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3 **1 Incidence of VTE, recurrence, and bleeding after isolated superficial vein**
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6 **2 thrombosis - findings from the TROLL registry.**
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Long-term outcomes after isolated superficial vein thrombosis

30 **SUMMARY**

31 **Background:** There is limited data on the long-term risk of venous thromboembolism (VTE)
32 after high-risk isolated superficial vein thrombosis (iSVT) treated with anticoagulants.

33 **Objectives:** To determine the short- and long-term VTE and iSVT recurrence after cessation
34 of anticoagulant treatment and to calculate 45-days cumulative bleeding incidence in
35 patients with iSVT.

36 **Methods:** Between January 2014 and December 2021, 229 patients with high-risk iSVT (i.e.,
37 thrombus length ≥ 5 cm), without active cancer, no history of VTE or iSVT, who had received
38 anticoagulant treatment for the iSVT were identified through The Venous Thrombosis
39 Registry in Østfold Hospital (TROLL), Norway. Cumulative incidences of VTE and iSVT
40 recurrence as well as cumulative incidences of major- and clinically relevant non-major
41 (CRNMB) bleedings were assessed.

42 **Results:** Median age was 60 years (IQR 48-71) and 125 (55%) were women. Most patients
43 were treated with DOACs (74%), and of these, 79% received a dose of rivaroxaban 10 mg
44 daily. Low-molecular weight heparin was given to 26% of the patients. The 1- and 5-year
45 cumulative incidences of VTE after iSVT were 4.6% (95% CI 2.5-8.3) and 15.9% (95% CI 10.8-
46 22.9), respectively. Further, the 1- and 5-year cumulative incidences of iSVT recurrence were
47 6.5% (95% CI 3.9-10.7) and 15.9% (95% CI 10.8-23.1), respectively. The overall 45 days
48 cumulative incidence of major bleeding and CRNMB was 0.4% (95% CI 0.06-3.06) and 1.8%
49 (0.7-4.6), respectively. No major bleedings were observed in patients treated with DOACs.

50 **Conclusion:** Despite anticoagulant treatment, the risk of VTE after high-risk iSVT was
51 substantial, while bleeding complications were low.

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52 **KEY WORDS**

53 Bleeding, direct oral anticoagulants, recurrence, registry, superficial vein thrombosis

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For Peer Review

71 INTRODUCTION

72 Superficial vein thrombosis (SVT) of the lower extremities is a relatively common condition
73 with a reported incidence of 0.3-0.6 per 1000 person-years for younger individuals and 0.7-
74 1.5 per 1000 person-years in the elderly [1, 2]. In most cases, the SVT is isolated and
75 confined to the great saphenous vein [3], and thus referred to as isolated SVT (iSVT).
76 Previously, iSVT was regarded a non-severe and self-limiting condition, which only required
77 symptomatic treatment [4, 5]. However, during the last decade, growing evidence suggests
78 that SVT is a potentially serious condition as it may coexist with or extend to deep vein
79 thrombosis (DVT) and/or pulmonary embolism (PE) [6-8]. A 4- to 6-fold increase in the risk
80 of DVT and PE have been reported in patients with iSVT compared to persons with no history
81 of SVT [9-11], and incidence rates of venous thromboembolism (VTE; i.e., DVT and/or PE)
82 after iSVT were found to be 1.8%-2.5% per person-years [11, 12].

83 Anticoagulant treatment of iSVT has been shown to prevent further extension to DVT
84 and PE. A randomized trial comparing fondaparinux with placebo reported an 85% reduction
85 in VTE in favor of fondaparinux, without increasing bleeding rates [13]. Based on these
86 findings, the American College of Chest Physicians (ACCP) updated their guidelines to
87 recommend fondaparinux or low-molecular weight heparin (LMWH) for 45 days as
88 treatment of iSVT with thrombus length ≥ 5 centimeters [14]. In another trial, treatment
89 with rivaroxaban 10 mg once daily (OD) was non-inferior to fondaparinux 2.5 mg OD for
90 treatment of iSVT with regards to progression to VTE, recurrence of SVT, or major bleeding
91 events [15]. Nevertheless, a Cochrane review from 2018 was unable to provide consensus on
92 the optimal anticoagulant treatment in patients with iSVT [16]. Bleeding events have been

