

1 **Experimental and simulated evaluation of airborne**
2 **contaminant exposure in a room with a modified localized**
3 **laminar airflow system**

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16
17 **Abstract:**

18 The traditional mixing ventilation is not an energy effective approach to remove indoor
19 air pollutants, maintain breath zone air quality, and control the airborne transmission.
20 This study investigated the potential of a localized laminar airflow ventilation system
21 to alleviate human exposure to pollutants. Breathing thermal manikins with sitting
22 posture and supine posture were used to simulate the human. N₂O was used as the tracer
23 gas to simulate the indoor pollutants emission. The contaminant exposure index (ϵ_{exp})
24 and intake fraction index (IF) were used to assess the risk of human pollutant exposure
25 for various supply air velocities given different emission source positions. Enhanced
26 pollutant removal efficiency (E_{ff}) (from the result) showed the qualification and
27 desirability of the localized laminar airflow ventilation system in improving the breath
28 zone air quality. The results showed that the CFD results could fit well with the
29 experimental data, and found out the interaction between thermal plume and supply air.
30 The results also indicated a low ϵ_{exp} and IF , with the E_{ff} over 90%, all of which were
31 highly correlated with the supply velocity. Human's different breathing methods have
32 little influence on the pollutant exposure so as to the location of the pollution source.
33 This study found that localized laminar airflow ventilation system could efficiently

34 provide fresh air to the breathing zone without sacrificing the thermal environment
35 around human. It can be used for small region air quality control such as that in the
36 bedroom and living room where desired air quality is favored.

37 **Key words:** localized laminar airflow system; breathing thermal manikin; pollutant
38 exposure; pollutant removal efficiency.

39 **1. Introduction**

40 Human spend over 80% of their lifetime in the indoor environment (Dodson et al.
41 2007) and about two-thirds of a day inside their houses or dwellings (Zhang et al. 2009).
42 Nowadays, study on ventilation problems in residential buildings has been conducted
43 (Kyoungbin et al. 2008; Richard et al. 1997; Vernon et al. 1997), but, the some scholars
44 focused on the kitchen space. A more recent study (Cheng et al. 2018) further
45 investigated people's time distribution in residence and found people spend near 85%
46 of their time in the living room and bedroom of which bedroom alone could take up 55%
47 of the time. Thus, people's health risk from the indoor pollutant exposure could be
48 greatly reduced if we can take control over the air quality of the bedroom and living
49 room, which also means an improvement in people's living environment. In addition,
50 there are several critical considerations that make these two environments (i.e., the
51 bedroom and living room) unique: (1) the prolonged period of exposure due to sleeping
52 time, which makes up nearly one third of people's lives in the bedroom (Dodson et al.
53 2007; Zhang et al. 2009); (2) the potential for higher exposure due to people's closer
54 proximity to the breathing zone (BZ) pollutant sources; and (3) the existence of
55 diversified indoor pollutants such as gaseous-phase contaminants.

56 Air-conditioning systems were commonly used for the indoor environment control
57 and thermal comfort management in the residential buildings. Ventilation is
58 increasingly becoming recognised as an important component of a healthy residential
59 building, and is the ultimate strategy to control indoor air quality (IAQ)
60 (Dimitroulopoulou, 2012). For the requirements of ventilating flow rates, energy

61 consumption and IAQ would have conflict, and thermal comfort would also be affected
62 by the ventilating flow rates (Kim et al, 2009; Lozinsky et al. 2020). However,
63 traditional air-conditioning systems typically mix the clean, filtered air with the ambient
64 room air and return air. As a result of this mixing effect, the pollutants concentration of
65 the BZ air almost equals to the concentration of the mixed air. Moreover, the strong
66 supply airflow draft could deliver the near-surface pollutants (such as those on/near the
67 furniture surfaces) to the BZ (Spilak et al. 2016), which is another critical air quality
68 consideration of the traditional systems. On the other hand, portable air cleaners (also
69 known as air purifiers) are often used in homes and offices due to their high particle-
70 removal efficiencies, no need of pre-installations and relative low prices (Spilak et al.
71 2014; Bräuner et al. 2008). However, the filtered air from the portable air cleaner will
72 be mixed with the indoor air in a similar way as that of the traditional heating,
73 ventilation, and air conditioning (HVAC) systems. Hence, the portable air cleaners
74 could have the same BZ air quality considerations as that of the HVAC systems.

75 Recently, the temperature-controlled laminar airflow (TLA) has been investigated
76 by some researchers as an indoor environment control alternative in the health care
77 systems (Spilak et al. 2016; Pedroletti et al. 2009; Evans et al. 2010). The TLA
78 environment control approach relies on a local downward laminar airflow, which
79 delivers low-speed air via overhead supply nozzles after the air been filtered, cleaned
80 and conditioned. The cooler air supplied by the TLA system flows downward against
81 the upward convection airflows that caused by the thermal plumes of the sitting and/or
82 sleeping person. Since the supply air is delivered locally to the BZ, the mixing effect

83 with the indoor air is greatly reduced, resulting in a significantly lower amount of
84 supply air required by the BZ to achieve the same air quality and/or thermal comfort as
85 required by the traditional HVAC systems or portable air cleaners (Cong et al. 2018).

86 Nowadays, the laminar airflow (LAF) has been proven by many scholars as an
87 better airflow to maintain clean air compared to the mixing airflow approach, it has
88 been widely applied for the hospitals' air systems to reduce the patients' exposure risk
89 to particles (Lidwell et al. 1982; Memarzadeh et al. 2002; Chow et al. 2004; Oguz et al.
90 2017; Whyte et al. 1982; Hirsch et al. 2012; Diab-Elschahawi et al. 2011; Fischer et al.
91 2015). In addition, LAF systems are commonly used to remove airborne microbial
92 particles and other pollutants in hospital operation room or other places where strict
93 indoor environment are required.

94 Some scholars focused on the efficiency of the TLA system used for diseases risk
95 control and management. In a study, a bedside device using horizontal laminar airflow
96 was introduced to alleviate rhinitis symptoms and daytime somnolence (Morris et al.
97 2006). Another researcher introduced the TLA system to improve asthma-specific
98 quality of life and ease airways inflammation (Boyle et al. 2016). Some scholars
99 focused on the efficiency of TLA for particles removal. As a study showed, the
100 magnitude of the reduction was more than 99% in every category within 30 minutes by
101 using TLA system (Gore et al. 2015). Another study showed the similar result, The TLA
102 device could remove the 99.9% of the initial particles in a short time and the downward
103 LAF was able to prevent the particles from peripheral zone move into the BZ, keep the
104 BZ air quality isolate from peripheral zone (Spilak et al. 2016). A scholar compared

105 real-person exposure in bed with two different cases, and it obtained the similar results
106 with previous studies (Gore et al. 2015). There was a research considered both decrease
107 and particle, TLA system achieved massive reductions in both total particle and cat
108 allergen concentrations in the BZ while subject lying on the bed (Warner et al. 2017).
109 According to these studies, TLA could remove over 99% airborne particles of all sizes,
110 and the concentrations of particles outside the TLA airflow zone did not change, it
111 would have high concentration compared to the BZ (Warner et al. 2017). However, the
112 supply air is supplied directly straight to the people, the thermal plume of the people
113 appears to have a greater effect on velocity field and temperature field in the LAF
114 system than in the traditional mixing ventilation system, the thermal plume may
115 decrease the supply air velocity which may cause the unstable situation in TLA airflow
116 zone, the pollutants might move into BZ. It could increase the exposure of the patient
117 to various indoor airborne pollutants (Guangyu et al. 2019). A previous study taken
118 placed in hospital found that the location of the pollutant source may not be a significant
119 factor to affect the risk of exposure (Guangyu et al. 2019).

120 Although the TLA system was showed to be effective in improving the BZ air
121 quality in the hospitals, the environment of the hospital is actually different from that
122 of the residence (with respect to the pollutant source, number of people, and the cost of
123 the TLA system). Thus, it is not reasonable to straightly apply the TLA system used in
124 the hospitals for residences or for ventiate spaces for residential uses. In order to use
125 the TLA system for residential buildings, the regular system used in the hospital may
126 need to be modified. In this study, we draw lessons from past applications of the TLA

127 system, and make a modified and simplified version of TLA which is a localized or
128 personal LAF. And the main objective of this study is to experimentally and
129 simulatively determine pollutants exposure by assessing the risk of pollutants in a room
130 with modified LAF system. To achieve this objective, we i) investigated the impact of
131 ventilation air flow velocities on the pollutants-removal effectiveness in the BZ, ii)
132 compared the impact of different emission sources locations on the pollutants-removal
133 effectiveness in the BZ, iii) investigated the impact of different breathing modes on the
134 E_{ff} in the BZ.

135 **2. Methods**

136 *2.1. Test room and experimental setup*

137 The experiment was conducted in a small climate chamber, with a dimensions of
138 3.95m×2.35m×2.65m (L×W×H) as shown in Fig. 1. The air was supplied from a 0.50
139 m × 0.50 m laminar air panel in the middle of the room positioned 2.2 m above the
140 floor. Compared with the traditional localized laminar systems used in hospitals, the
141 nozzle outlet of the diffuser in this experiment was equipped with honeycomb flow
142 straighteners (Ø4 mm) to straighten the flow and to reduce the turbulence intensity. In
143 addition, the system dimension was much smaller. The air was exhausted through two
144 exhaust outlets with opening areas of 0.0256m² located on the sidewall (Fig.1). During
145 the test, the room temperature was kept at 23.0 ± 0.5°C and frequently checked by the
146 temperature measurements from a TSI VelociCalc 9565-P multi-function ventilation
147 meter in the middle of the chamber with a height of 1.5m.

148 This study used the matured manikins model which were fully used in the
149 Department of Energy and Process Engineering (EPT) of Norwegian University of
150 Science and Technology (NTNU) (Guangyu et al. 2018; Aganovic et al. 2019; Cheng
151 et al. 2019; Guangyu et al. 2019). The geometry of the manikins in the computational
152 fluid dynamics (CFD) simulation were kept the same with the experiment entities (see
153 section 2.3). A cuboid-shaped room was used in the simulation, the size of which was
154 also kept the same with the small climate chamber. There were two exhaust openings
155 on the wall and a laminar air flow panel above the manikin's head, as indicated by the
156 experiment setup.

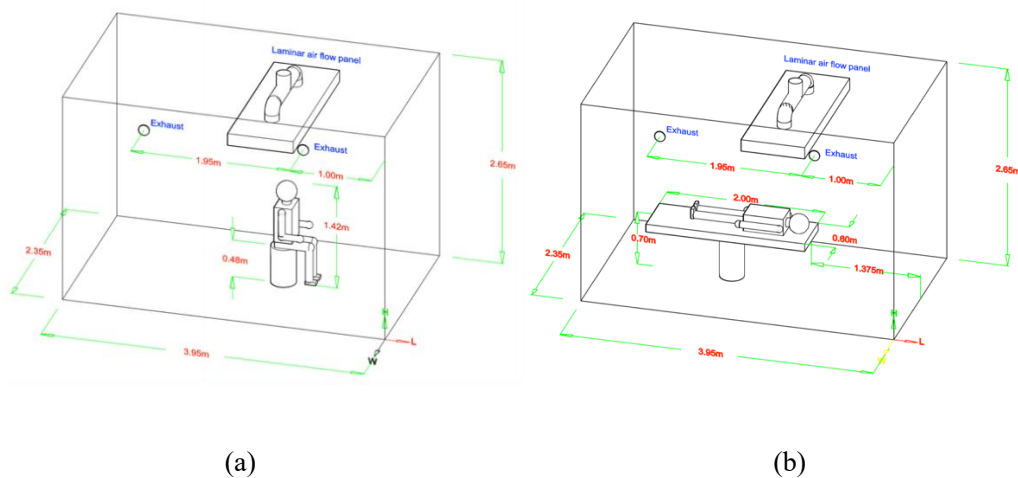


Figure 1 Schematic diagrams of the full-scale experiment ward (a) sitting case (b) supine case

157 2.2. Simulation setup

158 CFD simulations were performed with Ansys Fluent 19.1 (ANSYS, Inc.) using $k-$
159 ϵ RNG turbulence model. The buoyancy force was obtained by Boussinesq
160 approximation, air density was treated to be constant during the calculation. No slip

