kulczykowska, 2019; Reverter, Tapissier-Bontemps,  
317 Lecchini, Banaigs, Sasal, 2018). Skin mucus is abundant with several immune responses,  
318 including lysozyme, peroxidase, and bactericidal activities (Dash, Das, Samal, Thatoi,  
319 2018; Dawood, 2016; Pietrzak, Mazurkiewicz, Slawinska, 2020). In the current study, the  
320 increased lysozyme and peroxidase activities in the skin mucus were markedly displayed  
321 through the inclusion of WMRP in the tilapia diets. Significant increases skin mucus were  
322 also observed in convict cichlid, *Amatitlania nigrofasciata* (Hoseinifar, Jahazi,  
323 Nikdehghan, Van Doan, Volpe, Paolucci, 2020) and common carp, *Cyprinus carpio* L.  
324 fed polyphenols from agricultural by-products; rainbow trout (*Oncorhynchus mykiss*) fed  
325 olive (*Olea europea* L.) waste (Hoseinifar, Shakouri, Yousefi, Van Doan, Shafiei,  
326 Yousefi, Mazandarani, Torfi Mozanzadeh, Tulino, Faggio, 2020); common carp,  
327 *Cyprinus carpio* fed turmeric and white-button mushroom powder (Giri, Sukumaran,  
328 Park, 2019; Hoseinifar, Khodadadian Zou, Paknejad, Hajimoradloo, Van Doan, 2019),  
329 and in yellowfin seabream, *Acanthopagrus latus* fed taurine (Dehghani, Oujifard,  
330 Mozanzadeh, Morshedi, Bagheri, 2020). Along with enhanced mucosal immune  
331 response, the WMRP additives also improved the serum immunity. The results were  
332 similar to previous studies involving the application of several functional supplements in  
333 tilapia diets (Srichaiyo, Tongsiri, Hoseinifar, Dawood, Esteban, Ringø, Van Doan, 2020;  
334 Srichaiyo, Tongsiri, Hoseinifar, Dawood, Jaturasitha, Esteban, Ringø, Van Doan, 2020).

335 Although no former studies of the impact of WMRP on aquatic animals have been  
336 conducted, the results of the present study confirm the importance of WMRP as a  
337 functional ingredient in Nile tilapia diet. WMRP is a rich source of  $\beta$ -carotene and vitamin  
338 C, which are associated with local intestinal immunity, and acts as immunostimulants  
339 with antioxidative factors (Tarazona-Díaz, Viegas, Moldao-Martins, Aguayo, 2011).  
340 WMR also contains high levels of lycopene essential amino acids, known as citrulline  
341 (Alagbe, 2018; Tarazona-Díaz, Viegas, Moldao-Martins, Aguayo, 2011), which is an  
342 effective hydroxyl radical scavenger and powerful antioxidant (Ginguay, Regazzetti,  
343 Laprevote, Moinard, De Bandt, Cynober, Billard, Allinquant, Dutar, 2019). The *de novo*  
344 synthesis of citrulline in the small intestine of rats transformed 83% of citrulline to  
345 arginine as a non-essential amino acid in the kidney (Marini, Stoll, Didelija, Burrin,  
346 2012). Arginine is a crucial amino acid that plays a key role in reproductive, pulmonary,  
347 renal, gastrointestinal, hepatic, and immune systems, as well as in the ability to cure  
348 wounds (Tarazona-Díaz, Viegas, Moldao-Martins, Aguayo, 2011; Wu, Bazer, Davis,  
349 Kim, Li, Marc Rhoads, Carey Satterfield, Smith, Spencer, Yin, 2009).

350 *S. agalactiae* severely impacts aquaculture activities and causes massive economic  
351 damage around the world (Amal, Saad, Zahrah, Zulkafli, 2015; Mishra, Nam, Gim, Lee,  
352 Jo, Kim, 2018; Sukhavachana, Tongyoo, Massault, McMillan, Leungnaruemitchai,  
353 Poompuang, 2020). The effective defense of fish against Streptococcus infection is also  
354 one of the key goals of today's fish farming practices. Significant enhance disease  
355 resistance via agricultural and industrial by-products have been proved in various fish  
356 species, such as olive flounder, *Paralichthys olivaceus* fed citrus by-products fermented  
357 and fermented tuna by-product meal (Lee, Kim, Song, Oh, Cha, Jeong, Heo, Kim, Lee,  
358 2013; Oncul, Aya, Hamidoghli, Won, Lee, Han, Bai, 2019); Nile tilapia, *O. niloticus* fed

359 orange peels derived pectin, corncob derived xylooligosaccharides, and spent mushroom  
360 substrate crude glucan (Chirapongsatonkul, Mueangkan, Wattitum, U-taynapun, 2019;  
361 Doan, Hoseinifar, Elumalai, Tongsiri, Chitmanat, Jaturasitha, Doolgindachbaporn, 2018;  
362 Van Doan, Hoseinifar, Faggio, Chitmanat, Mai, Jaturasitha, Ringø, 2018; Van Doan,  
363 Hoseinifar, Naraballobh, Jaturasitha, Tongsiri, Chitmanat, Ringø, 2019); barramundi,  
364 *Lates calcarifer* fed tuna hydrolysate in poultry by-product meal (Siddik, Howieson,  
365 Fotedar, 2019). The present findings demonstrate the protective abilities of WMRP in  
366 Nile tilapia against *S. agalactiae*. The elevated antimicrobial efficacy against *E.*  
367 *coli* following by *B. cereus* and *S. aureus* expose to watermelon rind extracts was proved  
368 (Kumar, Mehta, Malav, Kumar Chatli, Rathour, Kumar Verma, 2018). In a previous  
369 study, Cemaluk (2015) demonstrated that watermelon rind extracts aided in the protection  
370 against ten pathogenic bacteria, creating greater inhibition zones in *E. coli*, *Pseudomonas*  
371 *aeruginosa* and *Bacillus subtilis*. Likewise, El Zawawy (2015) determined that  
372 watermelon peel extract with phenolics, carotenoids, saponins, flavonoids, and tannins  
373 properties significantly improved the defense against bacterial infections. Don (2018) has  
374 recently demonstrated that watermelon rind extract was capable of  
375 inhibiting *Staphylococcus aureus*, *E. coli*, and *Salmonella typhi* infections.