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3 93 reported to be low, with cumulative incidences ranging from 0-0.5% [13, 15, 17, 18].
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5 94 However, only one study included patients treated with DOACs (rivaroxaban) [15].
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8 95 Most of the epidemiological studies reporting risk of VTE after iSVT were conducted
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10 96 in the period before anticoagulation was recommended as the choice of treatment. Based
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12 97 on the current uncertainties in optimal treatment strategies and limited data on long-term
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14 98 outcomes after iSVT in patients initially treated with anticoagulants according to ACCP
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16 99 guidelines, we conducted a study which aimed to determine long-term incidence of VTE in
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18 100 patients with a high-risk iSVT (i.e., ≥ 5 centimeters in length) objectively verified by
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21 101 compression ultrasonography (CUS) in a hospital setting and thus treated with
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24 102 anticoagulants. Secondary objectives were to explore the risk of iSVT recurrence, the 45 days
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26 103 cumulative incidence of major- and clinically relevant non-major bleedings and incidence of
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28 104 treatment failure for patients treated with rivaroxaban.
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37 106 **METHODS AND MATERIALS**

38 39 40 107 **Study population**

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43 108 The venous *Thrombosis Registry* in Østfold Hospital (TROLL) is an ongoing, prospective,
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45 109 single-center, quality control and research registry of consecutive and unselected patients
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47 110 with VTE who are diagnosed, treated and followed up at Østfold Hospital, Norway, since
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49 111 2005. Østfold Hospital is the primary referral center in Østfold county and covers a
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52 112 population of 317 000 inhabitants. The details of the TROLL registry have been described
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54 113 previously [19]. According to hospital guidelines, all patients with VTE, including SVT who are
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56 114 treated at any of Østfold hospitals' departments, should be referred to the thrombosis
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59 115 outpatient clinic for further treatment and follow-up. Patients are subsequently included in
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3 116 the TROLL registry when the first physical appointment occurs. The study population of the
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6 117 present study consisted of patients referred to the hospital and diagnosed with iSVT in the
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8 118 lower extremities who fulfilled the criteria for anticoagulant treatment according to the
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10 119 ACCP guidelines between January 2014 and December 2021 derived from TROLL. Inclusion
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13 120 criteria were: (i) age ≥ 18 years; (ii) first-time iSVT objectively confirmed by CUS (only the
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15 121 symptomatic leg was imaged); (iii) thrombus confined to superficial veins and ≥ 5
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17 122 centimeters in length and thus treated with anticoagulant agents; (iv) consent to participate
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19 123 or deceased (consent was waived for diseased patients by the Regional Ethics Committee).
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21 124 The iSVT was further categorized based on its location, i.e., above or below the knee, or
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23 125 both. Participants were excluded if they: (i) had a history of VTE or SVT; (ii) were treated or
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25 126 diagnosed with cancer within six months prior to iSVT diagnosis; (iii) were diagnosed with
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27 127 cancer within three months after the iSVT event; (iv) not living in the catchment area for
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29 128 Østfold Hospital at inclusion; (v) did not receive anticoagulant treatment. To identify those
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31 129 patients who for various reasons were not referred to the thrombosis clinic, an additional
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33 130 search was performed in the hospital discharge registry using the International Classification
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35 131 of Diseases (ICD 10) superficial thrombosis code I80.0. For these patients, data was collected
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37 132 by reviewing medical records.
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134 Outcomes