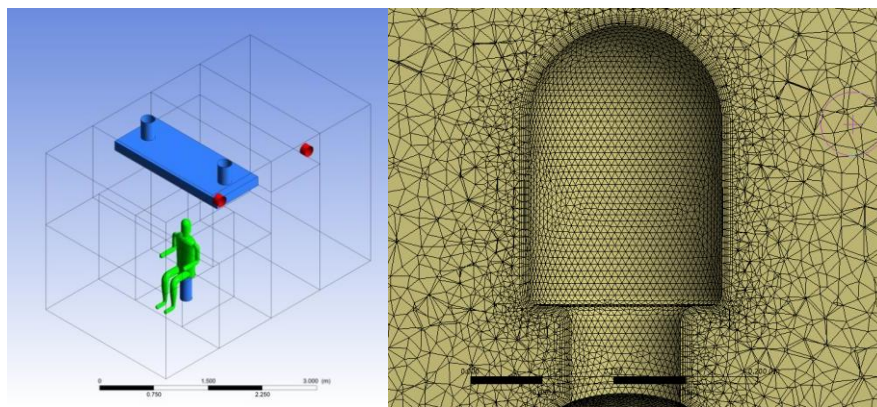
161 and fixed temperature condition were given as the boundary condition for the body
162 surface and wall. The gravitational acceleration (g) and the thermal expansion
163 coefficient (β) were 0.00333k^{-1} and -9.8m/s^2 respectively. Surface temperature of
164 manikin's head was assigned to be $31\text{ }^{\circ}\text{C}$ while other parts were $26.6\text{ }^{\circ}\text{C}$. Environmental
165 temperature was designed by defining floor, ceiling, wall, bed and chair temperature,
166 which was given as $23\text{ }^{\circ}\text{C}$. The density of surface of manikin was 1200kg/m^3 , specific
167 heat capacity and thermal conductivity were 3300j/kg/k and 0.34w/m/k respectively.
168 Density, specific heat capacity and thermal conductivity of the insulation wall were
169 1200kg/m^3 , 970j/kg/k and 0.17w/m/k respectively. The supply air velocity was different
170 in two different posture. For sitting model, the magnitude of velocity was 0.25m/s ,
171 0.30m/s and 0.35m/s , for supine model, the magnitude of velocity was 0.15m/s ,
172 0.25m/s , and 0.35m/s . K and Epsilon was 0.0001 and 0.00001 respectively. The exhaust
173 was pressure outlet.

174 SIMPLE scheme was adopted for Pressure-velocity coupling Method. Power law
175 scheme was adopted for momentum equation and energy equation discretization.
176 PRESTO ! scheme was adopted for pressure interpolation schemes. Second-order
177 upwind differential was adopted for others. Parallel computing was conducted to
178 accelerate the calculation.

179 Calculation domain was divided into different parts for the mesh generation. Fine
180 grid was generated for the zones around human body and laminar air flow panel to
181 insure sufficient grid for the simulation need of thermal plume and supply air. The size
182 of the grid was from 2mm to 45mm . Moreover, size function was defined to refine the

183 grid on human body surface, laminar air flow panel and exhausts. For manikin, first
184 layer size in contact with body surface was 0.9mm considering a growth ratio of 1.1
185 with a total number of 6 layers. For other surfaces, first layer size was 4mm considering
186 a growth ratio of 1.1 with a total number of 8 layer. In sitting case, the totally 4.4 million
187 grids were defined for the calculation. In supine case, the totally 4.2 million grids were
188 defined for the calculation.

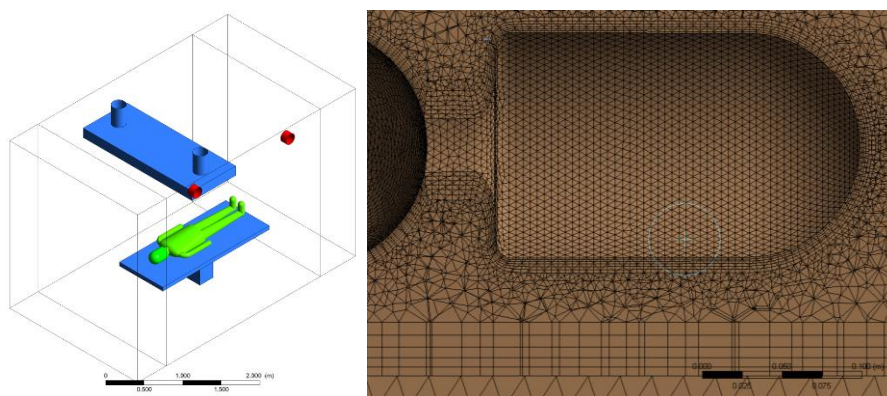
189



(a)

(b)

Figure 2 Simulation model (sitting posture) (a)Chamber; (b)Mesh of manikin



(a)

(b)

Figure 3 Simulation model (supine posture) (a)Chamber; (b)Mesh of manikin

190

191 *2.3. Breathing thermal manikins*

192 Previous study showed that the use of the thermal manikins is a practical and
193 effective approach method to study the interaction between thermal plumes and the
194 downward laminar airflow (Guangyu et al. 2018). To simulate the human subject, a
195 breathing thermal manikin with a complex body shape was used. Two thermal manikins
196 with performing an specific breathing function are used during the experiments. The
197 supine manikin was a 1.85m tall man while the sitting manikin was a 1.7m woman. The
198 female manikin dressed in shirt and jeans with an insulation value of approximately
199 0.8clo and was seated on a cylinder which had a height of 0.48m to minimize the impact
200 of the chair on airflow distribution. The male manikin was placed on a 0.7m height and
201 0.6m width bed covered with the cotton-type sheet as the supine position covered with
202 thin quilt below laminar air flow panel.

203

Table 1 Summary of the experiments with different parameters

Parameter	Conditions	Details/comments
Ambient	23±0.5°C	-
Manikin heat output	113W 80W	33-34°C
Body posture	Sitting lying	Upright

Clothing	Thick loose clothing	Tight jeans, thick loose long-sleeve shirt
	Wig	Short hair wig, slightly below the ear level
Chair	Cylinder	0.48m height
Bed	Sheet	0.7m height and 0.6m width
Breathing	Mouth	See Table 2
	Nose	

204 The manikin's breathing system can simulate the realistic airflow associated with
205 the human inhalation and exhalation. The detail information of the exhalation orifices
206 and breathing function was shown in Table 2. The maximum exhalation air velocity is
207 3.7m/s at the mouth, and the temperature of the exhalation air is around 26°C. The use
208 of artificial breathing device in the manikin was not used during the non-breathing
209 measurements.

210

211

212 **Table 2** Respiration parameters of the breathing thermal manikin.

Frequency of breathing (time/min)	air flow (L/min)	Mouth area (cm ²)	Nose area (cm ²)
17.5	8.61	1.20	0.70

213 *2.4. Tracer gas (N₂O) setup and instruments*

214 Nitrous oxide (N₂O) was used as the tracer gas to simulate the pollutant. During
215 the experiment, the N₂O was continuously released by a tube (Ø33 mm) with the gas

216 flowrate of controlled at 0.40L/min. The tracer gas was successively sampled by four
217 plastic tubes placed at 4 different locations (in the BZ, at the supply air panel, and at
218 the two exhausts). The sampled tracer gas was then sent to a pre-calibrated Innova 1303
219 multi-gas sampler and doser (Brüel & Kjær, Ballerup, Denmark) coupled to an Innova
220 1302 photo-acoustic monitor.



(a)



(b)

Figure 4 Tracer gas system (a) Trace detector (b) Gas cylinder

221 The performance of the anemometer system are shown in Table 3. The air velocity
222 measurement system was “AirDistSys5000 (Sensor-electronic inc.). The system has 3
223 part: (1)a pressure sensor which is used to correct the anemometer readings according
224 to the barometric pressure, (2)five omnidirectional anemometer probes, (3)a wireless
225 transmitter transmitting the readings to a USB interface which is connected to a
226 computer and to a power supply.

Table 3 Parameters of the air velocity measurement system.

Model	Measuring variable	Range	Accuracy	Resolution
SensoAnemo5100LSF	Velocity	0.05-5m/s	±0.02m/s or ±1.5% of readings	0.001m/s
SensoAnemo5100LSF	Temperature	-10°C-50°C	±0.2°C	0.1°C
SensoBar 5301	Pressure	500-1500hPa	±3hPa	1hPa

227 2.5. Contamination distribution indices

228 To investigate the pollutant remove efficiency of the modified LAF, only
 229 considering the efficiency is not enough. To make sure that the modified LAF system
 230 is functioning for residential purposes, in this study, exposure index is also considered.

231 The exposure to contaminants in the BZ of the manikin was determined using the
 232 local relative contaminant exposure index ε_{exp} . This indice has been used in a similar
 233 approach in previous studies (Cao et al. 2015; Berlanga et al. 2017; Olmedo et al. 2012).
 234 The contaminant exposure index ε_{exp} is defined as:

$$235 \quad \varepsilon_{exp} = \frac{C_l - C_s}{C_{exh} - C_s} = \frac{C_l}{C_{exh}} \quad (1)$$

236 Where C_l is the average tracer gas concentration in the inhaled air of the receiving
 237 manikin and C_s and C_{exh} are the average tracer gas concentrations in the supply and
 238 exhausts respectively. The N₂O concentration of the supply air was assumed to be zero
 239 as the background concentration of N₂O was extremely low. A low contaminant
 240 exposure index means a low concentration of airborne pollutants in the experimental
 241 measurement point.

242 To investigate the intake risk, the intake fraction (IF) index (Laverge et al. 2014)
243 was introduced. Its value is obtained as:

$$244 \quad IF = \frac{\int Q_b C dt}{\int E dt} \quad (2)$$

245 Where IF is intake fraction, Q_b is the breathing rate of manikin (L/s). Where C is the
246 concentration of the pollutant at the sampling site, which is equal to the C_l in equation
247 1. Being E the emission rate of the pollutant (L/s).

$$248 \quad E_{ff} = \frac{C_{mix} - C_l}{C_l} \quad (3)$$

249 Where C_{mix} is the pollutant concentration in breathing zone with mixing ventilation,
250 E_{ff} is the efficiency of removing the pollutant. In this equation, the modified localized
251 laminar airflow system was regarded as a type of air cleaner, the E_{ff} is the same with
252 the “Reduction effectiveness index” which was used to estimate the overall
253 effectiveness of the air cleaners (Miller-Leiden et al. 1996; Spilak et al. 2016).

254 2.6. Investigated cases

255 The study consists of 5 experimental cases, based on the different supply air
256 velocity and location of pollutant source, separated in 15 groups. Every group has two
257 experiments, mouth breathing mode experiment and nose breathing mode experiment.
258 The measurements are repeated in each group for three different velocities of the supply
259 airflow: 0.15, 0.25 and 0.35 m/s for lying manikin, and 0.25, 0.30, 0.35 for sitting
260 manikin. The ventilation rate is from 5.4ACH to 12.8ACH with the supply air velocity
261 is from 0.15m/s to 0.35m/s. All cases are summarized in Table 4. The placements of the
262 sampling and the pollutant source are shown in Fig. 5.

