

TORE MORTEN ANDREASSEN

**DIATONISKE
GRUNNØVELSER**

1-3-5-7

I

**OPP- OG NEDADGÅENDE
BEVEGELSE**

TMA Music 39

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Denne boken viser noen forslag (ikke alle) til øvelser som tar for seg bruk av de diatoniske (skalatrinn) akkordtonetrinnene 1357 og kombinasjoner av disse i enten opp- eller nedadgående bevegelse (eller kombinasjoner av disse). Disse er ment som forslag til hvordan man på en systematisk måte kan øve opp bruken av disse. Videre danner jo disse akkordtonene -1357 – basisen for alle typer firklanger og veien videre i neste bok blir å blande inn flere diatoniske og kromatiske akkordtonetrinn (9, 11, 13, b5/#11, b13 osv)

1. Maj7: oppadgående bevegelse - akkordtonekombinasjonene 1357, 3571, 5713, 7135

Cmaj7

1 3 5 7 3 5 7 1 5 7 1 3 7 1 3 5

2. En oktav opp

Cmaj7

1 3 5 7 3 5 7 1 5 7 1 3 7 1 3 5

3. Maj7: nedadgående bevegelse - akkordtonekombinasjonene 1753, 7531, 5317, 3175

Cmaj7

1 7 5 3 7 5 3 1 5 3 1 7 3 1 7 5

4. En oktav opp

Cmaj7

1 7 5 3 7 5 3 1 5 3 1 7 3 1 7 5

5. Moll 7: oppadgående bevegelse - akkordtonekombinasjonene 1357, 3571, 5713, 7135

Cm7

1 b3 5 b7 b3 5 b7 1 5 b7 1 b3 b7 1 b3 5

6. En oktav opp

Cm7

1 b3 5 b7 b3 5 b7 1 5 b7 1 b3 b7 1 b3 5

7. Moll 7: nedadgående bevegelse - akkordtonekombinasjonene 1753, 7531, 5317, 3175

Cm7

1 b7 5 b3 b7 5 b3 1 5 b3 1 b7 b3 1 b7 5

8. En oktav opp

Cm7

1 b7 5 b3 b7 5 b3 1 5 b3 1 b7 b3 1 b7 5

9. MollMaj7: oppadgående bevegelse - akkordtonekombinasjonene 1357, 3571, 5713, 7135

CmMaj7

1 b3 5 7 b3 5 7 1 5 7 1 b3 7 1 b3 5

10. En oktav opp

CmMaj7

1 b3 5 7 b3 5 7 1 5 7 1 b3 7 1 b3 5

11. MollMaj7: nedadgående bevegelse - akkordtonekombinasjonene 1753, 7531, 5317, 3175

CmMaj7

1 7 5 b3 7 5 b3 1 5 b3 1 7 b3 1 7 5

12. En oktav opp

CmMaj7

1 7 5 b3 7 5 b3 1 5 b3 1 7 b3 1 7 5

13. b7: oppadgående bevegelse - akkordtonekombinasjonene 1357, 3571, 5713, 7135

C7

1 3 5 b7 3 5 b7 1 5 b7 1 3 b7 1 b3 5

14. En oktav opp

C7

1 3 5 b7 3 5 b7 1 5 b7 1 3 b7 1 b3 5

15. b7: nedadgående bevegelse - akkordtonekombinasjonene 1753, 7531, 5317, 3175

C7

1 b7 5 3 b7 5 3 1 5 3 1 b7 3 1 b7 5

16. En oktav opp

C7

1 b7 5 3 b7 5 3 1 5 3 1 b7 3 1 b7 5

17. m7b5: oppadgående bevegelse - akkordtonekombinasjonene 1357, 3571, 5713, 7135

Cm7b5

1 b3 b5 b7 b3 b5 b7 1 b5 b7 1 b3 b7 1 b3 b5

18. En oktav opp

Cm7b5

1 b3 b5 b7 b3 b5 b7 1 b5 b7 1 b3 b7 1 b3 b5

19. m7b5: nedadgående bevegelse - akkordtonekombinasjonene 1753, 7531, 5317, 3175