51 135 All patients were followed with regard to the incidence of VTE, iSVT recurrence and bleeding
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53 136 until October 31, 2022. The primary outcome measure was the incidence of VTE (i.e., lower
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55 137 proximal/distal or upper extremity DVT, all PE and/or splanchnic vein thrombosis) after
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57 138 discontinuation of anticoagulant treatment. Secondary outcomes were: 1) incidence of
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3 139 recurrent iSVT after discontinuation of anticoagulant treatment (a recurrent iSVT is defined
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5 140 as iSVT in a new or same segment, diagnosed by CUS and anticoagulation was started); 2)
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8 141 incidence of treatment failure for patients treated with rivaroxaban, which was assessed
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10 142 only in patients receiving rivaroxaban and was defined as non-resolving symptoms or
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12 143 progression of symptoms, and in case of rivaroxaban increased dose from 10 to 20mg and/or
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15 144 treatment beyond 45 days; 3) major- and clinically relevant non-major bleeding (CRNMB).
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17 145 Bleeding was classified according to the criteria established by the Control of
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19 146 Anticoagulation Subcommittee of the International Society on Thrombosis and Haemostasis
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21 147 (ISTH) [20, 21]. Cumulative incidence of major bleeding and CRNMB was assessed during the
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23 148 first 45 days following the iSVT, since The Norwegian Guidelines from 2020 recommend
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25 149 treatment with LMWH or fondaparinux for 45 days [22]. After publication of the SURPRISE
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27 150 study (Superficial Phlebitis Treated for Forty-five Days with Rivaroxaban versus
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29 151 Fondaparinux), our hospital guidelines advocated rivaroxaban 10 mg OD as an additional
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31 152 treatment option [15]. Therefore, a subgroup analysis of bleeding rates restricted to patients
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33 153 treated with DOACs was also performed.
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40 154 All bleeding events, VTEs, and iSVT recurrences were thoroughly reviewed and
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42 155 adjudicated by the investigators (mainly HHP and CTJ), and difficult cases were resolved by
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44 156 discussion between investigators to reach consensus.
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158 **Statistical analysis**

159 Descriptive statistics were used to present baseline characteristics of the cohort. For
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161 continuous variables, means or medians with corresponding interquartile range (IQR) were
reported, while frequencies and percentages were reported for categorical variables.

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3 162 For VTE and iSVT recurrence, person-time of follow-up was counted from the date of
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6 163 discontinuation of anticoagulation until the date of VTE, iSVT recurrence, migration (out of
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8 164 the hospital's catchment area), death, or end of the study period (October 31, 2022).

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10 165 Patients with VTE or iSVT recurrence during anticoagulant treatment were excluded from
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13 166 the analysis. Incidence rates were calculated as the number of events divided by the total
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15 167 person-time at risk and expressed as events per 100 person-years with 95% confidence
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18 168 intervals (CI). The 1- and 5-year cumulative incidence of VTE and iSVT recurrence after
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20 169 discontinuation of anticoagulation were calculated using the 1-Kaplan-Meier (1-KM)
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23 170 function.

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26 171 For bleedings events, follow-up was counted from the date of the iSVT diagnosis until
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28 172 the date of the bleeding event, migration, death, or 45 days after diagnosis. When analyzing
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30 173 CRNMB, patients who experienced major bleeding were censored from the date of the
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33 174 major bleeding event (as a major bleeding event would likely impact anticoagulant
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35 175 treatment and thereby alter the risk of CRNMB).

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39 176 Statistical analysis was carried out using Stata version 17.0 (Stata corporation, College
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41 177 station, Texas, USA).

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47 179 **Ethics and approvals**

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50 180 The Regional Committee for Medical and Health Research Ethics (REK), reference number
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53 181 200024, approved this study. Participants who provided signed informed written consent
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55 182 and deceased patients were included, as consent was waived for deceased patients by REK.

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RESULTS

Between 2014 and 2021, 315 patients with iSVT in the lower extremities were identified in TROLL. In total, 86 patients were excluded according to the predefined exclusion criteria (24 patients lacked informed consent, 37 patients with previous VTE or SVT, 22 patients with either active cancer or cancer diagnosed within three months after the iSVT diagnosis, two patients did not receive any anticoagulant treatment, one patient was not living in the hospitals catchment area). Thus, the final study cohort consisted of 229 iSVT patients.

Median age was 60 years (IQR 48-71) and 125 (55%) were women. The iSVT was located in the saphenous veins in 141 patients (62%), while 88 (38%) had iSVT in other superficial veins. The iSVT was located below the knee in 124 patients (54%) and was observed both below and above the knee in 65 patients (28%). Median duration of treatment was 45 days (IQR 44.0-54.5). One hundred and seventy patients (74%) were treated with DOACs; of these 163 (96%) received rivaroxaban. In the rivaroxaban group, 135 patients (83%) were prescribed a dose of 10 mg OD. The remaining patients (n=59, 26%) were treated with LMWH (enoxaparin or dalteparin) (Table 1).