Table 4 Cases studied in this investigation.

groups	posture	Supply air(m/s)	Pollutant source location
1	Sitting	0.25m/s	1m in front of the manikin
2		0.30m/s	
3		0.35m/s	
4		0.25m/s	1m side away from the manikin
5		0.30m/s	
6		0.35m/s	
7		0.25m/s	Close to the back wall
8		0.30m/s	
9		0.35m/s	
10	Supine	0.15m/s	1m in front of the bed
11		0.25m/s	
12		0.35m/s	0.5m away from the end of the bed
13		0.15m/s	
14		0.25m/s	
15		0.35m/s	

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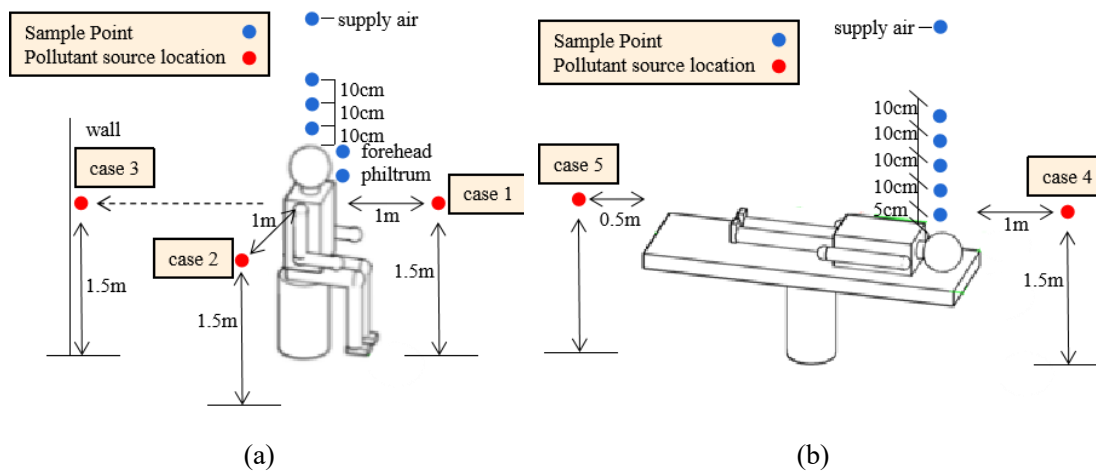


Figure 5 Placement of sampling and pollutant source

264 **3. Results and discussion**

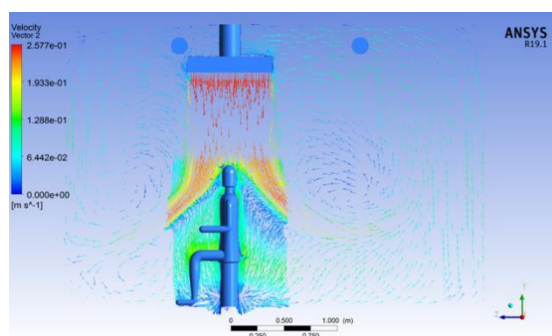
265 *3.1. Feasibility simulation*

266 To see whether the modified airflow system was suitable or not, it was necessary
267 to perform the simulation. If the simulation results showed that the supply can not reach
268 the breathing zone, the experiment had no meaning.

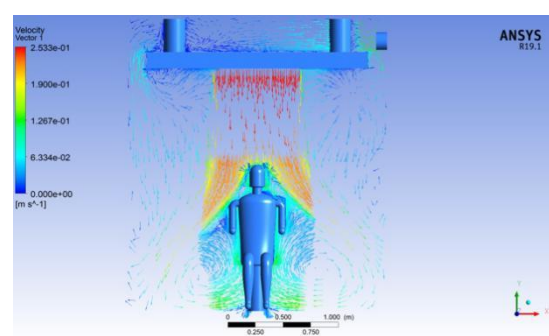
269 *3.1.1 Sitting posture simulation results*

270 As shown in Fig.6(a) and (b), when the supply air velocity was 0.25m/s, the
271 situation of the supply air got in touch with the human thermal plume. However, the
272 thermal plume covered the breathing zone. The supply air spread from the head. Fig.6(c)
273 and (d) showed the vector distribution 5cm and 10cm distance away from the manikin.
274 At 5cm distance, the supply air could reach the height of mouth, and at 10cm distance,
275 the supply air could reach the height of neck. It was not enough to improve the air
276 quality in breathing zone.

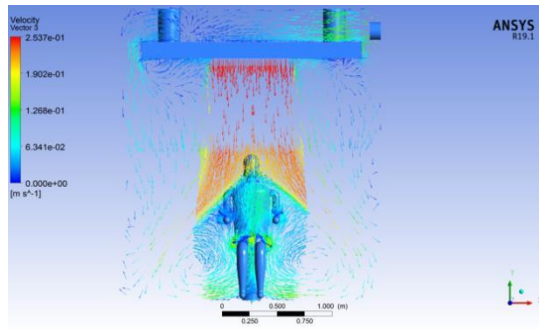
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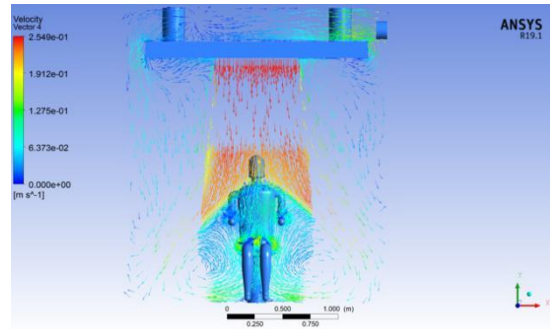
(a)



(b)



(c)

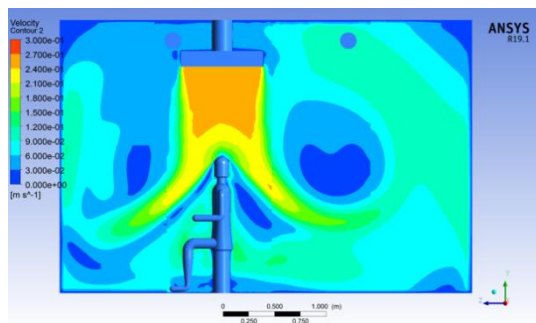


(d)

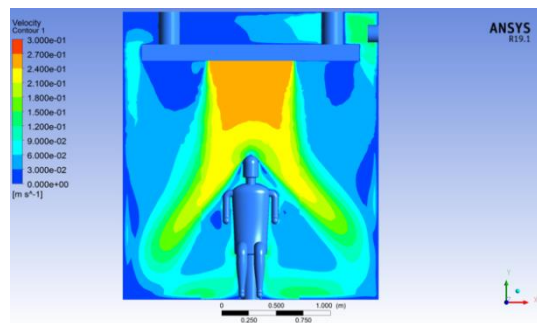
Figure 6 Vector distribution(0.25m/s) (a)Side view;(b) Central of manikin;(c) 5cm away;
(d)10cm away

278 In Fig.7, the magnitude of velocity could be seen very directly. In the side view,
 279 the supply air velocity dropped dramatically from a certain height above the head.
 280 Because of the thermal plume, the magnitude of velocity was very small close to the
 281 head. The velocity near the face region was very small, and the direction was upward.
 282 The distance of downward movement of supply air is limited, which could not achieve
 283 the desired effect on restricting the role of thermal plume, and the effect of improving
 284 the air quality in the breathing zone was limited.

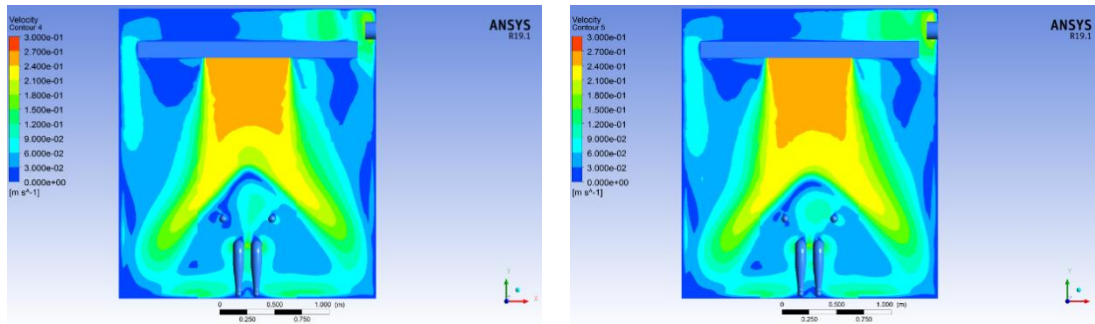
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(a)



(b)



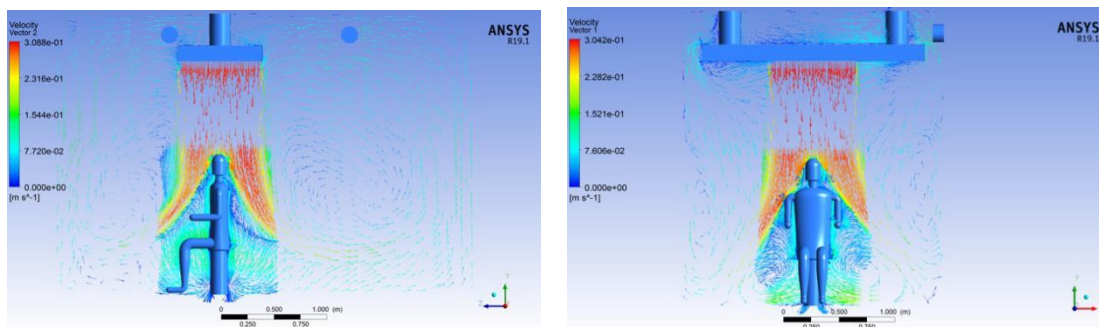
(c)

(d)

Figure 7 Velocity distribution(0.25m/s) (a)Side view;(b) Central of manikin;
(c) 5cm away;(d)10cm away

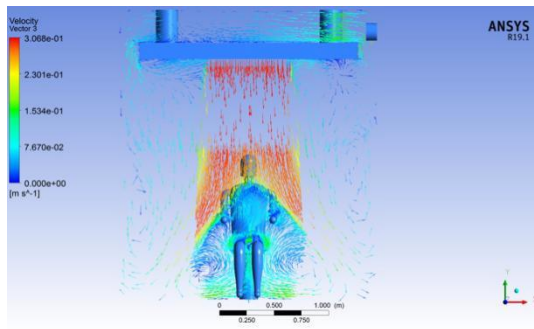
286 As Fig.8 showed, when the supply air velocity was 0.30m/s, the vector distribution
 287 had difference with the supply air velocity was 0.25m/s. First, the supply air could reach
 288 even further. Then, when the supply air touched the head, the angle of diffusion narrows
 289 compared to the lower supply air velocity. Most important, the supply air could reach
 290 the breathing zone, the impact of thermal plume was limited. The air optimization effect
 291 should be better.

292

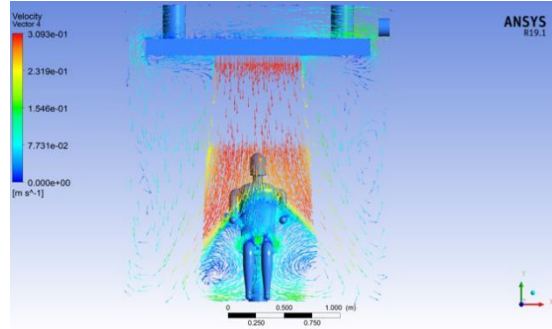


(a)

(b)



(c)

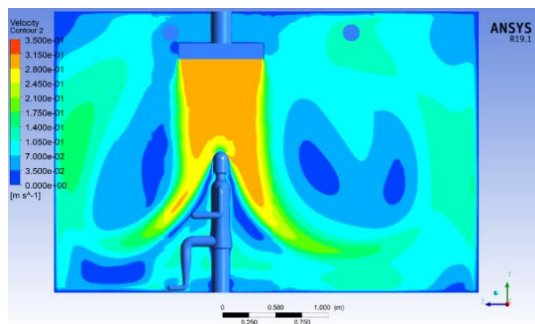


(d)

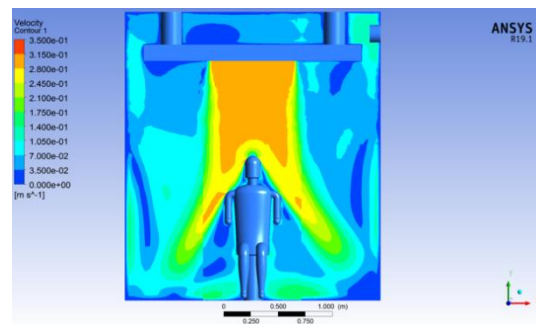
Figure 8 Vector distribution(0.30m/s) (a)Side view;(b) Central of manikin;(c) 5cm away;
(d)10cm away

293 In Fig.9, the magnitude of velocity near the face was bigger than the lower supply
 294 air situation. The supply air could reach the neck height. This supply air velocity could
 295 provide better air quality in breathing zone. The velocity around the manikin is near
 296 0.2m/s, it has little influence on thermal comfort. The velocity will discuss in the next
 297 section.