Cm7b5

1 b7 b5 b3 b7 b5 b3 1 b5 b3 1 b7 b3 1 b7 b5

20. En oktav opp

Cm7b5

1 b7 b5 b3 b7 b5 b3 1 b5 b3 1 b7 b3 1 b7 b5

21. Dim: oppadgående bevegelse - akkordtonekombinasjonene 1357, 3571, 5713, 7135

C dim

1 b3 b5 bb7 b3 b5 bb7 1 b5 bb7 1 b3 bb7 1 b3 b5

22. En oktav opp

C dim

1 b3 b5 bb7 b3 b5 bb7 1 b5 bb7 1 b3 bb7 1 b3 b5

23. Dim: nedadgående bevegelse - akkordtonekombinasjonene 1753, 7531, 5317, 3175

C dim

1 bb7 b5 b3 bb7 b5 b3 1 b5 b3 1 bb7 b3 1 bb7 b5

24. En oktav opp

C dim

1 bb7 b5 b3 bb7 b5 b3 1 b5 b3 1 bb7 b3 1 bb7 b5

25. #5(+): oppadgående bevegelse - akkordtonekombinasjonene 1357, 3571, 5713, 7135

C+

1 3 #5 7 3 #5 7 1 #5 7 1 3 7 1 3 #5

Detailed description: This exercise is written on a single staff in 4/4 time with a treble clef. The key signature has one sharp (F#). The melody consists of 14 eighth notes across four measures. The notes are: C4, E4, F#4, G4, E4, F#4, G4, C5, F#4, G4, C5, E4, G4, F#4, C5. The fingering sequence is: 1, 3, #5, 7, 3, #5, 7, 1, #5, 7, 1, 3, 7, 1, 3, #5.

26. En oktav opp

C+

1 3 #5 7 3 #5 7 1 #5 7 1 3 7 1 3 #5

Detailed description: This exercise is written on a single staff in 4/4 time with a treble clef. The key signature has one sharp (F#). The melody consists of 14 eighth notes across four measures. The notes are: C4, E4, F#4, G4, E4, F#4, G4, C5, F#4, G4, C5, E6, G6, F#6, C6. The fingering sequence is: 1, 3, #5, 7, 3, #5, 7, 1, #5, 7, 1, 3, 7, 1, 3, #5.

27. #5(+): nedadgående bevegelse - akkordtonekombinasjonene 1753, 7531, 5317, 3175

C+

1 7 #5 3 7 #5 3 1 #5 3 1 7 3 1 7 #5

Detailed description: This exercise is written on a single staff in 4/4 time with a treble clef. The key signature has one sharp (F#). The melody consists of 14 eighth notes across four measures. The notes are: C5, G5, F#5, E5, C5, G5, F#5, E5, C5, G5, F#5, E5, C5, G5, F#5, E5. The fingering sequence is: 1, 7, #5, 3, 7, #5, 3, 1, #5, 3, 1, 7, 3, 1, 7, #5.

28. En oktav opp

C+

1 7 #5 3 7 #5 3 1 #5 3 1 7 3 1 7 #5

Detailed description: This exercise is written on a single staff in 4/4 time with a treble clef. The key signature has one sharp (F#). The melody consists of 14 eighth notes across four measures. The notes are: C5, G5, F#5, E5, C5, G5, F#5, E5, C6, G6, F#6, E6, C6, G6, F#6, E6. The fingering sequence is: 1, 7, #5, 3, 7, #5, 3, 1, #5, 3, 1, 7, 3, 1, 7, #5.

Diatoniske akkordtonetrinn 1357 med kombinasjoner over Kvintsirkelskjema

1. Oppadgående bevegelse 1357

Musical notation for exercise 1.357. The key signature is three flats (B-flat, E-flat, A-flat) and the time signature is 4/4. The exercise consists of two staves. The first staff contains four measures of music with notes G2, A2, B2, C3, D3, E3, F3, G3. Above the notes are the chord symbols: F m7, Bbm7, Eb7, and Abmaj7. Below the first measure are the fingering numbers 1, 3, 5, 7. The second staff contains three measures of music with notes G3, F3, E3, D3, C3, B2, A2, G2. Above the notes are the chord symbols: Dbmaj7, G7, and Cmaj7. A '5' is written above the first measure of the second staff.