Mean follow-up time was 3.3 years (maximum follow-up: 8.6 years). One patient was lost to follow-up due to migration out of the hospital's catchment area (censored from the date of migration), and 17 patients died (censored from the date of death). One patient experienced a proximal DVT during anticoagulant treatment (not included in the analysis). Incidence rate of VTE after discontinuation of anticoagulation was 3.5 (95% CI 2.4-5.2) per 100 person-years. The 1- and 5-year cumulative incidences of VTE were 4.6% (95% CI: 2.5-8.3) and 15.9% (95% CI: 10.8-22.9), respectively (Table 2 and Figure 1A). Of these thromboembolic events, 13 (50%) were pulmonary embolisms, 12 (40%) were deep vein

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3 207 thrombosis and one (4%) splanchnic vein thrombosis (Table 3). In analyses restricting VTE to
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5 208 proximal DVT and PE only (i.e., isolated distal DVT not considered as an outcome), the 1- and
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8 209 5-year cumulative incidences of VTE were 3.7% (95% CI 1.9-7.2) and 13.1% (95% CI 8.4-19.9),
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10 210 respectively (Table 2 and Figure 1B). Sex-specific analyses showed that the 1- and 5-year
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12 211 cumulative incidences of overall VTE after iSVT were 2.5% (95% CI 0.8-7.5) and 13.1% (95%
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14 212 CI 7.5-22.4) in women, and 7.1% (95% CI 3.5-14.4) and 19.3% (95% CI 11.4-31.7) in men,
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16 213 respectively (Figure 2).

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20 214 In total, 28 patients experienced a recurrent iSVT in the lower extremities, yielding an
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22 215 iSVT recurrence rate of 4.4 (95% CI 3.1-6.4) per 100 person-years. The 1- and 5- year
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24 216 cumulative incidences of iSVT recurrence were 6.5% (95% CI 3.9-10.7) and 15.9% (95% CI
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26 217 10.8-23.1), respectively (Table 2 and Figure 1C). The median time to VTE and iSVT recurrence
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28 218 was 1.5 and 1.1 years, respectively. Of patients treated with rivaroxaban, 32 (20%) were
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30 219 categorized as treatment failure. Of these, two patients experienced long-term iSVT
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32 220 recurrence and one patient a popliteal DVT.

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38 221 The overall 45-day cumulative incidence of major bleeding was 0.4% (95% CI 0.1-3.1)
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40 222 and for CRNMB 1.8% (95% CI 0.7-4.6). The only major bleeding event was a woman receiving
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42 223 dalteparin with postoperative bleeding after a not-planned caesarean section. There were
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44 224 two cases of CRNMB in patients receiving enoxaparin; one rectal bleeding and one
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46 225 hematuria, and two CRNMB cases in patients receiving rivaroxaban; one vaginal bleeding
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48 226 and one bleeding in a Bakers cyst. Restricting the analyses to patients treated with DOAC
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50 227 revealed no major bleedings and a 45-day cumulative incidence of CRNMB of 1.2% (95% CI
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52 228 0.3-4.6) (Table 4).

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DISCUSSION

231 This study evaluated the long-term risk of VTE and recurrent iSVT in patients with high-risk
232 iSVT treated with anticoagulants. Despite anticoagulant treatment according to current
233 international guidelines, 4.6% of patients developed VTE and 6.5% had recurrent iSVT during
234 the first year. These events continued to occur, reaching a similar cumulative incidence of
235 VTE and of iSVT recurrence of 16% within 5 years. Major bleeding events were rare during
236 the study period.

237 Limited data exists regarding long-term outcomes after iSVT. Galanaud et al. followed
238 285 patients with iSVT for three years and reported a recurrence rate of 5.4 per 100 person-
239 years for the composite outcome of VTE and iSVT. However, when restricting the outcome
240 to VTE only, the incidence rate was 2.5 per 100 person-years [12]. This is lower than the rate
241 of 3.5 per 100 person-years observed in our study, which could possibly be explained by a
242 difference in the severity of iSVT in the two study populations. In our study, a thrombus
243 length of ≥ 5 centimeters and anticoagulant treatment were required for inclusion. In
244 contrast, the study by Galanaud et al. did not list the thrombus length criterion, and only
245 75% of their patients were treated with anticoagulants, indicating inclusion of less severe
246 cases [12]. Furthermore, outcomes were identified by telephone interviews, which could
247 potentially have led to underreporting of events [12]. In agreement with our findings,
248 Galanaud et al. found that recurrences were similarly distributed between VTE- and iSVT
249 events (49% and 51% for VTE and iSVT, respectively) [12]. In a Danish registry study including
250 10973 iSVT patients followed for a median of seven years, the incidence rate of VTE was
251 1.8% per person-year [11]. However, this study was solely based on International
252 Classification of diseases codes (ICD 8 and ICD 10), and consequently there could be some