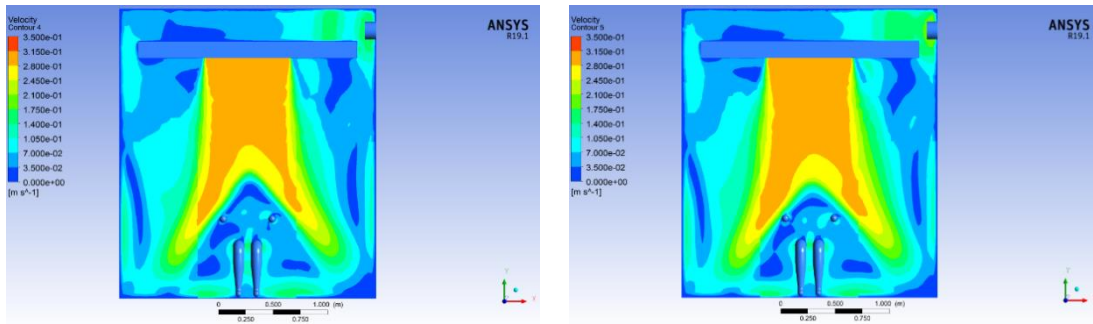
298



(a)



(b)



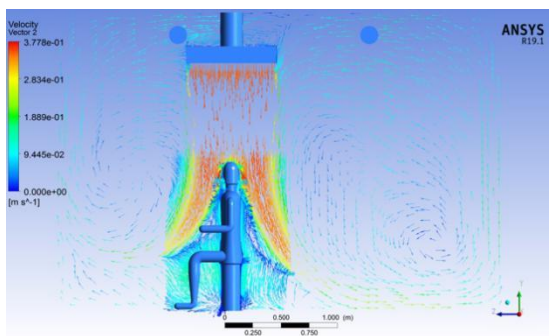
(c)

(d)

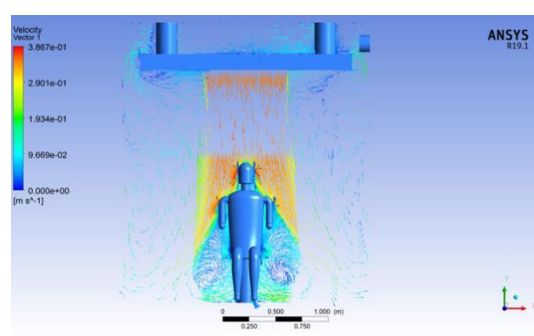
Figure 9 Velocity distribution(0.30m/s) (a)Side view;(b) Central of manikin;

(c) 5cm away;(d)10cm away

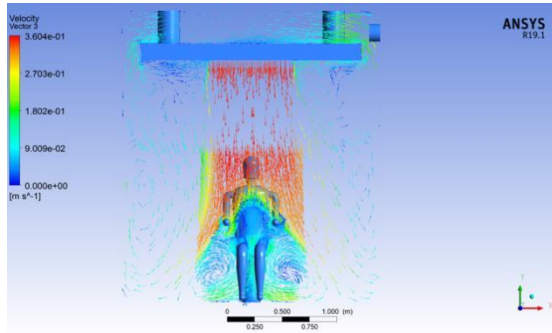
299 Fig.10 and Fig.11 showed the velocity distribution when the supply air velocity
 300 increased to 0.35m/s. In the side view (Fig.9(a)), it was very similar with the lower
 301 supply air velocity situations. The interaction between supply air and thermal plume
 302 was a little bigger than lower supply air velocity situation. The angle of diffusion
 303 narrows slightly. Meanwhile, the supply air could reach further distance in front the
 304 manikin. When the supply air was 0.35m/s, it might provide the best air quality in
 305 breathing zone. However, when the supply air was relatively high, it might disturb the
 306 pollutants near the floor. Also, the higher velocity might cause uncomfortable drafts
 307 feelings.



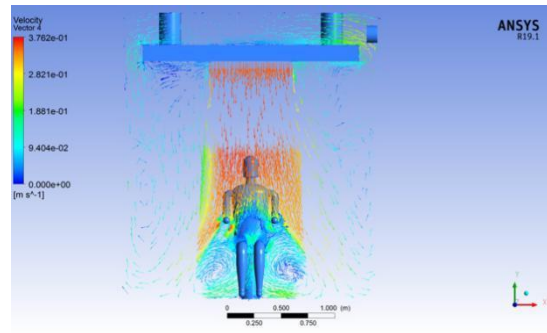
(a)



(b)



(c)

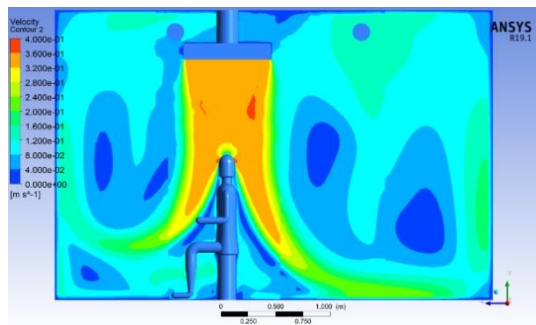


(d)

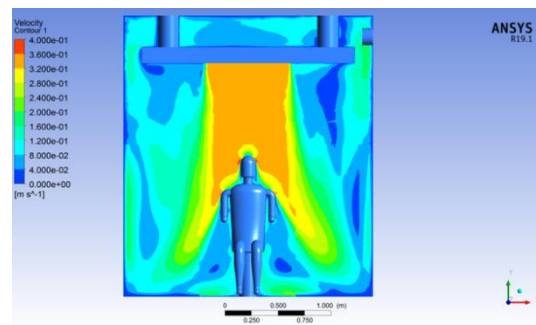
Figure 10 Vector distribution(0.35m/s) (a)Side view;(b) Central of manikin;(c) 5cm away;
(d)10cm away

308 In Fig.11, the pollutant near the floor was disturbed because of the high supply air
 309 velocity. This might have influence on the whole indoor environment. In addition, the
 310 influence of air velocity on the thermal comfort should have bad impact.

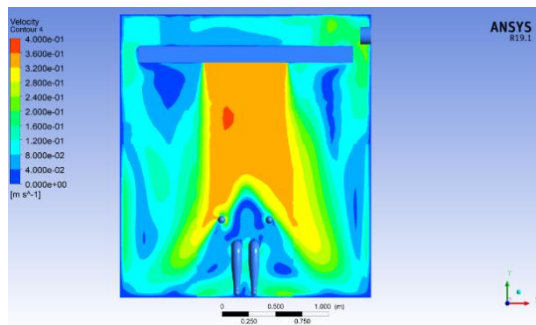
311



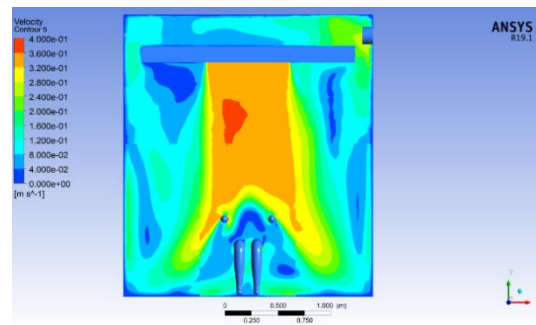
(a)



(b)



(c)



(d)

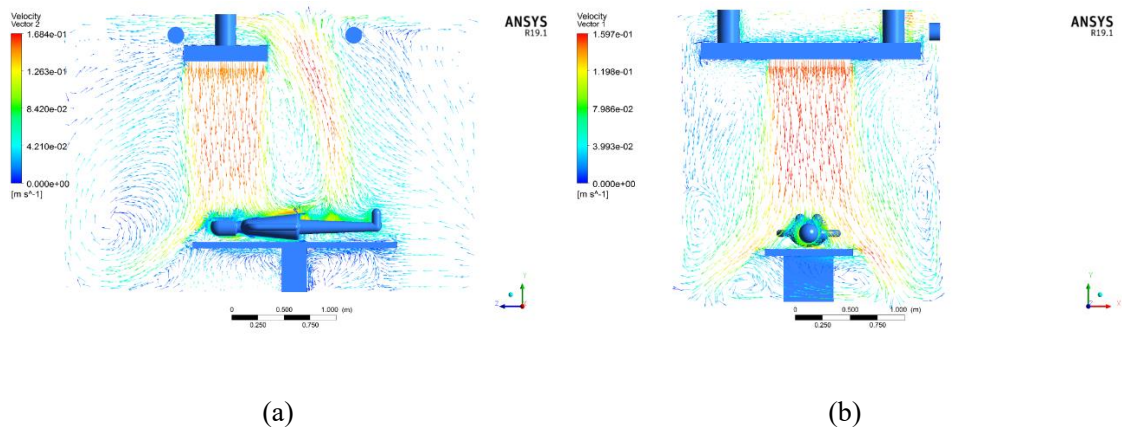
Figure 11 Velocity distribution(0.35m/s) (a)Side view;(b) Central of manikin;
(c) 5cm away;(d)10cm away

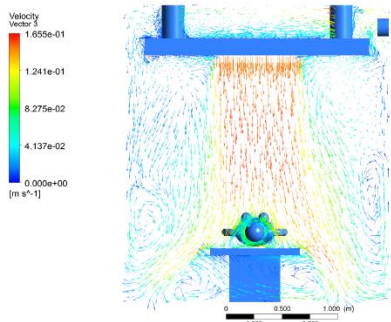
312 3.1.2 Supine posture simulation results

313 For the supine posture, breathing zone is the most important zone. In this section,
314 the velocity distribution was focused.

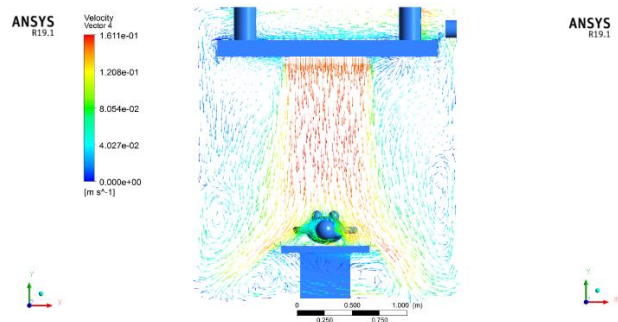
315 As Fig.12 showed, when the supply air was 0.15m/s, the magnitude of velocity
316 dropped rapidly near the surface of the head. And the vortex was generated near the
317 face. The fresh air could not reach the face. Although, the 0.15m/s supply air could
318 separate the breathing zone from other space, the low supply air could not provide as
319 much as possible fresh air into the breathing zone.

320 Near the bed, the air could follow the thermal plume move to the breathing zone,
321 which means that the pollutant near the bed might also move to the breathing zone, but
322 it needs more detail research.





(c)

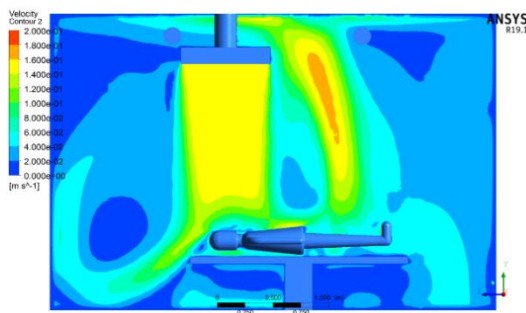


(d)

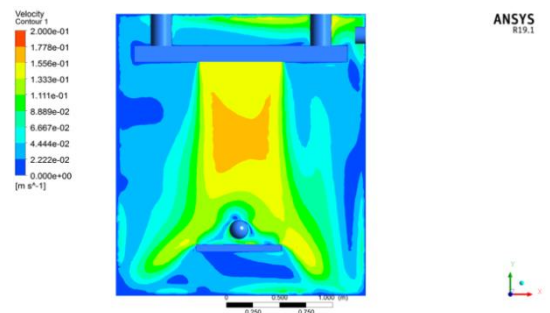
Figure 12 Vector distribution(0.15m/s) (a)Side view;(b)Philrum;(c)Forehead;(d)Neck

323 As Fig.13 showed, the velocity distribution presented that the velocity dropped
 324 dramatically near the head. The 0.15m/s supply air velocity was not enough to provide
 325 the high-quality air in breathing zone. The pollutant near head region would not move
 326 away according to this figure.