2. En oktav opp

Musical notation for exercise 2. The key signature is three flats and the time signature is 4/4. The exercise consists of two staves. The first staff contains four measures of music with notes G2, A2, B2, C3, D3, E3, F3, G3. Above the notes are the chord symbols: F m7, Bbm7, Eb7, and Abmaj7. Below the first measure are the fingering numbers 1, 3, 5, 7. The second staff contains three measures of music with notes G3, F3, E3, D3, C3, B2, A2, G2. Above the notes are the chord symbols: Dbmaj7, G7, and Cmaj7. A '5' is written above the first measure of the second staff.

3. Oppadgående bevegelse 3571

Musical notation for exercise 3.571. The key signature is three flats and the time signature is 4/4. The exercise consists of two staves. The first staff contains four measures of music with notes G2, A2, B2, C3, D3, E3, F3, G3. Above the notes are the chord symbols: F m7, Bbm7, Eb7, and Abmaj7. Below the first measure are the fingering numbers 3, 5, 7, 1. The second staff contains three measures of music with notes G3, F3, E3, D3, C3, B2, A2, G2. Above the notes are the chord symbols: Dbmaj7, G7, and Cmaj7. A '5' is written above the first measure of the second staff.

4. En oktav opp

5. Oppadgående bevegelse 3571 variant 2

6. En oktav opp variant 2

7. Oppadgående bevegelse 5713

Musical notation for exercise 7. The first staff shows a sequence of notes with fingerings 5, 7, 1, 3. The second staff starts with a measure marked '5' and continues with notes and chords. Chords are labeled: Fm7, Bbm7, Eb7, Abmaj7, Dbmaj7, G7, Cmaj7.

8. En oktav opp

Musical notation for exercise 8. The first staff shows a sequence of notes with fingerings 5, 7, 1, 3. The second staff starts with a measure marked '5' and continues with notes and chords. Chords are labeled: Fm7, Bbm7, Eb7, Abmaj7, Dbmaj7, G7, Cmaj7.

9. Oppadgående bevegelse 5713 variant 2

Musical notation for exercise 9. The first staff shows a sequence of notes with fingerings 5, 7, 1, 3. The second staff starts with a measure marked '5' and continues with notes and chords. Chords are labeled: Fm7, Bbm7, Eb7, Abmaj7, Dbmaj7, G7, Cmaj7.

10. En oktav opp variant 2

Musical notation for exercise 10. The first staff shows a sequence of notes with fingerings 5, 7, 1, 3. The second staff starts with a measure marked '5' and continues with notes and chords. Chords are labeled: Fm7, Bbm7, Eb7, Abmaj7, Dbmaj7, G7, Cmaj7.

11. Oppadgående bevegelse 7135

Musical notation for exercise 11, showing a four-measure ascending scale in F minor. The first staff contains the melody with fingering numbers 7, 1, 3, 5. The second staff shows the guitar chords: Fm7, Bbm7, Eb7, Abmaj7 in the first staff, and Dbmaj7, G7, Cmaj7 in the second staff.

12. En oktav opp

Musical notation for exercise 12, showing a four-measure ascending scale in F minor. The first staff contains the melody with fingering numbers 7, 1, 3, 5. The second staff shows the guitar chords: Fm7, Bbm7, Eb7, Abmaj7 in the first staff, and Dbmaj7, G7, Cmaj7 in the second staff.

13. Oppadgående bevegelse 7135 variant 2

Musical notation for exercise 13, showing a four-measure ascending scale in F minor. The first staff contains the melody with fingering numbers 7, 1, 3, 5. The second staff shows the guitar chords: Fm7, Bbm7, Eb7, Abmaj7 in the first staff, and Dbmaj7, G7, Cmaj7 in the second staff.

14. En oktav opp

Musical notation for exercise 14, showing a four-measure ascending scale in F minor. The first staff contains the melody with fingering numbers 7, 1, 3, 5. The second staff shows the guitar chords: Fm7, Bbm7, Eb7, Abmaj7 in the first staff, and Dbmaj7, G7, Cmaj7 in the second staff.

4. Nedadgående bevægelse 5317

Musical notation for exercise 4, showing a descending scale in F minor (4/4 time). The scale is written on a single staff with a treble clef and a key signature of two flats. The notes are: F4, E4, D4, C4, B3, A3, G3, F3. The notes are grouped into four measures, each with a chord change: Fm7, Bbm7, Eb7, Abmaj7. The first measure has fingering numbers 5, 3, 1, 7 under the notes F, E, D, C respectively. The second measure has a '5' above the first note (B). The third measure has a '5' above the first note (A). The fourth measure has a '5' above the first note (G). The scale ends with a double bar line.