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3 253 degree of misclassification for both exposure (iSVT) and outcome (VTE) [11]. Furthermore,
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6 254 the Danish registry study included all iSVT patients, regardless of the size of the thrombus
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8 255 [11]. In this context, the patients included in our cohort may have been at a higher risk of
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10 256 VTE due to a more severe index iSVT.

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13 257 In our study, we found a substantial incidence of VTE after iSVT despite that all
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16 258 patients were treated with anticoagulants. A large proportion of the VTE events were either
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18 259 a proximal DVT or PE (81%), and correspondingly, the cumulative incidences for proximal
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20 260 DVT and PE were high (1- and 5-year cumulative incidence: 3.7% and 13.1%, respectively). In
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22 261 comparison, Galanaud et al. found that 65% of the VTEs were either a proximal DVT or PE
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24 262 [12]. Since all patients in our study were treated with anticoagulants and a substantial
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26 263 portion of the patients developed VTE, it is important to establish more knowledge on
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28 264 treatment of iSVT to prevent VTE. Since our study was observational, we could not assess
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30 265 the impact of different dose regimens or treatment durations on the risk of recurrence.
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32 266 However, we found that 20% of the patients treated with rivaroxaban 10 mg OD were
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34 267 defined as treatment failures and needed prolonged anticoagulation and/or increased dose.
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41 268 "In line with previous studies [6, 11, 23], we found that the risk of VTE was higher in
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43 269 men than in women. However, the wide and overlapping confidence intervals warrant
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45 270 cautious interpretation.
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49 271 The cumulative incidence of major bleeding in this study was 0.4%, which is in line
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51 272 with findings reported by others [13, 15, 17, 18]. The one major bleeding observed in our
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53 273 study was a postoperative bleeding following acute caesarean section, i.e., not a
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55 274 spontaneous bleeding, in a woman treated with LMWH. Apart from the SURPRISE study
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57 275 [15], few studies have explored the safety of DOACs in patients with iSVT. The SURPRISE
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3 276 study found no major bleeding events in the rivaroxaban group [15]. In the present study,
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6 277 most of the patients were treated with rivaroxaban. The absence of major bleedings in our
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8 278 study may support the safety of DOAC treatment in patients with iSVT.
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11 279 The strengths of this study are the long and close follow-up of patients in the TROLL
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13 280 registry and the large number of iSVT patients treated with DOACs (rivaroxaban). We have a
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16 281 prospective design, with index-, recurrence- and bleeding events being validated. All patients
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18 282 included have been diagnosed by CUS and thereby DVT was ruled out. Furthermore, long-
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21 283 term data regarding high-risk iSVT patients are limited. This study also has some limitations
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23 284 that need consideration. Patients were followed from 2014 until October 2022 leading to
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26 285 some patients having less than five years of follow-up. Consequently, reduced statistical
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28 286 precision in the 5-year estimates is possible, as reflected by the wide 95% confidence
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31 287 intervals. Although most patients have been followed up at the thrombosis clinic and
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33 288 registered in TROLL, we cannot rule out the possibility of some patients being treated in
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36 289 other settings in case of a bleeding or recurrent event. However, patients still living in
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38 290 Østfold Hospital's catchment area would likely be followed up at the thrombosis clinic during
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41 291 anticoagulant treatment enabling the bleeding event to be registered at a later visit.
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43 292 Additionally, if a recurrent event occurs in another hospital the patient will be referred to
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45 293 the thrombosis clinic at our hospital or the event will be captured during medical records
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48 294 review for validation. Adjudication of recurrent iSVT might be difficult, particularly if it occurs
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50 295 in the same vascular segment as the first event. None of the participants were subjected to
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53 296 imaging after the anticoagulant treatment. However, a recurrence was defined as new onset
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55 297 of symptoms in combination with a CUS examination concluding that the iSVT was likely
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57 298 caused by a freshly formed thrombus (and not residual vein obstruction) requiring
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60 299 anticoagulant treatment. Our study population included patients referred to hospital with