327



(a)



(b)

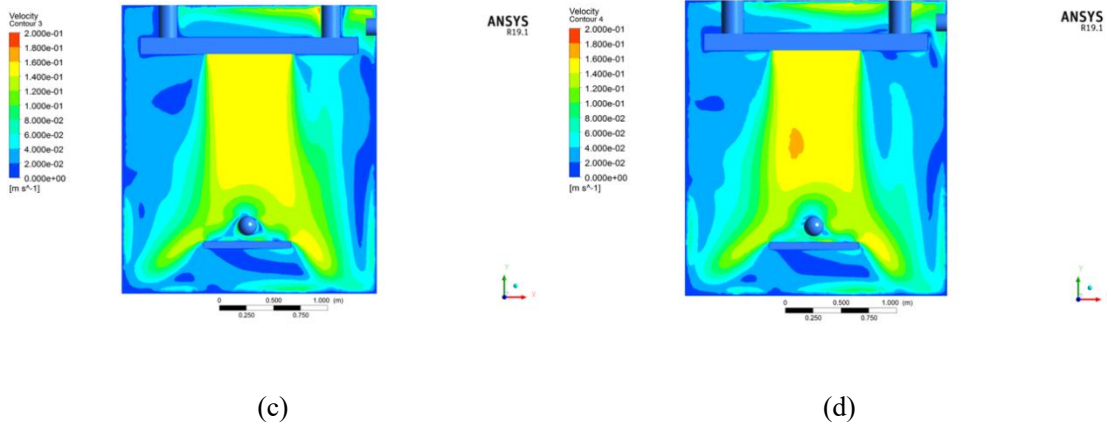
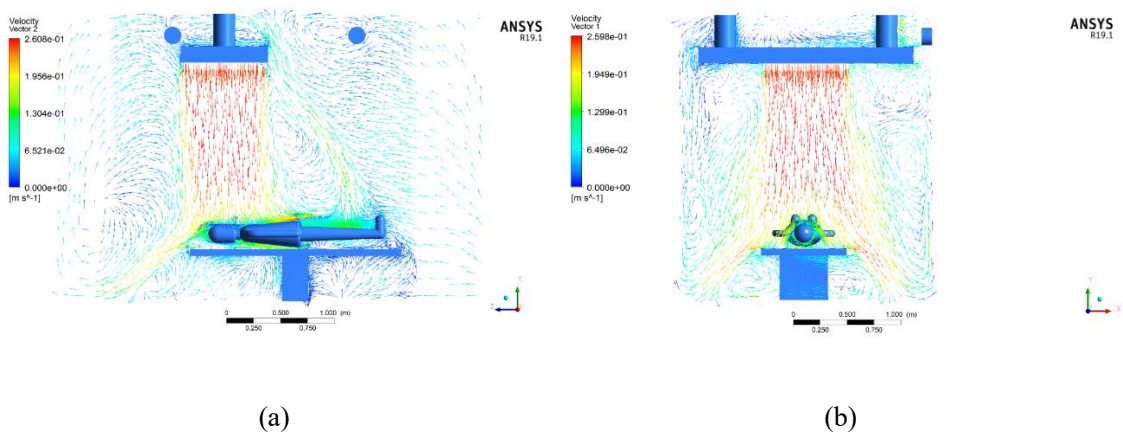
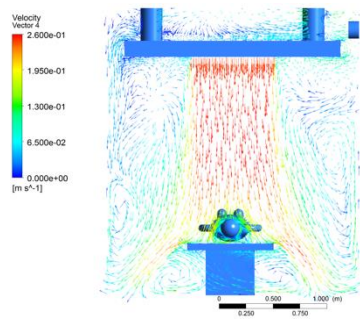


Figure 13 Velocity distribution(0.15m/s) (a)Side view;(b)Philrum;(c)Forehead;(d)Neck

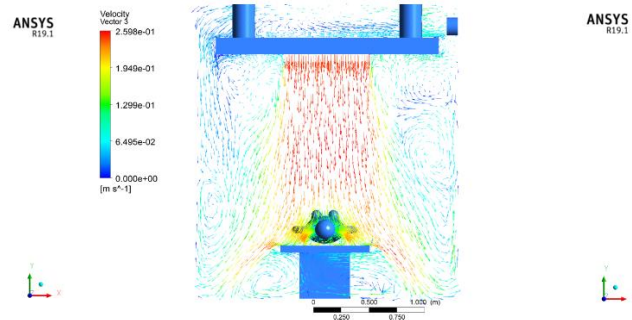
328 As Fig.14 showed, when the velocity increased to 0.25m/s, the fresh air could
 329 move directly near the face, also it could make the air near bed not move to the
 330 breathing zone. This velocity could change direction of the air around the head and let
 331 the breathing zone have high-quality air. The pollutant around the lower part of the
 332 manikin would not move into the breathing zone.

333





(c)

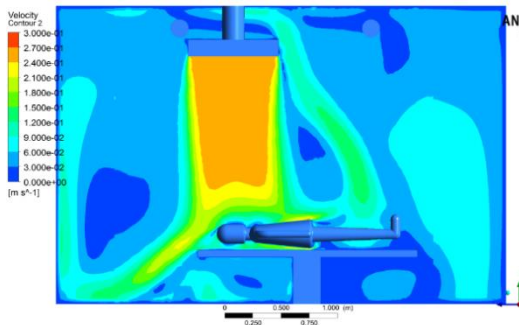


(d)

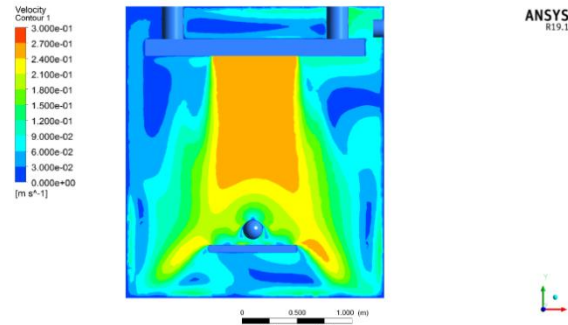
Figure 14 Vector distribution(0.25m/s) (a)Side view;(b)Philrum;(c)Forehead;(d)Neck

334 The velocity distribution was very similar with the lower supply air velocity
 335 situation (Fig.15). This velocity has little impact on the air near the floor. The air above
 336 the manikin is downward and the velocity near head is around 0.15m/s, it has little
 337 impact on thermal comfort.

338



(a)



(b)

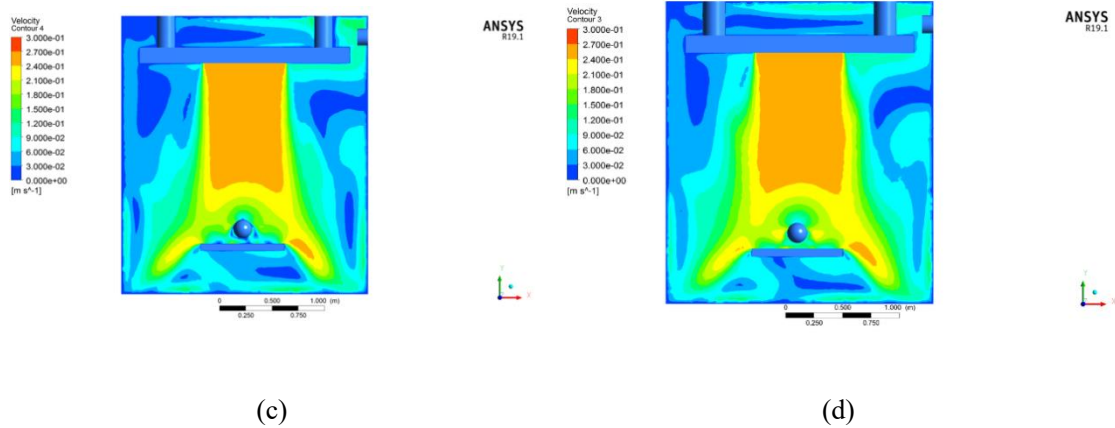


Figure 15 Velocity distribution(0.25m/s) (a)Side view;(b)Philrum;(c)Forehead;(d)Neck

339 When the supply air was 0.35m/s, the interaction with thermal was the same with
 340 0.25m/s supply air (Fig.16). However, above the lower part of the body, the air had
 341 vortex, which means the pollutant could gather here and not move to the exhaust.

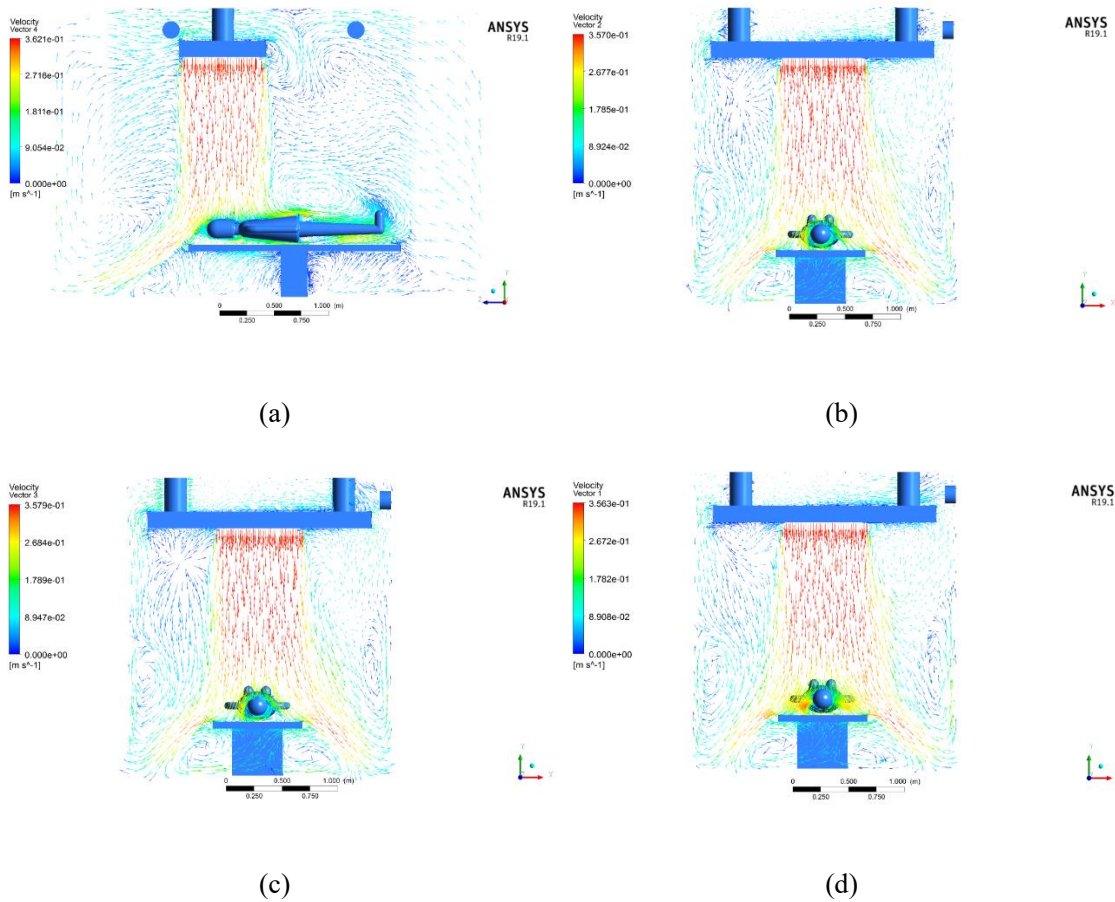


Figure 16 Vector distribution(0.35m/s) (a)Side view;(b)Philrum;(c)Forehead;(d)Neck

342 As fig.17 showed, the highest supply air velocity had impact on the air near the
 343 floor. The air was forced to move upwards, also the pollutant near the floor. For the
 344 whole environment, this velocity might not be the best choose. The velocity around
 345 head is around 0.2m/s, it has more impact on the thermal comfort compare to the lower
 346 supply air velocity.