5. Nedadgående bevægelse 3175

Musical notation for exercise 5, showing a descending scale in F minor (4/4 time). The scale is written on a single staff with a treble clef and a key signature of two flats. The notes are: F4, E4, D4, C4, B3, A3, G3, F3. The notes are grouped into four measures, each with a chord change: Fm7, Bbm7, Eb7, Abmaj7. The first measure has fingering numbers 3, 1, 7, 5 under the notes F, E, D, C respectively. The second measure has a '5' above the first note (B). The third measure has a '5' above the first note (A). The fourth measure has a '5' above the first note (G). The scale ends with a double bar line.

Diatoniske akkordtonetrinn 1357 med kombinasjoner over JazzBluesskjema

1. Oppadgående bevegelse 1357

C7 F7 C7

1 3 5 7

F7 F#dim Cmaj7 Dm7 Em7b5 A7

5

9

Dm7 G7 Cmaj7 Am7 Dm7 G7

2. En oktav opp

C7 F7 C7

1 3 5 7

F7 F#dim Cmaj7 Dm7 Em7b5 A7

5

9

Dm7 G7 Cmaj7 Am7 Dm7 G7

3. Oppadgående bevegelse 3571

C7 F7 C7

3 5 7 1

5 F7 F#dim Cmaj7 Dm7 Em7b5 A7

9 Dm7 G7 Cmaj7 Am7 Dm7 G7

4. En oktav opp

C7 F7 C7

3 5 7 1

5 F7 F#dim Cmaj7 Dm7 Em7b5 A7

9 Dm7 G7 Cmaj7 Am7 Dm7 G7

5. Oppadgående bevegelse 5713

C7 F7 C7

5 7 1 3

5 F7 F#dim Cmaj7 Dm7 Em7b5 A7

9 Dm7 G7 Cmaj7 Am7 Dm7 G7

6. En oktav opp

C7 F7 C7

5 7 1 3

F7 F#dim Cmaj7 Dm7 Em7b5 A7

Dm7 G7 Cmaj7 Am7 Dm7 G7

7. Oppadgående bevegelse 7135

C7 F7 C7

7 1 3 5

F7 F#dim Cmaj7 Dm7 Em7b5 A7

Dm7 G7 Cmaj7 Am7 Dm7 G7

8. En oktav opp

C7 F7 C7

7 1 3 5

F7 F#dim Cmaj7 Dm7 Em7b5 A7

Dm7 G7 Cmaj7 Am7 Dm7 G7

1. Nedadgående bevægelse 1753

C7 F7 C7

1 7 5 3

F7 F#dim Cmaj7 Dm7 Em7b5 A7

5

Dm7 G7 Cmaj7 Am7 Dm7 G7

9

Dm7 G7 Cmaj7 Am7 Dm7 G7

2. En oktav opp

C7 F7 C7

1 7 5 3

F7 F#dim Cmaj7 Dm7 Em7b5 A7

5

Dm7 G7 Cmaj7 Am7 Dm7 G7

9

Dm7 G7 Cmaj7 Am7 Dm7 G7

3. Nedadgående bevægelse 7531

C7 F7 C7

7 5 3 1

F7 F#dim Cmaj7 Dm7 Em7b5 A7

5

Dm7 G7 Cmaj7 Am7 Dm7 G7

9

4. En oktav opp

C7 F7 C7

7 5 3 1

F7 F#dim Cmaj7 Dm7 Em7b5 A7

5

Dm7 G7 Cmaj7 Am7 Dm7 G7

9

5. Nedadgående bevegelse 5317

C7 F7 C7

F7 5 3 1 7 F#dim Cmaj7 Dm7 Em7b5 A7

5

Dm7 G7 Cmaj7 Am7 Dm7 G7

9

6. En oktav opp

C7 F7 C7

F7 5 3 1 7 F#dim Cmaj7 Dm7 Em7b5 A7

5

Dm7 G7 Cmaj7 Am7 Dm7 G7

9

7. Nedadgående bevegelse 3175

C7 F7 C7

F7 3 1 7 5 F#dim Cmaj7 Dm7 Em7b5 A7

5 Dm7 G7 Cmaj7 Am7 Dm7 G7

9

8. En oktav opp

C7 F7 C7

F7 3 1 7 5 F#dim Cmaj7 Dm7 Em7b5 A7

5 Dm7 G7 Cmaj7 Am7 Dm7 G7

9