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3 300 iSVTs that required anticoagulant treatment. Therefore, our findings are not generalizable to
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6 301 all patients with iSVT, but represents a high-risk iSVT population. Finally, although, most
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8 302 general practitioners in Norway would refer patients with high-risk iSVT to an emergency
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10 303 department to rule out DVT, we cannot exclude the possibility that some patients could have
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13 304 been treated for their iSVT at their general practitioner, which could lead to a selection of
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15 305 patients with more severe clinical features in our study. However, most patient
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18 306 characteristics, such as age, BMI, VTE in first degree relatives, unprovoked iSVT, and
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20 307 localization of iSVT, were comparable to those of previous SVT studies [6, 24], while the
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23 308 proportion of females and patients with varicose veins were lower [6, 12, 24]. Moreover, we
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25 309 excluded patients with concomitant and previous VTE and patients with cancer, as these
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28 310 patient groups are known to have a high risk of VTE.

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30 311 In conclusion, our findings indicate that the rates of VTE and recurrent iSVT are
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33 312 substantial in patients with a first high-risk iSVT treated with anticoagulants according to the
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36 313 ACCP guidelines, while bleeding rates are acceptably low. Further research is needed to
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38 314 establish the optimal dose and duration of anticoagulant treatment for secondary
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41 315 prevention in patients with high-risk iSVT.

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46 317 **ADDENDUM**

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49 318 C.T.Jørgensen participated in patient inclusion, data collection, study conception and design,
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51
52 319 statistical analysis, interpretation of results and drafted the manuscript. W.Ghanima
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55 320 established the registry and was responsible for study conception and design, and
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57
58 321 interpretation of results. M.Tavoly and S.K.Brækkan participated in study conception and
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60 322 design, choice of statistical analysis, and interpretation of results. H.H.Pettersen, E.Førsund

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323 and E.Tjønnfjord participated in patient inclusion, updating of registry, and data collection.

324 All authors participated in critical revision of the manuscript and approved the final version

325 of the manuscript.

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327 DISCLOSURES

328 C.T.Jørgensen reports lecture honoraria from Bayer. W.Ghanima reports fees for

329 participation in Advisory board from Amgen, Novartis, Pfizer, Principia Biopharma Inc- a

330 Sanofi Company, Sanofi, SOBI, Grifols, UCB, Argenx. Lecture honoraria from Bayer, Amgen,

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333 Grifols, Jazz, Takeda and Incyte. H.H.Pettersen reports fees from Novartis and Sanofi.

334 Authors M.Tavoly, E.Førsund and S.K.Brækkan disclose no conflict of interest.

335

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Long-term outcomes after isolated superficial vein thrombosis

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Long-term outcomes after isolated superficial vein thrombosis

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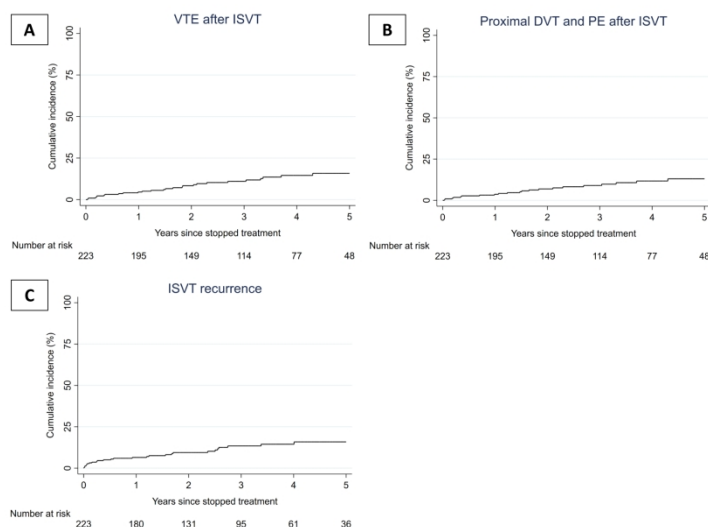


Figure 1 Cumulative incidence of venous thromboembolism (VTE) (panel A), cumulative incidences of proximal deep vein thrombosis (DVT) and pulmonary embolism (PE) (panel B) and cumulative incidences isolated superficial vein thrombosis recurrence (iSVT) (panel C) after high-risk iSVT.