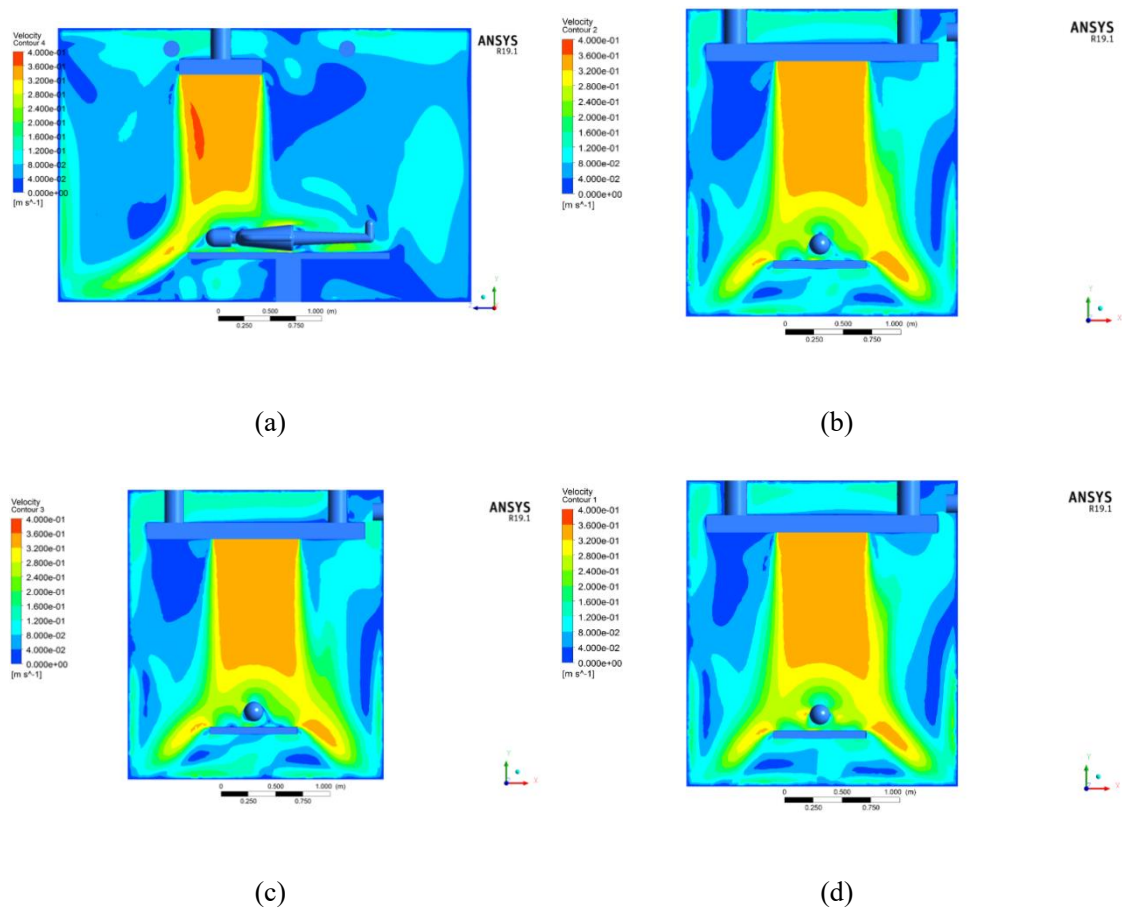


Figure 17 Velocity distribution(0.35m/s) (a)Side view;(b)Philrum;(c)Forehead;(d)Neck

347

348 3.2. Characteristic of the airflow above the manikin

349 3.2.1 Sitting position

350 To investigate the characteristic of the airflow above the sitting manikin, there

351 were 6 sampling point located above the manikin. The sampling points placed at 5cm
 352 horizontal distance away from the philtrum and forehead, and 10cm, 20cm, 30cm above
 353 the head. The last point placed at supply air inlet.

354

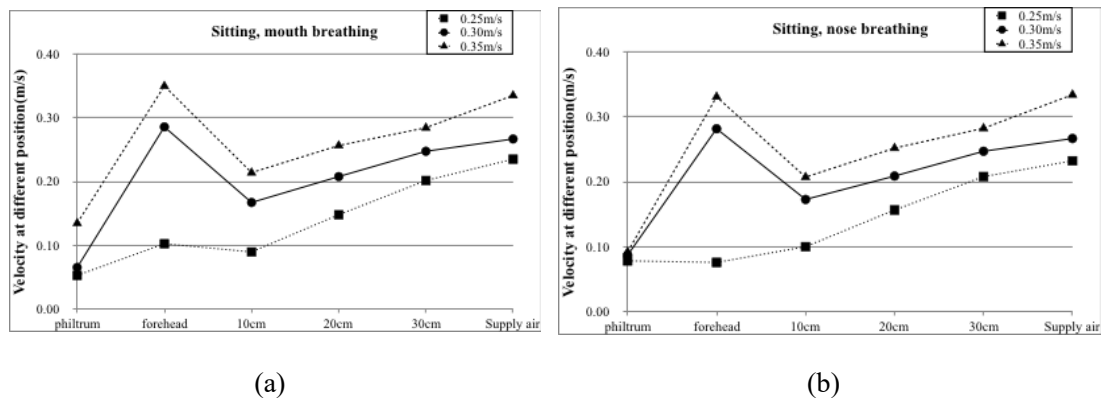


Figure 18 Velocity at different position(a)Mouth breathing;(b)Nose breathing

355 As for sitting position experiment, the supply air had 3 different velocities,
 356 0.25m/s, 0.30m/s and 0.35m/s respectively. The Fig.18 present the velocity above the
 357 manikin. The velocity distributions were very similar between mouth breathing case
 358 and nose breathing case, the change of the velocity value were almost the same.

359 With the sampling point height decrease, the velocity magnitude went down from
 360 inlet to 10cm vertical distance from head. However, at the 5cm horizontal distance from
 361 forehead, the magnitude of velocity changes drastically. When the supply air velocity
 362 is 0.25m/s, because of the magnitude of the supply air velocity was small, the velocity
 363 direction might have changed above the head which means that the velocity with small
 364 magnitude at philtrum and forehead height might had opposite direction with supply
 365 air velocity, this phenomenon needs further study. When the supply air velocity was
 366 0.30m/s or 0.35m/s, the velocity at forehead height increased dramatically which means

367 the supply had downward trend after contacting with head and the airflow could flow
368 through the zone in front of face.

369

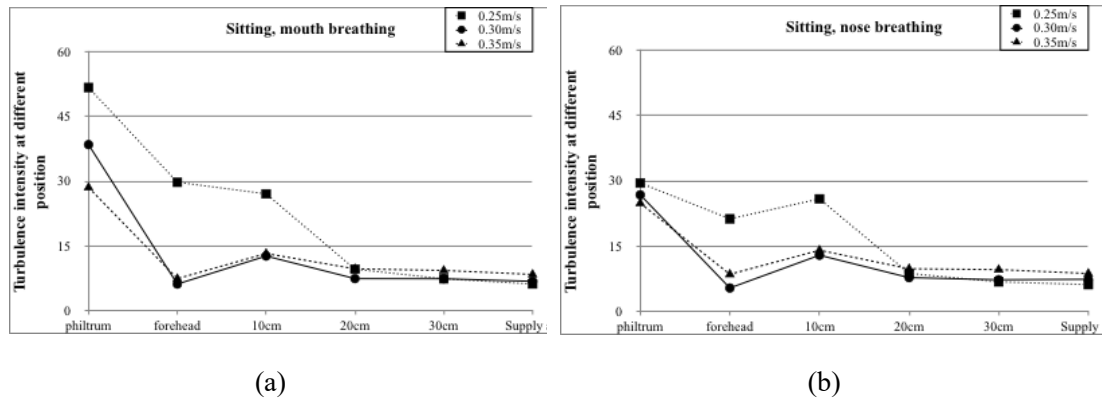


Figure 19 Turbulence intensity at different position(a)Mouth breathing;(b)Nose breathing

370 In Fig. 19, when the supply air velocity was 0.25m/s, the airflow had big turbulence
371 at 10cm vertical distance above the head. Because the human thermal plume had the
372 impact on the supply air, the supply air with this magnitude can not deliver the clean
373 air to the breathing zone. When the supply air velocity was 0.30m/s or 0.35m/s, the
374 turbulence intensity increased slightly because of the shape of the head blocked the
375 movement of supply air. At the height of philtrum, the turbulence intensity increased
376 dramatically, because of the interaction of breathing air and supply air.

377 3.2.2 Supine position

378 To investigate the characteristic of the airflow above the supine manikin, there
379 were also 6 sampling point located above the manikin's head. The sampling points
380 placed above the philtrum, the distance were 5cm, 15cm, 25cm, 35cm and 45cm. The
381 last point placed at supply air inlet.

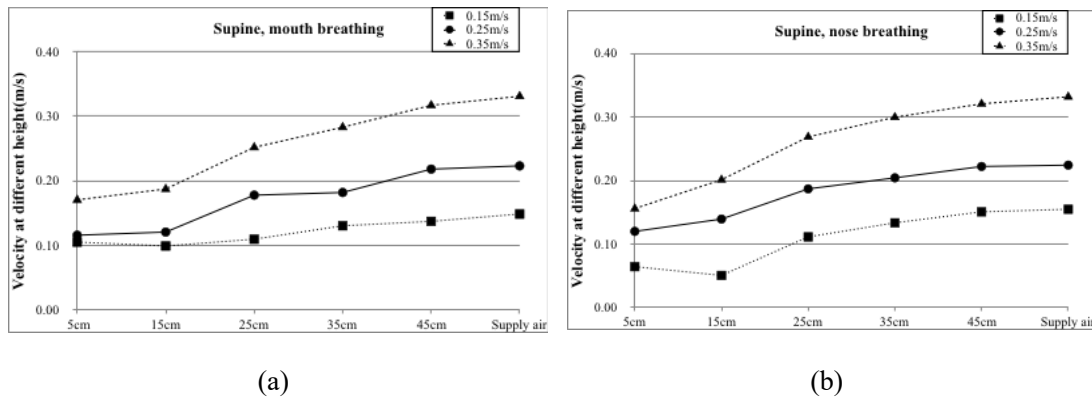


Figure 20 Velocity at different position(a)Mouth breathing;(b)Nose breathing

383 As for supine position experiment, the supply air had 3 different velocities,
 384 0.15m/s, 0.25m/s and 0.35m/s respectively. The velocity distributions were very similar
 385 with different breathing mode and different supply air velocity. However, when the
 386 magnitude of supply air was 0.15m/s, from 15cm vertical distance to 5cm vertical
 387 distance, the velocity increased slightly. This phenomenon present that the human
 388 thermal plume has interaction with supply air at this height, the direction of velocity at
 389 5cm vertical distance from head is upward.

390

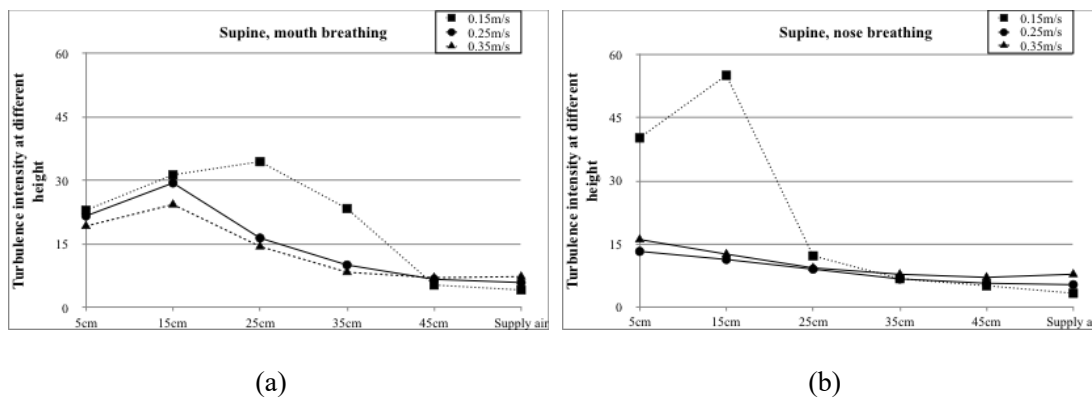


Figure 21 Turbulence intensity at different position(a)Mouth breathing;(b)Nose breathing

391 In these two figures, the impact of different breathing mode on turbulence intensity

392 was different. Considering the direction of the breathing jet in different breathing mode,
393 the direction of mouth breathing airflow is more vertical. When the supply air velocity
394 is low(0.15m/s), the impact of mouth breathing mode was smaller than nose breathing
395 mode. At the 35cm vertical distance above the head, the mouth breathing air had made
396 disturbance to the supply air, when the magnitude of velocity is 0.15m/s, this
397 disturbance was the most prominent. Mouth breathing would distract the supply air.