Kombinasjoner opp- og nedadgående/ ned- og oppadgående bevegelse

1. Oppadgående bevegelse 1357 Nedadgående bevegelse 1753

Oppadgående	Nedadgående	Oppadgående	Nedadgående
C7	F7	C7	

1 3 5 7 1 7 5 3

F7 F#dim Cmaj7 Dm7 Em7b5 A7

5 Dm7 G7 Cmaj7 Am7 Dm7 G7

9

2. En oktav opp

Oppadgående	Nedadgående	Oppadgående	Nedadgående
C7	F7	C7	

1 3 5 7 1 7 5 3

F7 F#dim Cmaj7 Dm7 Em7b5 A7

5 Dm7 G7 Cmaj7 Am7 Dm7 G7

9

3. Nedadgående bevegelse 1753 Oppadgående bevegelse 1357

Nedadgående	Oppadgående	Nedadgående	Oppadgående
C7	F7	C7	

1 7 5 3 1 3 5 7

F7 F#dim Cmaj7 Dm7 Em7b5 A7

5 Dm7 G7 Cmaj7 Am7 Dm7 G7

9

4. En oktav opp

Nedadgående	Oppadgående	Nedadgående	Oppadgående
C7	F7	C7	

1 7 5 3 1 3 5 7

F7 F#dim Cmaj7 Dm7 Em7b5 A7

5 Dm7 G7 Cmaj7 Am7 Dm7 G7

9

5. Oppadgående bevegelse 3571 Nedadgående bevegelse 7531

Oppadgående	Nedadgående	Oppadgående	Nedadgående
C7	F7	C7	

3 5 7 1 7 5 3 1

F7 F#dim Cmaj7 Dm7 Em7b5 A7

5 1 2 3 4 5 6 7 8

Dm7 G7 Cmaj7 Am7 Dm7 G7

9 1 2 3 4 5 6 7 8

6. En oktav opp

Oppadgående	Nedadgående	Oppadgående	Nedadgående
C7	F7	C7	

3 5 7 1 7 5 3 1

F7 F#dim Cmaj7 Dm7 Em7b5 A7

5 1 2 3 4 5 6 7 8

Dm7 G7 Cmaj7 Am7 Dm7 G7

9 1 2 3 4 5 6 7 8

7. Nedadgående bevægelse 7531 Oppadgående bevægelse 3571

Nedadgående	Oppadgående	Nedadgående	Oppadgående
C7	F7	C7	

8. En oktav opp

Nedadgående	Oppadgående	Nedadgående	Oppadgående
C7	F7	C7	

9. Oppadgående bevegelse 5713 Nedadgående bevegelse 5317

Oppadgående	Nedadgående	Oppadgående	Nedadgående
C7	F7	C7	

5

9

10. En oktav opp

Oppadgående	Nedadgående	Oppadgående	Nedadgående
C7	F7	C7	

5

9

11. Oppadgående bevegelse 7135 Nedadgående bevegelse 3175

Oppadgående	Nedadgående	Oppadgående	Nedadgående
C7	F7	C7	

7 1 3 5 3 1 7 5

F7 F#dim Cmaj7 Dm7 Em7b5 A7

5

Dm7 G7 Cmaj7 Am7 Dm7 G7

9

12. En oktav opp

Oppadgående	Nedadgående	Oppadgående	Nedadgående
C7	F7	C7	

7 1 3 5 3 1 7 5

F7 F#dim Cmaj7 Dm7 Em7b5 A7

5

Dm7 G7 Cmaj7 Am7 Dm7 G7

9

13. Nedadgående bevegelse 3175 Oppadgående bevegelse 7135

Nedadgående	Oppadgående	Nedadgående	Oppadgående
C7	F7	C7	

F7
F#dim
Cmaj7
Dm7
Em7b5
A7

Dm7
G7
Cmaj7
Am7
Dm7
G7

13. En oktav opp

Nedadgående	Oppadgående	Nedadgående	Oppadgående
C7	F7	C7	

F7
F#dim
Cmaj7
Dm7
Em7b5
A7

Dm7
G7
Cmaj7
Am7
Dm7
G7

1. Oppadgående bevægelse 1357 Nedadgående bevægelse 1753

Oppadgående	Nedadgående	Oppadgående	Nedadgående
F m7	Bbm7	Eb7	Abmaj7

Dbmaj7	G7	Cmaj7
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2. En oktav opp