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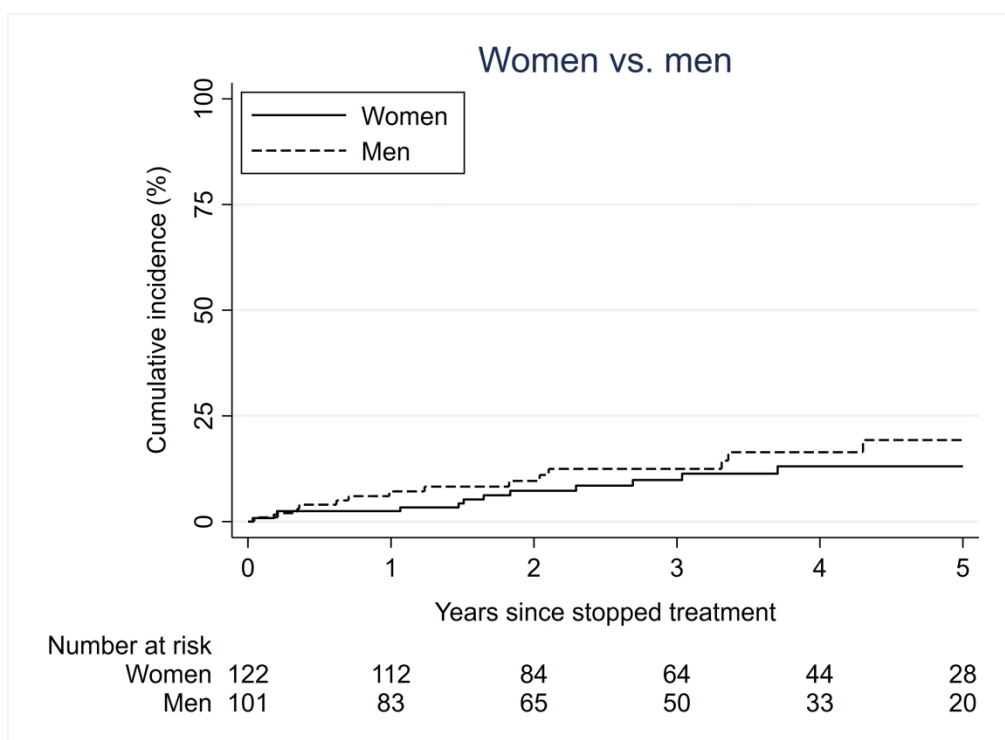


Figure 2 Cumulative incidence of venous thromboembolism for women and men after high-risk isolated superficial vein thrombosis
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Table 1 Cohort characteristics, provoking factors, localization of the index thrombosis and treatment for patients with high-risk isolated superficial vein thrombosis (iSVT).

Characteristics	n = 229
Female, n (%)	125 (54.6)
Male, n (%)	104 (45.4)
Age, median (IQR)	60 (48-71)
BMI, median (IQR) *	28.4 (25.5-31.6)
Known thrombophilia, n (%)	19 (8.3)
VTE in first-degree relatives, n (%)	53 (23.1)
Varicose veins, n (%)	92 (40.2)
Provoking factors	
Surgery, n (%)	18 (7.9)
Trauma, n (%)	9 (3.9)
Immobilization, n (%)	1 (0.4)
Estrogen-containing contraceptives, n (%)	9 (3.9)
Hormone replacement therapy, n (%)	6 (2.6)
Pregnancy or puerperium, n (%)	10 (4.4)
Long-haul flights, n (%)	21 (9.2)
Unprovoked, n (%) †	163 (71.2)
Location of iSVT	
Saphenous veins, n (%)	141 (61.6)
Other superficial veins, n (%)	88 (38.4)
Over knee, n (%)	39 (17.0)
Below knee, n (%)	124 (54.2)
Whole extremity, n (%)	65 (28.4)
Unknown, n (%)	1 (0.4)
Type and duration of treatment	
Treatment duration, days, median (IQR)	45 (44.0-54.5)
LMWH, n (%)	59 (25.8)
Enoxaparin, n (%)	41 (17.9)
Dalteparin, n (%)	18 (7.9)
DOAC, n (%)	170 (74.2)
Rivaroxaban, n (%)	163 (71.2)
Apixaban, n (%)	7 (3.0)