376 The primary goal of aquaculture is to achieve the highest growth rate and the best feed  
377 efficiency. To achieve this aim, aquaculture professionals have established several  
378 techniques that facilitate rapid-growth output through feed additives and growth boosters  
379 (Hernández, Romero, Gonzalez-Stegmaier, Dantagnan, 2016; Katya, Yun, Park, Lee,  
380 Yoo, Bai, 2014). In the present study, improved growth performance and feed efficiency  
381 (FCR) parameters of Nile tilapia fed WMRP and reared under biofloc conditions was  
382 revealed. In accordance with our results, improved growth performance was observed in



383 African sharptooth catfish, *Clarias gariepinus* fed *Citrullus lanatus* seed meal (Tiamiyu,  
384 Okomoda, Agbese, 2015); Nile tilapia, *O. niloticus* fed melon seed peel (Iheanacho, Ikwo,  
385 Igweze, Ogueji, 2018), and in African catfish, *Heterobranchus bidorsalis* fed watermelon  
386 syrup booster (Nwanevu, Sokari, Isitor, Orlu, Ogolo, Ebere, 2019). The WMRP additive  
387 proved to be a nutritious ingredient with enhanced prosperities, capable of increasing the  
388 palatability of the diets, which in turn, enhanced the feed intake (Nobakht,  
389 Gorbanelinejad, 2017). Furthermore, WMRP may increase the potential role of the  
390 intestinal microbiota in fish digestion, and to facilitate the absorption of the nutrients  
391 through its intestinal barriers.

392 Biofloc technology (BT) is based on the principles of recycled waste, established to  
393 enhance water quality, minimize water consumption, and waste generation. BT also plays  
394 a vital role in reducing feed utilization and promotes growth, immunity, and disease  
395 resistance of farmed fish and shellfish (Bossier, Ekasari, 2017; García-Ríos, Miranda-  
396 Baeza, Coelho-Emerenciano, Huerta-Rábago, Osuna-Amarillas, 2019; Khanjani,  
397 Sharifinia, 2020; Liu, Li, Wei, Zhu, Han, Jin, Yang, Xie, 2019). Several biological  
398 substances are found in biofloc, such as microbial associated molecular patterns  
399 (MAMPs), essential fatty acids, carotenoids, free amino acids, chlorophylls (Ekasari,  
400 Hanif Azhar, Surawidjaja, Nuryati, De Schryver, Bossier, 2014), trace minerals (Tacon,  
401 Cody, Conquest, Divakaran, Forster, Decamp, 2002), vitamin C (Ju, Forster, Conquest,  
402 Dominy, Kuo, David Horgen, 2008), and poly- $\beta$ -hydroxybutyrate (PHB) (Qiao, Chen,  
403 Sun, Zhang, Zhang, Li, Li, 2020). These compounds provide significant impacts on  
404 aquatic animals, such as enhanced antioxidant status, growth, reproduction, immunity,  
405 and disease resistance. The recently studied integration of biofloc with feed supplements  
406 has received significant acclaim as a novel approach for sustainable aquaculture.

407 Significant **improvements in** growth performance, immune response, and disease  
408 resistance have been reported in fish and shellfish treated **in** biofloc **environment**  
409 **combined** with **various** functional feed additives, such as Pacific white shrimp  
410 (Rodrigues, Bolívar, Legarda, Guimarães, Guertler, do Espírito Santo, Mouriño, Seiffert,  
411 Fracalossi, do Nascimento Vieira, 2018); Nile tilapia (Doan, Hoseinifar, Elumalai,  
412 Tongsir, Chitmanat, Jaturasitha, Doolgindachbaporn, 2018; Van Doan, Hoseinifar,  
413 Naraballobh, Jaturasitha, Tongsir, Chitmanat, Ringø, 2019), and gibel carp, *Carassius*  
414 *auratus gibelio* (Qiao, Chen, Sun, Zhang, Zhang, Li, Li, 2020). **Similar results were**  
415 **observed in the present study of Nile tilapia fed WMRP within the** biofloc system. **The**  
416 **improvements in growth performance, immune response, and disease resistance** may be  
417 due to the bioactive compound **present** in WMRP, **which** contains a high amount of  
418 pectin. **Pectin**, considered **to be** a novel prebiotic (Chung, Meijerink, Zeuner, Holck,  
419 Louis, Meyer, Wells, Flint, Duncan, 2017; Khorasani, Shojaosadati, 2017), **has been**  
420 **shown to include the positive effects of** the beneficial bacteria present in biofloc, **which**  
421 **improve** fish production and health status.

422 In conclusion, **the** supplementation of WMRP in diets fed to tilapia reared in biofloc  
423 conditions exhibited improved humoral and skin mucus immunity, as well as increased  
424 growth performance. WMRP **represents** an alternative, **environmentally** friendly concept  
425 to increase the resistance of Nile tilapia to *S. agalactiae* infection.

426

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432

### 433 **Ethical Approval**

434 Animal use protocol was followed the guideline of Chiang Mai University (No. 2561/AQ-  
435 0004).

436

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