Oppadgående	Nedadgående	Oppadgående	Nedadgående
F m7	Bbm7	Eb7	Abmaj7

Dbmaj7	G7	Cmaj7
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3. Nedadgående bevægelse 1753 Oppadgående bevægelse 1357

Nedadgående	Oppadgående	Nedadgående	Oppadgående
F m7	Bbm7	Eb7	Abmaj7

Dbmaj7	G7	Cmaj7
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4. En oktav opp

Nedadgående	Oppadgående	Nedadgående	Oppadgående
Fm7	Bbm7	Eb7	Abmaj7

5. Oppadgående bevegelse 3571 Nedadgående bevegelse 7531

Oppadgående	Nedadgående	Oppadgående	Nedadgående
Fm7	Bbm7	Eb7	Abmaj7

6. En oktav opp

Oppadgående	Nedadgående	Oppadgående	Nedadgående
Fm7	Bbm7	Eb7	Abmaj7

7. Nedadgående bevegelse 7531 Oppadgående bevegelse 3571

Nedadgående	Oppadgående	Nedadgående	Oppadgående
F m7	B♭m7	E♭7	A♭maj7

8. En oktav opp

Nedadgående	Oppadgående	Nedadgående	Oppadgående
F m7	B♭m7	E♭7	A♭maj7

9. Oppadgående bevegelse 5713 Nedadgående bevegelse 5317

Oppadgående	Nedadgående	Oppadgående	Nedadgående
F m7	B♭m7	E♭7	A♭maj7

10. En oktav opp

Oppadgående	Nedadgående	Oppadgående	Nedadgående
F m7	Bbm7	Eb7	Abmaj7

Dbmaj7	G7	C maj7
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11. Nedadgående bevegelse 5317 Oppadgående bevegelse 5713

Nedadgående	Oppadgående	Nedadgående	Oppadgående
F m7	Bbm7	Eb7	Abmaj7

Dbmaj7	G7	C maj7
--------	----	--------

12. En oktav opp

Nedadgående	Oppadgående	Nedadgående	Oppadgående
F m7	Bbm7	Eb7	Abmaj7

Dbmaj7	G7	C maj7
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13. Oppadgående bevegelse 7135 Nedadgående bevegelse 3175

Oppadgående	Nedadgående	Oppadgående	Nedadgående
F m7	B♭m7	E♭7	A♭maj7

18. En oktav opp

Oppadgående	Nedadgående	Oppadgående	Nedadgående
F m7	B♭m7	E♭7	A♭maj7

19. Nedadgående bevegelse 3175 Oppadgående bevegelse 7135

Nedadgående	Oppadgående	Nedadgående	Oppadgående
F m7	B♭m7	E♭7	A♭maj7

20. En oktav opp

Nedadgående Oppadgående Nedadgående Oppadgående

F m7 Bbm7 Eb7 Abmaj7

3 1 7 5 7 1 3 5

5

Dbmaj7 G7 Cmaj7

Opp- og nedadgående/Ned- og oppadgående bevegelse i hver takt – noen få eksempler