* Missing BMI=6

† None of the provoking factors listed

IQR: interquartile range, LMWH: low-molecular weight heparin, DOAC: direct oral anticoagulants, BMI: Body Mass Index calculated in kg/m²

Long-haul flights are defined as flights over four hours. Immobilization is defined as immobilization

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for medical reason, other than surgery and trauma.
Known thrombophilia comprises factor V Leiden, prothrombin G20210A, protein C-, S or antithrombin deficiencies and antiphospholipid syndrome (APS)

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Table 2 Incidence rates per 100 person years and cumulative incidence after high-risk isolated superficial vein thrombosis

n=229	Incidence rates per 100 person years (95% CI)	1-year cumulative incidence, % (95% CI)	5-years cumulative incidence, % (95% CI)
VTE *	3.5 (2.4–5.2)	4.6 (2.5-8.3)	15.9 (10.8–22.9)
Proximal DVT and PE only	2.9 (1.9-4.4)	3.7 (1.9-7.2)	13.1 (8.4-19.9)
iSVT recurrence †	4.4 (3.1–6.4)	6.5 (3.9-10.7)	15.9 (10.8–23.1)

VTE: venous thromboembolism, DVT: deep vein thrombosis, PE: pulmonary embolism, iSVT: isolated superficial vein thrombosis, CI: confidence interval

* All VTE diagnosis (distal and proximal DVT, PE and splanchnic veins), † Recurrence of iSVT with no VTE diagnosis

Table 3 Characteristics of venous thromboembolism after high-risk isolated superficial vein thrombosis

VTE (n=26)	N (%)
PE	13 (50.0)
DVT	12 (46.2)
Proximal DVT*	8 (66.7)
Distal DVT*	4 (33.3)
Contralateral*	4 (33.3)
Splanchnic veins	1 (3.9)

VTE: venous thromboembolism, PE: pulmonary embolism, DVT: deep vein thrombosis

* % of all DVTs

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Table 4 Cumulative major and clinically relevant non-major bleeding incidences overall and restricted to direct oral anticoagulants (DOACs)

n=229	45 days cumulative incidence, % (95% CI)
Major bleeding *	0.4 (0.1 – 3.1)
CRNMB †	1.8 (0.7 – 4.6)
Restricted to DOAC (n=170)	
Major bleeding	0
CRNMB	1.2 (0.3 – 4.6)

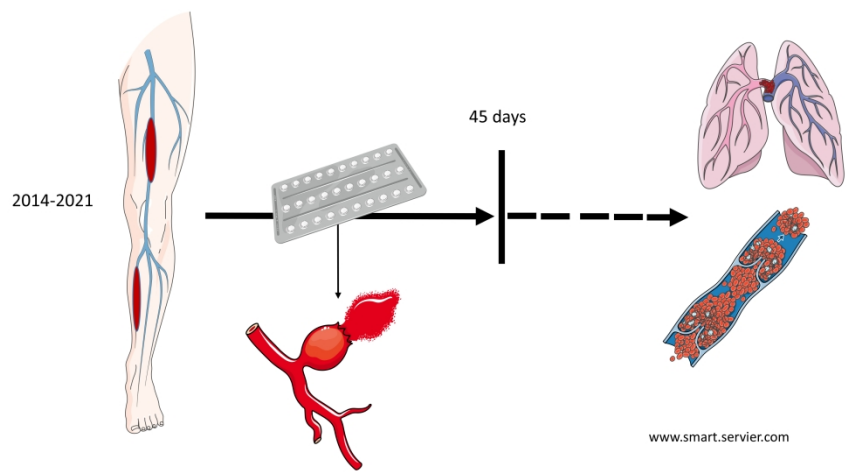
CI: confidence interval, CRNMB: clinically relevant non-major bleeding, DOAC: direct oral anticoagulants

* Major bleeding: Dalteparin; postoperative bleeding after caesarian section

† CRNMB: Enoxaparin; rectal bleeding and hematuria. Rivaroxaban; vaginal bleeding and bleeding in Bakers cyst

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Graphical abstract

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