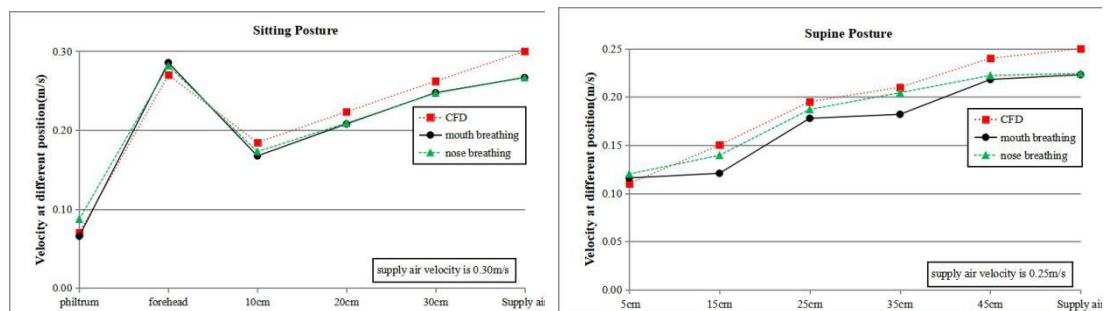
398 As for nose breathing case, when the supply air velocity was 0.15m/s, because of
399 the nose breathing jets, at the 15cm vertical distance from face, the turbulence intensity
400 increased dramatically. However, when the supply air velocity was 0.25m/s or 0.35m/s,
401 the turbulence intensity increased slightly.

402 3.2.3 Comparison between the simulation and experiment

403 For both sitting and supine posture, the velocity above the head from the CFD
404 results were a little higher than the experimental data. In Fig.22, It was easy to observed
405 that the supply air velocity did not reach the setting point in experimental study, that
406 might cause the simulation results larger than the experiment data.

407 For sitting posture, the trend of these three lines were the same, but the simulation
408 results were a little lower than experiment data in philtrum and forehead region. That
409 might because the impact of breathing air jet was stronger in these region. Except for
410 the supply air point, the difference between the CFD results and experiment data was
411 less than 10%. For supine posture, the three line also had the same trend. The CFD
412 results were more close to the nose breathing experimental data. The impact of

413 breathing mode was much more significant in supine posture.



(a)

(b)

Figure 22 Velocity comparison between simulation and experiment

(a)Sitting posture;(b)Supine posture

414

415 3.3. air quality for the investigated cases

416 The average contaminant exposure indices (ϵ_{exp}) and the intake fraction (IF)
417 were summarized for each group according to the location of the pollutant source.

418 3.3.1 Sitting position

419 With the increasing of the supply air velocity, the ϵ_{exp} value decreased
420 significantly no matter where the pollutant source was placed. The flow mode of the
421 inhalation and the exhalation of the manikin showed little influence on the ϵ_{exp} values.
422 When the supply air velocity was at 0.25m/s, the supply air could not deliver the
423 required fresh air to the BZ, and the pollutant concentration level in the BZ was almost
424 the same with that at the exhaust, which means that a low supply air velocity is not
425 helpful for improving the air quality in the breathing zone, as it for the mixing
426 ventilation.

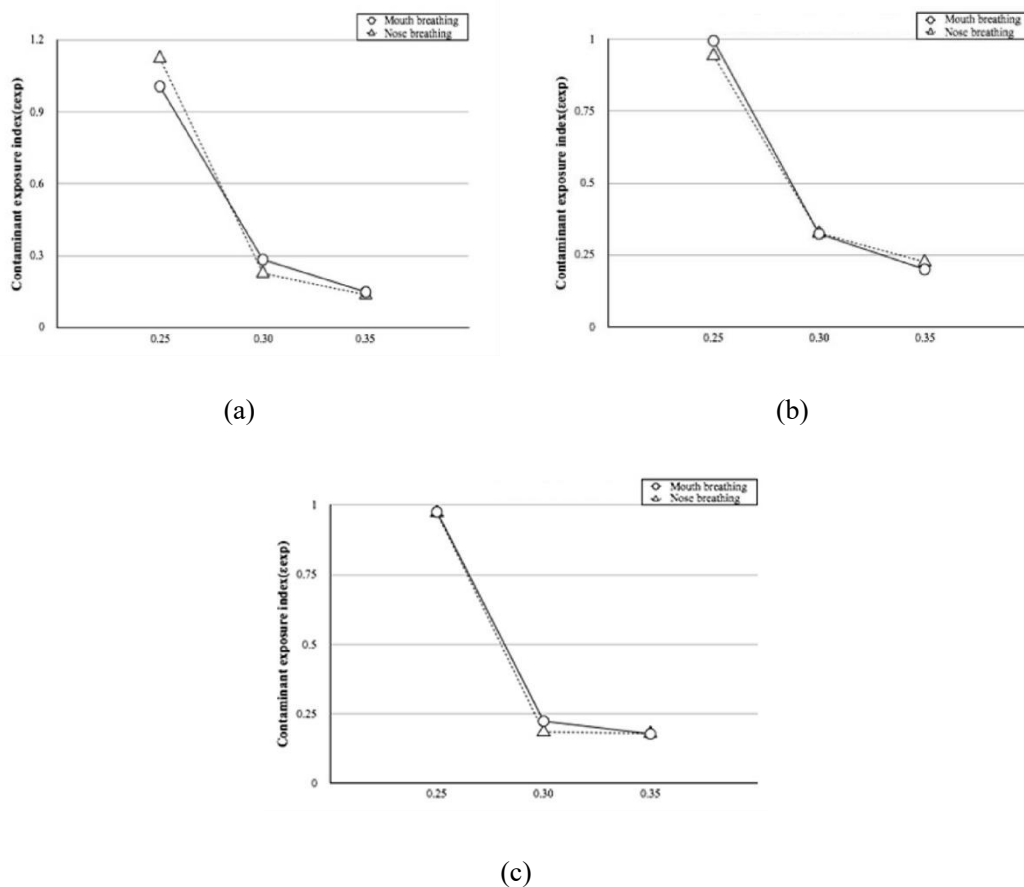


Figure 23 Contaminant exposure index(sitting) (a)case 1;(b)case 2;(c)case 3

428 As for the source placed in front of the manikin and near the manikin, when the
 429 supply air velocity was 0.30m/s, the ε_{exp} was significantly decreased, if increase the
 430 supply air velocity to 0.35m/s, the ε_{exp} could decrease lower than 0.25. Because these
 431 two source near manikin, increasing the supply air velocity had more efficiency to
 432 improve the air quality. When the pollutant source near the door, because of the distance
 433 from manikin to pollutant source was far, increasing the supply air velocity from
 434 0.30m/s to 0.35m/s had less efficiency to improve the air quality.

435 The IF values show the same decreasing tendency with the increase of supply
 436 velocity as for ε_{exp} values. Similarly, the mode of the inhalation and exhalation flow
 437 of the manikin shows no influence on the IF values either.

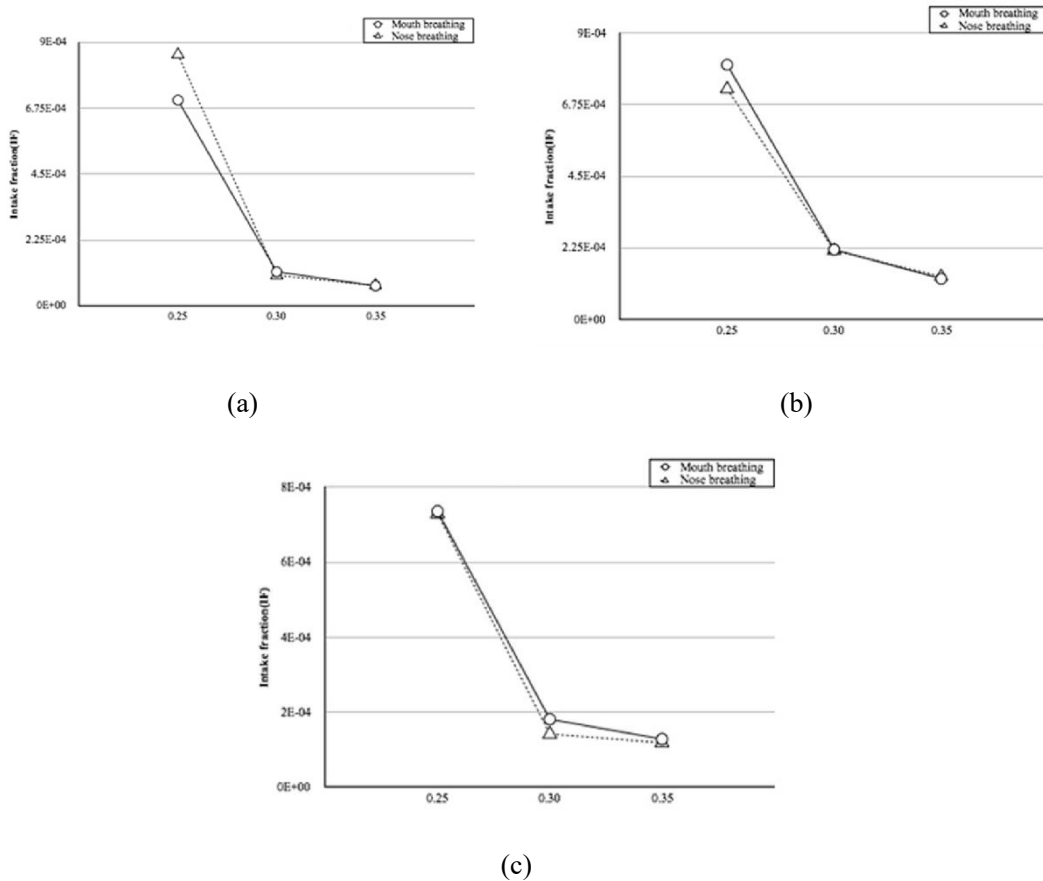


Figure 24 Intake fraction(sitting) (a)case 1;(b)case 2;(c)case 3

438 3.3.2 Supine position

439 The same with sitting position cases, the IF values show the same decreasing
 440 tendency with the increase of supply velocity as for ε_{exp} values. According to the
 441 results obtained, contaminant exposure index ε_{exp} shows an decreasing tendency with
 442 the increase of supply velocity for all four cases investigated. With the increase of the
 443 supply air velocity, no matter where the pollutant source placed, the ε_{exp} value was
 444 significantly decreased. The mode of the inhalation and exhalation flow of the manikin

445 shows no influence on the ε_{exp} values. When the supply air velocity was 0.15m/s, the
 446 supply air can only deliver a little fresh air to the breathing zone, the pollutant
 447 concentration in breathing zone was slightly lower than pollutant concentration in
 448 exhaust which means the low supply air only has little effect on improve the air quality
 449 in breathing zone.