1. Oppadgående bevegelse 1357 nedadgående bevegelse 1753

Oppadgående Nedadgående

F m7 Bbm7 Eb7 Abmaj7

1 3 5 7 1 7 5 3

5

Dbmaj7 G7 Cmaj7

2. En oktav opp

Oppadgående Nedadgående

F m7 Bbm7 Eb7 Abmaj7

1 3 5 7 1 7 5 3

5

Dbmaj7 G7 Cmaj7

3. Nedadgående bevægelse 1753 Oppadgående bevægelse 1357

Nedadgående Oppadgående

F m7 B♭m7 E♭7 A♭maj7

1 7 5 3 1 3 5 7

5

D♭maj7 G7 Cmaj7

4. Opp en oktav

Nedadgående Oppadgående

F m7 B♭m7 E♭7 A♭maj7

1 7 5 3 1 3 5 7

5

D♭maj7 G7 Cmaj7

5. Oppadgående bevægelse 3571 nedadgående bevægelse 7531

Oppadgående Nedadgående

F m7 B♭m7 E♭7 A♭maj7

3 5 7 1 7 5 7 1

5

D♭maj7 G7 Cmaj7

6. Nedadgående bevegelse 7531 Oppadgående bevegelse 3571

Nedadgående Oppadgående

F m7 Bbm7 Eb7 Abmaj7

7 5 3 1 3 5 7 1

5 Dbmaj7 G7 Cmaj7

7. En oktav opp

Nedadgående Oppadgående

F m7 Bbm7 Eb7 Abmaj7

7 5 3 1 3 5 7 1

5 Dbmaj7 G7 Cmaj7

8. Oppadgående bevegelse 5713 Nedadgående bevegelse 5317

Oppadgående Nedadgående

C7 F7 C7

5 7 1 3 5 3 1 7

5 F7 F#dim Cmaj7 Dm7 Em7b5 A7

9 Dm7 G7 Cmaj7 Am7 Dm7 G7

9. En oktav opp

Oppadgående Nedadgående

Musical score for exercise 9, 'En oktav opp', in 4/4 time. The score consists of three staves of music. The first staff contains measures 1-4 with chords C7, F7, and C7. The second staff contains measures 5-8 with chords F7, F#dim, Cmaj7, Dm7, Em7b5, and A7. The third staff contains measures 9-12 with chords Dm7, G7, Cmaj7, Am7, Dm7, and G7. Fingerings are indicated as 5 7 1 3 5 3 1 7 for the first staff and 5 3 1 7 5 7 1 3 for the second staff.

10. Nedadgående bevegelse 5317 Oppadgående bevegelse 5713

Nedadgående Oppadgående

Musical score for exercise 10, 'Nedadgående bevegelse 5317 Oppadgående bevegelse 5713', in 4/4 time. The score consists of three staves of music. The first staff contains measures 1-4 with chords C7, F7, and C7. The second staff contains measures 5-8 with chords F7, F#dim, Cmaj7, Dm7, Em7b5, and A7. The third staff contains measures 9-12 with chords Dm7, G7, Cmaj7, Am7, Dm7, and G7. Fingerings are indicated as 5 3 1 7 5 7 1 3 for the first staff and 5 3 1 7 5 7 1 3 for the second staff.

11. En oktav opp

Nedadgående Oppadgående

C7 F7 C7

5 3 1 7 5 7 1 3

F7 F#dim Cmaj7 Dm7 Em7b5 A7

Dm7 G7 Cmaj7 Am7 Dm7 G7

12. Oppadgående bevegelse 7135 Nedadgående bevegelse 3175

Oppadgående Nedadgående

C7 F7 C7

7 1 3 5 3 1 7 5

F7 F#dim Cmaj7 Dm7 Em7b5 A7

Dm7 G7 Cmaj7 Am7 Dm7 G7

13. En oktav opp

Oppadgående Nedadgående

C7 F7 C7

7 1 3 5 3 1 7 5

F7 F#dim Cmaj7 Dm7 Em7b5 A7

Dm7 G7 Cmaj7 Am7 Dm7 G7

14. Nedadgående bevegelse 3175 Oppadgående bevegelse 7135

Nedadgående Oppadgående

C7 F7 C7

3 1 7 5 7 1 3 5

F7 F#dim Cmaj7 Dm7 Em7b5 A7

Dm7 G7 Cmaj7 Am7 Dm7 G7

15. En oktav opp

Nedadgående Oppadgående

The musical score is written in 4/4 time and consists of three staves of music. The first staff contains measures 1-4 with chords C7, F7, and C7. The second staff contains measures 5-8 with chords F7, F#dim, Cmaj7, Dm7, Em7b5, and A7. The third staff contains measures 9-12 with chords Dm7, G7, Cmaj7, Am7, Dm7, and G7. Fingering numbers are provided for the first two staves: 3 1 7 5 7 1 3 5 for the first staff and 5 for the second staff.