450

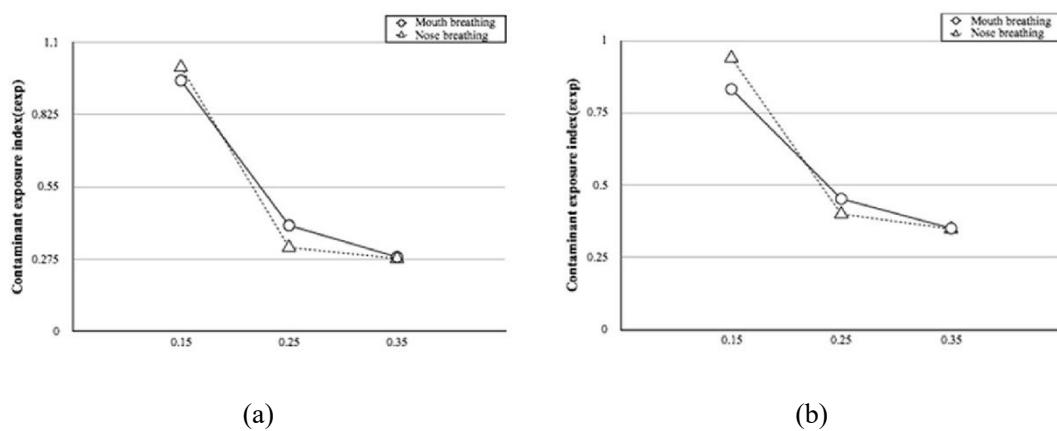


Figure 25 Contaminant exposure index(lying) (a)case 4;(b)case 5

451 As for the supine position, when the supply air velocity increased to 0.25m/s, the
 452 ε_{exp} decreased quickly. If the supply air velocity increased to 0.30m/s from 0.25m/s,
 453 the ε_{exp} decreased slightly. It was the same with sitting position cases, however the
 454 supply air velocity had difference.

455 The IF values show the same decreasing tendency with the increase of supply
 456 velocity as for ε_{exp} values. Similarly, the mode of the inhalation and exhalation flow
 457 of the manikin shows no influence on the IF values either.

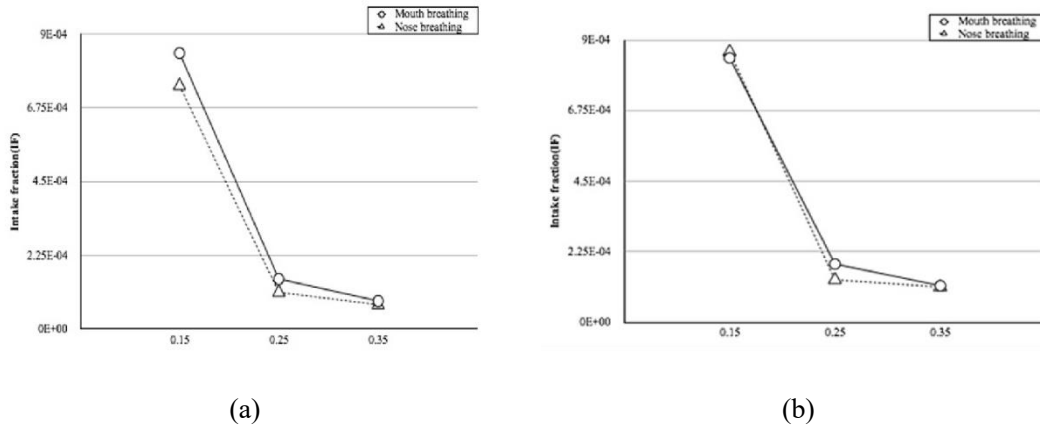


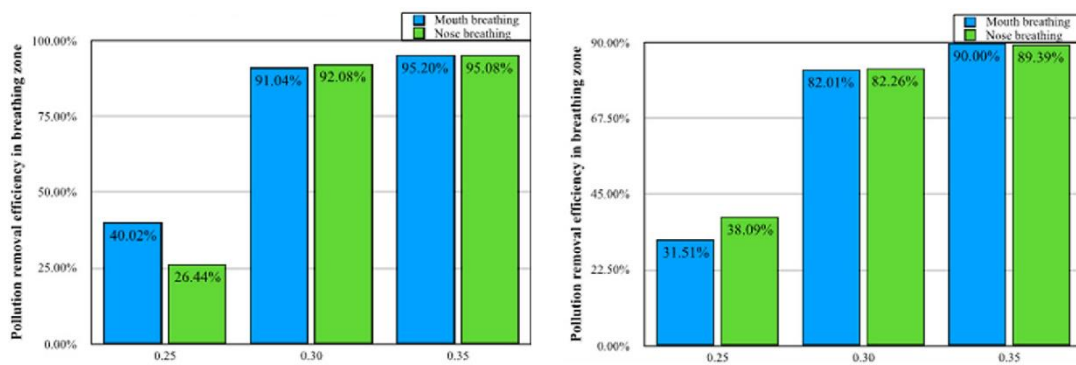
Figure 26 Intake fraction(lying) (a)case 4;(b)case 5

458 3.4. Pollutant removal efficiency

459 3.4.1 Sitting position

460 For the sitting position cases, when the supply air velocity increased to 0.30m/s,
 461 the E_{ff} reached over 82%, and even over 90% when the source was 1m in front of
 462 manikin. Although the ε_{exp} and IF were almost the same as that of the mixing
 463 ventilation system, the E_{ff} reached over 26% when the supply air velocity was at
 464 0.25m/s. At 0.25m/s, the breathing mode and the position of the pollutant source were
 465 found to have much more significant influence on the E_{ff} compared to the other two
 466 experimented supply air velocities.

467



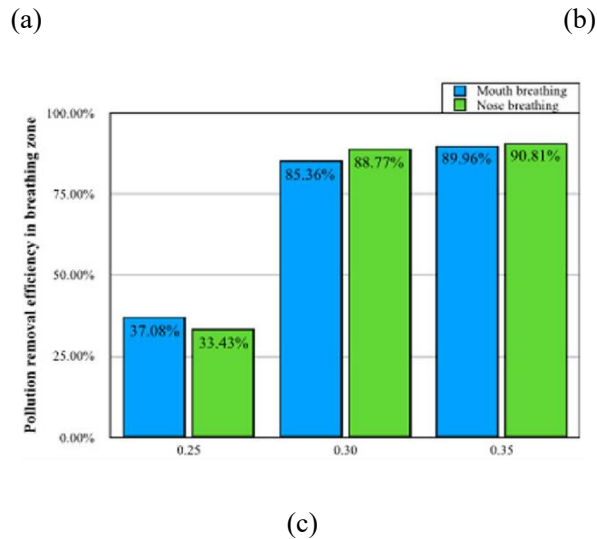


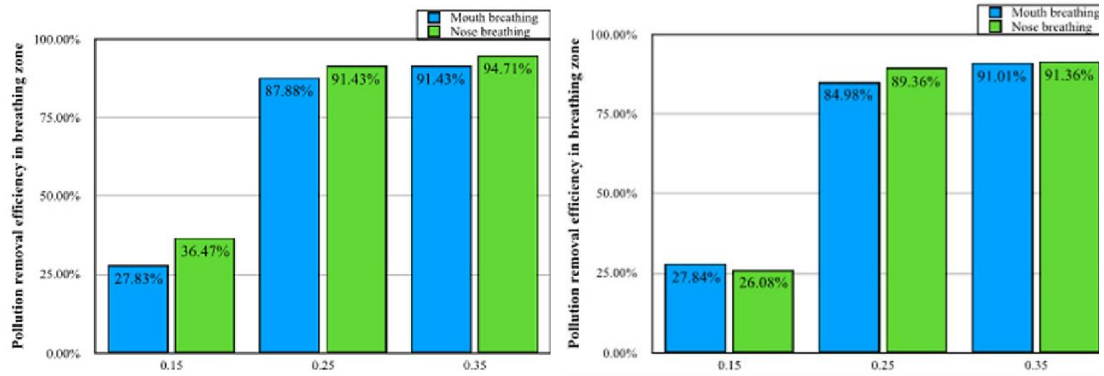
Figure 27 Pollutant removal efficiency (sitting) (a)case 1;(b)case 2;(c)case 3

468 When the supply air velocity increased from 0.30m/s to 0.35m/s, the E_{ff}
 469 increased slightly. When the supply air velocity increased from 0.25m/s to 0.30m/s, the
 470 E_{ff} increased dramatically. Compared to the 0.25m/s and 0.35m/s, the supply air
 471 velocity set at 0.30m/s was the most suitable one.

472 3.4.2 Supine position

473 For the case of supine position, when the supply velocity air increased to 0.25m/s,
 474 the E_{ff} reached over 84%, and even over 90%. Although the ε_e and IF were almost
 475 the same as that of the mixing ventilation system, the E_{ff} was over 26% when the
 476 supply air velocity was 0.15m/s. At 0.15m/s, the breathing mode and the position of the
 477 pollutant source were found to have much more significant influence on the E_{ff} when
 478 compared to the other two supply air velocities. With an increased supply air velocity,
 479 the influence mitigated.

480



(a) (b)

Figure 28 Pollutant removal efficiency(lying) (a)case 4;(b)case 5

481 When the supply air velocity increased from 0.25m/s to 0.35m/s, the E_{ff} slightly
 482 increased. However, the E_{ff} dramatically increased as the supply air velocity
 483 increased from 0.15m/s to 0.25m/s. Compared to when the supply air was 0.15m/s and
 484 0.35m/s, 0.25m/s was found to be a better setting for pollutant removal.

485 3.5. Practical limitations

486 Although this study is unique in its design and could offer scientific evidence to
 487 support the potential realization of a new ventilation concept in bedroom, living room
 488 or ward of a hospital, it does suffer from some limitations. First, this study focused on
 489 the airborne contaminant and did not consider dynamic supply air temperature. Second,
 490 transient conditions that could influence the contaminant movement (e.g., door
 491 openings, and human movement) were also not taken into account.

492 4. Conclusion

493 This study presented detailed experimental and simulation results on the pollutant
 494 removal efficiency of a localized laminar airflow system considering the impact

495 between respiratory activities and thermal plume. Localized laminar airflow system
496 manifested a special form of mixing ventilation through the use of supply panel with
497 small slot for direct breathing zone air delivery, to dilute the contaminated air in the
498 sub-zones.

499 The contaminant exposure index (ε_{exp}) and intake fraction (IF) results indicated
500 the effectiveness of the proposed ventilation strategy. We found that the contaminant
501 exposure of the manikin was highly dependent on the supply air velocity, especially
502 when the supply air at the relatively low velocity levels. With an increased supply air
503 velocity, the impact of the breathing mode on the exposure index (ε_{exp}), intake fraction
504 (IF), and pollutant removal efficiency alleviated.

505 Positions of the pollutant sources showed little effect on the exposure risk and the
506 intake fraction (IF) of the manikin, so did it on the E_{ff} . The results also showed that
507 the exposure risk is significantly lower if choosing a suitable supply air velocity.

508 Localized laminar airflow system was proven to be an effective way of
509 maintaining air cleanness in the BZ. According to ASHRAE 55, ISO 7730 and the
510 Chinese standard “Indoor air quality standard (GB/T 18883-2002)”, with the modified
511 system on, the temperature around human body is in the comfort range. For sitting
512 posture, the velocity is over 0.25m/s, which is a little higher than the comfort range, but
513 for supine posture, the velocity is in the comfort range. It means that, with the suitable
514 supply air velocity, the localized laminar airflow system would not influence the
515 thermal environment around human. This kind of system could be used in bedroom,

516 living room or any other kind of room which people only has low labour intensity
517 activities or they were in resting state.

518 **5. Declarations**

519 *5.1. Ethics approval and consent to participate*

520 Not applicable.

521 *5.2. Consent for publication*

522 Not applicable

523 *5.3. Availability of data and materials*

524 The datasets used and/or analysed during the current study are available from the
525 corresponding author on reasonable request.

526 *5.4. Competing interests*

527 The authors declare that they have no competing interests.

528 *5.5. Funding*

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530 Energy and Process Engineering at Norwegian University of Science and Technology,
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533 number: 2019QN04) for providing technical support.

534

535 *5.6. Authors' contributions*

536 Zhu Cheng and Amar Aganovic did the experiment and analyzed the data. Zhu
537 Cheng was the major contributor in writing the manuscript. Guangyu Cao provided
538 technical support and theoretic instruction. Zhongming Bu helped to complete the
539 simulation.

540 *5.7. Acknowledgements*

541 We thank Energy and Indoor Environment Laboratory at the Department of
542 Energy and Process Engineering at Norwegian University of Science and Technology
543 for providing technical support.

544 **Reference**

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